



Logan/Mason ROSC Meeting Notes

July 16th, 2026

Zoom Only

Online Attendance:

- **Jeanette Davis**
 - Memorial Behavioral Health
- **Kara Davis**
 - Logan County Department of Public Health
- **Kendra Day**
 - Memorial Behavioral Health
- **Kami Garrison**
 - Chestnut Health Systems-Statewide ROSC
- **Dani Hernan**
 - SIU Center for Family Medicine
- **Grace Irvin**
 - Chestnut Health Systems-Logan/Mason ROSC, Logan/Mason SUP, Livingston ROSC, & BASE (Build, Amplify, Support, and Empower)
- **Tina Jones**
 - Memorial Hospital Illinois Area Health Education Center
- **Carmen Lanham**
 - Family Guidance Center Regional Substance Use Prevention Integration Center (RSUPIC)
- **Lisa Latham**
 - West-Central Illinois Area Health Education Center
- **Molly McCain**
 - Lincoln Memorial Hospital
- **Brycen McFadden**
 - TASC (Treatment Alternatives for Safe Communities)
- **Tristan McGrew**
 - TASC (Treatment Alternatives for Safe Communities)

Old Business:

- **What is ROSC?**
 - ROSC is a coordinated network of community-based services and supports that is person-centered and builds on the strengths and resilience of individuals, families, and communities to experience recovery and improved health, wellness, and quality of life for those with or at risk of substance use and/or mental health challenges. The central focus of a ROSC is to create an infrastructure, or “systems of care”, with the resources to effectively address



the full range of substance use and/or mental health challenges within communities.

- **Logan/Mason ROSC Mission Statement**
 - Improving access to health, wellness, and holistic recovery options for people who are at risk of, or suffering from, substance use disorders while educating and connecting Logan and Mason counties to reduce stigma and improve recovery outcomes.

Previous Trainings:

- **June 23, Story Tell Training- Jeff McFadden**
 - 8 people attended
 - Great information was shared and conversations were had!
 - Jeff is a fantastic speaker.
 - Brycen mentioned that anyone who wants to learn how to share their story should reach out to Jeff.
- **June 29, Hidden Risks: Drug Endangered Children & Family Human Trafficking Training- Allies Against Trafficking & ROSC**
 - 13 people attended
 - Knowledge was gained
 - Loved the speakers!
 - Training was engaging!
 - Post-Survey Question Responses: Before attending today's training, how confident were you in your ability to recognize grooming behaviors?
 - Very confident- 40%
 - Somewhat confident- 60%
 - Post-Survey Question Responses: After attending today's training, how confident are you now in your ability to recognize grooming behaviors?
 - Extremely confident- 20%
 - Very confident- 80%
 - Post-Survey Question Responses: Before attending today's training, how confident were you in your ability to recognize indicators of human trafficking?
 - Very confident-40%
 - Somewhat confident-40%
 - Not so confident-20%
 - Post-Survey Question Responses: After attending today's training, how confident are you in your ability to recognize indicators of human trafficking?
 - Extremely confident- 20%
 - Very confident- 80%



- Post-Survey Question Responses: Before attending today's training, how confident were you in your ability to report suspected human trafficking (including knowing who to contact and what steps to take)?
 - Very confident-40%
 - Somewhat confident-20%
 - Not so confident-40%
- Post-Survey Question Responses: After attending today's training, how confident are you in your ability to report suspected human trafficking (including knowing who to contact and what steps to take)?
 - Very confident- 40%
 - Somewhat confident- 60%
- Post-Survey Question Responses: Overall, how would you rate the speakers' and panelists' knowledge, professionalism, and ability to effectively communicate topics?
 - Very confident- 40%
 - Somewhat confident- 60%
- Post-Survey Question Responses: What is one way this training could be improved?
 - "I wish the zoom speaker could have been on camera. I also think a quick intro of who else was in the room would have been helpful. Some of the best work at these trainings is done by knowing who else is attending."
 - First speaker rushed and seemed nervous. Would love more than 101 information."
 - More real life examples"
- Post-Survey Question Responses: Please share any additional feedback, comments, or suggestions to help improve future trainings.
 - "I thought this was a great offering on a very sensitive but important topic. I was so glad to be a part of it."
 - "Thank you! More more more of anything!"
- Ron mentioned that this training helped to gain some perspective on what was happening elsewhere. Also, if something were to come up and someone needs help, backup is available.
- Ron mentioned that Sojourn just received a grant for human trafficking.



Reminders/Recovery Resources:

- **Updated Rack Cards**
 - Grace and Molly worked on rack cards and were able to fit a lot of information on the cards.
 - The rack cards are in the process of being printed.
- **Updated Meeting Cards**
 - Tristan and Grace had a conversation about the meeting cards. They will wait to see how the Mason County meetings go and then add that information to the meeting cards.
- **Updated Resource Directory Cards**
 - These cards contain resources that are located in Logan County and Mason County.
 - The cards are color blind friendly.
 - Some of these new Resource Directory cards are in the Reframing Recovery boxes.
 - Please let Grace know if you need any new cards.
 - Once the budget is approved, more cards can be ordered.
- **Harm Reduction Resources**
 - **Logan County FOR FREE**
 - The Family Custom Cleaners (Lincoln)
 - Naloxone, Fentanyl, Xylazine Test Strips
 - Logan County Health Department (Lincoln)
 - Naloxone, Fentanyl, Xylazine Test Strips
 - 24/7 Drug Disposal Box
 - Mt. Pulaski Library District
 - Naloxone, Fentanyl, Xylazine Test Strips
 - Logan County Courthouse (Lincoln)
 - Naloxone
 - Hope on 5th (Lincoln)
 - Naloxone, Fentanyl, Xylazine Test Strips
 - Logan County Jail Lobby (Lincoln)
 - Naloxone, Fentanyl, Benzodiazepine Test Strips, Xylazine Test Strips
 - Atlanta Public Library
 - Naloxone (Upstairs and Downstairs Bathrooms)
 - Elkhart Public Library
 - Naloxone, Fentanyl, Benzodiazepine, Xylazine Test Strips
 - The Logan County Health Department has a drop box as well.
 - **Logan County FOR PURCHASE**



- CVS (Lincoln)
 - Naloxone
- Walgreens (Lincoln)
 - Naloxone
- **Mason County FOR FREE**
 - Havana Public Library
 - Naloxone, Fentanyl, Xylazine Test Strips
 - Mason County Health Department (Havana)
 - Naloxone & Fentanyl Test Strips
 - Forman Valley Public Library (Manito)
 - Naloxone
 - Mason City Public Library
 - Naloxone
- **Mason County FOR PURCHASE**
 - Wolters Drug Store (Havana)
 - Naloxone
 - Mason City Pharmacy
 - Naloxone
 - Manito Pharmacy
 - Naloxone
 - CVS (Havana)
 - Naloxone
- For every fiscal year, it is the goal of the ROSC to add at least two more harm reduction resource locations.
 - If you think of more Logan County and/or Mason County locations for harm reduction resources, these could be shared with the ROSC.
 - Kara mentioned that she could use more Benzo test strips. She is having a hard time finding any that is free.
 - Grace will provide Benzo test strips for Kara for now.
 - If anyone knows of any locations where you can get Benzo test strips for free, please reach out.

FY26 Recap

- **19 Attended Events**
 - 4 community events
 - 11 hosted events
 - 4 trainings
- **56 Reframing Recovery Boxes Distribution**



- 21 Logan County
- 25 Mason County
- 10 Partner agencies
- **48% Increased Engagement on Social Media**
 - 85 stigma awareness posts
 - 12 harm reduction resource location posts
 - 7 training posts
 - 20 reframing recovery posts
- **MAR Bags and Harm Reduction Locations**
 - 50 bags to Mason County Jail
 - 50 bags to Logan County Jail
 - Atlanta Library (added this fiscal year)
 - Elkhart Library (added this fiscal year)
- **Meeting Cards**
 - 5,000 business cards
 - 1,500 flyer sized cards
 - 70 QR code scans total
 - 279 QR code scans total
- **Naloxone Trainings**
 - 21 trainings (Kara conducted)
 - 40 people

Recovery Month Planning:

- A Slido was taken by participants in the meeting on how to improve recovery month.
 - **First question:** Should we keep the format that we always do for Recovery month?
 - A lot of respondents said “yes.”
 - **Second question:** Which Thursday should we do?
 - Thursday, September 17th had the most votes.
 - **Third question:** What time?
 - 4:00 p.m. – 6:00 p.m. had the most votes.
 - The format of the walks will remain the same.
- **The Logan County Recovery Walk will be on Thursday, September 17th from 4:00 p.m. – 6:00 p.m.**
- A Slido was taken by participants in the meeting on how to change Overdose Awareness Day.



- **Question:** Anything we should change with Overdose Awareness Day? A panel discussion happened last year (live and online), and a full Narcan training has been in the talks for this year's Overdose Awareness Day (on a Monday).
 - Most respondents said “no.”
- **Question:** Would 5:30 p.m. – 6:30 p.m. work?
 - “If there is food yes”
 - It was brought up that there are meetings that start at 6pm so maybe moving the meeting to an earlier time would help bring more people.
- **Question:** People we should contact for the panel? If we do that?
 - Jeanette suggested that the opportunity be put out and see who is interested. A flyer could be posted at Hope on Fifth at Recovery Meetings to give people an opportunity to participate in the panel discussion.
 - Another response was, “I would pitch if someone in a clinical role would share their experience.
 - Another response was, “Put the opportunity out and see who shows interest. Flyer and Facebook.
 - Another response was, “A BRIDGE graduate.”
- It was decided that it would be from 4:30pm-5:30pm at Hope on 5th once it was approved by Hope.

Community Survey Planning- State Questions:

- The annual ROSC community survey will be launched soon.
- A quick overview of the questions was shared at the meeting.
- The following questions are from the state that must be provided in the survey.
 - Medication Assisted Recovery- MAR (which is the use of medications to treat substance use disorders, e.g., methadone or buprenorphine to treat opioid use disorder) is an effective treatment for substance use disorders.
 - It is difficult to find healthcare providers who offer Medication Assisted Recovery- MAR in my community.
 - People who use drugs deserve respect.
 - People with a mental illness deserve respect.
 - Harm reduction services like Narcan and syringe service programs reduce the risks of drug use.
 - It is difficult to find harm reduction services like Narcan and syringe service programs in my community.
 - It is difficult to find mental health and substance use treatment services in my community.



- We should increase government funding on treatment options for mental health and substance use disorders.
- Everyone in my community can get help for mental health regardless of income level, insurance status, race, ethnicity, primary language, disabilities, gender identity, sexual orientation, or citizenship status.
- Everyone in my community can get help for substance use regardless of income level, insurance status, race, ethnicity, primary language, disabilities, gender identity, sexual orientation, or citizenship status.
- Grace mentioned that we could keep the questions from the previous surveys so that we can continue collecting the same data.
 - A question that was added to the survey last year was, “Which of the following best describes your current occupation?”
 - The following questions are part of the ROSC community survey from years past.
 - I know someone with a substance use disorder.
 - There is a stigma in my community about people who have a substance use disorder.
 - If I found out that someone is actively using substances in my neighborhood, I would consider moving.
 - I am willing to live in a neighborhood with recovery housing and/or individuals in recovery.
 - I am willing to spend an evening socializing with a person who is currently using substances.
 - Substance use disorder is caused by a person’s bad character.
 - A moral failing is the cause of someone’s substance use disorder if they are currently using substances.
 - Treatment will lead to improvement for someone with substance use disorder.
 - Medication for substance use disorder substitutes one drug addiction for another.
 - Most healthcare providers should offer medication for substance use disorder, so it is easily accessible to people who want it.
 - Which of the following best describes your current occupation?
 - The full survey will be sent out with the notes. If you have any suggestions for improvements, please reach out. This can also be discussed at the next meeting.



Upcoming Events:

- The next Mason County Coordinating Council meeting is:
 - **Tuesday, July 21st**
 - **9:30 a.m. – 10:30 a.m.**
 - **Spoon River College (Havana) or Zoom**
- The Deflection Program (BRIDGE- Building Recovery Inclusion in Dignity for Growth and Empowerment) will have their next two meetings on:
 - **Tuesday, July 21st**
 - **Tuesday, August 4th**
 - **10:00 a.m. – 11:30 a.m.**
 - **Hope on 5th or on Zoom.**
- The next HAPT meeting is:
 - **Tuesday, August 4th**
 - **4:00 p.m. – 5:00 p.m.**
 - **Spoon River College (Havana) or Zoom**
- Logan County SUPS
 - **Thursday, August 13th**
 - **9:00 a.m. – 10:00 a.m.**
 - **Breakfast: 8:45 a.m. – 9:00 a.m.**
 - **Lincoln Memorial Hospital**
- The next CPAC meeting is:
 - **Thursday, August 13th**
 - **11:00 a.m. – 12:00 p.m.**
 - **Mason City Public Library (Mason City) or Zoom**
- Logan County Youth Mental Health/Brightpoint Coalition meeting is:
 - **Monday, August 17th**
 - **9:00 a.m. – 10:00 a.m.**
 - **Breakfast: 8:45 – 9:00 a.m.**
 - **Lincoln Memorial Hospital (In Person Only)**
- LMH CHC Networking Meeting
 - **Thursday, September 3rd**
 - **8:30 a.m. – 10:00 a.m.**
 - **Breakfast: 8:00 a.m. – 8:30 a.m.**
 - **Lincoln Memorial Hospital (In Person Only)**



Contact Info:

- Grace Irvin- Prevention Coordinator
 - gcirvin@chestnut.org ; 309-451-7776
- Tristan McGrew- Recovery Corps. Project Coordinator
 - tjmcrew@chestnut.org ; 309-229-3921
- Nadia Klekamp- Director of Integrated Community Education
 - nfklekamp@chestnut.org ; 309-824-3765

Next Meeting:

- **Thursday, August 20th at 2:00 p.m.**
 - This meeting will be virtual only.
 - Join Zoom Meeting:
<https://zoom.us/j/93561727220?pwd=TDVsWHRJdldYWnRnb2dnVFJTaTByQT09>
 - Meeting ID: 921 3689 3688 / Passcode: 463455

End of Meeting: 3:00 p.m.