Resource List FY27
Cumberland County ROSC Council
Region: ROSC Region 4
Agency: Hour House
ROSC County: Cumberland County
Contacts:

- **ROSC Council Coordinator**: Kristina Drum
- **ROSC Council Recovery Navigator**: Kyle Houser
- **ROSC Council Program Supervisor:** Jenna Hays

Purpose of the Community Resource Guide: To identify and document the resources, strengths, and support systems within a community, such as organizations, services, and individuals, that can be leveraged to address community needs, promote well-being, and foster sustainable development.

Community Asset Directory

Appendix A. Substance Use Disorder and Co-Occurring Disorders Resources
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Appendix A: Substance Use Disorder and Co-Occurring Disorders Resources

Chestnut Health System
1003 Martin Luther King Jr. Dr. Bloomington, IL 61704
888-924-3786
www.chestnut.org
Monday-Thursday 7am-9pm and Friday 7am-5pm
Residential, outpatient, psychiatric, behavioral, primary care, mental health, and MAT.

Compass Counseling
204 S Meridian St. Toledo, IL 62428
217-259-5852
(no website available)
Monday- 7:30am- 7pm
Friday 7am-3pm
Assessments, outpatient substance abuse and mental health counseling, and DUI.

Comprehensive Connections
16342 N IL HW 37, Mount Vernon, IL 62864
618-242-1510 X4
www.compconnect.org
Monday-Friday 8am-4pm
Detox, residential, intensive outpatient, outpatient mental health.

Diel Counseling
903 W. Lincoln Ave Charleston, IL 61920
217-348-8384
www.dielcounseling.com
612 S Willow St. Effingham, IL 62401
217-347-7384
www.dielcounseling.com
Monday-Friday 9am-9pm
DUI evaluations and outpatient substance use counseling.

Elements at Crossing Healthcare
420 E. Central Ave., Decatur, IL 62524
217-877-9117
www.crossinghealthcare.org
24 hours a day 7 days a week
Residential, outpatient, transitional housing, pregnant and parenting, primary care, mental health, psychiatric, recovery living, and MAT.

Gateway Foundation Springfield
2200 LK Victoria Dr., Springfield, IL 62703
217-529-9266 X2670
www.gatewayfoundation.org
24 hours a day 7 days a week
Residential and substance abuse outpatient, behavioral, dual-diagnosis, and MAT.

Heritage Behavior Health Center
151 N Main St., Decatur, IL 62523
217-362-6262
www.heritagenet.org
Monday-Friday 8am-5pm
Residential intensive substance use outpatient, mental health, gambling, and MAT.

Hour House
635 Division Street, Charleston, IL 61920
217-348-8108
www.hourhouserecovery.org
24 hours 7 day a week
Detox, residential, halfway, 3/4 housing, adolescent outpatient, intensive outpatient, gambling, and stabilization unit.

Human Resource Center (HRC)
406 N 2nd St. Marshall, IL 62441
217-826-6212
www.hrcec.org
Monday-Thursday 8am-7pm
Outpatient mental health, substance use disorder, and disability.

Rosecrance Inc. Moreland
2302 Moreland Blvd. Champaign, IL 61822
815-391-1000
www.rosecrance.org
Sunday-Thursday 8am-9pm
Friday- Saturday 8am-2pm
Detox, residential and outpatient substance abuse, dual-diagnosis, recovery living, adolescent outpatient, outpatient mental health.

The Pavilion
809 W Church St., Champaign, IL 61820
618-373-1700
www.pavilionhospital.com
24 hours 7 days a week, *Adult and adolescent residential and outpatient, psychiatric, and partial hospitalization.*

Appendix B.: MAR (Medication Assisted Recovery) Services

MAR NOW (Medication Assisted Recovery NOW)

Illinois Helpline for Opioids & Other Substances
(833)-234-6343
https://e.helplineil.org/mar-now/
24/7/365
Immediate prescriptions, same-day appointments, transportation, universal access, free, and confidential

SIHF Healthcare-Arthur (Shawna Storm)
1710 State Route 133 Arthur, IL 61911
217-543-2446
www.sihf.org/health-center/arthur
Monday-Friday 8:30am-5pm
Primary care physician, psychiatry, and MAR accessibility.

Sarah Bush Lincoln Toledo Clinic
104 Courthouse Square Toledo, IL 62428
217-849-3151
www.sarahbush.org/toledoclinic
Monday-Thursday 8am-4:30pm
Friday 8am-4pm, *Primary physician, specialized medical, and MAR accessibility.*

Appendix C: Healthcare

Carle Clinic on Hurst
2512 Hurst Dr., Mattoon, IL 61938
217-258-5900
www.carle.org
Monday-Thursday 8am-8pm
Friday 8am-5pm
Convenient care 8am-8am daily (open on major holidays)
A medical facility with primary care, walk-in, and other various specialized care.

Cumberland County Health Department
200 Street Indiana St. Toledo, IL 62428
217-849-3211
www.cumberlandhealth.org
Monday-Thursday 8am-5pm
WIC, immunizations, environmental health, harm reduction.

Dental: Lake Land College Dental Clinic
Northwest Building Parking Lot B
5001 Lake Land Blvd, Mattoon, IL 61938
217-234-5249
www.lakelandcollege.edu/
Monday-Friday 8am-5pm
Appointment only (must be made 24 hours in advance, cash only)
Dental hygiene services only such as cleanings (not intended to be a comprehensive diagnosis or dental care facility).

Dental: Phillip Banghart Dentist/Oral Surgeon
102 Professional Plaza, Mattoon, IL 61938
217-345-7070 (Accepts Medicaid for emergencies)
www.illinoisjawdocs.com
Monday-Friday 7:30am-4pm
Oral and maxillofacial surgery

Promise Healthcare
821 South Neil Street Champaign, IL 61820
217-356-1558
www.promisehealth.org
Monday-Friday 7:45am-5pm
Psychiatry, adult and adolescent counseling, medication management, and 340B drug pricing program.

Sarah Bush Lincoln Clinic Casey
934 North Rt. 49 Casey, IL 62420
217-932-4061
www.sarahbush.org/caseyclinic
Monday-Friday 8am-4:30pm
A clinic that provides primary physician medical services.

Sarah Bush Lincoln Charleston Walk-In Clinic
2040 Lincoln Ave., Suite 100 Charleston, IL
217-345-2030
www.sarahbush.org/walkinclinics
Monday-Friday 7am-7pm
Saturday-Sunday 8am-3pm
A walk-in clinic that provides medical services.

Sarah Bush Lincoln Effingham Walk-In
905 North Maple St., Suite B Effingham, IL
217-540-6123
www.sarahbush.org/walkinclinics
Monday-Friday 7am-7pm
Saturday-Sunday 8am-3pm
A walk-in clinic that provides medical services.

Sarah Bush Lincoln Health Center
1000 Health Center Drive Mattoon, IL 61938
217-258-2525
www.sarahbush.org
Emergency Medical: 24 hours 7 day a week
Other Departments: Monday-Friday 8am-4:30pm
A 24-hour health center with medical emergency services and multiple specialized health services.

Sarah Bush Lincoln Neoga Clinic
650 Oak Ave. Neoga, IL 62447
217-895-2320
www.sarahbush.org/neogaclinic
Monday-Friday 8am-4:30pm
A clinic that provides primary physician medical services.

Sarah Bush Lincoln Toledo Clinic
104 Courthouse Square Toledo, IL 62468
217-849-3151
www.sarahbush.org/toledoclinic
Monday-Friday 8am-4:30pm
A clinic that provides primary physician medical services with MAT accessibility.

SIHF Healthcare
302 North Mill Street Greenup, IL 62428
217-923-3311
www.sihf.org/health-center/greenup
Monday-Friday 8am-8pm
A clinic that provides primary physician medical services.

St. Anthony's Memorial Hospital
503 N Maple Effingham, IL 62401
217-342-2121 Veterans Care 1-877-483-8779
www.hshs.org
Emergency Medical: 24 hours a day 7 days a week
Other Departments: 8am-5pm
A 24-hour health center with medical emergency services and multiple specialized health services.

Appendix D: Licensed SUD Prevention and Treatment Resources

Hour House
635 Division Street, Charleston, IL 61920
217-348-8108
www.Hourhouserecovery.org
24 hours 7 day a week
Detox, residential, halfway, 3/4 housing, adolescent outpatient, intensive outpatient, gambling, and stabilization unit.

Human Resource Center (HRC)
406 N 2nd St. Marshall, IL 62441
217-826-6212
www.hrcec.org
Monday-Friday 8am-7pm
Outpatient mental health, substance use disorder, disability.

Appendix E: Recovery Support Services and Support Groups

Alcoholics Anonymous

Toledo Christian Church at 7pm on Mondays

501 S Maryland St, Toledo, IL 62468
217-849-3187
(No website available)

12 Step recovery meeting

Alcoholics Anonymous
Neoga Free Methodist Church at 7pm on Tuesdays
1092 Railroad St, Neoga, IL 62447
217-419-2260
(No website available)
12 Step recovery meeting

Celebrate Recovery
Calvary Tabernacle at 7pm on Thursdays
209 West Washington St., Toledo Il 62468
217-849-4033
(No website available)
Celebrate Recovery is a Christ-centered 12-step recovery program.

Cumberland County ROSC Council
513 N 13th St, Mattoon, IL 61938
217-273-7342
www.hourhouserecovery.org
Tuesday-Friday 7am-6pm
Aims to strengthen connections among individuals in recovery, families, service providers, and community partners, while reducing stigma and increasing awareness of available recovery resources, creating a stronger, more supportive recovery network.

Coles County Courthouse (Problem Solving Courts – Drug Court) Cumberland County Drug Court
651 Jackson Ave., Charleston, IL 61920
www.colesco.illinois.gov
217-348-0501
Monday-Friday 8:30am-4:30pm
An intensive and long-term judicial recovery program with access to treatment, peer support, and other resources to help the client succeed.

Crisis and Referral Entry Services (CARES) Line
800-345-9049
(No website available) call hotline
24 Hours a day 7 days a week
Mental health crisis and connection to resources and supports.

Department of Human Services/Department of Mental Health

(DHS/DMH) Recovery Support Specialists
Nanette Larson-Director, Recovery Support Services
309-346-2094 ext.407 Or Tom Tro 309-346-2094 ext.409
www.dhs.state.il.us
Recovery supports with access to State Operated Psychiatric Hospitals (SOPH)

Illinois Helpline for Opioids & Other Substances
Phone: 1-833-2FINDHELP (1-833-234-6343)
Text: "HELP" to 833234
https://helplineil.org/app/home
24 hours,7 days
A free and confidential statewide service that connects individuals, families, and others affected by substance use with treatment, recovery support, and other services throughout Illinois. Trained Helpline Specialists provide information, support, and referrals based on individual needs.

Illinois Mental Health Collaborative (Wellness Recovery Action Plan)

The Warm Line (Peer and Family Support by phone)
866-359-7953
www.illinoismentalhealthcollaborative.com
Monday-Friday 8am-5pm (except holidays)
Recovery support, mentoring, and advocacy with information about other state funded programs

Appendix F. Peer Recovery Support Professionals

Hour House
635 Division Street, Charleston, IL 61920
217-348-8108
www.hourhouserecovery.org
24 hours 7 day a week
Detox, residential and intensive outpatient substance abuse, halfway,3/4 housing, adolescent outpatient, gambling, and stabilization unit.

Human Resource Center (HRC)
406 N 2nd St. Marshall, IL 62441
(217) 465-4118 ext. 1266
michelle.creech@hrcec.org
Monday-Thursday 8am-7pm
Recovery Support Services; team members with their own lived experience in mental health or drug and alcohol recovery.

Cumberland County ROSC Council Recovery Navigator

(Community engagement, non-service)
Kyle Houser
217-508-2765
www.hourhouserecovery.org
Tuesday & Friday 7am-6pm (part time in this role)
Educational groups, community engagement, and connection to resources

Hour House Outpatient Recovery Navigator Services
Kyle Houser
217-508-2765
www.hourhouserecovery.org
Wednesday &Thursday-7am-6pm (Part time in this role)
Recovery support service, connection to resources, and mentoring and education

Appendix G: Mental Health & Substance Use

Treatment programs and mental health services specializing in long-term Dual Diagnoses and treatment has- been identified as a gap in the community. The facilities below do treat clients with co-occurring disorders (i.e. clients who have mental health diagnoses are treated for substance use disorder), but typically not for residential treatment stays longer than 21-28 days.

Chestnut Health Systems
1003 Martin Luther King Dr. Bloomington, IL 61701
309-827-6026
www.chestnut.org
Monday-Thursday 7am-9pm and Friday 7am-5pm
Residential, outpatient, psychiatric, behavioral, primary care, mental health, and MAT.

Gateway Foundation Springfield
2200 LK Victoria Dr., Springfield, IL 62703
217-529-9266 X2670
www.gatewayfoundation.org
24 hours a day 7 days a week
Residential, behavioral, dual-diagnosis, outpatient, and MAT.

Heartland Human Services
1200 N Fourth St. Effingham, IL 62401
217-347-7179
www.heartlandhs.org
Monday-Friday 8 am-5pm
Outpatient mental health, substance use disorder, Geriatric, Individual Placement Employment Services

Human Resource Center (HRC)
406 N 2nd St. Marshall, IL 62441
217-826-6212
www.hrcec.org
Monday-Thursday 8am-7pm
Outpatient mental health, recovery support services, substance use disorder, and disability.

Lifelinks
750 Broadway East, Mattoon, IL 61938
217-238-5700
www.lifelinksinc.org
Monday-Friday 9am-5pm
Outpatient adult and Adolescent mental health, outpatient substance use treatment, crisis, and community support services

Oak Tree Wellness & Counseling
1349 County Road 2000 East, Greenup, IL 62428
217-512-1424
oaktreewellnessandcounseling.com
Monday-Friday 9am-6pm
Saturday 9am-12pm
A holistic mental health practice that addresses the mind, body, and spirit. The facility blends traditional clinical talk therapy, CBT, and EMDR with integrative, nature-based healing methods like equine-assisted psychotherapy, Reiki energy work, and sound healing.

Rosecrance on Moreland
2302 Moreland Blvd. Champaign, IL 61822
815-391-1000
www.rosecrance.org
Sunday-Thursday 8am-9pm
Friday- Saturday 8am-2pm
Detox, residential, outpatient, dual-diagnosis, recovery living, adolescent, outpatient mental health.

SBL Psychiatry and Counseling
1005 Health Center Drive #102 Mattoon, IL 61938
217-258-4042
www.sarahbush.org/psychiatry
Child Psych services:

Monday-Thursday 7:15am-4pm
Friday 7:15am-3pm
Adult Psych services:
Monday-Thursday 7:30am-5pm
Friday 7:30am-4pm
Children and Adult Psychiatry, and Employee Assistance Programs

Appendix H. Recovery Residences

Hour House
635 Division Street, Charleston, IL 61920
217-348-8108
www.hourhouserecovery.org
24 hours 7 day a week
Detox, residential, halfway, 3/4 housing, adolescent outpatient, intensive outpatient, gambling, and stabilization unit.

Appendix I: Housing Support

Cumberland County Housing Authority
206 Washington St. Toledo, IL 62428
217-849-2071
(No website available)
Monday-Friday 7am-4pm
Rental assistance programs, housing programs, subsidized housing programs

ERBA
307 S Kentucky St. Greenup, IL 62428
217-921-5505
www.erbainc.org
Monday-Friday 8am-4pm
Energy assistance programs, FEMA emergency food and shelter, head start, homeless and homeless prevention, housing counseling, senior citizen centers, and weatherization.

The Haven (Homeless Shelter)
1812 Western Ave., Mattoon, IL 61938
217-234-3877
www.mattoonhaven.org
24 hours 7 days a week
Provides shelter, case management, and advocacy for homeless individuals.

Hope of East Central Illinois (Domestic Violence)
1927 18th St., Charleston, Il 61920
217-348-5931 (Call for appointment)
1-888-345-3990 (Crisis Line)
www.hope-eci.org
Monday-Friday 8am-4pm
Domestic Violence shelter, transitional housing, legal advocacy, counseling, referrals, crisis line, children's services, and public education.

Appendix J. Education Support

GED/Adult Literacy Program
Lake Land College
Workforce Development Center, Main Campus
5001 Lake Land Blvd. Mattoon, IL 61938
217-238-8292
adult.education@lakelandcollege.edu
www.lakelandcollege.edu
Local community college with a variety of degree programs and educational opportunities from high school dual credit, GED studies, certificate programs, and associate's programs.

Greenup Township Library
101 N Franklin St, Greenup, IL 62428
217-923-3616
http://www.greenup.lib.il.us
Monday 12pm-7pm
Tuesday 12pm-5pm
Wednesday 9am-1pm
Thursday 12pm-6pm
Friday 9am-5pm
Saturday 9am-1pm
Serves as a vital community hub providing material lending, local archives, and technology access to residents of Greenup Township

Kluthe Center for Higher Education and Technology
1204 Network Drive Effingham, IL
217-540-3555
www.lakelandcollege.edu
Monday-Friday 8am-5pm
Extension office of Lake Land College offering high school dual credit, GED studies, and certificate programs.

Lake Land College
5001 Lake Land BLVD Mattoon, IL 61938
217-234-5253
www.lakelandcollege.edu
Monday-Friday 8am-5pm
Local community college with a variety of degree programs and educational opportunities from high school dual credit, GED studies, certificate programs, and associate's programs.

Neoga District Library
550 Chestnut Ave, Neoga, IL 62447
217-895-3944
www.neoga.lib.il.us
Tuesday & Thursday 10am-6pm
Wednesday 10am-5pm
Friday 10am-5pm
Saturday 9am-12pm
Community Library open to the public during thir business hours.

Regional Office of Education
730 7th Street Charleston, IL 61920
217-348-0151
https://roe11.org/
Monday-Friday 8am-5pm
Acts as an advocate for education by providing leadership and disseminating information for educators, school districts and the public.

Sumpter Township Library
148 Courthouse Square, Toledo, IL 62468
217-849-2072
(No website)
Tuesday 11am-6pm
Wednesday 9am-5pm
Thursday 9am-5pm
Friday 12pm-5pm
Saturday 9am-12pm
Community Library open to the public during their business hours.

Appendix K. Providers for Justice Support

Charleston Police Department (Safe Passages Initiative)
614 6th Street Charleston, IL 61920
217-348-5221 Non-Emergency Line
charlestonillinois.org
Office Hours: Monday-Friday 7:30am-4pm
Service Hours: 24 hours 7 days a week
Safe passage is a program designed to help people struggling with Substance Use Disorder receive treatment via law enforcement agency

Coles/Cumberland County Probation Department (Cumberland Location)
140 Courthouse Square Toledo, IL 62428
217-849-2488
www.colesco.illinois.gov
Monday-Friday 8am-4pm
Supervise persons ordered to probation by the court to insure compliance with conditions, and ensure public safety with a goal of guiding and supporting the individuals to become law-abiding, productive citizens

Cumberland County Sheriff's Office
166 Courthouse Square Toledo, IL
217-849-2571
www.cumberlandilsheriff.org
Office hours: Monday-Friday 8am-5pm
Service hours: 24 hours a day 7 days a week
Protect and serve the community by enforcing the law, working with local courts, schools, and other community organizations

Greenup Fire and Ambulance Department
115 W Cumberland St., Greenup, IL 62428
217-923-5505 (non-emergency)
(No website available)
24 hours 7 days a week emergency services
Emergency medical, fire protection, and first responders.

Greenup Police Department
115 E Cumberland St, Greenup, IL 62428
217-923-5555
24 hours 7 days
www.villageofgreenup.com
A local municipal law enforcement agency responsible for maintaining public safety, enforcing public safety, enforcing state and local laws, and providing emergency response within the Village of Greenup.

Land of Lincoln Legal Aid
737 Windsor Rd. Charleston, IL 61920
217-883-4355
www.lincolnlegal.org
Monday-Friday 9am-5pm
Work to provide free legal aid in consumer law, family law, education law, elderly and disability rights, health and economic security and housing law

Mattoon Police Department (Safe Passages Initiative)
1710 Wabash Ave., Mattoon, IL 61938
217-235-5451 Non-Emergency Line
www.mattoon.illinois.gov
Office Hours: Monday-Friday 7:30am-4pm
Service Hours: 24 hours 7 days a week
Safe passage is a program designed to help people struggling with Substance Use Disorder receive treatment via law enforcement agency

Neoga Fire Department
757 Chestnut Ave, Neoga, IL 62447
217-895-3911
24 hours 7 days
(No website)
Neoga Fire Protection District is a Volunteer Fire Department that protects1500 + people in the town of Neoga and surrounding areas

Neoga Police Department
533 Chestnut Ave, Neoga, IL 62447
217-895-3237
24 hours 7 days
(No website)
Protect and serve the community by enforcing the law

Public Defender Cumberland County (Park Law Office)
201 E. Illinois St. Greenup, IL 62428
217-923-3800
www.shonaparklawoffice.com
Monday-Friday 8am-4:30pm
Criminal and civil law, legal representation, divorce and family law cases, will or estate, etc.

State's Attorney Office Cumberland County
PO Box 387 Courthouse Square Toledo, IL 62428
217-849-2311
www.cumberlandcoil.gov
Monday-Friday 8am-4:30pm
Represents the state in criminal cases and upholding public safety

Toledo Fire Department
160 Courthouse Square Toledo, IL 62428
217-849-3666 (non-emergency)
(No website available)
24 hours 7 days a week emergency services
Emergency medical, fire protection, and first responders.

Appendix L. Harm Reduction

NARCAN is a medication that can block or reverse the effects of an opioid overdose. Anyone can easily use NARCAN to save the life of someone overdosing on opioids, including heroin or prescription medicines like OxyContin® or Percocet®. If you or your agency would like to receive additional training on using NARCAN, please get in touch with the Cumberland County Health Department at 217-849-321 or the Cumberland County ROSC Council at kristinad@hourhouserecovery.org. If you or someone you know is overdosing and needs immediate attention, please call 911. In the instance you are with that individual, the Good Samaritan Law states that anyone who calls for help or drops off someone experiencing a drug overdose will not receive charges for possession of paraphernalia. One limitation of this law is that the person who overdosed is not covered, and any other crime committed at the scene is not protected by law.

Narcan: Compass Counseling
204 S Meridian St. Toledo, IL 62428
217-259-5852
(no website available)
Monday 24 hours
Tuesday-Thursday 5pm-9pm
Friday 8am-5pm
Saturday-Sunday 9am-12pm
Assessments, outpatient substance abuse and mental health counseling, and DUI.

Narcan: Exit 119 Pub – Linda's Place
200 N Haughton Highway, Greenup, IL 62428
217-923-5171
https://lindas-corner.edan.io/
Monday-Saturday 8am-12am
Sunday 11am-9pm
Bar and gambling facility with Narcan accessibility

Narcan: Life Center of Cumberland County
507 E Main St, Toledo, IL 62468
217-849-3965
https://www.sarahbush.org/cord/program/710/
Monday-Friday 8am-4pm
Social Services & Welfare, Other Individual and Family Services, Other Social Advocacy Organizations, Individual and Family Social Services, Social Services, Human Services Organizations, Social Service Organizations, Social & Human Services Organizations and Social Service & Welfare Organizations; public aid, referrals to other agencies, assistance with forms that need to be filled out, homestead exemptions, Medicare savings programs.

Narcan: Lake Mattoon Marina
1282 3600 E., Neoga, IL 62447
217-254-6680
www.mattoon.illinois.gov
Seasonal: April-October 24 hours a day 7 days a week
Campground and Lakeside marina

Narcan: Neoga American Legion
643 Chestnut Avenue Neoga, IL 62447
217-895-0050
(No website available)
Tuesday-Thursday 4pm-10pm
Friday 4pm-1am
Saturday 4pm-12am
Sunday 1pm-7pm
Local community hub and social hall, offering regular weekly dinner specials, live music, and veteran support events.

Narcan: Neoga District Library
551 Chestnut Avenue Neoga, IL 62447
217-895-3944
www.neoga.lib.il.us
Tuesday-Friday 10am-5pm
Saturday 9am-12pm
Community Library open to the public during their business hours.

Narcan: Neoga Municipal Building
533 Chestnut Avenue Neoga, IL 62447
217-895-3237
www.neoga.org
Monday 10am-3pm
Tuesday 10am-5pm
Wednesday 10am-3pm
Saturday by appointment
Sunday by appointment
The city administrative office where city officials and the city board meet.

Narcan: Neoga Truck Stop
1095 US-45 Neoga, IL 62447
217-500-7436
(No website available)
Daily 6am-10pm
A travel plaza featuring a convenience store and a full-service dining restaurant.

Narcan: Oak Tree Wellness & Counseling
1349 County Road 2000 East, Greenup, IL 62428
217-512-1424
oaktreewellnessandcounseling.com
Monday-Friday 9am-6pm
Saturday 9am-12pm
A holistic mental health practice that addresses the mind, body, and spirit.

Narcan: Sav-Mor Pharmacy
596 Oak Avenue Neoga, IL 62447
217-895-2238
www.savmor.com
Monday-Friday 9am-6pm
Saturday 9am-12pm
Local pharmacy

Narcan: T&S Auto Sales & Service
1050 US-45 Neoga, IL 62447
217-895-3534
tsusedauto.com
Monday-Friday 9am-5pmSaturday by appointment
Pre-owned dealership that sells used cars, trucks, and SUVs. The facility features a full automotive service center that provides maintenance, minor repairs, and local towing.

Narcan: The Lucky Pig
207 East Main Street Toledo, IL 62468
217-849-0016
(No website available)
Sunday 12pm-1am
Monday 4pm-10pm
Tuesday-Saturday 12pm-1am
Bar and gambling facility with Narcan accessibility

Narcan: Toledo Pharmacy
104 Courthouse Square Toledo, IL 62428
217-849-2666
www.toledoillinoispharmacy.com
Monday-Friday 9am-5:30pm
Saturday 9am-12pm
Local pharmacy

Appendix M. Community Resources/ Assets

Alcoholics Anonymous

Toledo Christian Church at 7pm on Mondays

501 S Maryland St, Toledo, IL 62468
217-849-3187

12 Step recovery meeting

Alcoholics Anonymous
Neoga Free Methodist Church at 7pm on Tuesdays
1092 Railroad St, Neoga, IL 62447
217-419-2260
12 Step recovery meeting

All Kids
Springfield, IL
1-877-805-5312
www.hfs.illinois.gov
Monday-Friday 8:30am-5pm
State health insurance for children 18 and under who qualify who do not have coverage elsewhere.

Celebrate Recovery
Calvary Tabernacle at 7pm on Thursdays
209 West Washington St., Toledo Il 62468
217-849-4033
(No website available)
Celebrate Recovery is a Christ-centered 12-step recovery program.

Child Care & Resource Referral-EIU
EIU Charleston, IL 61920
217-581-7081
www.eiu.edu/ccrr
Monday-Friday 8am-4:30pm
Summer Hours:
Monday-Thursday 7:45am-4:30pm
Friday 7:30am-12pm
Provides resource and childcare services programs for reduced cost for childcare for those who qualify.

Children's Advocacy Center-East central IL-Coles County
119 West State St. Charleston, IL
217-345-8250
www.caceci.org
Monday-Friday 8:30am-4:30pm
Coordinate the investigation, treatment, and prosecution of child abuse cases

Choices Pregnancy
407 NW 3rd Street Casey, IL62420
217-932-5900
www.choices4.me
Tuesday-Thursday 10am-5pm
Provides pregnancy support services. Parenting education and assistance getting childcare items

Cord Online Resource Directory
www.sarahbush.org/cordlink
Cord is an online resource directory that compiles all social service agencies and programs from Coles County and the surrounding areas in a compiled directory.

DCFS- Local Office
825 18th Street Charleston, IL 61920
217-348-7661
www.dcfs.illinois.gov
Monday-Friday 8am-5pm
Foster care, guardianship, child support cases or neglect, adoption, legal representation, and intact.

Department of Human Services
1550 Douglas Street Charleston, IL 61920
217-345-2188
www.dhs.state.il.us/page
Monday-Friday 8:30am-5pm
Supplemental nutrition assistance program (SNAP), Temporary Assistance for Needy Families (TANF), Family Care, Moms and Babies, Community Youth Employment Program, Child Care Assistance Program (CCAP), Wide range of medical and health benefits programs

Food: Eastern Illinois Mobile Food Bank Route
www.eifoodbank.org/help/mobile.html (Must pre-register at this website)
1st Wednesday of every month

Food: ERBA Food Panty
115 South Kentucky Street Greenup, IL 62428
217-923-3113
(No website available)
Monday-Friday 9am-3pm
Food pantry

Food: Neoga Community Food Pantry
641 W 6th St., Neoga, IL 62447
217-273-1198
(No website available)
1st Thursday of every month 4pm-5pm (home deliveries for those who are homebound)
Food Pantry

Food: Salvation Army
1300 Richmond Avenue Mattoon, IL 61938
217-234-3915
www.centralusa.salvationarmy.org
Monday-Friday 8am-5pm
Food: Tuesday-Thursday 10am-3pm
Help disaster survivors, food pantry, cloths, veteran, and family services.

Food: Toledo Christian Church (God's Closet)
501 South Maryland Toledo, IL 62428
217-849-3187
(no website available)
2nd Tues each month 9am.-12pm
Food, clothing, backpacks, school supplies, and household items

Food: USDA National Hunger Hotline
1-866-3-Hungry or 1-877-8-HAMBRE Text: 1-914-415-6617
24 hours 7 days a week

Greenup Fire and Ambulance Department
115 W Cumberland St., Greenup, IL 62428
217-923-5505 (non-emergency)
(No website available)
24 hours 7 days a week emergency services
Emergency medical, fire protection, and first responders.

Greenup Township Library
101 N Franklin St, Greenup, IL 62428
217-923-3616
www.greenup.lib.il.us
Monday 12pm-7pm
Tuesday 12pm-5pm
Wednesday 9am-1pm
Thursday 12pm-6pm
Friday 9am-5pm
Saturday 9am-1pm
Serves as a vital community hub providing material lending, local archives, and technology access to residents of Greenup Township

Haughton Park
300 Haughton Park Greenup, Il 62428
217-923-5175
https://villageofgreenup.com/parks-recreation
Sunday-Saturday from dawn until dusk
Local recreational facility that offers a variety of outdoor amenities for visitors

Historic Cumberland County Covered Bridge
1568 Cumberland Rd, Toledo IL 62468
(No website available)
24 hours
Serene historical landmark featuring a functional covered bridge and scenic walking trails.

Illinois Family Resource Center
513 N 13th Street Mattoon, IL 61938
217-258-6018
illinoisfamilyresources.org
Monday-Friday 8am-5pm, *A statewide project funded by DHS: Division of Substance Use Prevention and Recovery, for the purpose of ensuring family involvement and input in all aspects of family and community services within the Illinois substance use disorder's treatment system.*

Jennings Park
600 Park Ave, Neoga, IL 62447
https://neoga.org/community-links/
Sunday-Saturday from dawn until dusk
Local recreational facility that offers a variety of outdoor amenities for visitors

National Domestic Hotline
1-800-799-7233 (SAFE)
24 hours 7 days a week
Free, confidential resource that provides lifesaving tools, immediate crisis intervention, safety planning, and local resources for anyone affected by domestic violence or relationship abuse

National Human Trafficking Hotline
1-888-373-7888
24 hours 7 days a week
Free, confidential, 24/7 resource that provides support, crisis intervention, and options for victims and survivors of human trafficking, while also accepting tips regarding potential trafficking situations nationwide.

National Suicide Hotline
988
24 hours 7 days a week
Free and confidential emotional support to people in suicidal crisis or emotional distress.

Neal Park
706 East Madison St. Toledo, IL 62468
217-849-3336
(No website available), Sunday-Saturday from dawn until dusk
Local recreational facility that offers a variety of outdoor amenities for visitors

Neoga District Library
550 Chestnut Ave, Neoga, IL 62447
217-895-3944
https://www.neoga.lib.il.us
Tuesday & Thursday 10am-6pm
Wednesday 10am-5pm
Friday 10am-5pm
Saturday 9am-12pm
Community Library open to the public during their business hours.

Neoga Fire and Ambulance Services
757 Chestnut Avenue, Neoga, IL
217-895-3911 (non-emergency)
(No website available)
24 hours 7 days a week emergency services
Emergency medical, fire protection, and first responders

Old City Park
386 Grove Ave, Neoga, IL 62447
https://neoga.org/community-links/
Sunday-Saturday from dawn until dusk
Local recreational facility that offers a variety of outdoor amenities for visitors

One Hope United
701 Monroe Avenue Charleston, IL 61920
217-294-6727
www.onehopeunited.org
Monday-Friday 8am-5pm
Childcare, foster care, adoption, intact family services, comprehensive community-based youth services (CCBYS), and nurturing families.

PREVAIL (formerly SACIS)
825 18th St. Ste 409 Charleston, IL 61920
217-348-5033
(888)-345-2846 (24-HR Crisis Hotline)
www.prevailil.org
Monday-Friday 8am-4pm
Counseling, advocacy, case management, community education, and prevention services for individuals affected by sexual violence.

Rides Mass Transit
509 E Jasper St. Paris, IL 61944 (has fleet located in Cumberland)
1-866-389-7536
https://ridesmtd.com/
Monday-Saturday 8am-4pm
A federally funded transportation program. Must schedule appointments in advance.

Sav-Mor Pharmacy
596 Oak Avenue Neoga, IL 62447
217-895-2238
www.savmor.com
Monday-Friday 9am-6pm
Saturday 9am-12pm
Local pharmacy

Self-Management and Recovery Training (SMART) Recovery Support Group - Online
www.smartrecovery.org
Evidence based substance use recovery program.

Social Security Administration
1207 Network Center Drive Suite 2 Effingham, IL 62401
855-213-528
www.ssa.gov
Monday-Friday 9am-4pm
Retirement, disability, survivor, family, supplemental security income (SSI), and Medicare benefits. Social security cards and records

Sumpter Township Library
148 Courthouse Square, Toledo, IL 62468
217-849-2072
https://www.neoga.lib.il.us
Tuesday 11am-6pm
Wednesday & Thursday 9am-5pm
Friday 12pm-5pm
Saturday 9am-12pm
Community Library open to the public during their business hours.

Toledo Pharmacy
104 Courthouse Square Toledo, IL 62428
217-849-2666
www.toledoillinoispharmacy.com
Monday-Friday 9am-5:30pm
Saturday 9am-12pm
Local pharmacy

Toledo Fire Department
160 Courthouse Square Toledo, IL 62428
217-849-3666 (non-emergency)
(No website available)
24 hours 7 days a week emergency services
Emergency first responders and fire rescue.

YMCA (Neal Center)
130 Courthouse Square Toledo, IL 62468
217-235-2500
https://mattoonymca.org/
Monday-Friday 5am-9pm
Saturday 7am-5pm
Sunday 12-4pm
Nonprofit community center with a gym, pool, and volleyball court, plus programs for all ages