WE'RE GLAD YOU'RE HERE.
Continuing Education is the single best decision you can make for yourself in uncertain times. It meets you where you are at, carries you to the next step in your journey, and provides a sense of security when the future feels out of control. As long as you’re learning, you’re moving in the right direction—one step at a time.

Let’s get moving.

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www.govst.edu/sxl
Email: continuinged@govst.edu

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LinkedIn

FREE WORKSHOPS

Social Security Administration Education Event for Retiring Community Members

Information Session on Grant Money for School & Training
– Monica Lowe, Lisa Borelli, Angelita Smiley, Rocio Montoya – VIA ZOOM
NEW TRAINING

Corrections Specialist
One of the most important facets of criminal justice is the corrections system that houses, monitors, and reintegrates individuals—adults and juveniles—under supervision of the law. Learn the ins and outs of the U.S. Corrections system, its governing laws, and the political and societal issues that corrections professionals face every day. This meets the National Workforce Career Association (NWCA) Corrections (CJ-CRCT) exam requirements.
Self-paced online
$2,100

Food and Customer Service Skills Training
Prepare for a career in food services, restaurants, and the hospitality industry! Learn customer service skills that can be applied in a wide variety of settings, whether you are already working in a food services environment and wanting to apply for management positions or interested in starting a career in food service. This course prepares you to take the Prometric Certified Professional Food Manager (CPFM) exam and will set you apart in the industry.
$850

Homeland Security Specialist
With the onset of terrorism and heightened threats both at home and abroad, Homeland Security is a growing, increasingly complex field. Homeland security professionals address key functions of threat prevention, crisis response, and operations recovery, including a focus on counter-terrorism, counter-intelligence, national security or government security. This program prepares learners for work at the local, state, or federal level.
Self-paced online
$2,100

Teacher’s Aide with ParaPro Prep
Schools in our area need paraprofessionals now! This course will prepare you for the ETS ParaPro Assessment exam, so you can work as a teacher’s aide. You’ll learn how to assist with classroom instruction and build a foundation in educational principles like classroom management. Most importantly, you’ll develop strategies to support students of different learning abilities in reading, writing, and math.
$1,695

Cannabis (R)Evolution
In this four-hour enrichment course, participants will learn about cannabis through explorations of its biology, legal history, and cultural aspects. There will be an emphasis on 20th century American views of the plant and the social equity debt of the current industry. Join published Leafly author and cannabis industry professional Angela Denk for this interactive course featuring lecture presentations and group discussions.
Dates: Tuesdays, February 22 – March 15, 2022
Course meets via Zoom
$49

In 2020, legal cannabis sales exceeded $1 Billion from medical and recreational marijuana in Illinois, according to Leafly Culture.

www.govst.edu/sxd  Email: continuinged@govst.edu
WORKFORCE and PROFESSIONAL DEVELOPMENT

School of Extended Learning (SXL) serves adults and businesses with continuing education programs that enhance career readiness and enable talent development. SXL’s mission is to ensure employers have the talent they need, and workers gain skills that are useful in multiple career contexts. SXL offers foundational skills, occupational training, nationally recognized certifications, and customized training for businesses.
Train for Free with WIOA

What is WIOA? WIOA is a federally funded grant program to assist unemployed or underemployed individuals in entering or returning to the workforce by providing training vouchers. Those who qualify will train for free. Learn more at www.govst.edu/wioa.

Ways to Pay

1. Direct pay with all major credit cards except AMEX
2. Private loans
3. Workforce Innovation Opportunity Act (WIOA) for those who meet eligibility; approved programs only
4. Loans with Affirm for Legal Studies programs
5. Payment plans may be customized on an individual basis
6. CEDA funding for those who meet eligibility for approved programs

For more information, please email continuinged@govst.edu.

Digital Badges

What is a Digital Badge?
A digital badge validates a learned skill or achievement. It has a unique URL that can be shared electronically via social media, online portfolios, web sites and email signatures. Develop your personal brand and demonstrate your knowledge to employers and contacts. Badges are also a great way to keep your skills current with rapidly changing employment needs by updating/supplementing older degrees with new credentials!

97% of employers are seeking to hire those with credentials.

Take an online career training or certification course to re-skill or upskill for a shifting job market.

Most of SXL's current badges are also WIOA-approved programs to assist with the funding of this re-training process. SXL's badges are all online making them accessible for adult students balancing many life-demands at home.

See All Badge Offerings!
Register at continuinged@govst.edu, or online at www.govst.edu/sxl.

Lean Six Sigma Green Belt Certificate for Health Care Professionals Self-Paced Option
This certification gives healthcare professionals the tools to improve patient care delivery processes, quality of patient outcomes, and patient satisfaction through Lean and Six Sigma quality and process improvement methodologies. Real-world examples of lean thinking develop practitioners who define and implement strategies to improve healthcare delivery processes and identify opportunities to reduce discrepancies. Six Sigma methodology and various statistical tools for project planning are introduced. This program is for changemakers in the industry! This program offers a digital badge to showcase your achievement online!

New Feature Badge

www.govst.edu/sxl • Email: continuinged@govst.edu
The largest group to drop out of the workforce in 2020 were working mothers. Moms have real skills that matter in the workplace. Moms may explore online career training and professional certifications that use what they already know to train for a new career today and certify those skills for employer recognition.

7 Reasons Why Moms are a Good Investment

**Hiring Focus: MOMS**

Register for training: https://tinyurl.com/yc57p8hf

**Training topics include:**

**Cultural Competency: The Missing Link in Your Equity Strategy**
Your equity strategy speaks volumes to your customers. Does it permeate your company culture, or is it relegated to one or two processes? Companies that shift from mere tolerance to training on cultural competency, reap the benefits of positive interpersonal communications, innovation, and improved customer experiences.

**Leadership Training**
Are you in need of developing the next generation of leaders in your organization? SXL’s customizable 12-hour workshop-style training (delivered in four-hour increments) focuses on:

- Driving results, setting expectations, and accountability
- Leadership styles, developing subordinates, assessing talent, and building trust
- Strategy and Planning – How do we get from here to there?

**Supervisor Training**
Help your existing supervisors develop and excel in:

- Effective communication, conflict management & managerial courage
- Interpersonal savvy, motivation, understanding & developing direct reports
- Problem solving, organization and priority-setting
- How to conduct a one-on-one review and assessment after training

**Change Management**
In the fully customizable group training, Managing Innovation and Change, you will create a culture of accountability and define the direction your team will take to produce desired results. Participants will be empowered to act, and you will identify and provide experiences that instill the cultural organizational change you seek. Email cstaples@govst.edu to request details.

**Process and Quality Improvement**

**Lean Six Sigma Green Belt Certificate**
Get your team thinking lean together with this group certification experience. Tackle tailored organizational challenges with hands-on examples as your guide to enhance the learning experience. Learn how to integrate theories of business, statistics, and the elimination of waste with the goal of achieving tangible results. This program is accredited by The Council for Six Sigma Certification.

A self-paced option with instructor check-ins is also available for individual professional development.

Other options include:

- Microsoft Office Suite
- Supply Chain Essentials
- Leading Through Crisis
- Everyone Communicates, Few Connect
- Intermediate Excel
- And more!

Visit www.govst.edu/business-training to tell us your needs and request a free consultation with our Director of Corporate and Community Education, Cynthia Staples, or email cstaples@govst.edu.
In an evolving economy, these industry sectors have kept moving, or kept us moving, through it all. Whether it’s wellness, service, security, logistics, or maintenance skills, the workforce need in these areas is high.
Healthcare

You’re looking for growth and flexibility. Healthcare offers both.

Our 100% online career training prepares you for some of the fastest growing fields in the healthcare industry. Whether you are patient-facing or behind the scenes, there are multiple career paths in healthcare where you can put your skills to use. Certified health professionals and technicians are qualified to work in a variety of environments including hospitals, clinics, independent physicians’ offices, pharmacies, dental offices, and more. Enroll today to start improving the lives of others, one patient at a time.

Electronic Health Records Management
Medical Billing & Coding Certification Program with Externship
Dialysis Technician
EKG Technician
Medical Terminology Program
Pharmacy Technician Certification Program with Clinical Externship
Phlebotomy Technician Certification Program with Clinical Externship

Your New Career as a Nurse

Starts as a CLINICAL MEDICAL ASSISTANT

At SXL, you get more than just a certification. You get a lifelong career partner that will help you achieve your long-term goals—step by step. Train today as A Clinical Medical Assistant (CMA) and open doors to a lifetime of career opportunity. CMA’s perform various clinical tasks, including assisting with the administration of medications, obtaining laboratory specimens for testing, educating, and assisting with patient care, performing an EKG electrocardiogram, and more. Get started today to be on your way to getting hired!

Keep Your End Goal in Mind

Experienced CMAs may progress to floor manager roles inside a medical facility ($55,000-75,000 average salary nationwide), and then pursue additional education to become a nurse. CMAs could enroll in GSU’s RN to BSN career pathway with Prairie State College. This blended degree program offers all the benefits of earning both Associate and Bachelor’s Degrees in Nursing without the mystery of having to navigate course or transfer requirements between programs at different schools.

Clinical Medical Assistant Certification Program with Externship

According to the IL Health and Hospital Association, Medical assisting is one of the top one hundred careers in IL, having the greatest number of job openings. Bureau of Labor Statistics projects 18% growth by 2030!

100% Virtual Instructor-Led Training

Stay home and complete your CMA coursework online including virtual simulations (50 virtual lab hours) that feel so real, it’s like you’re actually doing the real thing. When you enroll in an SXL course, certification exam fees are included in your course fee. You can even take your exam at GSU’s state-of-the-art Testing Center.

Get Work Experience to Get Hired

The CMA program includes a 160-hour externship experience* at one of 80 physicians’ offices and healthcare providers in IL to give you valuable hands-on experience and help get you hired! 80% of externship placements result in full-time employment.

*Qualified Participants must meet employer’s eligibility requirements.
Hospitality

Making a career out of welcoming and serving others can be incredibly rewarding. Whether you like to clean, cater, manage, or serve, these online hospitality training programs can help you explore this in-demand industry.

Basic Housekeeping
Start or advance a career in housekeeping to work at private residences or hospitality groups like hotels and resorts. You will learn the important elements of professional conduct, household cleaning techniques, such as proper use of cleaning materials and tools, laundry, organization, time management, and other fundamental aspects of effective housekeeping, including kitchen service and basic childcare.
$595

Catering Professional
Learn the foundational skills needed for a career in the catering and events industry including overseeing events and functions and collaborating with other catering services. You will gain the ability to plan for successful food preparation, apply beverage management requirements, use best practices for marketing a catering business, preparing contracts, managing human resources, and applying basic accounting principles. It will also prepare you for the Certified Professional in Catering and Events exam (CPCE).
$1,295

Certified Wedding Planner
Master the fundamentals of planning, orchestrating, and delivering stunning weddings and parties. This course allows you to earn your certification as a professional wedding planner and will give you an opportunity to put your new skills to work in an optional internship to get hands-on experience.
$1,595

Hotel Management with Executive Housekeeper
This course bundle will train you for managerial positions in the hospitality industry. The principles learned can be transferred to multiple accommodation types such as hotels, motels, resorts, bed and breakfasts, or any other business that provides accommodation or lodging. You will learn the different management structures of hospitality, from the front office to housekeeping, how to organize and oversee staff, and how to properly train and organize a team of housekeepers.
$1,595

Get your team Covid compliant with these two trainings:
Certified COVID Hospitality Compliance Officer (CHCO)
COVID Readiness for Servers and Waitstaff

Whether you need to upskill existing housekeeping staff for management opportunities, or generate more revenue through group sales, SXL’s customized training programs can help your team meet your evolving business needs.

Sample trainings include:
• Group Sales and Service
• How to Recognize Sex Trafficking
• Revenue Management and Demand Planning Strategy
• Front Desk Operations
• Transition to Management

Contact Cynthia Staples at cstaples@govst.edu or Request a Training online.

Customized Training for Hotels

www.govst.edu/sx/ Email: continuinged@govst.edu
Information Security

Cyber threats are constantly evolving, and companies who compete on a global stage need trained professionals to address these changes and mitigate ongoing threats to networks and operations.

CompTIA Security+ w ITIL Certification Training (Vouchers Included)
Prepare for the CompTIA™ Security+ Certification SY0-601 exam. Identify, analyze, and properly respond to security incidents, monitor, and secure various security environments including cloud, mobile, and IoT (Internet of Things), and gain awareness of applicable laws, policies, and compliance standards. This globally trusted, vendor-neutral certification validates the baseline skills necessary to perform core security functions and pursue an IT security career (requires competency in CompTIA A+ and Network +).

Information Security Training
Holding a certification from ISACA or (ISC)2 demonstrates your ability to identify, assess, and mitigate evolving security threats. This online cybersecurity training course will prepare you for three globally recognized certifications: ISACA’s Certified Information Systems Auditor (CISA) and Certified Information Security Manager (CISM), and (ISC)2’s Certified Information Security Professional (CISP).

CompTIA A+ w ITIL Certification Training (Vouchers Included)
CompTIA™ A+ Certification is internationally recognized, giving you a competitive advantage no matter what country you’re working in and what hardware you’re working with. Learn the ITIL® service lifecycle, including the links between lifecycle stages, the processes used, and their contribution to service management practices. Upon completion of the course, you will be given vouchers to sit for the following exams: CT-012 CompTIA A+ Exam 220-1001, CT-013 CompTIA A+ Exam 220-1002, and ITIL Foundation Certification Exam.

Certified Ethical Hacker Prep Course – Self-paced online with instructor support
Explore critical issues plaguing the information security world, including incident management process, penetration testing, footprinting tools, network scanning techniques, enumeration techniques, system hacking methodology, steganography, trojans, virus analysis, malware analysis procedure, social engineering techniques, identity theft, social engineering countermeasures, wireless encryption, cryptanalysis, vulnerability analysis, and more.

Information Technology

Earn a “Same as Credit” Credential
Looking to take your tech knowledge to the next level? At Governors State University, your certification can earn you credit towards a B.S. in Information Technology or a Computer Science degree!

CompTIA A+ = IT-3110
Fundamentals of Information Technology course
CompTIA Network + = CPSC-4342
Introduction to Computer Networks
CompTIA Security+ = CPSC-4580
Information Security course.

Network Technician
Average Starting Salary of $65,450!
*Illinois O*Net
SCICBI offers online supply chain-specific certifications to help your team maximize performance and gain the technical skills needed to build a responsive supply chain.

Register for Supply Chain training.

SCICBI at Governors State University is one of 15 Illinois Innovation Network (IIN) hubs, a state-wide network led by the University of Illinois system. It provides resources and opportunities to students, faculty, employees of supply chain businesses, or anyone who wishes to create their own startup company in the supply chain and related sectors. With the establishment of this network, SCICBI strives to promote innovation and create economic growth for communities in its service region.

LS3C: Lean Six Sigma for Supply Chain Certification
Lean Six Sigma for Supply Chain (LS3C) is a fresh new perspective to improve Supply Chain process flow while utilizing tools that Lean Six Sigma offers. Focused entirely on Logistics, Distribution, Warehousing, Transportation and Procurement, this program prepares practitioners to analyze current trends and follow through with implementation.

SCICBI & ASCM: Level 1 Principles of Distribution and Logistics
Distribution and logistics functions must solve complex problems involving time, place, delivery, and levels of service to compete in today’s business climate. This course introduces the fundamental concepts required to create an optimal distribution and logistics strategy, including design model decisions, tradeoffs between different channel network designs, and inventory management.

SCICBI & ASCM: Level 1 Principles of Manufacturing Management
Modern manufacturing techniques have changed the game. This course introduces the fundamental concepts required to align manufacturing strategy and process with business needs.Learn the necessary elements for an effective product structure management process and discover how manufacturing professionals calculate requirements for materials using material requirements planning (MRP).

SCPro Certification Test Prep: Level 1
SCPro Level One is the only industry certification that covers the comprehensive supply chain, from end-to-end, and requires candidates to demonstrate their knowledge of the eight Cornerstones of Supply Chain Management.

Association of Supply Chain Management (APICS) Certified in Production, Inventory Management (CPIM)
In this 142-hour training, students earn three valuable supply chain certifications: Manufacturing Management certification, Lean Six Sigma Green Belt certification, and APICS Certification in Production, Inventory Management (CPIM).

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Appliance Repair Technician
Learn how to repair, adjust, and install electric and gas household appliances, such as refrigerators, washers, dryers, ovens, and other major residential appliances. These specialists must understand the use of hand and power tools, electricity and electronics, residential gas, and all related safety practices and devices to properly work on appliances in a safe and effective manner.
Self-paced online
$2,599

Automotive Service Technician
Start a career in automotive repair and maintenance. An intensive hands-on lab approach teaches proficiency in preventative maintenance and inspections of electrical, transmission, rear end, and brakes. This course prepares students to pursue the Automotive Service Excellence (ASE) Auto Maintenance and Light Repair (G1) Certification. An optional externship with a local employer is available after successful course completion.
Self-paced online
$2,599

CNC Machinist
Computers control much of the world today. The manufacturing industry is no exception, and you can make yourself an indispensable part of the future of manufacturing with this intensive overview of work-holding, math, inspection, safety, metal cutting, materials, quality, and grinding skills. Six Sigma, 5S, Lean, and TPM concepts are also introduced.
Self-paced online
$1,995
Funding: WIOA Bilingual Career Training available
www.govst.edu/wioa

HVAC/R Certified Technician (Voucher Included)
This course requires one year of HVAC/R experience and uses hands-on service call simulations to prepare for the HVAC Excellence or NATE certification exams. By course completion, you will be ready to pass the HVAC Excellence Core and Professional Technician exams, the NATE Core and Specialty Test exams, and the EPA 608 certification exam. Includes a voucher package to take the exams.
Self-Paced online
$2,895
Funding: WIOA Bilingual Career Training available
www.govst.edu/wioa

Electrician
Learn general and electrical safety procedures, common hardware and materials used in an electrical system, how to read and understand building plans, and more. Prepare for electrician licensing tests, including content on electrical theory, the National Electrical Code®, local electrical codes, and the various types of wiring methods and materials.
Self-Paced online
$2,495

Robotics Technician
Prepare for a career as a Robotics Technician, Automation technician, Electrical and Instrumentation (E and I) technician, and more! Companies are turning to robotics as a means for increased production. Robots have an impressive range of applications, from “pick and place” for packaging, to welding, painting, or inspecting parts immediately after a process. However, they require effective preventive maintenance to ensure they operate at full capacity. That’s where you come in. Learn troubleshooting, GD&T, production floor safety, Six Sigma, 5S, Lean, and TPM, PLC Equipment and Communication, electrical, mechanical, and fluid systems, and robot programming and maintenance to be on your way to a successful career enabling error-free automation.
$1,695

Safety and Risk Management
The Occupational Safety and Health Administration 10-hour General Industry Outreach Training Program is designed to promote workplace safety and health and to make workers more knowledgeable about workplace hazards and their rights. Outreach training does not fulfill the training requirements found in OSHA standards. Employers are responsible for providing additional training on specific hazards of their job as noted in many OSHA standards.
Dates: May be scheduled with instructor
Contact Amy Barsha at 708.534.4565 for details.

www.govst.edu/wioa
• Email: continuinged@govst.edu

www.govst.edu/sxl

20 21
At the English Language Learning Center (ELLC), we believe that language is the key to inclusion, academic persistence, and job readiness. Master reading and writing skills, vocabulary, grammar, critical thinking, and formal and informal interactions with this comprehensive program.

Bilingual Career Trainings
As a non-native English speaker, you have an advantage over many job applicants in some growing and in-demand industries. Adults who are fluent in Spanish, Arabic, Polish, and Chinese, are needed by employers now!

Intensive English Program (IEP)
Master reading and writing skills, vocabulary, grammar, critical thinking and formal and informal interactions in this comprehensive program designed for academic and career advancement.s.

Spring Enrollment: January 18 – May 9, 2022

COURSES
- Listening, Speaking & Grammar
- Reading & Vocabulary
- Writing & Grammar
- Multimodal Literacy
- TOEFL Test Preparation (Optional)

Email aota@govst.edu for details.

www.govst.edu/sxl • Email: continuinged@govst.edu

Student success is our number one priority at GSU. Whether you need to work on your English fluency to enter college or a career, finish what you started somewhere else, or prepare for your next step after graduation, SXL programs and partnerships will support you along the way.
Degree Completion Partnerships

EARN A DEGREE WITH OFF-CAMPUS COHORTS

If you are ready to earn your bachelor’s degree but cannot make it to the Governors State University Campus, study with us at a convenient off-campus location! These partnerships with area community colleges are designed to provide adults with a seamless path to degree completion after earning an associate degree at the community college. Take a mix of upper division and online classes at GSU to earn your accredited Bachelors Degree. Our advisors will provide academic study plans, resources, and assistance every step of the way.

TRITON COLLEGE
B.A. Communication
B.A. Criminal Justice
B.S. Information Technology

KANKAKEE COMMUNITY COLLEGE
– North Extension Center in Bradley
Course work from College of Business
Course work from BHA Health Administration

JOLIET JUNIOR COLLEGE – Romeoville Campus
B.A. Criminal Justice

Contact Michelle Sebasco, Director of Academic Partnerships, or visit www.govst.edu/offcampused/ for details.

THREE PROGRAMS AND A PARTNERSHIP THAT PUTS YOU FIRST

Earn your Governors State University (GSU) Bachelor’s degree at Triton!

Transfer Credits from Triton and take GSU Courses on site at Triton or online to complete your degree.

Choose from:

• Bachelor of Arts in Criminal Justice
• Bachelor of Arts in Communication
• Bachelor of Science in Information Technology

Contact Michelle Sebasco for more information 708.235.3983 or msebasco@govst.edu
Academic and Career Preparation

Academic admissions processes or certification exams can be intimidating if you are not prepared. With practice and planning, your next college entrance exam, application essay, or assignment will be your next victory.

CADC Test Preparation
This course is intended to prepare applicants for the CADC exam. It has been approved for 21 CEU's from the Illinois Certification Board and/or as a 2-hour credit course to GSU students. This course provides review of the material covered in the CADC exam, including the 7 identified domains. The course is divided up into three on-campus full class days.

Dates: February 25-27, 2022 from 9 a.m. to 5 p.m.
Self-paced
$299

GRE Preparation Course
Acquire strategies in math, reading comprehension, writing, and verbal and quantitative skills to improve GRE scores using acclaimed Cambridge test preparation materials. Fee includes textbook, practice tests, and all course materials.

Dates: March 26 to May 7, 2022
LIVE ONLINE CLASS
$429

LSAT Preparation Course
Prepare for the Law School Admissions Test (LSAT). All American Bar Association (ABA)-approved law schools, many non-ABA-approved law schools, and most Canadian law schools require an LSAT score from applicants. The test lasts four hours and consists entirely of multiple-choice questions with one unscored writing exercise at the end. It is divided into five 35-minute sections: reading comprehension, analytical reasoning, two logical reasoning sections, and the un-scored “experimental” section.

Dates: March 12 to April 23, 2022
Time: 9 a.m. – Noon
Face to Face
$429

LCSW Test Preparation – Now 100% Online
This licensure review course uses the most up-to-date examination materials from LEAP (Licensing Exam Preparation Services, LLC) and reflects the latest information for the DSM-5. The online video course presentation provides the convenience of 24/7 access and even allows for downloading when Internet connectivity is not an option.
Self-paced
$285

LPC / LCPC Test Preparation
The NCE is a computerized exam, comprised of 200 multiple choice questions. Topic areas include Human Growth and Development, Social and Cultural Foundations, Helping Relationships, Group Work, Career and Lifestyle Development, Appraisal, Research and Program Evaluation, Professional Orientation, and Ethics. In this self-paced course, participants will work their way through 10 modules which review the concepts required for success on the NCE exam.
Self-paced
$299

www.govst.edu/sxl
•  Email: continuinged@govst.edu

PROGRAMS for EDUCATORS and SCHOOLS

Cultural Competency for the Classroom
Join race, gender and identity experts Dr. Joseph Flynn and Dr. Andrea Marak for three transformative workshops on shifting multicultural education in schools from mere tolerance to cultural competency by understanding how racism functions systemically. Educators will gain fluency in concepts, realities, and reactions to conversations about race. Topics are presented in interactive group zoom sessions and breakout activities that will inspire educators to value and incorporate the cultural differences of students for a broadened classroom experience.
For pricing, or to schedule your group training, please contact Cynthia Staples at cstaples@govst.edu.

New Leaders Mentor Program
This program pairs an experienced administrator as a mentor with a new leader or protégé. The pairs will meet virtually and/or face-to-face for a minimum of 50 hours throughout the school year. The Mentor/Protégé Teams also meet monthly at GSU for discussion on topics relevant to their practice. Topics might include: Time Management, Difficult Conversations, Strategies for At-Risk Students, and more.
For information, visit www.govst.edu/educator-training.
Contact Saundra Mickles at smickles2@govst.edu.

QualiKEYS for Frontline Staff Training
The QualiKEYS method helps participants learn how to effectively “listen”, develop a professional environment, and manage difficult situations. This interactive workshop is a “must” for receptionists, administrative assistants, clerks, etc. Sessions are customized and arranged to meet districts’ needs and schedules.
Contact Saundra Mickles at smickles2@govst.edu for details.

ESL for Parents
In partnership with local School Districts, we offer in-person, virtual, or hybrid instruction with multiple course options including Reading and Vocabulary, Listening, Speaking, and Grammar, as well as Writing and Grammar, Integrated Skills, or Citizenship Test Preparation.
Email Akiko Ota at aota@govst.edu to schedule your training.

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Have Some Fun and Get Fit

ZUMBA

Starts March 28, 2022! Mondays at 12 p.m.

Face to Face

Zumba is a high-energy dance class set to upbeat music! It feels more like dancing, but you will definitely sweat! This class welcomes all fitness levels for a fun high-impact cardio workout.

How to Make Money from Your Writing

Learn the secrets, methods, and tips to help you generate money with your writing. Whether you want to create your own business, add to your income, supplement your retirement, or boost what you’re earning as a writer, this class includes practical information that rarely gets taught in writing classes.

Self-paced 6 Weeks Access / 24 Course Hours
Instructor-led sessions start December 15, 2021, January 12, and February 9, 2022

$115

Introduction to Stock Options

Learn to evaluate, buy, sell, and profit from stocks. This course will arm you with investment tools that were once thought to be only for the pros as you learn how to protect your portfolio and profit in a down market, an up market, or even a flat market.

Dates: Self-paced 6 Weeks Access / 24 Course Hours
Instructor-led sessions start December 15, 2021, January 12, and February 9, 2022

$115

Speed Spanish

Learn six easy recipes to glue Spanish words together into sentences, and you’ll be engaging in conversational Spanish in no time. This course is designed for anyone who wants to learn Spanish pronto.

Self-paced 6 Weeks Access / 24 Course Hours
Instructor-led sessions start December 15, 2021, January 12, and February 9, 2022

$115

The Knowledge Exchange Winter 2022 Session

Dates: Fridays (unless otherwise noted)
January 21 – March 11, 2022
Fee: $75 for 8-week In-Person, Hybrid, or Virtual Sessions
(In person with virtual component)
Enjoy a $45 discount when adding a second Hybrid/In-Person class.

Hybrid Class – Composers: Their Lives and Their Music, Part 1
with GSU Retiree Ron Small

In Person Class – Great Decisions 2022
with longtime TKE facilitator Bill Byrnes

In Person Class – Poetry of the First World War
with GSU’s Haley Walsh

In Person Class – Cagney: A Film Retrospective
with TKE facilitator Christine Small

Virtual Class on Tuesdays: Cinema Studies/ The Power of Short Film: Festival Shorts
with GSU’s Suzanne Patterson

(January 18 – March 8, 2022)

The Knowledge Exchange Spring 2022 Session

Dates: Fridays, April 1 – May 20, 2022
Fee: $75 for 8-week In-Person or Hybrid
(In person with virtual component)
Enjoy a $45 discount when adding a second Hybrid/In-Person class.

In Person Class: Early American History from President John Adams to President James Madison with Historian Myras Osman

Hybrid Class – Composers: Their Lives and Their Music, Part 2
with GSU Retiree Ron Small

In Person Class: The History of Modern Advertising with TKE facilitator Jerome Julian

In Person Class: Abraham Lincoln and The Civil War with Lincoln Roundtable Members Bill Mitchell & Scott Dominiak

In Person Class: Teaching Younger Generations about The Holocaust with new TKE facilitator Carol Meyer

For more information, please contact Suzanne Patterson at 708.534.4393. www.govst.edu/tke
Your military experience is invaluable. Whether you are active military, transitioning to civilian life, or a dependent or military spouse, continuing your education will ensure your future success—whatever the mission. This one, you get to choose, and we stand by you every step of the way.

Earn credit for prior military and life experience to save time and money.

At GSU, we give credit by evaluation (Joint Service Transcripts/Community College Air Force), standardized testing (CLEP/DSST) and portfolio assessment.

Connect with the Veterans Resource Center to find the camaraderie you value.

Use your VA Benefits and cover up to 100% of tuition.

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