

N8V GoodLife ROSC Council Meeting Minutes

Date: September 16, 2026

Time: 4:00–5:00 PM

Location: Virtual (Zoom)

Welcome & Opening

The meeting opened with introductions and an opening prayer/song from **Sarina Kìh Golán Deyol**. Participants registered attendance through the form shared in the chat. **Gina Roxas** and **Jane Roxas** served as co-leads, with **Gabriel Ayala** joining later.

Recovery Month & Community Outreach

The council reviewed Trickster's Recovery Month activities, including **naloxone distribution and education**, community outreach, and social media efforts with CPYD. Naloxone resources will remain available beyond September.

The **Back to School Social** distributed approximately **80–90 backpacks** and connected families with community resources. A partnership with the Cook County Department of Public Health provided vaccinations to approximately **10 children**. The council discussed pursuing future opportunities for flu and COVID vaccinations at Trickster events.

Sherrine shared a participant's story about using naloxone received through Trickster to respond to an overdose and save a life. The council recognized the **Intertribal Youth Council** for its role in peer education and prevention.

Trickster also distributed naloxone at the **Fall Nature Fest at Crabtree Nature Center**, which had more than 500 attendees. Trickster was recognized as one of the top five resources visitors wanted to see return.

Community Survey

The survey had **29 responses**, with approximately **40% identifying as Indigenous**. The council's goal is approximately **100 responses**. Early feedback showed interest in Indigenous healing, healing events, and additional information about medication-assisted recovery.

Council members were encouraged to complete and share the survey widely, particularly within Indigenous communities throughout Chicagoland.

Lorena Mancilla provided feedback on survey wording, flow, and response options. The council clarified that the core survey questions come from statewide ROSC, while Trickster added questions focused on Indigenous identity and cultural healing.

The current survey will remain in use while the team considers improvements for future surveys. Lorena will send her recommendations to Kenneth, Sherrine, Gina, and Jane.

Indigenous Healing Resource Guide

Jane created a one-page **Indigenous Healing Resource Guide**, which Melissa posted on the Trickster website. Council members were asked to provide additional local, regional, out-of-state, and virtual healing resources for inclusion.

Upcoming Events & Community Updates

The council reviewed several upcoming events:

- **September 19:** Monarch Migration Celebration and Youth Entrepreneur Fair.
- **September 22:** Equinox pop-up.
- **September 26:** Every Child Matters Powwow, Trickster resource table, naloxone distribution, memorial, and community gathering.
- **Women & Water Indigenous International Clean Water Summit:** Information and scholarship opportunities shared.
- **Windy City Indigenous Anonymous Wellbriety Meetings:** Sundays at 7:30 PM and Wednesdays at 4:30 PM.

The council also recognized the **Intertribal Youth Council's summer powwow**, which was highlighted by several websites as an Illinois event to attend.

Action Items

Lorena

- Send survey feedback and methodology notes to Kenneth, Sherrine, Gina, and Jane.

Council Members

- Complete and share the Good Life survey.
- Help distribute Indigenous healing resources and community event information.
- Submit resources for the Indigenous Healing Resource Guide.

Jane

- Share the Back to School time-lapse video.
- Pass along recognition to the Intertribal Youth Council.
- Send reminders for the next council meeting.

Sherrine

- Send Jane links recognizing the youth council's summer powwow.

Sarina

- Share upcoming regional powwow and community event information.

Next Meeting & Closing

Next Meeting: Wednesday, October 21, 2026, 4:00–5:00 PM via Zoom.

Cheii offered the closing prayer. The meeting concluded with thanks and appreciation. No formal motions or votes were recorded.

Links Shared

Attendance Form: <https://bit.ly/4dJAXxP>

Good Life Survey: <https://bit.ly/4c5sPpC>

Back to School Thank You Video: <https://youtube.com/shorts/2bPBGU5qIGU>