



Recovery Oriented System of Care

A PROGRAM OF  **arrowleaf**
Growth. Community. Transformation.

Hardin/Pope ROSC Council Meeting Minutes

Date: August 13th, 2026 | 11:30 AM – 12:30 PM

Location: Online at www.bit.ly/HardinPopeROSC
In-Person at 125 Market St., Golconda, IL

Last Meeting's Minutes: [July Minutes](#)

ROSC Team

In Person Attendees

1. Cammy Duggins, Hardin/Pope ROSC Council Coordinator
2. Dave Griswold, Community Member, Person with Lived Experience
3. Briana Spivey, SUPS Community Advocate, Community Member
4. Stacy Williams, Arrowleaf DSP, Person with Lived Experience

Online Attendees

1. Emily Middleton, Senior Program Director – Prevention and Advocacy
2. Jayson Holland, Arrowleaf Veteran's Advocate, Person with Lived Experience
3. Tracy Morrow, Assistant Director of Prevention Services
4. Matthew Hafford, SUPS Community Advocate, Community Member
5. Alexandria Messerly, STOP SVP Community Advocate
6. Jennifer Worthen, Community Member, Person with Lived Experience
7. Beverly Holland, Region 5 TA for ROSC
8. David Alvarez, Prevention First Opioid Learning and Response Collaborative
9. Emilia Saber, Prevention First Opioid Learning and Response Collaborative
10. Haley Hopkins, Prevention First, Leadership Center

11. Michael Lynd, The Fellowship House, Peer Wellness Coach / Integrated Care Outpatient
12. Krysten Green, Centerstone
13. Aldwin Anterola, SIU Carbondale Professor
14. Keeleigh Webb, Arrowleaf
15. Kimberly Thorwegen, Siteman PECaD Community Outreach and Research
16. Maddison Thompson, Arrowleaf
17. Lynda Wright, Sister's Rise Women's Ministry, PLE
18. Rochelle Morgan, CHESI

Welcome and Introductions

Arrowleaf ROSC Vision

- A community system that supports and encourages individuals and families seeking or maintaining recovery for themselves or a loved one

Arrowleaf ROSC Mission

- Collaborating to build, foster, and empower communities of recovery

Old Business

- **Hardin/Pope ROSC Logo Discussion and Vote**
 - Winning Logo: ***Where Recovery Takes Root*** (See agenda header)
- **Impact Report**
 - **Reviewed topics for council feedback** – Emily will prepare the final draft and share at August meeting
- **Shared the Illinois Helpline Resource with Aisha Esquivel, presenter – Health Resources in Action**
 - Outreach Manager, Illinois Helpline: [click to see her work bio](#)
 - Illinois Helpline Presentation – 20 – 25 minutes
 - ♣ [Champions of Human Connection: How the Helpline Champions are Changing the Conversation on Recovery](#)
 - What is the difference between calling 988 and calling the Helpline?
 - ♣ 988 = mental health
 - https://helplineil.org/app/champions_program - third Wednesday of each month at 11 AM
 - aesquivel@hria.org
 - Time is critical. When someone asks for help, they need it, not wait.
- **Announced Dixon Springs Pool Event**
 - Thursday, August 6th

- **Announced the Recovery Oriented Practices in Nature (ROPIN) Training – Connections in Prevention Presentation Proposal was accepted!** Emily and Evan will be bringing Recovery through the Shawnee National Forest to Springfield on October 29th.

Discussion Topics

- **Impact Report**
 - Review for council feedback on the final draft.
 - Discuss the impact your ROSC Council work has had on changing community systems in your service area:
 - Good focus on awareness of resources and how to incorporate more natural resources in the path to recovery.
 - Proud of expanding partnerships
 - Engagement in meetings, expanding attendance
 - Compare statistics of impact
 - During FY26, the Hardin-Pope ROSC Council worked to strengthen community systems through awareness of recovery resources, expanding partnerships, and prioritizing equitable participation. We recognize that transportation challenges, limited internet access, and service gaps often prevent those in our community from accessing support and participating in community planning.
 - The council has become a central hub for sharing resources, identifying community needs, and connecting organizations that may not otherwise collaborate. When needs are identified, members frequently leave meetings with specific connections, referral opportunities, and plans for next steps. Through targeted outreach and partner engagement, we exceeded our goal of 50 responses on our community survey and received 202 responses, helping us gather input from a wider range of community members and use data to inform our priorities.
- **Community Survey Template** is due August 30th
 - Discuss last years' questions
 - Emily will create the survey with the final questions chosen and Quinn has agreed to translate the survey into Spanish for our Spanish-speaking community members (primarily in the Cobden area).
- **Overdose Awareness Day** August 31st, 2026
 - [International Overdose Awareness Day](#) (See link)
 - Lesia Burns, Diver Down, offered to host another overdose awareness training event at her business on Monday, 8/31/26.
 - Time? Do we need to offer food/snacks?

- Ask Emily to create a flyer for the event.
- **Recovery Month & Suicide Prevention Month Event in September**
 - Saturday, September 19th at the Shrimp Festival Arrowleaf ROSC Resource Table
 - Hand out ribbons to tie around branches of the courthouse tree.
 - Purple in honor of someone in recovery or active addiction.
 - Teal in honor of someone who struggles with suicidal thoughts or in memory of someone lost.

Announcements

- SMART Recovery – Open Door online recovery meetings ([see flyer](#))
 - Meeting Thursdays from 6 PM – 7:30 PM will be taking a break for the rest of August.
 - See Open Door Recovery August Newsletter attached to email.
- WIBH New Hope Campaign is offering FREE KIDS COATS & SHOES (while supplies last). See flyer attached to the email.
- Angela Towne and Emily Middleton submitted a proposal for the **Southern Illinois Behavioral Health Summit** regarding SMART Recovery, Open Door, and benefits of peer support services. The summit is on September 24th and September 25th at SIU in Carbondale.
- Arrowleaf has joined the [Out of the Darkness Suicide Prevention Walk](#) planned for September 12th in Cobden and would like to invite Hardin-Pope ROSC members to join their team. If you would like to join the walk or donate to the cause, click here: <https://afspwalks.donordrive.com/teams/394827>
 - **At the Walk we wear honor beads - each color shows our personal connection(s) to the cause.**
 - White - Lost a Child
 - Red - Lost a Spouse or Partner
 - Gold - Lost a Parent
 - Orange - Lost a Sibling
 - Purple - Lost a Relative, Friend, or Associate
 - Silver - Lost First Responder / Military
 - Green - A Personal Struggle or Attempt
 - Teal - Friend/Family/Supporter of Someone Who Struggles or Attempted
 - Rainbow - Honoring LGBTQ Community
 - Blue - Supporter of Suicide Prevention
 - Other/Prefer not to disclose

Next Meeting –

- **Thursday, September 10th** from 11:30AM to 12:30PM
 - 125 Market St., Golconda, IL or www.bit.ly/HardinPopeROSC