

REBECCA L. KVASNICKA, DrOT, MOT, OTR/L

Governors State University
College of Health & Human Services
Occupational Therapy Department
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Formal Education:

- Aug. 2016* Doctor of Occupational Therapy
Governors State University, University Park, IL
Research Capstone Project: The Effectiveness of the Occupational
therapy Fieldwork Educator Skill Enhancement Program (OT-
FESEP)
- Dec. 2005* Master of Occupational Therapy
Governors State University, University Park, IL
- Dec. 2002* Bachelor of Science in Chemistry with a Focus in Biochemistry
Loyola University Chicago, Chicago, IL

Licensure and Certification:

- 2006 – Present* Illinois Board of Occupational Therapy – License # 056007796
- 2006 – Present* National Board for Certification in Occupational Therapy
(NBCOT) - Certification #213397
- 2013 – Present* Certified Functional Capacity Evaluator
- 2015 – Present* Certified Kinesio Taping Practitioner

Teaching Experience:

- Aug. 2016 – Present* **University Lecturer** – Department of Occupational Therapy,
Governors State University, University Park, IL
- Instruct and guide Master of Occupational Therapy students in assigned academic occupational therapy courses for lecture, laboratory, and fieldwork courses
 - Design, develop, and modify course material to meet student learning needs and academic criteria
- Aug. 2016 – Present* **Academic Fieldwork Coordinator** – Department of Occupational
Therapy, Governors State University, University Park, IL

- Develop and maintain sites for fieldwork education for Master of Occupational Therapy students
- Review and modify fieldwork policies and procedures for the Department of Occupational Therapy
- Serve as a liaison and communicate with sites, faculty, and students for fieldwork experiences
- Orient Master of Occupational Therapy students to the fieldwork process and policies
- Assign Master of Occupational Therapy students to fieldwork experiences and facilitate participation in associated fieldwork courses
- Provide guidance to fieldwork students throughout the fieldwork process
- Provide education to fieldwork educators related to supervision of students
- Assign appropriate duties and responsibilities to fieldwork assistant
- Coordinate with Dean's Office contract administrator in securing and monitoring affiliation agreements

Apr. 2015 – Aug. 2016

Adjunct Faculty - Occupational Therapy Department, Governors State University, University Park, IL

- Instruct and guide Master of Occupational Therapy students in assigned academic occupational therapy courses for fieldwork courses
- Design, develop, and modify course material to meet student learning needs and academic criteria

Professional Clinical Experience:

Aug. 2016 – Present

Registry Occupational Therapist – Riverside Medical Center, Kankakee, IL

- Responsible for the evaluation and treatment of clients in the inpatient acute, inpatient rehabilitation, and outpatient settings
- Created client-centered, outcome-driven goals to address client deficits for return to prior level of functioning or improve quality of life

Feb. 2006 – Aug. 2016

Occupational Therapist Riverside Medical Center, Kankakee, IL

- Promoted from staff occupational therapist to senior occupational therapist
- Responsible for the evaluation and treatment of clients in the inpatient acute, inpatient rehabilitation, and outpatient settings

- Created client-centered, outcome-driven goals to address client deficits for return to prior level of functioning or improve quality of life
 - Flexible with schedule to work at various settings to assist with coverage of patient care as needed
- Jan. 2007 – Feb. 2018*
- Clinical Coordinator for Occupational Therapy Students –**
Riverside Medical Center, Kankakee, IL
- Collaborated with academic programs for the placements of students across multiple practice settings
 - Collaborated with the Education Department for Affiliation Agreements
 - Assigned fieldwork students to fieldwork educators to meet student needs
 - Created and updated a fieldwork manual for students as part of the orientation
- May 2007 – Present*
- Clinical Educator –** Riverside Medical Center, Kankakee, IL
- Provided placement to students at various stages in their education, matching students with education needs
 - Primary clinical instructor in the inpatient and outpatient settings with focus on clinical competencies and entry-level readiness for performing occupational therapy

Presentations:

- Mar. 2022* Preparation of Occupational Therapy Students for Level II Fieldwork in a Nontraditional Setting, *American Occupational Therapy Association Annual Conference and Expo, Accepted*
- Oct. 2021* Preparation of Occupational Therapy Students for Level II Fieldwork in a Nontraditional Setting, *Illinois Occupational Therapy Association Annual Conference, ilota.org, Co-Presenter*
- Apr. 2021* Exploring the Use of Social Networking Sites by Occupational Therapy Students, *American Occupational Therapy Association Annual Conference and Expo, Accepted*
- Oct. 2020* Exploring the Use of Social Networking Sites by Occupational Therapy Students, *Illinois Occupational Therapy Association Annual Conference, ilota.org, Co-Presenter*
- Mar. 2020* Student Perceptions of Academic Preparation for Professionalism in Fieldwork, *American Occupational Therapy Association Annual Conference and Expo, Boston, MA – Conference Cancelled*
- Oct. 2019* Student Perceptions of Academic Preparation for Professionalism in Fieldwork, *Illinois Occupational Therapy Association Annual Conference, Tinley Park, IL, Co-Presenter*

- Apr. 2019* Academic preparation of Students for Professionalism in Fieldwork, *American Occupational Therapy Association Annual Conference and Expo, New Orleans, LA, Poster Presentation*
- Sept. 2018* Fieldwork 101: Strategies for New Fieldwork Educators “2018”, *Illinois Occupational Therapy Association Annual Conference, Naperville, IL, Co-Presenter*
- Sept. 2018* Academic preparation of Students for Professionalism in Fieldwork, *Illinois Occupational Therapy Association Annual Conference, Naperville, IL, Co-Presenter*
- Nov. 2017* Fieldwork 101: Strategies for New Fieldwork Educators, *Illinois Occupational Therapy Association Annual Conference, Bloomington/Normal, IL, Co-Presenter*
- Nov. 2017* Professionalism in Fieldwork, *Illinois Occupational Therapy Association Annual Conference, Bloomington/Normal, IL, Co-Presenter*
- Nov. 2016* Effectiveness of the Occupational Therapy Fieldwork Educator Skill Enhancement Program (OT-FESEP), *Illinois Occupational Therapy Association Annual Conference, Naperville, IL, Presenter*
- Nov. 2015* Collaboration with Fieldwork Partners: Thinking Outside the Box, *Illinois Occupational Therapy Association Annual Conference, St. Charles, IL, Co-Presenter*
- Nov. 2015* Educating Future OT Practitioners: Exploring Models for Fieldwork Supervision, *Illinois Occupational Therapy Association Annual Conference, St. Charles, IL, Panelist*
- Mar. 2015* Proprioceptive Neuromuscular Facilitation (PNF): A Traditional Motor Control Frame of Reference, *Governors State University, Invited Guest Lecturer*
- Apr. 2014* Occupational Therapy: From Scholarship to Practice, *Wellness Fair, Governors State University, Presenter*

Service:

- 2016 – Present* Member of the Illinois Occupational Therapy Academic Fieldwork Coordinator Consortium, Chicago, IL

2012 – 2016 Community Member of the Advisory Board for the MOT program
– Governors State University, University Park, IL

Awards:

2012 Attended 2012 President’s Round Table Lunch for remarkable
service, Riverside Medical Center, Kankakee, IL
2011 Governors State University Outstanding Clinical Supervisor
Award, Department of Occupational Therapy
2005 Governors State University Outstanding Student Award,
Department of Occupational Therapy

Professional Memberships:

American Occupational Therapy Association, Member #4297741
Illinois Occupational Therapy Association, Member #5867
World Federation of Occupational Therapy
Kinesio Taping Association International

Service to the University on Committees/Councils/Commissions:

Governors State University:

2019 Faculty Participant in Commencement for the College of
Health and Human Services.

College of Health and Human Services:

2019 – 2021 Interprofessional Education Committee

Department of Occupational Therapy:

2019 Presenter of recognition pins during the MOT Pinning Ceremony
2017 – 2020 Search Committee for MOT faculty
2017 – 2019 Search Committee for Chair, Department of Occupational Therapy
2017 – 2019 Accreditation preparation for MOT program
2016 – Present Admissions Committee for the MOT program
2016 – Present Faculty member of the MOT Advisory Board
2016 – 2019 Curriculum Review Committee

Other Responsibilities in the Master of Occupational Therapy Program:

Governors State University, Master of Occupational Therapy program:

2019 – Present Academic Fieldwork Coordinator for the MOT program (~90
students per year)

2016 – 2019

Co-Academic Fieldwork Coordinator for the MOT program (~90 students per year)

Teaching Responsibilities in the Occupational Therapy Program:

Governors State University, Master of Occupational Therapy program:

OCCT 7260 Level IC Adult Practice, Fall semester

OCCT 7250 Level IB Pediatric Practice, Summer semester

OCCT 7240 Level IA Psychosocial Practice, Spring semester

OCCT7140 Occupational Therapy Foundations II, Fall semester

OCCT 7711 Movement for Occupation Lab, Fall semester

OCCT 6616 Functional Anatomy Lab, Summer semester

*OCCT 7210 Level I Fieldwork A, Summer semester

*OCCT 7220 Level I Fieldwork B, Fall semester

*OCCT 7230 Level I Fieldwork C, Spring semester

*OCCT 7400-03 Integrative Seminar: Safety Checks, Spring semester

*OCCT 7715/5505 Kinesiology I: Theory and Application for Occupational Therapy and Kinesiology I lab – lecture and laboratory, Fall semester *not currently teaching lecture AY 20/21

*OCCT 7716/7706 Kinesiology II: Theory and Application for Occupational Therapy and Kinesiology II lab – lecture and laboratory, Spring semester **not currently teaching lecture AY 20/21

OCCT 8900 Independent Research Study – Summer and Fall semesters

OCCT 8910 Occupational Therapy Level II Fieldwork A, Summer semester

OCCT 8920 Occupational Therapy Level II Fieldwork B, Fall semester

*Courses discontinued

External Service to the Community I reside within outside of OT profession:

Volunteer Head Coach: Manteno Youth Football Association, Lightweight Cheer, Manteno, IL, June 2019 to present

Volunteer: Manteno Elementary and Middle Schools, Classroom parties and field trips. Manteno, IL; 2008 to present

PROFESSIONAL DEVELOPMENT:

2022 AOTA Annual Conference and Expo, San Antonio, TX

2021 AOTA Annual Conference and Expo, aota.org
ILOTA Annual Conference, ilota.org
AOTA Education Summit, aota.org

2020 ILOTA Annual Conference, ilota.org

2019 AOTA Annual Conference and Expo, New Orleans, LA
ILOTA Annual Conference, Tinley Park, IL

2018 ILOTA Annual Conference, Naperville, IL

2017 ILOTA Annual Conference, Bloomington/Normal, IL

2016 ILOTA Annual Conference, Naperville, IL
American Occupational Therapy Association Annual Conference and Expo, Chicago, IL

2015 ILOTA Annual Conference, St. Charles, IL
KT3: Clinical Concepts & Advanced Whole Body Applications of the Kinesio Taping Method, University Park, IL
Orthopedic ICD-10 for Physical and Occupational Therapy Services, Kankakee, IL

2014 Driving & Community Mobility: Occupational Strategies Across the Lifespan, AOTA Self-Paced Course

2013 ILOTA Annual Conference, Peoria, IL
Mid-level Functional Capacity Evaluation and Assessment Workshop and Certification Course, Chicago, IL
Functional Testing, Evaluation, and Assessment – Hands on Training Modalities, Chicago, IL

2012 Myofascial Mobilization, Bloomington, IL
ILOTA Annual Conference, Naperville, IL
Kinesio Taping Fundamentals and Advanced (KT1 & KT2), Kankakee, IL

2011 ILOTA Annual Conference, Springfield, IL
Driving and Mobility: Driving Evaluation online/video course
Driving and Mobility: Driving Intervention online/video course
Cardiovascular Surgery Review for the Rehab Professional, Kankakee, IL

2010 Driving and Mobility: The Impact of Aging and Illness on Driving online/video course
Fibromyalgia: The Missing Diagnosis, online course
Wiihabilitation, online course

2009 Brain Injury Treatment online course
Pain Assessment and Management online course
Stress Management online course
Stroke: Eclectic Treatment Approaches online course
Strength Training online course
Heat Based Modalities: Ultrasound, Diathermy, Paraffin online course
Geriatric Diagnostic Testing for PT and OT online course

Ergonomics and Body Mechanics) online course
Stroke: Maximizing Outcomes and Minimizing Deficits online course
Introduction to Hand Evaluation and Treatment online course
The Stiff Shoulder, Homer Glen, IL
Lymphedema, Kankakee, IL
Modalities, Homer Glen, IL
Wii-hab, Homer Glen, IL
Documentation of Rehab Services for Medicare Reimbursement, online course
Carpal Tunnel Syndrome: Providing Better Outcomes, online course
Group Therapy, online course

2008

Infection Control Basics, online course
ILOTA Annual Conference, Springfield, IL

2007

Parkinson's Syndrome: A Comprehensive Update
Introduction to occupation-based hand therapy, online course
Overview of Carpal Tunnel Syndrome, online course
Ultrasound and Select Physical Agent Modalities in UE Rehab, online course
AOTA Annual Conference, St. Louis, MO