

# Exploration

## Freshman Year:

- Set up an appointment with a career counselor to discuss your career plans.
- Identify interests, skills, work values, and personality preferences – key factors in the career decision making process – by taking career assessments and utilizing the online Kuder Journey system.
- Explore the *What Can I Do With This Major?* resource posted on the Office of Career Services website.
- Pursue summer jobs or volunteer opportunities related to your interests. Develop a good work ethic!
- Develop good study practices and keep your grades up. Employers want candidates with high academic achievements.
- Attend relevant Career Services workshops such as:
  - Myers-Briggs Type Indicator (*MBTI*)
  - Strong Interest Inventory
  - Knowledge, Skills, and Abilities
  - Work Values



