



Drug Free Schools and Communities Act Biennial Review

**Academic Years
2022-2023 & 2023-2024**

Governors State University

Mission

Governors State University is committed to offering an exceptional and accessible education that prepares students with the knowledge, skills and confidence to succeed in a global society.

Core Values

Invest in Student Success through a commitment to mentoring and a deliberate university focus on student achievement of academic, professional and personal goals.

Provide Opportunity and Access to a first-class public education to residents of our surrounding communities and all those traditionally underserved by higher education.

Serve as an Economic Catalyst for the citizens of the State of Illinois and our larger Midwest region, so that our communities grow and flourish.

Prepare Stewards of our Future to thrive in the global economy, to contribute to ongoing innovative research and to serve as stewards of the environment.

Demonstrate Inclusiveness and Diversity to encourage acceptance of wide-ranging perspectives among students, staff, faculty and members of the broader community.

Promote Quality of Life, which encompasses civic, personal, professional and cultural growth



Governors State University
Drug-Free Schools and Campus Regulations [EDGAR Part 86]
Alcohol and Other Drug Prevention Certification

The undersigned certifies that it has adopted and implemented an alcohol and other drug prevention program for its students and employees that, at minimum, includes:

1. The annual distribution to each employee, and to each student who is taking one or more classes of any kind of academic credit except for continuing education units, regardless of the length of the student's program of study, of:

- Standards of conduct that clearly prohibit, at minimum, the unlawful possession, use or distribution of illicit drugs and alcohol by students and employees on its property or as part of any of its activities.
- A description of the applicable legal sanctions under local, State, or Federal law for the unlawful possession or distribution of illicit drugs and alcohol.
- A description of the health risks associated with the use of illicit drugs and the abuse of alcohol.
- A description of any drug or alcohol counseling, treatment, or rehabilitation or re-entry programs that are available to employees or students.
- A clear statement that the institution will impose disciplinary sanctions on students and employees (consistent with State and Federal law), and a description of those sanctions, up to and including expulsion or termination of employment and referral for prosecution, for violations of the standards of conduct. A disciplinary sanction may include the completion of an appropriate rehabilitation program.

2. A biennial review by the institution of its alcohol and other drug prevention comprehensive program to:

- Determine its effectiveness and implement changes to its comprehensive alcohol and other drug prevention program and policies, if needed.
- Ensure that its disciplinary sanctions are consistently enforced.

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Introduction

The Drug-Free Schools and Communities Act (EDGAR Part 86 Subpart B) (DFSCA) requires institutions of higher education, such as Governors State University, to certify compliance with the regulations set forth for the prevention of drug and alcohol abuse of students and employees of the institution. Institutions, in order to be in compliance with this act, must, at minimum, annually distribute the following information to all employees and students:

- Standards of conduct and list of institutional sanctions for alcohol and drug related violations.
- List of legal sanctions related to unlawful use, possession, or distribution of illicit drugs and alcohol.
- Description of health risks associated with drug and alcohol use and abuse.
- Referral sources for drug and alcohol programs that are available to students or employees.

In addition to the yearly notification described above, compliance with DFSCA also requires a biennial review that includes the following:

- Description of the alcohol and drug program elements provided by the institution.
- Statement of alcohol and drug program goals and a discussion of goal achievement.
- Summaries of alcohol and drug program strengths and weaknesses.
- Procedures for distributing annual alcohol and drug notification to students and employees.
- Copies of the policies distributed to students and employees.
- Recommendations for review of alcohol and drug program.

The following biennial review is written in partial fulfillment of the requirements under DFSCA to demonstrate Governors State University's compliance with federal mandates under DFSCA

Biennial Review Process

Governors State University conducted a Biennial Review during the 2024 Fall semester in accordance with the Drug-Free Schools and Campuses Regulations [Edgar Part 86] Biennial Review: Academic Years 2022 -2023 & 2023 – 2024.

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Biennial review reports are available upon request from the Director of Counseling and Wellness

Biennial review reports can also be received upon request from the Director of Counseling and Wellness

Biennial reports are kept for three review cycles.

Program Inventory

The following is a list of activities, by department, that contributed to the alcohol and drug use/abuse prevention and education programming.

Academic Affairs

Academic Affairs is committed to designing, offering and assessing an exceptional and learning-centered educational experience which imbues students with the knowledge and skills that fosters confidence to succeed in an interdependent and technology-driven world. The following programming is offered through Academic Affairs which contributes to the drug and alcohol-free programming at Governors State University.

Related Course Work: The Addictions Studies program offers undergraduate and graduate coursework related to substance use and abuse. Related coursework includes the following classes:

- ADDS3200: Screening, referring and treatment planning
- ADDS3260: The adolescent substance abuser
- ADDS4180: Substance abuse: A systems approach
- ADDS4400: Society and drugs: Controversial issues
- ADDS5100: Substance abuse: Current concepts
- ADDS5250: Clinical applications addictions and criminal justice
- ADDS5500: Substance abuse issues in healthcare
- ADDS5510: Substance abuse screening in healthcare
- ADDS5520: Disparity & diversity in substance abuse
- ADDS6100: Psychopharmacology
- ADDS6200: Gender and addiction
- ADDS6300: Families and addiction
- ADDS6500: Planning, management, and evaluating substance abuse programs
- ADDS6600: Substance abuse prevention
- ADDS6900: Etiology and epidemiology of substance abuse
- ADDS7100: Screening, motivation, and referral
- ADDS7200: Substance abuse counseling
- ADDS7500: Clinical models of addiction
- ADDS7600: Treating coexisting disorders
- ADDS8200: Seminar in substance abuse

Athletics

Governors State University Athletics aims to be a model intercollegiate program that fosters an environment of patient and persistent growth. Our goal is to equip student-athletes with the tools they need to excel both on the field and in the classroom while empowering them to become leaders on campus and within the community. The Athletics Department is committed to fiscal responsibility, rule compliance, diversity and equity, athletic excellence, and enhancing the

student-athlete experience. Our program is designed to grow into one recognized for success across all platforms.

Student-athletes are held to the standards outlined in the Student-Athlete Handbook, which includes policies on drug and alcohol use and abuse. For more information, refer to the Policy Inventory for Athletic Handbook policies.

The Athletics Department offers the following team sports:

- Men's and Women's Basketball
- Women's Bowling
- Men's and Women's Cross Country
- Men's and Women's Golf
- Men's and Women's Soccer
- Men's and Women's Indoor/Outdoor Track
- Men's and Women's Volleyball

Additionally, we offer club sports, including E-Sports, and provide students with the opportunity to create new clubs based on their interests.

Counseling Center

The **Counseling and Wellness Center** provides a comprehensive range of services to support the well-being of GovState students. These services are offered at no additional cost, as they are included in student fees. All counseling and consultation services are **confidential**. Below is an overview of the services available:

Core Services

- **Individual Personal Counseling:** One-on-one counseling sessions tailored to students' unique needs.
- **Group Counseling:** Facilitated group sessions addressing shared challenges.
- **Case Management:** Assistance in coordinating care and accessing resources.
- **Crisis Intervention:** Immediate support for urgent mental health needs.
- **Screening and Assessment:** Evaluation of mental health concerns to guide care.
- **Educational Counseling:** Support for academic and personal growth.
- **Consultation and Referral Services:** Guidance on-campus and community resources.
- **Student Listening Circles:** Safe spaces for students to share experiences.

Free mental health support options for Governors State University students

Students receive **FREE IMMEDIATE ACCESS TO TELETHERAPY**

Private. Secure. Confidential. **Uwill**

Scan QR code above for 24/7 Mental Health Appointment

24/7/365 Anywhere and at Anytime

« Crisis Appointments after hours & Weekends

24/7 Crisis Support

Togetherall Peer-to-Peer Support

CWC
COUNSELING AND WELLNESS CENTER
Governors State University

• Mindwise
• E-check up to go
Behavioral Health Screeners

Counseling and Wellness Center

Togetherall Registration

Mindwise Behavioral Health/ Substance Use Screener

Counseling & Wellness Center (CWC)

E-check UP TO GO Behavioral Health Screener

Governors State University

- **Seminars and Workshops:** Educational opportunities on various wellness topics.
- **Outreach Activities:** Programs to promote mental health awareness and engagement.

Programs Related to Substance Use

Individual Consultation:

One-on-one counseling sessions with GovState staff are available Monday through Friday, 8:30 AM to 5:00 PM.

Substance Use Assessment:

The **Drug Abuse Screening Test (DAST)** is available to evaluate substance use concerns.

Self-Assessments:

Mental Health Screening Tools: Clinically validated and anonymous online assessments for various behavioral health concerns, including anxiety, depression, and substance use. These tools are available 24/7.

Mindwise Screening Tool: [Mindwise Screening](#)

eCheckup-to-Go:

- [Substance Use Screener](#)
- [Well-Being Screener](#)

Dean of Students

The Office of the Dean of Students provides strategic leadership for the division of Student Affairs and Support Services. In addition, the Office of the Dean of Students sponsors a series of programs and services that support student advocacy and community standards, including:

Campus Threat Assessment Team: The Campus Threat Assessment Team is committed to providing a safe conducive educational environment through identifying and assessing behaviors that are believed to be a threat to the safety and well-being of the campus community.

CARE Team (Student Concerns): Governors State University strives to support students in all aspects of achieving their academic and personal goals. Accordingly, the CARE Team was developed by the Office of the Dean of Students to provide a centralized method that focuses on identifying and working with students who may be distressed or whose behavior is of concern. The CARE Team is designed to ensure timely outreach to students who are believed to be in distress or acting in a manner of concern and connect them to resources best suited to address the conveyed concern. Since faculty and staff play a key role in identifying students who are in distress, the CARE Team depends on referrals that identify students who might benefit from proactive outreach and assistance.

Community Standards and Student Advocacy: GovState's Community Standards and Student Advocacy office (CSSA) strives to promote a safe and secure community while upholding the

rights of all community members. The office provides programs and services that value academic excellence, student success, diversity, and personal as well as community accountability. CSSA is responsible for administering the Student Code of Conduct (Policy 4). Therefore, CSSA educates students and recognized student clubs/organizations about the University's community standards and manages a fair and just outcome when those standards are not met.

Department of Public Safety

The mission of the Department of Public Safety is to protect life and property, identify and prevent criminal activity, apprehend individuals who commit crimes on our campus, and address community issues to enhance the overall quality of life. The department aims to fulfill its mission by adhering to a set of guiding principles: providing a safe environment for the community to work and live; delivering services with respect and dignity; recognizing the diversity of the community; treating all individuals fairly and equally; and committing to the development of our employees' knowledge, training, skills, and professionalism.

The Department offers a full range of police services 24 hours a day, year-round. All Campus Police Officers are certified by the State of Illinois per the Illinois Compiled Statutes (110 ILCS 67-15-45 (11)). Our general services include mobile and foot patrols, criminal investigations of misdemeanors and felonies committed on campus, traffic enforcement, crash investigations, emergency response, and crime prevention programs.

The Department maintains an excellent working relationship with local, federal, and state law enforcement agencies, ensuring the delivery of professional police services. We have Combined Voluntary Cooperation and Operational Mutual Aid Agreements with the Will County Sheriff's Department and local law enforcement entities, enabling them to assist us upon request. Communication and coordination with all agencies are maintained through computer, radio, and telephone systems.

In compliance with the Clery Act, Illinois Campus Security Enhancement Act, and Violence Against Women Act, the Department of Public Safety provides an annual security report (see: http://www.govst.edu/Campus_Life/Campus_Safety/Campus_Right_to_Know/). This report includes information regarding alcohol and drug use, abuse, and possession. Included in the report are the following sections:

Alcoholic Beverages: Governors State University encourages and sustains an academic environment that respects individual freedoms and promotes all community members' health, safety, and welfare. In keeping with these objectives, the University has adopted a policy on the possession, sale, and consumption of alcoholic beverages on property owned or controlled by Governors State University. Students are advised that if a friend who is not 21 years of age asks them to buy a six-pack of beer for him or her, they should not. Any adult who buys alcohol for anyone younger than 21 may receive a mandatory fine of \$1,000 for the first offense and \$2,500 for each following offense. Students are also counseled about having parties and serving alcohol.

An adult who supplies minors with alcohol is breaking the law and may be liable for any resulting injuries and property damage caused by the minor.

Underage Drinking: Driving privilege will be suspended if students are convicted of lying about their age to obtain alcohol, purchasing, consuming, possessing, or transporting alcohol, or carrying a false ID. If you are under 21 years of age and you see friends walking down the street, offer them a ride, and they happen to be taking a six-pack and some chips to a party, you could be charged with transporting alcohol, and your license could be suspended. In addition to driving privilege suspension, you may pay a fine of no less than \$500 and no more than \$1000, and the police will notify your parents, even if you are older than 18. The court also may require that you complete a program of alcohol education, intervention, or counseling. In addition, you must pay a restoration fee before getting your license back or being considered for a learner's permit.

Remember, you don't have to be in or near a car, have a driver's license, or be old enough to drive for the laws to apply. Just being caught with a false ID, drinking, being intoxicated, transporting alcohol, or having alcohol in your possession will result in the suspension of your driving privilege.

Illegal Drugs: Governors State University does not permit using or possessing controlled substances on campus. The University enforces all state and federal laws concerning illegal drugs. Anyone who is apprehended by Governors State University Police while in possession of, using, offering for sale, or selling illegal drugs is subject to arrest and referral to The Office of Community Standards and Student Advocacy.

If you have a problem... The University offers programs for drug and alcohol education. It provides programs that include counseling, education, self-development, substance-free activities, and support groups. It also provides an assessment and intervention component designed to assist those who may be harmful to themselves because of alcohol or drug abuse. Staff members will provide referrals and information about other resources and organizations. The Department of Public Safety officers have been equipped with Narcan, a brand name for Naloxone, a drug that can [reverse the effects of an opioid overdose](#).

Human Resources

The Human Resources Department supports the university community by providing administrative, consultative and support services. Specific areas of responsibility include strategy and policy development, human resources information systems, classification and compensation, employment services, salary and wage administration, staff development and training, benefits enrollment and administration, worker's compensation, collective bargaining, and employee relations.

Human Resources Department services are designed to foster effective and efficient use of campus human resources and to promote and support an environment where dignity, ethical conduct and diversity are valued, employee contributions are recognized, and career development is encouraged.

ComPsych® Guidance Resources®, Employee Assistance Program (EAP): EAP services are available to all employees and their household family members regardless of enrollment in University benefits. Assistance is available 24/7/365 at 833-955-3400, TTY 800-697-0353.

ComPsych® Guidance Resources® offers the following services:

- Five free counseling sessions
- Referral to mental health and substance use services
- Crisis intervention
- Assistance with child or elder care concerns
- Legal and financial consultation
- Work-life assistance
- Access to thousands of tools and resources

In addition, **ComPsych® Guidance Resources®** maintains a specific website at <https://www.guidanceresources.com> Web ID Code: **StateofIllinois**, or through the **ComPsych® GuidanceNow™ Mobile App**.

Recreation and Fitness

The Recreation and Fitness Center is committed to improving the quality of life and fitness for all and offer a variety of fitness, athletic, health and wellness facilities.

Facilities: treadmills, exercise bikes, elliptical, circuit training equipment, free weights, basketball court, volleyball court, soccer field, cricket field, softball field, and indoor Olympic style lap pool. Open Monday through Friday 6:00AM-9:00PM, Saturdays 9:00AM-1:00PM, and Sundays closed.

Game Lounge: pool tables, table tennis, television, and seating area. The game lounge offers drug and alcohol-free recreational activities. Open Monday through Friday 6:00AM-9:00PM, Saturdays 9:00AM – 1:00PM and Sundays 12:00PM to 6:00PM.

Center for Student Engagement & Intercultural Programs

The Center for Student Engagement and Intercultural Programs (CSEIP) strives to empower students through interaction in self-initiated or planned activities with fellow students, faculty members and staff. CSEIP is based on principles in which the campus climate respects the rights of individuals and groups, encourages student success, and ensures outlets for personal and professional development.

Engagement allows students to have a more powerful voice in navigating their collegiate experience through fraternities and sororities, including intentional curriculum design that focuses on activities for their holistic development. Engagement positions faculty and staff to share in these experiences as partners. Intercultural Programs embraces all human differences while building on the commonalities through intersectionality. It serves to eliminate discrimination and exclusion based on race, color, creed, national origin, ethnicity, gender,

gender identity, sexual orientation, age, socioeconomic status, disability, religion, or military status.

The Center for Student Engagement and Intercultural Programs is where involvement and learning meet. CSEIP affords students the opportunity to be included in activities and the chance to participate using one's abilities in day-to-day activities as a member of the GovState community. CSEIP promotes a sense of belonging and connectedness through campus programming, fraternities and sororities, leadership development, intercultural education, and service learning as partners with all campus community members. Collectively this unit provides students with holistic programs and activities to enhance the collegiate experience of all students.

University Housing

The Office of Auxiliary Services & University Housing at Governors State University seeks to create a supportive and inclusive living-learning community that fosters the academic success and personal growth of each resident student through purposeful programs and services that support and complement the educational experience at GovState.



Policy Inventory

The following is a list of policies that govern student and employee alcohol and drug use as well as sanctions for misconduct. Policies include Policy 4: Student Conduct, University Housing Handbook, and Student Athlete Handbook.

Policy 4 Student Conduct

Governors State University is dedicated to the academic pursuits of instruction, scholarship, and public service. The university prioritizes excellence in education and providing a safe and supportive environment to aid students in their pursuit of knowledge. Therefore, the university has approved the Student Code of Conduct to support the educational mission of the institution. The Student Code of Conduct establishes expectations for student conduct and prohibits behavior that adversely affects the university community. The Student Code of Conduct outlines the student conduct system for nonacademic misconduct, including actions that may be taken to educate students about behavioral expectations and to protect community standards of behavior. Violations of university policies, rules, or regulations or federal, state, or local law may result in a violation of the Student Code of Conduct and imposition of sanctions. The Student Code of Conduct assures that student rights to due process are respected.

The following two non-academic misconduct policies relate to alcohol and drugs:

V.C.1. Non-academic misconduct includes, but is not limited to the unlawful manufacture, distribution, dispensing, possession, or use of a controlled substance including prescription or over the counter medications. (2018-2019 and Fall 2019)

V.C.1 The unlawful manufacture, distribution, sale, trafficking, possession, or use of a controlled substance including prescription or over the counter medications, in accordance with state and federal law. Recreational and medical cannabis, while legal in Illinois, is not legal under federal law and is prohibited. Using or possessing cannabis in any form, including (without limitation) tinctures, kief, edibles, and topicals, is prohibited across the entire campus, including open areas and buildings. (Effective January 2020, consistent with Illinois state law).

V.C.9. Non-academic misconduct includes, but is not limited to, except as otherwise provided in University Policy, the sale, delivery, possession, distribution, and consumption of alcoholic beverages in or on any property owned, controlled, or used by Governors State University, including residence living. According to 235 ILCS 5/Liquor Control Act of 1934, the legal age for alcohol consumption is 21. University property includes university vehicles or personal vehicles while being used for university business.

In the Student Conduct Policy 4, a clause related to Good Samaritan Practice is included to encourage student reporting in cases of medical emergency.

Good Samaritan Practice

The health and safety of every student is important to Govstate. The Office of the Dean of Students recognizes that the potential for misconduct action may deter students from seeking needed medical assistance for a fellow student or themselves. As a university, we support and encourage all students to reach out for assistance in cases of medical emergency and/or when you see a fellow Jaguar in need. Through Community Standards and Student Advocacy's *Good Samaritan Practice*, students are encouraged to be empowered witnesses who respond to potentially risky circumstances (such as alcohol overdose) without fear of penalty from their university. For that reason, a Good Samaritan who makes an effort to obtain medical assistance will not face formal non-academic disciplinary action. Specifically, excused instances include that of the possession and/or use of alcohol/drugs by persons under the age of twenty-one (21) as well as intoxication in or on any property owned, controlled, or used by Governors State University, including that of residence life. As long as that student has not committed any other violation(s) of the Student Code of Conduct, s/he will be considered to be a Good Samaritan and will not suffer any disciplinary repercussions. GovState's Good Samaritan practice can also apply to situations that may arise during an approved University-sponsored event or activity wherein the serving of alcoholic beverages is permitted. In any case, should a situation arise, Community Standards and Student advocacy will take all actions made by a student and/or student club/organization/team into consideration throughout the process of addressing any violation of the Student Code of Conduct.

Student Conduct Sanctions

One or more of the following sanctions may be imposed when a student is found to be in violation of the Student Code of Conduct:

- **Warning:** A written warning or official notice that previous conduct was unacceptable and that future misconduct may result in more severe disciplinary action.
- **Probation:** A specific period of time during which a student must conduct themselves in a manner consistent with university policy. Policy 4 Policy 4 p. 6 Future violations of university policy while on disciplinary probation may result in more severe disciplinary action, including separation from the university. Students on a probationary status may not be eligible for participation in student activities, intercollegiate athletics, awards, prizes, or scholarships, when conduct acceptable to the university is a condition of such participation.
- **University Suspension:** Temporary separation of the student from the university for a specific period of time, after which the student is eligible to return. Conditions for return may be specified. Suspension excludes the student from registration, class attendance, extracurricular activities, and use of university facilities during the specified period of time.
- **University Dismissal:** Permanent separation of the student from the university. Dismissal excludes the student from registration, class attendance, and use of university facilities with no promise (implied or otherwise) that the student may return at a future time. Use of university facilities is prohibited without authorization from the Office of the Dean of Students.

- **Educational Activities:** Educational activities include programs and assignments designed to increase awareness and education about the impact of misconduct on self and community. This may include, but is not limited to, modules, assigned papers, mediation, community service, workshops, or meetings with appropriate university personnel.
- **Loss of Privilege:** The withdrawal of a university privilege including but not limited to use of services, participation in a program, event, or activity for a specified period of time, or removal from an appointed position of authority.
- **Loss of Recognized Student Organization/Club Status:** The withdrawal of all privileges identified within the student club/organization protocols for a specified period of time.
- **Restitution:** Requires payment for damages to, or misappropriation of, university property, or the property of visitors to, or members of, the university community. Such restitution may be charged to any student who alone, or through group conducted activities, organizes or knowingly participates in the events causing the damages or costs.
- **Housing Probation:** University Housing probation is a specific period of time during which a student must conduct themselves in a manner consistent with university and housing policy. Failure to comply with the terms of probation or future violations while on probation may result in more severe disciplinary action, including removal from university housing.
- **Housing Suspension:** Temporary separation of the student from university housing for a specific period of time, after which the student is eligible to return. Conditions for return may be specified. Policy 4 Policy 4 p.7.
- **Housing Expulsion:** Permanent separation of the student from university housing.

University Housing Handbook – Resident Student Code of Conduct

Alcohol policy: All housing residents are responsible for knowing and complying with State law regarding the possession, consumption or supplying of alcoholic beverages.

Students who are Under 21

- **Underage drinking:** No person under the age of 21 may store, possess, or consume alcoholic beverages in University Housing.
- **In the Presence of Alcohol:** No underage person may be in the presence of alcohol in University Housing, regardless of if the person who possesses or is consuming the alcohol is of legal drinking age.
- **Students who are 21+**
- **A person 21 years of age or older, may possess, store, or consume alcohol in the following locations only:** in his or her contractually assigned bedroom in a non-visible enclosure (e.g. mini fridge, trunk, wardrobe) if the student shares a room/living area with a resident under 21 OR in the common area(s) within his/her contractually assigned apartment where all individuals sharing the space are over 21.
- **Intoxication:** Intoxication, regardless of age, is prohibited in Prairie Place. Behavioral symptoms frequently associated with excessive consumption or intoxication may include but are not limited to: impaired motor-skill coordination, difficulty communicating, and vomiting, glazed/red eyes, the smell of alcohol on one's breath, verbal and/or physical aggressiveness, destruction and/or disruptive behavior, and engaging in any behavior

which may endanger oneself or others. Students who are found to be intoxicated will face disciplinary actions. University Housing staff reserves the right to contact emergency responders if it is felt that the student is a danger to self and/or others. The University will not assume financial liability for medical cost. Students who are transported to the hospital or detox can expect to have their parents/guardians contacted.

- Sale or Distribution to Minors: Use, possession, manufacture, sale, or distribution of alcoholic beverages, except as expressly permitted by law and university regulations. Alcoholic beverages may not, under any circumstances, be used by, possessed by, or distributed to any person under 21 years of age. Public intoxication is also prohibited.
- General Procedures Regarding Alcohol

Any person in possession of alcohol can be expected to be asked for identification to verify age.

- Residents under the influence of alcohol or other drugs, regardless of age, will not be allowed to participate in University Housing sponsored programs.
- Alcoholic beverages may not be consumed by residents and their guests at University Housing sponsored events.
- If your guests are under the influence of alcohol or other drugs, they are not welcome in the University Housing and will be asked to leave.
- Alcohol possessed by individuals under the age of 21 or amounts in excess of allowable limits for individual 21 and older will be either confiscated by an appropriate University official or the student may be asked to facilitate in discarding the alcohol.

University Housing Sanctions

University Housing Probation – University Housing probation is a specific period of time during which a student must conduct themselves in a manner consistent with university and housing policy. Failure to comply with the terms of probation or future violations while on probation may result in more severe disciplinary action, including removal from university housing.

University Housing Suspension- Temporary separation of the student from university housing for a specific period of time, after which the student is eligible to return. Conditions for return may be specified.

Student Athletic Handbook

University Alcohol, Drug, Tobacco Policies

The University strives to create a healthy environment, one in which the high-risk use of alcohol and the use of illicit drugs does not interfere with learning, performance, or development. Substance abuse disrupts this environment and places at risk the lives and well-being of the members of the university community. GovState prohibits the use, possession, manufacture, sale, or distribution of alcohol, drugs, tobacco and other controlled substance on university premises and during university sponsored events, in accordance with law. Per (110 ILCS 64/) the Smoke-Free Campus Act, as of July 1, 2015, Governors State University prohibits smoking and the use of tobacco products indoors and outdoors on campus property, including parking lots and in parked cars. Littering the remains of tobacco products or any other related waste product on

campus property is further prohibited. Public intoxication, driving under the influence, and all other violations of university policy and federal, state, and local laws are prohibited. Full policy details are available in the Student Handbook (<https://www.govst.edu/handbook/>).

Athletics Alcohol, Drug and Tobacco Policy

All student athletes are governed by the Student Code of Conduct and the NAIA Handbook 2022-2023 and 2023-2024. Violations of the following, while you are a current student athlete will result in suspension from athletic participation and loss of tuition waiver, if applicable.

- a. Use of alcohol, drugs, tobacco.
- b. Possession of alcohol, drugs, tobacco.
- c. Under the influence of alcohol, drugs, tobacco.
- d. Bringing unauthorized alcohol, drugs, tobacco onto campus, or any athletics sanctioned trip or to any GovState-sponsored or NAIA sanctioned competitions and practices for such competition.

[https://www.naia.org/legislative/2024-25/files/2024 Official Handbook.pdf](https://www.naia.org/legislative/2024-25/files/2024%20Official%20Handbook.pdf)

PED (Performance Enhancing Drugs) Policy

Governors State University's Athletic program prohibits the use of the following classes of drugs by the student-athlete: a. Stimulants b. Anabolic Agents c. Alcohol and Beta Blockers d. Diuretics and Other Masking Agents e. Street Drugs f. Peptide Hormones and Analogues g. Anti-estrogens h. Beta-2 Agonists Any substance chemically related to these classes is also banned. The student athlete shall be held accountable for all drugs within their bloodstream.

Athletic Training Responsibilities

Governors State University's Athletic Training Policy: Student-athlete resulting in three absences of schedule athletic training appointment will result in dismissal of designated team.

Disciplinary Action for Alcohol, Drug, and Tobacco Violations

1. **First offense for alcohol, drug, and tobacco related infractions (while a member of any GovState athletic team):**
 - a. Suspension for two games or one week of most immediate off-season practice.
 - b. Coach's discretion on further sanctions with the approval of the athletic director.
 - c. Any sanctions issued via the University conduct or the legal system.
2. **Second offense for alcohol, drug, and tobacco infractions (while a member of any GovState athletic team):**
 - a. Immediate suspension for remainder of season or one week of most immediate off-season practice.
 - b. Scholarships revoked; effective immediately.
 - c. Coach's discretion on further sanctions with approval of athletic director.
 - d. Any sanctions issued via the University conduct system or the legal system.

Medical Exceptions

The institution recognizes that some banned substances are used for legitimate medical purposes. Accordingly, the institution allows exception to be made for those student athletes with a

documented medical history demonstrating the need for regular use of such a drug. Exceptions may be granted for substances included in the following classes of banned drugs:

- Stimulants: (including those used to treat ADHD), beta blockers, beta-2 agonists, diuretics, peptide hormones, anabolic agents and anti-estrogens.
- Hormones or anabolic agents: pre-approval is required for the use of peptide. For all drug exceptions, the student-athlete must submit medical records that include the diagnosis, course of treatment and current prescription.

Employee Code of Conduct

At the time of this biennial report, there is no employee handbook, and thus, no identification of alcohol/drug policies or any specified sanctioning for misconduct.

Health Risks Associated with Alcohol Abuse and Illicit Drug Use

The abuse of alcohol and the use of illicit drugs cause significant health risks, impacting physical, mental, and social well-being. These substances can lead to a number of health issues. Health risks associated with alcohol abuse and illicit drug use include:

Health Risks of Alcohol Abuse

Physical Health:

- **Liver Damage:** Fatty liver, alcoholic hepatitis, cirrhosis, and liver failure.
- **Cardiovascular Issues:** High blood pressure, arrhythmias, cardiomyopathy, and stroke.
- **Neurological Damage:** Brain shrinkage, cognitive impairments, Wernicke-Korsakoff syndrome (thiamine deficiency).
- **Cancer Risk:** Increased risk of cancers of the mouth, throat, esophagus, liver, colon, and breast.
- **Immune Suppression:** Reduced ability to fight infections.
- **Accidents and Injuries:** Higher risk of motor vehicle accidents, falls, and other injuries.

Mental Health:

- **Depression and Anxiety:** Alcohol can exacerbate or contribute to mental health disorders.
- **Dependence and Addiction:** Development of alcohol use disorder (AUD).
- **Suicide Risk:** Increased risk due to impaired judgment and mood disturbances.

Health Risks of Illicit Drug Use

Physical Health:

- **Overdose:** Life-threatening respiratory depression or cardiac arrest.
- **Organ Damage:** Kidney, liver, lung, and heart damage depending on the substance.
- **Infectious Diseases:** Sharing needles increases the risk of HIV, hepatitis B and C.
- **Neurological Effects:** Seizures, strokes, and brain damage.
- **Pregnancy Complications:** Miscarriage, low birth weight, and neonatal abstinence syndrome.

Mental Health:

- **Cognitive Impairments:** Long-term memory and concentration issues.
- **Psychiatric Disorders:** Psychosis, anxiety, depression, and paranoia.
- **Addiction:** High potential for substance use disorders.

Behavioral and Social Risks:

- Increased likelihood of risky behaviors (e.g., unsafe sex, driving under the influence).
- Strained relationships, job loss, and financial instability.
- Legal consequences, including incarceration.

Preventative measures, education, access to treatment, and social support are important to addressing these risks and promoting healthier lifestyles.

On-Campus Resources

Counseling and Wellness Center
A1120
studentcounseling@govst.edu
708.235.7334

Community Standards & Student Advocacy-
C 1312
deanofstudents@govst.edu
708.235.7595

Office of Public Safety
C1375
708.534.4900

Auxiliary Services & University Housing
C1330
housing@govst.edu
708.235.7110

Human Resources
C1360
HR@govst.edu
708.534.4100

Community Resources

Alcoholics Anonymous: <https://aa.org>

Narcotics Anonymous: www.na.org

National Drug Helpline: 1.844.289.0879
or www.drughelpline.org

National Suicide & Crisis Lifeline: Call or Text 988
Hotline:

Substance Abuse and Mental Health Services
Administration (SAMHSA)
<https://www.samhsa.gov/find-help> or helpline
1.800.662. HELP (4357)

Haymarket Center
McDermott Center Central Intake
120 North Sangamon Street
Chicago, IL 60607
312.226.7984

Gateway Foundation Chicago Independence
3828 West Taylor Street
Chicago, IL 60624
773.826.1916

Hartgrove Behavioral Health System
5730 West Roosevelt Road
Chicago, IL 60644
773.413.1700

Jesse Brown VA Medical Center
820 South Damen Avenue
Chicago, IL 60612
312.569.8387

Rosecrance Lakeview
3701 North Ashland Avenue
Chicago, IL 60613
872.217.4455

Alcohol and Other Drug Prevalence Rate, Incidence Rate, Needs Assessment and Trend Data

Number of Individuals Referred to the Student Conduct

	2022-2023	2023-2024
Alcohol	16	41
Controlled Substances (Drugs)	14	44

Note on Increase in Trend Data:

The significant increase in the reported incidents is attributed to the fact that the building is now at full capacity. In contrast from the last reporting during the COVID years when capacity and activity at the residence hall-Prairie Place were minimal. While the numbers may suggest a significant increase in issues, it is important to note that some reports involve multiple individuals documented for a single event (e.g., 15 students at one party). These incidents do not always result in findings of responsibility for all individuals involved.

Distribution of Information

Student Distribution

The [Student Handbook](http://www.govst.edu/studenthandbook/), which includes the Student Code of Conduct, is electronically distributed to all active students (those enrolled or eligible to enroll) at the beginning of the Fall and Spring semesters. The Student Handbook is also publicly available online : <http://www.govst.edu/studenthandbook/>. Select topics, including the Student Code of Conduct, alcohol and other drugs, and sexual violence are covered during New Student Orientation. All newly admitted undergraduate students must participate in orientation.

Employee Distribution

During the academic years of 2022-23 and 2023-24, the annual notification requirement for employees was not met.

Recommendations

Based on this review of the programs and policies related to drug and alcohol use/abuse at Governors State University, the following are recommendations for ways to improve upon the institution's compliance with the Drug Free Schools and Community Act:

- Continue to update University Alcohol Policy and cross-reference policies for clarity and consistency.
- Develop a plan for annual distribution (employees and faculty).
- Schedule an Illinois Higher Education Center (IHEC): <https://www.eiu.edu/ihec/index.php> on consultation visit to enhance or strengthen current programming, provide data to justify need for future programming, and to ensure compliance with state and federal regulations.
- Consider risk assessment tool to assess risk behavior (Alcohol EDU, E-CHUG, E-TOKE. BASICS).
- Implement empirically validated programming and identify programming objectives.
 - Collect on-going data from alcohol/drug related programming to assess outcomes/meeting of objectives.
- Develop an employee handbook that includes drug and alcohol policies and sanctions.

Summary of Strengths and Growth Areas

Strengths:

- GovState provides numerous alcohol-free event/program/activity options.
- Student code of conduct policy specifically addresses alcohol and drug use.
- Student disciplinary sanctions have been enforced.
- Campus adoption of reporting practices and utilization of Maxient for reporting has increased.

Growth Areas:

- Identification of employee codes of conduct related to alcohol and drug use.
- Alcohol and drug use/abuse prevention programming.
- Assessment of alcohol and drug use/abuse prevention programming.
- Cross department committee collaboration for the promotion of alcohol and drug-free campus.
- Employees will be distributed this information via the Civil Service Handbook.

Resources

Higher Education Center (2006). *Complying with the Drug-Free Schools and Campuses Regulations* [pdf]. Retrieved from <https://www.higheredcompliance.org/wp-content/uploads/2018/10/dfscr-hec-2006-manual.pdf>

Illinois Higher Education Center (IHEC). *Suggested biennial review format and contents*. Retrieved from <https://www.eiu.edu/ihec/BRformattemplate.docx>

National Institute on Alcohol Abuse and Alcoholism (n.d.). *College AIM: Alcohol intervention matrix*. Retrieved from <https://www.collegedrinkingprevention.gov/collegeaim/introduction>

