

Moultrie County ROSC Council Meeting Minutes

September 1, 2026 | 3:30–4:30 PM

Elizabeth Titus Memorial Library

Coordinator

Kandis Mills, Moultrie County ROSC Council Coordinator

Attendees

In person:

Tera Couve, PLE, Celebrate Recovery

Amanda Owens-PLE

Kim Shelmadine-CEFS Outreach

Becky Comstock-DOVE

Via zoom:

Kristin Davis Family Guidance Center

Toni Randall-Region 4 technical assistant

Mariah Witmer-HOPE

Mark Isaacs- Moultrie Country Probation

Nathan Nichols, CEFS transportation-difficulty with connection to zoom

Introductions / Agency Updates

Attendees introduced themselves and shared their agency affiliations. Additional agency updates were invited.

Icebreaker

Attendees were asked what their favorite thing about fall is with many interesting answers.

Spotlight Speaker – Amanda O. PLE (Person with Lived Experience)

Amanda told her story of personal recovery with a very emotional testimony of strength, endurance, and hope. She told the council about having a stroke while driving. This is all contributed by meth use. She told of her getting treatment and slowly getting her life back. She mentioned how it affected her husband and her children. Amanda has also agreed to be a part of our transportation subcommittee and will volunteer her time to transport those needing rides to recovery related events or appointments. She did mention she would love to help others by being a CPRS.

Priority Projects

1. Increase awareness of available recovery resources and make them accessible to individuals in recovery.

We are continuing to distribute the resource guides in Moultrie county. Questions were answered regarding all the different resources in the guide. An updated version will be released soon. Please look over the resources and let the coordinator know if any changes.

We still have 14 DOPP sites (Narcan) in the county. We are always looking for additional sites to help harm reduction. Also, there is a new transportation committee forming and are looking for additional people to provide rides to those in need of transportation. Next meeting TBD. We

are also forming a PLE committee with the name of Destination of Hope and Courage. We are needing additional attendees.

2. Collaborate with key county stakeholders regarding MAR in the county jail.

According to the navigator who facilitates groups at the jail, the newly initiated MAR program is going well and several inmates are benefitting from it. A MAR panel is scheduled for October to provide education to jail staff, sheriff, probation, and the community with guest speaker Liesl Wingert, program coordinator for the SIU School of Medicine specializing in SUD and recovery. Be watching for more information on this panel. Several MAR pamphlets were given to jail staff for inmate education. There are plans to provide additional MAR education materials for the jail staff and inmates who want more information on MAR. Attempts were made to contact additional MAR providers and we are waiting to hear back (Carle Addiction and Recovery and Rich V. from Healthcare Associates. Interest from council members were noted and they said they would be willing to attend a meeting or panel to gain more knowledge about it.

3. Assist in finalizing the Moultrie County Drug Court program.

This project is ongoing and making baby steps. A meeting was had with the director of probation who indicated the judge is opposed to Drug Court for Moultrie County mostly due to cost. The director did agree to having other counties information be sent to him and he will discuss with the judge. Coordinator is gathering info and also attending other counties drug court and will forward that info when available.

Navigator Updates - Community and Jail Groups

Community and jail groups continue weekly and are going well.

Monthly Happenings-

Free Laundry Days-going very well. Sponsors are still needed. Kandis has reached out to several businesses for donations. Asked the council if they have any ideas for sponsors to let us know. Calls were made to several churches also.

Last Laundry Day stats:

Washes: 18

Total Spent: \$130.50

Drys: 16

Narcan boxes taken: 0

New free laundry day (in addition to Sullivan laundry day) will be in Lovington on September 26, 2026 at the Lovington Laundromat. Justin C., PLE is sponsoring this one. We may continue in the future depending on attendance. Watch for flyers around the town. Lovington laundromat is considerably smaller than Sullivan's.

Events and Happenings-

Candlelight Vigil for Overdose Awareness was held August 28, 2026 at Wyman Park. Speakers were Toni R. and Justin C. Both gave an emotional real-life testimony about family SUD and overdose. There wasn't a dry eye there. Education on the use of Narcan during an overdose along with the Good Samaritan Act. At dusk, we gave out tea light candles and paid our respects in a moment of silence to those lost to overdose or SUD. Nine boxes of Narcan taken by some attendees. Several attendees got to take our first batch of surveys.

Recovery Month- September. Sweet Vail Café is selling a purple drink called Recovery Refresher. Customers that buy a RR drink gets 10% off of their total bill. Watch for purple around the county such as purple ribbon around trees at the courthouse, purple pinwheels in the front of the Marrowbone Library in Bethany. Just look for purple all over. Per Becky at DOVE, purple is also used for the Domestic Violence month of October. She has asked if we can leave the purple up until after October 31st. We also discussed doing an event where ROSC and DOVE co-host such as Halloween or Christmas. Watch for details at future meetings or social media. The council also had an opportunity to suggest events.

ROSC Community SURVEY TIME- Our goal is a total of 700 surveys which is almost 5% of the county's population. Council members filled out a survey while at the meeting and some took paper copies to give to family members. Also reminded them of the online survey. Members stated they would help spread the word about doing our survey. Participating in the survey process helps us to have the information so it can be used to make positive changes in Moultrie County. We are trying to come up with creative ways to get community members to take the survey. Any ideas are appreciated. The date for survey completion is November 30.

Announcements

Dove, Inc is hosting a candlelight vigil in October. Watch for flyers around the county if you would like to attend.

Meeting Adjourned

Contact Information

Moultrie County ROSC Coordinator: Kandis Mills, CPRS – kandism@hourhouserecovery.org
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Next Moultrie County ROSC Council meeting: Tuesday, October 6, 2026 at 3:30pm at the Elizabeth Titus Memorial Library, Sullivan, IL.