Sangamon County ROSC Council- Monthly Meeting
10/27/26, 9am
Location: Zoom

Attendees (27):

1) Whitney Devine, Sangamon Co. ROSC Council / Family Guidance Centers, Inc.
2) Austin Dambacher, Sangamon Co. ROSC Council / Family Guidance Centers, Inc.
3) Jodi Tabor, Prairie Center Against Sexual Assault (PCASA)
4) Amanda Deford, Birth to Five Illinois Region 51
5) Amanda Meyer, Washington Street Mission
6) Audie Prange, Sangamon Co. Sheriff's Office
7) Donna Reeves, Central Counties Health Centers
8) Dr. Andrea Spicer, Acorn Behavioral Health
9) Jada Lutzke, SIU School of Medicine
10) Ethan Posey, City of Springfield
11) Haley Hopkins, Prevention First
12) Jason Williams, Salvation Army
13) Jennifer Clark, Safe Families for Children
14) Jessica Ford, Wooden It Be Lovely
15) Joshua Laughhunn, Charlie Health
16) Lindsey Eyre, Illinois Coalition of Community Services (ICCS)
17) Luvi Sims, Safe Families for Children
18) Matt Lantgen, Alpharus Health
19) Morgan Szwan, Lincoln Prairie Behavioral Health Center
20) Billy Fleischli, City of Springfield (Mayor's Office)
21) Galia Cossyleon, Memorial Hospital
22) Tori Mason, Charlie Health
23) Stephanie Carson, Aetna Better Health
24) Toni Randall, Statewide ROSC TA (Region 4)
25) Stacey Brenner, Family Guidance Centers, Inc.
26) Abby Behrens, Prevent Child Abuse Illinois
27) Rikki Williams, Envision Unlimited

Agenda:

- Welcome & Introductions
- Council Member Open Forum: Updates, Wins, Needs, and Requests for Support
- Membership Update: Sector Representation, New Member Registrations, and Growth Toward Broader Representation
- Events: Highlights, Recap, and Upcoming Opportunities
- Survey Progress Update: Response Counts, Distribution Partner Engagement, and Progress Toward Our Goal
- Featured Organization Spotlight: Safe Families for Children (Presenter: Luvi Sims)

- Family Support Group Discussion: Identifying Gaps, Building on Existing Resources, and Strengthening Capacity

Meeting Notes:

1. Welcome & Introductions:

- See attendee list

2. Council Member Open Forum:

- [Members share Updates, Wins, Needs, and Requests for Support]
- Wooden It Be Lovely
    - Nov. 14 Thanksgiving Sale
    - Dec. 12- Holiday / Christmas Sale
- Acorn Behavioral Health
    - Recently opened OP MH/SUD clinic in Rochester
    - Accepts all insurances
    - Accepts patients 5yo +
- Prevention First
    - Fall Conference THIS Thurs. & Friday (10/19 and 10/30) in Springfield
    - Registration: Prevention First Connections in Prevention Conference
    - CEUs available
- Mini O'Beirne Crisis Nursery
    - Chaos & Connection Caregiver Support and Craft Group- 2nd Wed. Of every month from 6pm-7:30pm
    - Supportive space for parents / caregivers to connect and make crafts
    - Childcare provided but limited; RSVP required (details on flyer within PowerPoint)
- Girls on the Run 5K Celebration
    - 11/14/26, 9am-TBD, Lincoln Land Community College
    - Registration: 5K | GOTR Central Illinois
- Hope Springs Apartments (Envision Unlimited)
    - In need of household items for new residents (see slide in ppt. For more details)
    - Contact: Rikki Williams- Care Coordinator
        - P: 312-506-4826
        - E: rwilliams1@envisionunlimited.org
- Big Brother Big Sister Open House
    - 10/28/26 5-7 PM
    - Contact: t.allbritton@bbbscil.org
- Prevent Child Abuse Illinois
    - IL Drug Endangered Children (DEC) Alliance- meets monthly to discuss statewide initiatives and plan the annual IL DEC Conference, scheduled for May 18 in Normal, IL. Members are encouraged to join the Alliance or recommend potential conference speakers by contacting Abby Behrens (contact info below)
    - Sangamon County Child Abuse Prevention Coalition- meets every other month, with efforts underway to expand participation to surrounding

counties. Upcoming priorities include planning April Child Abuse Prevention Month events and discussing local prevention initiatives.
    - Contact Abby Behrens at abehrens@pcaillinois.org
- Birth to Five Illinois & Lincoln Prairie Behavioral Health Center: Be Strong Families Parent Cafe
    - 11/18/2026 at The Goodwill Inc. (1220 Outer Park Dr., Springfield, IL 62704)
    - Birth To Five Illinois and Lincoln Prairie Behavioral Health Center collaborative event
    - An evening of connection, learning, and sharing with other parents and caregivers in this Parent Cafe! Taco bar provided by Goodwill
    - Registration required: https://docs.google.com/forms/d/e/1FAIpQLSe1NKpCjftyX-L0GJJYyNV6SCSmlHXiVv5MdMY4ZJQI7AxvgA/viewform?usp=header
    - NEEDS: Event Promotion; at schools, health departments, family-oriented organizations etc.
    - 5 Resource tables registered (as of 10/27/26)
    - Contact Ashley Earles with questions:
        - Email: aearles@birthtofiveil.com

3.Membership Update

- 47 active members, 41 unique organizations (1 new member since last meeting)
- Sector growth needed in: Youth (0 members), Youth-serving organizations (1 member), Media (2 members), and RCOs (2 members)
    - Recommendations on engaging youth?
        -
- Can schedule 1 on 1 with ROSC to learn more
    - Contact: wdevine@fgcinc.org

4. Events: Highlights, Recap, and Upcoming Opportunities

- RECAP
    - ROSC x Fifth Street Renaissance: Unmasking Recovery: A Masquerade Ball
        - 10/23/26 at Tom Madonia Park East, 6-8 PM
        - attendees,
        - Music, best dressed contest, recovery resources, recovery speaker, crafts, photobooth, affirmation card readings, food
- UPCOMING
    - Holiday Toy Drive! For “Breakfast With The Big Guy”
        - Accepting new and gently used toys; new stuffed animals
        - Donations can be dropped off at ROSC (2924 Stanton St., Springfield, IL 62704) during weekdays 8am-4:30pm
        - Donations can be picked up by contacting ROSC to arrange a date and time (wdevine@fgcinc.org)
    - “Breakfast With The Big Guy”- Feeding Springfield One Lasagna At A Time
        - Sat. Dec. 19, 9am-11am, Kumler United Methodist Church (600 N. 5th St., Springfield, IL 62702)

- ♣ Free community event providing breakfast and holiday gifts for children
- ♣ In need of organizations for resource tables
- ♣ Contact ROSC if interested in helping (wdevine@fgcinc.org or adambacher@fgcinc.org)

5.ROSC Community Survey Updates

- FY26 Survey is live! Current responses: 98; Goal: 500
- Purpose: measure public opinion on issues related to recovery
- Paper copies and digital available (Digital link: 2026 Sangamon County ROSC Community Survey)
- ROSC will distribute paper copies to local businesses and organizations on an ongoing basis
- Current distribution partners: IHOP West Wabash, Central Counties, Alpharus Health, Lincoln Prairie Behavioral Health, and SPERO Family Servies
- Potential distribution partners: Wooden It Be Lovely, Salvation Army, ICCS, ROSC will add survey link to website (and let Billy F. know so it can be included in newsletter)
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6.Organizational Speaker: Safe Families For Children (Luvi Sims)

- Services and Programs: Connects families and children with services in the community; family coach, family friend, families that host
  - Helps to build individualized support systems to help families get support in real-time (based on needs of the families, and what's available in the community)
- Faith-based program that provides support for families / children who are involved in the foster care system
- Safe Families For Children is state-wide (Chapters across the state)
- Needs:
  - "Family Friends"- individuals who provide peer support for other families
  - Volunteers- can volunteer at different levels (family friends, hosts, individuals
- Q&A
  - Question 1: Barriers that pop up for families- does Safe Families do anything for individuals (parents) who need to go to treatment?
  - Answer 1: Yes, Safe Families helps with identifying host families for temporary re-location to defer from DCFS-involvement (Parents must still have custody)
  - Question 2: How do individuals enroll in services? Is there a waitlist?
  - Answer 2: Referral form is available online. Waitlist is contingent on volunteers being available to host; Staff is always available to do family coaching
  - Question 3: What is the process for a family to become a host?
  - Answer 3: Forms, background checks, trainings

7. Family Support Group Discussion: Identifying Gaps, Building on Existing Resources, and Strengthening Capacity

- What supports and resources are currently available?
- Where are the gaps or unmet needs?
- How can we strengthen existing efforts, build capacity, and collaborate to better support families?
- Galia Cossyleon (Memorial)- support group for individuals who have lost loved ones from SUD/OD/MH (Do such groups exist beyond Al-Anon, Nar-Anon, non-SUD/MH related grief and loss groups?)
    - HSHS St. John's provides a SOS (Survivors of Suicide) support group
    - No other groups meet this need

8. Next Steps:

- ROSC will deliver paper copies of the community needs assessment to:
    - Wooden It Be Lovely (Contact: Jess Ford)
    - Salvation Army (Contact: Jason Williams)
    - Illinois Coalition of Community Services (Contact: Lindsey Eyre)
- ROSC will connect Luvi Sims with contacts at Alpharus Health, Family Guidance Centers, Prairie Center Against Sexual Assault (PCASA)

Meeting Adjourned