

Cumberland County Recovery Oriented Systems of Care (ROSC) Council Community Survey

Purpose

This survey is to measure public opinion on issues related to substance use, mental health, and recovery. The information collected will be used to identify areas for improvement in our community. Your responses are confidential so please answer the questions honestly and to the best of your ability. Thank you for completing this survey.

Definitions

We use these terms in the survey. Read them to help you answer the questions.

- **Certified Peer Recovery Specialist (CPRS):** A trained and licensed worker who has personally overcome issues related to drug and/or alcohol use or mental health struggles. They use their own life experience to support, guide, and help others find the resources they need.
- **Diversion Program:** A program that gives people who break the law a chance to get help instead of going to jail. This is mostly for people struggling with drugs or alcohol. If they follow the rules—like completing treatment, counseling, and meeting with a support worker (CPRS)—the police drop the charges. The goal is to help people change and keep the community safe.
- **Drug Overdose Prevention Program (DOPP) Site:** A public place like a library, business, or community center that has a public Narcan (Naloxone) box. These sites give out free Narcan. Narcan is a medicine that saves lives by reversing drug overdoses. Anyone can take it at any time. You do not have to answer questions or give your name.
- **Harm Reduction:** Proven ways to lower the dangers of drug use. This includes preventing overdoses and stopping the spread of diseases. It also makes it easier for people to get medical care.
- **Recovery:** A process of change where people improve their health, take control of their lives, and reach their goals.
- **Recovery Housing / Transitional Housing:** A safe, drug-free, and alcohol-free place to live in recovery. Residents support each other and follow house rules. They also get help finding jobs or moving into their own homes. It acts as a bridge between rehabilitation/treatment centers and living on your own.
- **Substance Use Disorder:** A medical condition related to drug or alcohol use. It is a medical condition where a person cannot stop using a substance, even when it harms them.

1. In your opinion, what makes it hard for people to recover from **substance use disorder** in our community? (*Check all that apply*)

☐ Lack of Resources

- ☐ Availability of Substances
- ☐ People/Environment
- ☐ Lack of Support
- ☐ Transportation
- ☐ Stigma
- ☐ Awareness/Information
- ☐ Motivation/Readiness
- ☐ Poverty/Economic Barriers
- ☐ Mental Health/Trauma
- ☐ Activities/Boredom
- ☐ Affordable Housing

2. Are you aware of where to access support for the following? (*circle yes or no*)

- Mental Health Treatment - Yes No
- Substance Use Treatment - Yes No
- Recovery Support Meetings - Yes No
- Physical Health Services - Yes No
- Legal Assistance - Yes No
- Services for Survivors of Sexual Assault or Human Trafficking - Yes No
- Domestic Violence Services - Yes No
- Family Support Services - Yes No
- Affordable Housing - Yes No
- Food Assistance - Yes No

3. Increasing the number of ***Drug Overdose Prevention Program (DOPP Sites)*** which provide access to Narcan would be beneficial to Cumberland County.

- 1 - Strongly Disagree
- 2 - Disagree
- 3 - Neither agree nor Disagree/Neutral
- 4 - Agree
- 5 - Strongly Agree

4. ***Recovery/Transitional Housing*** would be beneficial to individuals in ***recovery*** in my community.

- 1 - Strongly Disagree
- 2 - Disagree
- 3 - Neither agree nor Disagree/Neutral
- 4 - Agree
- 5 - Strongly Agree

5. What challenges do people in ***recovery*** face when trying to find housing? (*Check all that apply*)

- ☐ High cost of housing
- ☐ Discrimination or stigma
- ☐ Criminal record or past justice involvement
- ☐ Transportation or location issues
- ☐ Other: _____

6. Do you think people with **substance use disorder** should be offered treatment instead of jail time for certain non-violent offenses?

- ☐ Yes
- ☐ No
- ☐ Unsure

7. I believe partnering with the judicial system to fill in gaps to treatment for substance use and mental health would be an asset to my community.

- 1 - Strongly Disagree
- 2 - Disagree
- 3 - Neither agree nor Disagree/Neutral
- 4 - Agree
- 5 - Strongly Agree

8. What do you think are the biggest barriers that prevent people from succeeding after being involved in the justice system? (*Check all that apply*)

- ☐ Stigma or discrimination from the community
- ☐ No access to housing
- ☐ Limited job opportunities
- ☐ Criminal record restrictions
- ☐ Lack of recovery/treatment options

9. People who use drugs deserve respect.

- 1 - Strongly Disagree
- 2 - Disagree
- 3 - Neither agree nor Disagree/Neutral
- 4 - Agree
- 5 - Strongly Agree

10. People with a mental illness deserve respect.

- 1 - Strongly Disagree
- 2 - Disagree
- 3 - Neither agree nor Disagree/Neutral
- 4 - Agree
- 5 - Strongly Agree

11. Medication Assisted Recovery-MAR (which is the use of medications to treat substance use disorders, e.g., methadone or buprenorphine to treat opioid use disorder) is an effective treatment for substance use disorders.

- 1 - Strongly Disagree
- 2 - Disagree
- 3 - Neither agree nor Disagree/Neutral
- 4 - Agree
- 5 - Strongly Agree

12. It is difficult to find healthcare providers who offer Medication Assisted Recovery-MAR (which is the use of medications to treat substance use disorders, e.g., methadone or buprenorphine to treat opioid use disorder) in my community.

- 1 - Strongly Disagree
- 2 - Disagree
- 3 - Neither agree nor Disagree/Neutral
- 4 - Agree
- 5 - Strongly Agree

13. Access to naloxone (which is a harm reduction service that utilizes a life-saving medication to reverse opioid overdoses) reduces the risks caused by drug use.

- 1 - Strongly Disagree
- 2 - Disagree
- 3 - Neither agree nor Disagree/Neutral
- 4 - Agree
- 5 - Strongly Agree

14. Access to Syringe Services Programs (which is a harm reduction service that provides sterile syringes, safe disposal of syringes and injection equipment, linkage to treatment, and other supportive services to people who use drugs) reduces the risks caused by drug use.

- 1 - Strongly Disagree
- 2 - Disagree
- 3 - Neither agree nor Disagree/Neutral
- 4 - Agree
- 5 - Strongly Agree

15. It is difficult to find harm reduction services in my community.

- 1 - Strongly Disagree
- 2 - Disagree
- 3 - Neither agree nor Disagree/Neutral
- 4 - Agree
- 5 - Strongly Agree

16. It is difficult to find mental health treatment services in my community.

- 1 - Strongly Disagree
- 2 - Disagree
- 3 - Neither agree nor Disagree/Neutral
- 4 - Agree
- 5 - Strongly Agree

17. It is difficult to find substance-use treatment services in my community.

- 1 - Strongly Disagree
- 2 - Disagree
- 3 - Neither agree nor Disagree/Neutral

- 4 - Agree
- 5 - Strongly Agree

18. We should increase government funding for treatment options for mental health challenges.

- 1 - Strongly Disagree
- 2 - Disagree
- 3 - Neither agree nor Disagree/Neutral
- 4 - Agree
- 5 - Strongly Agree

19. We should increase government funding for treatment options for substance use disorders.

- 1 - Strongly Disagree
- 2 - Disagree
- 3 - Neither agree nor Disagree/Neutral
- 4 - Agree
- 5 - Strongly Agree

20. Everyone in my community can get help for mental health regardless of income level, insurance status, race, ethnicity, primary language, disabilities, gender identity, sexual orientation, or citizenship status.

- 1 - Strongly Disagree
- 2 - Disagree
- 3 - Neither agree nor Disagree/Neutral
- 4 - Agree
- 5 - Strongly Agree

21. Everyone in my community can get help for substance use regardless of income level, insurance status, race, ethnicity, primary language, disabilities, gender identity, sexual orientation, or citizenship status.

- 1 - Strongly Disagree
- 2 - Disagree
- 3 - Neither agree nor Disagree/Neutral
- 4 - Agree
- 5 - Strongly Agree

Follow the Cumberland County ROSC Council on Facebook:



For more information about the Cumberland County ROSC Council
Contact Kristina Drum: Kristinad@hourhouserecovery.org

Demographic Information

Age:

- ☐ Under 18
- ☐ 18-24
- ☐ 25-34
- ☐ 35-44
- ☐ 45-54
- ☐ 55-64
- ☐ 65 and over

Income level:

- ☐ Prefer not to say
- ☐ Under \$24,999
- ☐ \$25,000-\$49,999
- ☐ \$50,000-\$99,999
- ☐ \$100,000 and over

Gender:

- ☐ Male
- ☐ Female
- ☐ Non-Binary/Gender Non-Conforming
- ☐ Transgender
- ☐ Other
- ☐ Prefer not to respond

Location:

County: _____
Zip Code: _____

Ethnicity:

- ☐ Hispanic or Latino
- ☐ Non-Hispanic

Race:

- ☐ African American/Black
- ☐ Asian
- ☐ Caucasian/White
- ☐ Native American
- ☐ Pacific Islander
- ☐ Two or more races
- ☐ Other

Primary Language:

- ☐ English
- ☐ Spanish
- ☐ Mandarin
- ☐ French
- ☐ Arabic
- ☐ Other