The School of Extended Learning (SXL) at Governors State University is committed to helping adults of all ages conquer their next personal or professional goal. We invite you to explore your next life transition with us!
ACADEMIC TEST PREPARATION

GRE Preparation Course  📚 100% Online
Acquire strategies in math, reading comprehension, writing, and verbal and quantitative skills to improve GRE scores using acclaimed Cambridge test preparation materials. Fee includes textbook, practice tests, and all course materials.

Date: September 19 – October 31, 2020
Time: 9 a.m. – Noon
Fee: $429

LSAT Preparation Course
Prepare for the Law School Admissions Test (LSAT). All American Bar Association (ABA)-approved law schools, many non-ABA-approved law schools, and most Canadian law schools require an LSAT score from applicants. The test lasts four hours and consists entirely of multiple-choice questions with one unscored writing exercise at the end. It is divided into five 35-minute sections: reading comprehension, analytical reasoning, two logical reasoning sections, and one un-scored “experimental” section.

Date: September 19 – October 31, 2020
Time: 9 a.m. – Noon
Fee: $429
Business

Certified Associate in Project Management Preparation Course-CAPM® ONLINE
This introduction to project management fundamentals includes topics such as Communications, Procurement and Time Management, reinforced through pre-recorded videos and practical examples.

GSU is a Registered Education Provider (R.E.P) with the PMI® The textbook is an additional fee.

Funding Available: WIOA
Dates: July 18 – August 22, 2020
Fee: $850

Lean Six Sigma Black Belt Certificate
Students complete a Lean Six Sigma project from inception to completion, preparing them to lead a project while mentoring team members and leading a change event. The student will possess a thorough understanding of all aspects of DMAIC (Define, Measure, Analyze, Improve, and Control). All statistical tools will be reviewed including graphs and illustrations of real-life discussions, benchmarks and events.

Dates: to be scheduled with instructor
Fee: $3,000 plus textbooks and software

Lean Six Sigma Green Belt Certificate
Detailed and real-world examples of lean thinking will be reviewed with hands – on examples to enhance the learning experience. Learn how to integrate theories of business, statistics, and the elimination of waste with the goal of achieving tangible results.

Funding Available: WIOA
Dates: Face-to-Face September 12 – October 24, 2020
Online: Starts September 19, 2020
Time: Saturdays, 9 a.m. – Noon
Fee: $1,500 plus textbooks and software

John C. Maxwell’s Developing the Leader in You
Instructor: Dr. Terri Winfree
Understand how influence works and use it to launch your leadership career more effectively. Each lesson explores key facets of leadership including priorities, character, expectations, problem-solving, waiting, and more. The time to develop the leader within you is now. Leadership skills are used in the workplace, in the home, and in the community, so this course offers many applications.

Dates: August 5 – 26, 2020
Time: Online—no set time, asynchronous
Fee: $199

SCPro™ Certification Test Prep: Level 1
In just ten weeks you will learn how to make a competitive impact for your organization. SCPro™ Level 1 is the only industry certification that covers the comprehensive supply chain, from end-to-end, and requires professionals to demonstrate their knowledge of eight foundational core functions, including supply management and procurement, transportation, warehousing, and more.

Dates: September 5 – October 31, 2020
Time: Saturdays, 9 a.m. – Noon
Fee: $1,500 plus textbooks and software

Email continuinged@govst.edu to register.
Illinois State Cannabis Certification Course: Responsible Vendor Training

This four-hour Illinois State Cannabis Certification Course will fulfill the state’s mandatory classroom training for individuals seeking to work with Cannabis and Marijuana upon recreational legalization on January 1, 2020 in the State of Illinois.

Dates: August 8, September 12, and October 17, 2020
Time: 10 a.m. – 2 p.m.
Fee: $200

Live Online Workshop

Cannabis 101
Learn about the different types of cannabis, the effects it can have on you, and how the laws surrounding consumption apply to you.

Dates: August 27
Time: 6 p.m.
Fee: $35

Live Online Workshop

Cannabis in the Workplace
Managers learn the impacts of legalized cannabis and considerations for the workplace.

Dates: July 23, October 29
Time: 6 p.m.
Fee: $35

Live Online Workshop

Courses are presented in partnership with Illinois Equity Staffing; a Chicago-based consulting firm specializing in cannabis education, recruiting, human resources administration, payroll processing and social equity compliance/reporting for the cannabis industry.

Email continuinged@govst.edu to register.
Education

**Keys to Quality Service for Administrative Assistants and School Secretaries**
This one-day seminar assists frontline staff in recognizing and managing the expectations of their customers, and positively representing the organization’s commitment to improved customer relations.

**Sessions are customized and arranged to meet districts’ needs and schedule.**

**New Leaders Mentor Program**
Designed to provide a system of support to first and second year leaders, this program pairs an experienced administrator as a mentor with a Protégé. Protégé Teams will meet virtually and/or face-to-face for a minimum of 50 hours throughout the school year and also for discussions on topics relevant to their practice.

**Emerging Leaders Program**
This program is designed for teacher leaders who want to perfect their leadership skills and are considering becoming a formal school leader. Emerging Leaders will participate in 4 seminars throughout the school year to enhance their effectiveness as an informal school leader.

For a list of topics for this year, program pricing and to enroll for the August cohort, visit [www.govst.edu/educator-training](http://www.govst.edu/educator-training). Contact Saundra Mickles at [smickles2@govst.edu](mailto:smickles2@govst.edu) for details.

GROUP TRAININGS FOR SCHOOLS

**Cultural Competency: Considerations for Empowering Students & Schools**
This series of workshops provides educators with a set of tools to create an empowering environment for learning. Concepts explored include positionality, power, funds of knowledge, intersectionality, authentic care, strength-based approaches, white fatigue, stereotype threat, implicit bias, and micro-aggressions.

**Intro to Universal Design for Learning**
Learn how to design a course that accommodates the various needs of learners and effectively eliminate barriers and obstacles to understanding.

**Restorative Practices in Schools**
Using approaches such as dialogues, peace circles, and peer-led mediation, restorative practices develop a culture that addresses the missing piece of teaching social-emotional and conflict-resolution skills by turning behaviors into learning opportunities.

**To book a group training, contact using email continuinged@govst.edu.**
Health & Human Services

**CADC Test Preparation**
This course is intended to prepare applicants for the CADC exam. It has been approved for (21) CEU's from the Illinois Certification Board and/or as a 2-hour credit course to GSU students. The course is divided up into three on-campus full class days.

**Dates:** July 16, 17, and 18, 2020  
**Time:** 9 a.m. to 5 p.m.  
**Fee:** $199

**Certificate in Gerontology**
This course provides you with the knowledge and skills to effectively meet the needs of the aging population in a wide range of careers. There are opportunities in nursing, teaching, service, administration, and research that focus on the needs and interests of older adults.

**Dates:** July 15 for 6 weeks/25 Hours  
**Fee:** $150  
**Register:** [www.ed2go.com/gsutrainings](http://www.ed2go.com/gsutrainings)

**Certificate in Holistic and Integrative Health**
Gain a new respect for the healing power of the integrative health approach. This course covers all the fundamentals of person-centered and person-empowered health care including details on some of the more popular therapies today.

**Ongoing enrollment:** 3 Months/ Self-paced/33 Hours  
**Dates:** July 15  
Self-paced, 6 Week Access/33 Hours  
**Fee:** $198  
**Register:** [www.ed2go.com/gsutrainings](http://www.ed2go.com/gsutrainings)

**LSW/LCSW Preparation Course – 2-day Workshop**
This review course uses the most up-to-date examination materials from Licensing Exam Preparation Services, LLC and reflects the latest diagnostic publication (DSM-5™). Attendees will receive a comprehensive study guide with current practice questions, test-taking strategies, and more.

**Dates:** August 8, and 15, 2020  
**Time:** 9 a.m. to 4 p.m.  
**Fee:** $285

**Pharmacy Technician Certification Program with Clinical Externship (optional) – ONLINE**
This comprehensive online 50-hour program will prepare students to work as a pharmacy technician in a retail or other pharmacy setting and to take the Pharmacy Technician Certification Board’s PTCB exam.

**Funding Available:** WIOA  
**Dates:** Ongoing, given 6 months to complete  
**Fee including textbook:** $1,199

**Phlebotomy Technician Certification Program with Clinical Externship**
This 90-hour program prepares professionals to collect blood specimens from clients for the purpose of laboratory analysis. Students will develop comprehensive skills to perform venipunctures completely and safely. Course includes terminology, anatomy and physiology; blood collection procedures; specimen hands-on practice; and training in techniques to perform puncture methods.

**Funding Available:** WIOA Approved Program – Workforce Innovation and Opportunity Act  
**Dates:** Ongoing, given 6 months to complete  
**Fee including textbook:** $1,999

**Human Resources**

**PHR/SPHR Certification Preparation**
The live online course will provide an overview of key areas in human resources management designed to better prepare HR professionals for the national PHR (Professional in HR) or the SPHR (Senior Professional in HR) exams.

**Funding Available:** WIOA  
**Dates:** Offered throughout the year, sign up to start today.  
**Fee:** $1,299 (includes all books and materials)
Information Technology

CompTIA™ Certification Training: A+, Network+, Security+ (Vouchers Included)
Become proficient in cyber security concepts such as attacks and mitigation, security applications, risk assessment, disaster recovery and incident response, cloud computing, mobile devices, BYOD and SCADA, in addition to vulnerability assessment. This course will prepare you for three CompTIA IT certifications that are ideal for entry-level and mid-level professionals: A+, Network+ and Security+. The CompTIA certifications are the most-recognized, vendor-neutral credentials in the industry.

Self-paced/12 Months to complete/480 Course Hours
Funding Available: WIOA
Fee: $3,995

Full Stack Developer
Full stack software developers use coding languages and intuitive technologies to create web applications that allow people to achieve specific tasks on a computer or on another device. Learn to create a website from scratch, bring data to life by creating visual dashboards of large amounts of data, demonstrate your front-end design ability and work with databases. You will conduct document integration testing, deployment and virtualization. When you complete the course, you will have a professional portfolio of real-world projects to showcase at interviews.

Dates: Ongoing Enrollment
12 Months/162 Course Hours
Funding Available: WIOA
Fee: $4,995
www.govst.edu/wia
Payment plans are available.

HOT Career! Software developers earn an average salary of $70,604, and the U.S. Bureau of Labor Statistics projects 17% growth by 2024!
Legal Studies

Upcoming Sessions: 14-week course
Dates: August 24 – October 9, 2020
October 19 – December 4, 2020

Paralegal Certificate Course®
Learn how to assist trial attorneys, interview witnesses, investigate complex fact patterns, research the law, and assist in preparing cases for courtroom litigation.
Funding Available: WIOA
Fee: $1,595

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Learn how to assist trial attorneys, interview witnesses, investigate complex fact patterns, research the law, and assist in preparing cases for courtroom litigation.
Funding Available: WIOA
Fee: $1,595

SALARY EXPECTATIONS

Paralegal
$45,750 to $64,500

Senior Paralegal/Legal Assistant
$69,500 to $89,750

Payment plans are available. Education Loans are also available through Affirm. Contact SXL staff at continuinged@govst.edu for details.

eDiscovery for Paralegals
The eDiscovery for Paralegals course is an introductory 7-week course covering the entire eDiscovery process, from preparation to collection and review of Electronically Stored Information (ESI).
Fee: $995

Alternative Dispute Resolution Certificate Course
This intensive course is designed to train and qualify students to develop or participate in conflict mediation processes. Participants will review the growth and application of settlement options in the United States. The course focuses on both traditional and non-traditional dispute resolution options.
Fee: $995

Legal Nurse Consultant Training Course
This course provides the RN and PA with fundamental skills necessary to advise law firms, health care providers, insurance companies and governmental agencies regarding medical issues and to appear in court as witnesses.
Fee including textbook: $1,195

DID YOU KNOW? Legal Nurse Consultants can make up to $200/hour!

Non-Profit Administration

Diversified Fundraising and Donor Cultivation
This course explores the challenges of cultivating donors through relationship-building with individual donors, foundations, and corporations. In this course an overview of the fundraising process will lay a foundation for the planning of annual giving programs, fundraising events, grants, and major gifts. Weeks two and four will occur online.
Funding Available: WIOA
Dates: October 21 – November 11, 2020
Hybrid (Oct 21 and Nov 4 face-to-face) and 100% online options available.
Fee: $199

Managing Volunteer Boards
Learn best practices in managing and motivating volunteer boards including goal-setting, planning for productivity, building consensus and problem-solving, launching new initiatives, team-building, role differentiation, and more!
Dates: September 23 – October 21, 2020 (8 Hours)
Hybrid (weeks 1 and 3 face-to-face) and 100% online options available.
Time: 6 p.m.
Fee: $199

Email continuinged@govst.edu to register.
Trades

American Home Inspection Training
This comprehensive home inspection course is taught by The American Home Inspectors Training Institute (AHIT) instructors with over 100 years combined experience and is recognized by ASHI, NAHI, NACHI, CREIA, TREC and other professional organizations.

Funding Available: WIOA
Dates: September 14 – 18, 2020
Fee: $1,495 – includes all class materials

HVAC/R Certified Technician (Voucher Included)
This course requires one year of HVAC/R experience and uses hands-on service call simulations to prepare for the HVAC Excellence or NATE certification exams. By course completion, you will be ready to pass the HVAC Excellence Core and Professional Technician exams, the NATE Core and Specialty Test exams, and the EPA 608 certification exam. You will also receive a voucher package to take the HVAC Excellence exams.

Funding Available: WIOA
Dates: Ongoing Enrollment
12 Months/162 Course Hours
Fee: $2,895
www.govst.edu/wia

Manufacturing Fundamentals
This instructor-led course teaches the basic skills required to work in the manufacturing field, including the role of production design, process planning, and the heart of 13 different manufacturing processes. Master product development concepts such as the voice of the customer (VOC), quality function deployment (QFD), and failure mode and effects analysis (FMEA).

Dates: July 1 – need fall date, 2020
Fee: $115
Register: www.ed2go.com/gsutrainings

Safety and Risk Management
The OSHA 10-hour General Industry Outreach Training Program is designed to promote workplace safety and health and to make workers more knowledgeable about workplace hazards and their rights. Outreach training does not fulfill the training requirements found in OSHA standards. Employers are responsible for providing additional training for their workers on specific hazards of their job as noted in many OSHA standards.

Dates: May be scheduled with instructor
Fee: Contact Amy Barsha at 708.534.4565 for details.
Learn new skills with instructor-led courses offered online, anytime! You will get 6 weeks of instruction by experts in their fields and interact with fellow classmates in online discussion areas. There are hundreds of courses to choose from and monthly start sessions.

Here are some of our favorites!

Upcoming Sessions:
July 15 and August 12, 2020

- Accounting Fundamentals – $199
- Adobe Value Suite – $299
- Creating Web Pages – $115
- Event Planning Suite – $199
- Fundamentals of Supervision and Management – $115
- Introduction to Quickbooks Online – $115
- Managing Customer Service – $115
- Small Business Suite – $299
- Soft Skills Suite – $395
- Worker’s Compensation – $115
- Write Fiction Like a Pro – $100
- And More!

Register at ed2go.com/gsutraining
CSIFF 2020 marks the third year of the festival which includes a Feature Film Showcase (non-competition), which is a community-wide film screening and discussion event in celebration of independent filmmakers. Documentary and narrative feature films are selected by The CSIFF committee.

The international short film competition welcomes global submissions from students and aspiring filmmakers. Official Selections for both the student short film competition and professional short film competition will be screened during the weekend of October 23-25, 2020.

See the web site for screening times [www.govst.edu/CSIFF](http://www.govst.edu/CSIFF).

This festival is a partnership of Digital Learning and Media Design and School of Extended Learning, and co-founded and co-chaired by Suzanne E. Patterson of SXL and Joshua E. Young of DLMD. The event is funded in part by an Intellectual Life Grant provided by GSU’s Library.
We believe that language is the key to inclusion, community connection and job readiness.

These programs go far beyond the basics. Our goal is to provide complete confidence when communicating, whether in writing, speaking, or engaging in online forums. A $75 placement test is required to determine the level students are at for each course.

Ask about our Intensive English Program if you are interested in pursuing higher education or need advanced instruction for career progression.

Course Dates: August 31 – December 12, 2020
Fees: IL Community Members $1,000/semester/per class
International Students $1,500/semester/per class

Email aota@govst.edu for details.

Listening/Speaking
Learn to express ideas in formal and informal interactions on topics with level-appropriate grammar, pronunciation, and vocabulary.

Reading/Vocabulary/Grammar
Develop reading skills including new vocabulary, level-appropriate grammar, effective reading strategies, and synthesizing information.

Writing/Grammar
Develop proficiency in critical thinking and revision by working through the writing process with input from instructors and classmates.
Discover Digital Photography  Instructor-led
Gain the skills you need to take great photos with your digital camera and never miss a memorable moment again. This course is an informative introduction to digital photography, from DSLRs to smart phone cameras.
**Dates:** Starts August 12  
6 Weeks Access/24 Course Hours  
**Fee:** $100

Personal Finance  Instructor-led
Set clear financial goals, make the right investments, increase financial security, and be prepared to retire someday. This course will help you gain control over the financial impact of your choices with tools that are useful, realistic, and easy to work into your regular routine.
**Dates:** Starts August 12  
6 Weeks/24 Course Hours  
**Fee:** $115

SOAR Based Personal Branding Training
This 10-hour transformational personal branding training is designed with the intent to develop strategic, visionary personal branding strategies through strategic thinking, and in the context of leveraging the use of a career assessment and a strength based personal branding framework.
**Dates:** October 4 – May 31, 2020, start anytime  
Students will be required to login for one hour per day for 10 working days.  
**Fee includes textbook:** $1,999

For more online Hobby Trainings and to register, visit ed2go.com/gsutrainings
Health & Wellness

Pilates
This low-impact exercise works your entire body. Aside from a strong focus on ab work, the exercises work the inner and outer thighs, as well as strengthen the back, hamstrings, and glutes. Pilates will help you become stronger, more flexible, can lead to better posture and improve your overall sense of wellbeing.
**Dates:** Wednesday, October 21 – November 18, 2020
**Live Online Class,** noon to 1 p.m. via Zoom
**Fee:** $25

Catching ZZZ's-Secrets for a Sound Sleep
Discover the surprising signs of a poor quality night's sleep, what happens inside your body during the four stages of sleep, and why good sleep matters. Courtesy of ChiroOne Wellness Centers.
**Date:** September 9, 2020
**Time:** Noon to 1 p.m.
**Fee:** FREE

Tai Chi
Reduce stress gently; feel better, through graceful movement and exercise. Tai chi is an ancient low-impact Chinese tradition, which involves movements performed in a slow, concentrated, and intentional way with deep focus on breathing. Tai Chi is different than yoga. It is a practice that combines meditative movement and balance. Students will learn sequences of movements, basic body alignments, the 70% rule of moderation, and more.
**Date:** September 14 – October 12, 2020
**Time:** Mondays, 6 – 7 p.m.
Face-to-face at GSU Racquetball Court
**Fee:** $25

Yoga
Yoga is a great way to increase flexibility, improve health and physical fitness, and reduce stress. Developed up to 5,000 years ago in India as a holistic approach to wellbeing, this series of movements and poses work the entire body. Yoga is a no judgement zone, non-competitive, and is about being present in the moment. Every pose can be modified to fit your individual needs.
**Date:** October 6 – November 3, 2020
**Time:** Tuesdays, Noon – 1 p.m.
**Fee:** $25 (half hour sessions)

What’s the State of your Nutrition?
Learn how to boost the nutritional value in your diet, and why it's important to eat right. Courtesy of ChiroOne Wellness Centers.
**Date:** October 14
**Time:** Noon to 1 p.m.
**Fee:** FREE

Line Dance Class
The Dancin' Deeva is committed to having fun while increasing physical and emotional well-being through dance. This relaxed, family dancing experience promotes self-confidence, self-respect, inner strength, and discipline.
**Date(s):** September 10, 17, 24 and October 1, 8, 2020
**Time:** 12 to 1 p.m.
**Fee:** $25
The KNOWLEDGE EXCHANGE

This lifelong learning program is designed for the retired/semi-retired and offers a relaxed, friendly classroom environment on the GSU Campus. This group has formed a community of shared learning, social interaction and the free exchange of opinions and ideas.

Classes meet every Friday
September 25 – November 13, 2020
$73 for the first class
$28 for any additional class

10 a.m. – Noon
Cagney: A Film Retrospective with Christine Small

Music Inspired by Literature with Ron Small

1 – 3 p.m.
Great Decisions 2020 Fall Repeat: Foreign Policy Discussion with Bill Byrnes

Saints in Medieval Islamic Literature, 1000-1500 A.D. with Judi Wilks

Jane Austen & Charlotte Brontë
Jeffrey Nigro, a Jane Austen Society member, and Suzanne Patterson, a Brontë Society member, are joining forces to create and co-lead a class on two of British literature’s most famous and unique women.

Workshops and “Lunch and Learn” presentations are also offered and are listed online at www.govst.edu/tke.

For more information, please contact Suzanne Patterson at 708.534.4393.
School of Extended Learning (SXL) designs and delivers customized corporate and small business training solutions that enhance employee performance, solve for skills gaps, cross-train your team, and enable transition to management. Our instructors are experienced faculty and industry experts who provide real-world application to ensure successful learning outcomes.

All training may be tailored to individual business needs.

Transition to Management and Supervisory Skills  I  Microsoft Office Suite
Supply Chain Essentials  I  Process Improvement through Lean Six Sigma
Soft Skills for Organizational Effectiveness  I  Leading through Crisis

And More!

Visit www.govst.edu/business-training to tell us your needs, and request a free consultation with our Director of Corporate and Community Education, Cynthia Staples.
If you are ready to earn your bachelor’s degree but cannot make it to the Governors State University Campus, study with us at a convenient off-campus location! These partnerships with area community colleges are designed to provide adults with a seamless path to degree completion after earning an associate degree at the community college. Take a mix of upper division and online classes at GSU to earn your accredited Bachelors Degree. Our advisors will provide academic study plans, resources and assistance every step of the way.

TRITON COLLEGE
B.A. Communication
B.A. Criminal Justice
B.S. Information Technology

KANKAKEE COMMUNITY COLLEGE – North Extension Center in Bradley
Course work from College of Business
Course work from BHA Health Administration

JOLIET JUNIOR COLLEGE – Romeoville Campus
B.A. Criminal Justice

Contact Michelle Sebasco, Director of Academic Partnerships, or visit www.govst.edu/offcampused for details.
1. Direct pay with all major credit cards except AMEX
2. Private loans; Email mzarris@govst.edu
3. Workforce Innovation Opportunity Act (WIOA) for those who meet eligibility; approved programs only
4. Loans with Affirm for Legal Studies programs; Email msebasco@govst.edu
5. Payment plans may be customized on an individual basis
6. CEDA funding for those who meet eligibility for approved programs

For more information, please contact continuinged@govst.edu.