

Alli Cipra, Ph.D.
Associate Professor
Psychology Department
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EDUCATION

Ph.D.	2016	Indiana University, Bloomington, IN <i>Human Development (Learning & Developmental Sciences/Educational Psychology)</i> Minor: <i>Brain Sciences</i>
M.S.	2008	Indiana University, Bloomington, IN <i>Human Development</i>
B.A.	2006	Purdue University, West Lafayette, IN Major: <i>Psychology</i> Major: <i>Law & Society</i> Minor: <i>Forensic Science</i>

TEACHING EXPERIENCE

2020 – current	Associate Professor of Psychology Governors State University University Park, IL
2018 – current	Mastering College Coordinator Governors State University University Park, IL
2016 – 2020	Assistant Professor of Psychology Governors State University University Park, IL
2014 – 2016	Instructor of Psychology Governors State University University Park, IL
2011 – 2014	Faculty

Siena Heights University
Adrian, MI

2007 – 2011 Associate Instructor (Instructor of Record)
Indiana University
Bloomington, IN

2009 – 2011 Teaching Assistant
Indiana University
Bloomington, IN

CLASSROOM EXPERIENCE

Social Psychology; Biopsychology; Applied Research and Statistics; Research in Social Sciences; Personality Psychology; Thinking & Writing in Psychology; Research Methods & Design; Abnormal Psychology; Psychology of Women; Sex, Science, & Society; Stereotypes and Prejudices; Social Movements from a Psychological Perspective; Early Childhood Development; Adolescent Development; Developmental Psychology; Aging in Society; Gerontology; Health Problems and Disorders of Aging; Effective Parenting Styles; Criminal Psychology; Psychology in Film; Educational Psychology; Psychology & Criminal Justice (at Gus Harrison Correctional Facility)

RESEARCH EXPERIENCE

2017 – present Wheaton College Research Collaboration (Dr. Sandra Yu Rueger)
Analyze collected data, assist previous master's students in publishing work, establish multi-institutional research networks for graduate students and junior faculty.

2017 – present Governors State Interdisciplinary Research Team (PI and co-PI)
Design and implement studies, collect & analyze data on projects focused on institutional population, specifically first generation and/or minority students; Analyze the effectiveness of mastering college course in preparing students for college success

2015 – present Faculty Director, Social Development Lab (various social development projects)

2008-2016 Investigator
National Institute of Child Health and Development
Open dataset, Indiana University, Bloomington, IN

2007-2011 Graduate Research Assistant
Social Development Lab

Psychology Department
Indiana University
Director: John Bates, Ph.D.

Longitudinal research examining the parent-child dyadic processes, toddler sleep, cognitive and temperamental characteristics and their roles in the development of self-regulation. Additional responsibilities include collection and analysis of data, child cognition screening, and developing advanced coding systems of data.

2006
Research Assistant
Social Bias Psychology Lab
Psychology Department
Purdue University
Director: Stephanie Goodwin, Ph.D.

2005
Senior Research Seminar
Psychology Department
Purdue University

Created research design for parenting research on military families and social support systems and recruited subjects within community.

2004
Research Assistant
Cognition and Aging Psychology Lab
Psychology Department
Purdue University
Director: Robert Proctor, Ph.D.

PUBLICATIONS

Goode, J. R., Radovic-Fanta, J., & Cipra, A. (2020). Dissonance, detachment and college student identity: An exploration of identity gaps in the emerging majority student. *Qualitative Research Reports in Communication*. DOI: 10.1080/17459435.2020.1853205

Dermer, S. B., Cipra, A., & Mercer, M. E. (accepted). Unpacking sex positivity: Exploring the definition and implications of sex positivity for the field. Submitted to *Journal of Counseling Sexology & Sexual Wellness: Research, Practice, and Education*.

Cipra, B. & Cipra, A. (2019). Replicable strategies for advancing proposal development capacity in teaching-focused institutions. *Journal of Grant Professionals Association*, 17(1), 11-24.

Cipra, A. & Hall, L. (2019). COREMatters: A bullying intervention pilot study. *Research in Middle Level Education*, 42(4), 1-13. <https://doi.org/10.1080/19404476.2019.1599244>

Cipra, A. (2018). Differential susceptibility and kindergarten peer status. *Child Indicators Research*, 1-21. doi: 10.1007/s12187-018-9545-4

Cipra, A. (2016). Parenting styles. *Encyclopedia of Marriage, Family, and Couples Counseling*. Sage Publications.

OTHER PROFESSIONAL WORK

Cipra, A. (2017). "Why do we Lie?," *CounterPoint*, PBS Lakeshore Public Media, 9 July 2017.

Cipra, A. (2016). *Moral development during adolescence*. [Video tutorial]. Sage Publications.

Cipra, A. (2016). *Prenatal development: From conception to birth*. [Video tutorial]. Sage Publications.

Cipra, A. (2016). *Socio-Emotional development in emerging adulthood*. [Video tutorial]. Sage Publications.

Cipra, A. (2016). *Self-control and childhood*. [Video tutorial]. Sage Publications.

PROFESSIONAL NATIONAL/INTERNATIONAL CONFERENCE PRESENTATIONS

Cipra, A. (scheduled April 2021). *Building Resilience in a Social World*. Invited Speaker
Midwestern Psychological Association, Chicago, IL.

Cipra, A. & Hall, L. (2019). *CoreMatters: A Bullying Intervention Program*. Paper presented at the Midwestern Psychological Association, Chicago, IL (April, 2019).

Cipra, A. (2019). *Avoiding a Deficit Perspective in Understanding the Family System*. Paper presented at the IFTA World Family Therapy Congress, Aberdeen, Scotland (March, 2019).

Cipra, A. & Dermer, S. B. (2018). *Internalizing Behaviors and Counseling Practices: A Life Span Approach*. Paper presented at International Association for Counseling. Rome, Italy (September, 2018).

Cipra, A., Azmy, S., & Cervantes, S. N. (2018). Maternal Parenting and Kindergarten Behavior Problems. Paper presented at the annual meeting of the Midwest Psychological Association, Chicago, IL.

Ziaee, Y. & Cipra, A. (2018). *5 Easy Steps to Improve Online Learning and Engagement*. Paper presented at the Global Conference on Education and Research, Las Vegas, NV, USA.

- Ziaee, Y. & Cipra, A. (2017). *The Challenge of Creative Online Learning & Engagement*. Paper accepted for E-Learn 2017 –World Conference on E-Learning, Vancouver, British Columbia, Canada.
- Cipra, A. (2017, April). *Differential Susceptibility: Infant Temperament, Parent Personality, and Child Peer Status*. Poster presented at the annual meeting of the Midwestern Psychological Association, Chicago, IL, USA.
- Cipra, A. (2016, May). *Maternal Personality and Parent Education Predict Child Peer Status in Kindergarten*. Poster presented at the annual meeting of the Association for Psychological Sciences, Chicago, IL, USA.
- Cipra, A. (2014, May). *Child temperament moderates the relation between paternal personality and child internalizing problems*. Poster presented at the annual meeting of Association for Psychological Sciences, San Francisco, CA, USA.
- Cipra, A., & Hyten, S. (2011, May). *Infant temperament moderates the impact of maternal personality on parenting quality*. Poster presented at the annual meeting of the Association of Psychological Science, Washington, D.C.
- LaFontaine, S., & Cipra, A. (2011, May). *Adaptable and approachable infant temperament predicts higher 36-month parenting quality of neurotic mothers*. Poster presented at the annual meeting of the Association of Psychological Science, Washington, D.C.
- Cipra, A., & Hyten, S. (2010, August). *Child temperament moderates maternal personality and 24-month parenting*. Poster presented at the annual meeting of Association for Psychological Sciences, Boston, MA, USA.
- Cipra, A., Staples, A., & Bates, J. (2010, March). *Bedtime routines affect child sleep*. Poster presented at the biennial meeting of the Society for Research in Child Development, Denver, CO, USA.

UNIVERSITY PRESENTATIONS

- Cipra, A. (2018, August). *Trauma Across the Lifespan*. Keynote speaker for Trauma workshop sponsored by BHWET grant and presented at Governors State University, University Park, IL.
- Cipra, A. & Azmy, S. (2018, April). *Interactive Assessment Models in the Classroom*. Paper presented at Governors State University Research Day, University Park, IL.
- Cipra, A. (2018). *Understanding Polyamory in a Counseling Setting*. Counseling LGBTQ Persons (COUN 6609), Governors State University, University Park, IL.

- Cipra, A. (2017). *Polyamory*. Counseling LGBTQ Persons (COUN 6609), Governors State University, University Park, IL.
- Cipra, A. (2016, April). *Child Development & Family Factors*. Governors State University Research Day, University Park, IL.
- Cipra, A. (2015). *Polyamory in Modern Society*. Counseling LGBTQ Persons (COUN 6609), Governors State University, University Park, IL.

GRANTS

- Cipra, A. (2020). *Research Open House at GSU*. Intellectual Life Grant, Governors State University. (\$500).
- Cipra, A. (2020). COE Grant for Open Access Course, Governors State University (\$500 awarded).
- Cervantes, S. & Cipra, A. (2019). *Assessing Co-Curricular Awareness, Understanding, and Engagement at GSU*. Center for the Junior Year Research Grant, Governors State University. (\$3,000 awarded).
- Cipra, A. (2019). *Stressful Life Events & Academic Achievement*. Center for the Junior Year Faculty Research Grant (CJY FRG), Governors State University. (\$1672 awarded).
- Cipra, A. (not awarded). *Growing Gardens*. Home Depot Foundation Grant. (\$3207).
- Cipra, A. & Radovic-Fanta, J. (2018). *Research Salon*. Intellectual Life Grant, Governors State University. (\$500.00 awarded).
- Lorelle, S., Cipra, A., & Dermer, S. B. (2018). *Training Education and Mental Health Professionals in Play Therapy in order to Improve Child and Adolescent Mental Health in Turkey*. Public Affairs Grant Program of the U.S. Department of State. (\$86, 924 over two years, not awarded).
- Lorelle, S., Cipra, A., & Dermer, S. B. (2017). *Training Education and Mental Health Professionals in Play Therapy in order to Improve Child and Adolescent Mental Health in Turkey*. Public Affairs Grant Program of the U.S. Department of State. (\$86, 924 over two years, not awarded).
- Cipra, A. (2017). *Early Head Start Retention Study*. University Research Grant. (\$2,673 awarded).

STUDENT MENTORED WORKS

Beckmann, J. & Beckmann, R. (2020). *Cognitive Dissonance in Major Declaration*. Midwestern Psychological Association (conference canceled due to COVID-19), Chicago, IL.

Gutierrez, V. & Rodgers, M. (2020). *Building Resilience Against Bullying Behaviors*. Midwestern Psychological Association (conference canceled due to COVID-19), Chicago, IL.

Rodgers, M. & Jibaja, D. (2020). *Building Resilience in Children*. Midwestern Psychological Association (conference canceled due to COVID-19), Chicago, IL.

Beckmann, J. & Beckmann, R. (2019, April). *Boys Will be Boys*. Poster presented at Governors State Research Day, University Park, IL.

Rodgers, M. (2019, April). *Assessing Learning Orientation to Maximize Achievement*. Poster presented at Governors State University Research Day, University Park, IL

Rodgers, M. & Swanson, D. (2019, April). *The Impact of Fictive Kin Relationships on the Development of Attributional Styles*. Poster presented at Governors State University Research Day, University Park, IL

Cottrell, E., Werner, J., Casagrande, G., Westergaard, M., & Cipra, A. (2018, April). *Microaggressions*. Poster session presented at Governors State University Research Day, University Park, IL.

Cottrell, E., Werner, J., Casagrande, G., Westergaard, M., & Cipra, A. (2018, April). *Microaggressions: Who, What, When, Where, and Why?* Workshop presented at Governors State University Research Day, University Park, IL.

Cottrell, E., Werner, J., Westergaard, M., Cipra, A., & Casagrande, G. (2018, April). *Privilege and Prejudice*. Workshop presented at Governors State University Research Day, University Park, IL.

Ocanas, M. (2016, April). *Images over words: The efficacy of art therapy with Latino and Asian populations*. Poster presented at GSU Research Day, University Park, IL.

AWARDS AND PROFESSIONAL ASSOCIATIONS

AY17-18 Faculty Excellence Award (Finalist)

AY13-14 Eileen Rice Award for Outstanding Teaching (Finalist)

AY12-13 Eileen Rice Award for Outstanding Teaching (Finalist)

2010

Recipient of the Myrtle M. Scott Fellowship
Awarded by faculty for outstanding research

Association for Psychological Science, member
American Psychological Association, member
Midwestern Psychological Association, member
Global Conference on Education and Research, member
Society for Research in Child Development, member
Society for Research on Adolescence, member

SERVICE TO THE DISCIPLINE

Ad-Hoc Reviewer, *Development & Psychopathology*

Ad-Hoc Reviewer, *Child Indicators Research*

Ad-Hoc Reviewer, *Journal of Research in Childhood Education*

Ad-Hoc Reviewer, *Psychological Reports*

Ad-Hoc Reviewer, *International Journal of Qualitative Studies in Education*

Conference Reviewer, *Midwestern Psychological Association* (2018 – current)

Scientific Committee Conference Reviewer, *Global Conference on Education and Research*
(2017 – current)

Guest Editor, *International Journal of Choice Theory and Reality Therapy* (Spring 2017)