

Associate in Applied Science – Sleep Technology to Bachelor of Arts in Interdisciplinary Studies

The following is presented as an articulation agreement between Moraine Valley Community College (MVCC) and Governors State University (GovState) for Interdisciplinary Studies degree program based on the current catalogs of both schools. The student would receive an Associate in Applied Science (AAS) in Sleep Technology degree from MVCC and a Bachelors of Arts (BA) degree in Interdisciplinary Studies from GovState.

I. TRANSFERABLE GENERAL EDUCATION (23 Hours)

Communications (6 hours)

- COM 101 - Composition I (3)
- COM 103 - Speech Fundamentals (3)

Humanities and Fine Arts (3 hours)

Select one from PHI 111, PHI 125 or SPA 115 (3)

Mathematics (4 hours)

- MTH 139 - Probability and Statistics (4) (Meets MATH-2100)

Physical and Life Sciences (4 hours)

- BIO 180 - Human Anatomy & Physiology I (4)

Social and Behavioral Sciences (6 hours)

- PSY 104 - Life-Span Development Psychology (3)*
- SOC-101 - General Sociology (3)

II. AREA OF CONCENTRATION/MAJOR FIELD/TECH COURSES (45 Hours)

- BIO 181 - Human Anatomy & Physiology II (4) (Meets BIOL-2210/2211)
- CIS 115 - Microsoft Office I (3)
- MRT 110 - Medical Terminology (3) (Meets HLSC-2400)
- PEH 171 - A Health Lifestyle and You (3)
- PSG 105 - Polysomnography Patient Care I (4)
- PSG 110 - Cardiopulmonary Physiology (3)
- PSG 112 - Sleep Study Scoring (2)
- PSG 115 - Polysomnography Patient Care II (4)
- PSG 120 - Sleep Technology Clinical I (4)
- PSG 125 - Pediatric Sleep (2)
- PSG 135 - Sleep Disorders (3)
- PSG 210 - Clinical Sleep Education (3)
- PSG 220 - Sleep Technology Clinical II (2)
- PSG 225 - Sleep Center Management (3)
- PSG 230 - Sleep Technology Clinical III (2)

REQUIRED A.A.S. DEGREE PROGRAM TOTAL: 63 Hours (68 as written)

* Refer to the MVCC A.A. guidelines for a list of IAI approved course choices.

Note: Students can complete up to 80 hours at MVCC by taking additional courses from Section III.

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III. TO BE TAKEN AT MVCC OR GOVSTATE (12 Hours)

Composition II Course (3) (MVCC COM 102 or GovState ENGL 1010)

Fine Arts or Humanities Course (3)*

Social and Behavioral Courses (3)*

Physical Science (3)*

**Refer to MVCC or GovState catalogs for a list of course choices in Section III.*

IV. TO BE TAKEN AT GOVSTATE (40 Hours)

IDSS 3099 - Junior Seminar: Academic Writing Strategies (3)

IDSS 3100 - Interdisciplinary Theories (3)

IDSS 3200 - Career Planning and Decision-Making (3)

IDSS 4400 - Interdisciplinary Ethics (3)

IDSS 4900 or 4910 Capstone (3)

3000 - 4000 Level General Education and Electives (25 hours)

3000/4000 Level Fine Arts Course (3)*

3000/4000 Level Electives (22)

***Students are strongly encouraged to complete a minor in a subject area.
Courses are selected with advisor assistance.***

**Refer to the GovState catalog for a list of course choices in Section IV.*

Minimum Required for BA in Interdisciplinary Studies: 120 hours

For Additional Information:

Governors State University
Jaguar Transfer Evaluator at
<https://govst.transfer.degree/>

Visit the College of Arts and Sciences at
www.govst.edu/cas

Scholarship Information at
www.govst.edu/scholarships

Moraine Valley Community College
Academic Advising
(708) 974-5721

Visit Moraine Valley Community College at
www.morainevalley.edu

GovState Transfer Guide 7/30/2026

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