

## SAVE MY SEMESTER TIMESHEET

Use this sheet to budget the time you spend on a regular basis. Be Honest!! See where all of your time is going.

Activity	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Total
Attending Class								
Study Hours								
Sleep								
Meals/Eating								
Exercise or Sports								
Student Clubs/Groups								
Socializing with Friends								
Online Social Networks (i.e. facebook)								
TV/Movies/Gaming								
Community/Travel								
Family Responsibilities								
Working on/off campus								
Other								
<b>Total</b>	24 Hours	24 Hours	24 Hours	24 Hours	24 Hours	24 Hours	24 Hours	