Logan/Mason ROSC Meeting Notes

October 15th, 2026

Zoom Only

Online Attendance:

- **Abby Behrens**
  - Prevent Child Abuse Illinois
- **Jeanette Davis**
  - Memorial Behavioral Health
- **Kara Davis**
  - Logan County Department of Public Health
- **Kristin Davis**
  - Family Guidance Center Regional Substance Use Prevention Integration Center (RSUPIC)
- **Kami Garrison**
  - Chestnut Health Systems-Statewide ROSC
- **Dani Hernan**
  - SIU Center for Family Medicine
- **Grace Irvin**
  - Chestnut Health Systems-Logan/Mason ROSC, Logan/Mason SUP/DFC, & BASE (Build, Amplify, Support, and Empower)
- **Emma Lancaster**
  - Chestnut Health Systems-BASE (Build, Amplify, Support, and Empower)
- **Carmen Lanham**
  - Family Guidance Center Regional Substance Use Prevention Integration Center (RSUPIC)
- **Lisa Latham**
  - West-Central Illinois Area Health Education Center
- **Molly McCain**
  - Lincoln Memorial Hospital
- **Brycen McFadden**
  - TASC (Treatment Alternatives for Safe Communities)
- **Jessica Poling**
  - Mason County Health Department
- **Kim Turner**
  - Logan County Crime Stoppers, Drug Court, Veterans Court, Logan
  - County Probation, Hope on 5th Board Member
- **Dominic Valenti**
  - Chestnut Health Systems-Logan/Mason SUP/DFC
- **Tyler Wenger**
  - Chestnut Health Systems-Logan/Mason SUP/DFC

Old Business:

- **What is ROSC?**
  - ROSC is a coordinated network of community-based services and supports that is person-centered and builds on the strengths and resilience is of individuals, families, and communities to experience recovery and improved health, wellness, and quality of life for those with or at risk of substance use and/or mental health challenges. The central focus of a ROSC is to create an infrastructure, or "systems of care", with the resources to effectively address the full range of substance use and/or mental health challenges within communities.
- **Logan/Mason ROSC Mission Statement**
  - Improving access to health, wellness, and holistic recovery options for people who are at risk of, or suffering from, substance use disorders while educating and connecting Logan and Mason counties to reduce stigma and improve recovery outcomes.

Previous Events:

- **Mason Co Walk- Sept 6**
  - 54 people attended
  - The Havana Police Department escorted the attendees on the walk
- **Midwest Central High School Career Fair-Sept 16**
  - 115 students connected with
  - 3 High Schools attended- HHS, IC, MCHS
  - Students participated in an activity where they would write down three goals: What's your goal for today? What's your goal for next week? What's your goal for this school year?
  - A word cloud will be put together for this activity and sent to the high school for promotion
  - A couple of students expressed interest in naloxone and deterra; one student was interested in the recovery meeting cards since a sibling of hers was using substances
- **Logan Co. Walk- Sept 17**
  - 44 people attended
  - Speakers attended both walks
  - The new "Reframing Recovery" frame was used at the walks to take pictures
- **CASA Presentation- Sept 25**
  - 4 people in person, 4 people online
  - Learning presentations are given every month

- The Logan/Mason ROSC presented what the council was doing in the community and what Chestnut does specifically

- **Harm Reduction Resources**
  - **Logan County FOR FREE**
    - The Family Custom Cleaners (Lincoln)
      - Naloxone, Fentanyl, Xylazine Test Strips
    - Logan County Health Department (Lincoln)
      - Naloxone, Fentanyl, Xylazine Test Strips
      - 24/7 Drug Disposal Box
    - Mt. Pulaski Library District
      - Naloxone, Fentanyl, Xylazine Test Strips
    - Logan County Courthouse (Lincoln)
      - Naloxone
    - Hope on 5th (Lincoln)
      - Naloxone, Fentanyl, Xylazine Test Strips
    - Logan County Jail Lobby (Lincoln)
      - Naloxone, Fentanyl, Benzodiazepine Test Strips, Xylazine Test Strips
    - Atlanta Public Library
      - Naloxone (Upstairs and Downstairs Bathrooms)
    - Elkhart Public Library
      - Naloxone, Fentanyl, Benzodiazepine, Xylazine Test Strips
    - The Logan County Health Department has a drop box as well.
  - **Logan County FOR PURCHASE**
    - CVS (Lincoln)
      - Naloxone
    - Walgreens (Lincoln)
      - Naloxone
  - **Mason County FOR FREE**
    - Havana Public Library
      - Naloxone, Fentanyl, Xylazine Test Strips
    - Mason County Health Department (Havana)
      - Naloxone & Fentanyl Test Strips
    - Forman Valley Public Library (Manito)
      - Naloxone
    - Mason City Public Library
      - Naloxone
  - **Mason County FOR PURCHASE**

- Wolters Drug Store (Havana)
    - Naloxone
- Mason City Pharmacy
    - Naloxone
- Manito Pharmacy
    - Naloxone
- CVS (Havana)
    - Naloxone

Reminders/Recovery Resources:

- **Updated Rack Cards**
    - If you need any updated treatment and recovery resource cards, Molly and Grace have them.
- **Updated Meeting Cards**
    - The Logan County Recovery Meeting cards will be updated soon to add on a couple of new meetings.
    - If you would like some of these cards to share with the community, Grace has some.
    - These cards have been distributed to the community.
- **Updated Resource Directory Cards**
    - If you need any updated resource directory cards, please let Grace, Dominic, or Tyler know.
    - One side has the resource directory QR code and the other side has the Parent Resource Guide QR code, which is getting updated.
    - The Parent Resource Guide is getting moved from Flipsnack to Canva.

New Meetings in Mason County:

- **I Am Recovery Group**
    - Meets on Sundays at 7:00 a.m.
    - Mason City Christian Church
- **Keys for Hope**
    - Women's support group
    - A program sponsored by TW Mental Health Advocates
    - Meets on Tuesdays at 6:00 p.m.
    - Havana Southern Baptist Church (Havana, IL)
    - For more information, reach out to twmhadvocates@gmail.com

Community Survey

- If you haven't yet, please take the ROSC community survey.
    - https://www.surveymonkey.com/r/lmrosc27
- Please also share the ROSC community survey.
- During the meeting, there was a discussion with the council on the following questions: What is one thing you can do in the next 7 days to promote the survey? Where will you take survey promotional materials in the community?
- Here are the responses to the question: What is one thing you can do in the next 7 days to promote the survey?
    - Dominic mentioned that there have already been a lot of places in Logan and Mason Counties where both he and Tyler have displayed the community survey.
    - Tyler mentioned that he will continue to post the flyer in Mason County, which is almost complete. He asked Jessica if the health department would provide the opportunity for visitors to take the survey, but it is hard to get people to complete the physical surveys. However, Jessica plans to share the survey on their Facebook page.
    - Bryson mentioned that he could share the survey on their Facebook page. He plans to also share the survey with clients that are not in crisis and have time to fill out a survey.
    - Molly mentioned that the IGA would be willing to share the survey (half or quarter-sized), which will be placed in bags for customers. She also encouraged Grace to ask Sorrento's if they would be willing to share the survey.
    - Kara is distributing the surveys and plans to do so during flu clinics in the next couple of weeks (Elkhart and Atlanta). Kara mentioned that the survey could be sent out to the schools to be distributed to the parents. She also mentioned that junior high girls basketball has started and Mount Pulaski High School boys basketball has a big tournament the week of Thanksgiving.
    - Emma mentioned that she will repost the survey on their "Real Talk About Addiction" Facebook/Instagram pages.
    - Jessica mentioned that she could share the survey QR code/link on their Facebook page. She also mentioned that she can print surveys to keep at the health department because it is flu shot season and a lot of people are coming to the department.
    - Lisa mentioned that since she's a connections support group facilitator through NAMI Illinois, she plans to share it with the marketing team.

- Dani mentioned that she can send it to her coworkers. Also, as she is working with patients, she can push the survey out.
- Carmen mentioned that she can share the survey on her personal Facebook. She also mentioned that their outreach does some work in Logan County as well, so she plans to let them know about the survey and give them the information.
- Kim mentioned that she can ask clients to fill out the survey. She also mentioned that survey QR codes can be provided at Hope on 5th.
- Jeanette mentioned that she could share the survey QR code with her husband so that he can share that with the people he works with. She also mentioned that she will email people to fill out the survey. Another idea was that Jeanette plans to have the QR code on her phone as a screenshot, so as she communicates with people, she will have them fill out the survey.

- Here are the responses to the question: What's the most unconventional but realistic way to get 50 additional surveys completed?
  - Emma mentioned that she was just on the West-Central Illinois ROSC meeting. They said that they plan to have people take a survey at a table to receive baked goods.
  - Kara mentioned that having a table in front of Walmart or Guest House may be a good place.
  - Jeanette mentioned that a movie theater would be a place to have a table. The survey QR code could also be placed on the screen.
  - Jessica mentioned that she could share the survey with her class at Spoon River College.
  - Jeanette mentioned that people could be asked to fill out the survey after a training or class.

Harm Reduction Location Brainstorm

- The Logan/Mason ROSC has a goal of adding two more locations for harm reduction resources each fiscal year.
- Grace is talking with Tristan to get the conversation going with the district attorney in Mason County to add drug disposal boxes.
- The following two questions were discussed at the meeting: Where would people feel most comfortable accessing harm reduction resources? What places in the community are people already going to that might be good locations for harm reduction resources?
- Here are the responses to the question: What places in the community are people already going to that might be good locations for harm reduction resources?

- Jessica mentioned that at the health department last year, they looked into sharps drop-off containers that would be outside. The problem is that the company that is being used now for the sharps pickup never gave the health department a straight answer if they could be billed separately. However, the health department is still interested in having this available since there are a lot of people who could use it.
- The Logan County Department of Public Health has Med X Waste out of Clinton to do their sharps pickup. Kara mentioned that they are very cheap (around $200/month).
- To have a drug disposal box outside the Mason County Health Department, Jessica would have to talk to her administrator.
- Kara mentioned that she plans to get Logan County on board for Drug Take Back Day once Officer Pharis is elected.
- Grace mentioned that Livingston ROSC placed a drug disposal box in the Amtrack Station.
- Molly mentioned that there are a lot of unhoused people who live at the train station in Lincoln.
- Dominic mentioned that hotels could be a place for harm reduction materials (vending machine for naloxone and test strips).
- Jessica mentioned that she places harm reduction resources out on the front counter and restrooms at the health department. She mentioned that restaurants may let you place harm reduction resources there.
- Grace mentioned that harm reduction resources could be placed at laundromats as well.

- A poll was conducted during the meeting to see how long Logan/Mason ROSC meetings should be going forward.
  - Most votes were for continuing with a one-hour meeting.

<u>Upcoming Events:</u>

- 2027 Logan County and Mason County Health Survey
  - **October 1st-31st**
- The Deflection Program (BRIDGE- Building Recovery Inclusion in Dignity for Growth and Empowerment) will have their next two meetings on:
  - **Tuesday, October 20th**
  - **Tuesday, November 3rd**
  - **Tuesday, November 17th**
    - **10:00 a.m. – 11:30 a.m.**
    - **Hope on 5th or on Zoom**.

- 32nd Annual Prevention Child Abuse Illinois Statewide Conference
    - **October 22nd-23rd**
        - **Springfield (BOS Center)**
- Drug Take Back Day
    - **Saturday, October 24th**
        - **Mason City (IGA Parking Lot) 10:00 a.m. – 11:00 a.m.**
        - **Manito (The Lodge) 11:30 a.m. – 12:30 p.m.**
        - **Havana (Old Oney's) 1:00 p.m. – 2:00 p.m.**
- Brain Aging Conference
    - **Thursday, October 29th**
        - **10:00 a.m. – 3:30 p.m.**
        - **Lincoln Memorial Hospital (Board Room)**
- Logan County SUPS
    - **Thursday, November 12th**
        - **9:00 a.m. – 10:00 a.m.**
        - **Breakfast: 8:45 a.m. – 9:00 a.m.**
        - **Lincoln Memorial Hospital**
- LMH CHC Networking Meeting
    - **Thursday, December 3rd**
        - **8:30 a.m. – 10:00 a.m.**
        - **Breakfast: 8:00 a.m. – 8:30 a.m.**
        - **Guest House (In Person Only)**

Contact Info:

- Grace Irvin- Prevention Coordinator
    - gcirvin@chestnut.org ; 309-451-7776
- Nadia Klekamp- Director of Integrated Community Education
    - nfklekamp@chestnut.org ; 309-824-3765

Next Meeting:

- **Thursday, November 19th at 2:00 p.m.**
    - This meeting will be virtual only.
    - Join Zoom Meeting: https://zoom.us/j/93561727220?pwd=TDVsWHRJdldYWnRnb2dnVFJTaTByQT09
    - Meeting ID: 921 3689 3688 / Passcode: 463455

End of Meeting: 3:03 p.m.