

Associate in Applied Science – Sleep Technology to Bachelor of Health Sciences in Community Health

The following is presented as an articulation agreement between Moraine Valley Community College (MVCC) and Governors State University (GovState) for Community Health degree program based on the current catalogs of both schools. The student would receive an Associate in Applied Science (AAS) in Sleep Technology degree from MVCC and a Bachelors of Health Science (BHS) degree in Community Health from GovState.

I. TRANSFERABLE GENERAL EDUCATION (23 Hours)

Communications (6 hours)

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| COM 101 | - Composition I (3) |
| COM 103 | - Speech Fundamentals (3) |

Humanities and Fine Arts (3 hours)

Select one from PHI 111, PHI 125 or SPA 115 (3)

Mathematics (4 hours)

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| MTH 139 | - Probability and Statistics (4) (Meets MATH-2100) |
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Physical and Life Sciences (4 hours)

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| BIO 180 | - Human Anatomy & Physiology I (4) |
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Social and Behavioral Sciences (6 hours)

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| PSY 104 | - Life-Span Development Psychology (3)* |
| SOC-101 | - General Sociology (3) |

II. AREA OF CONCENTRATION/MAJOR FIELD/TECH COURSES (45 Hours)

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| BIO 181 | - Human Anatomy & Physiology II (4) (Meets BIOL-2210/2211) |
| CIS 115 | - Microsoft Office I (3) |
| MRT 110 | - Medical Terminology (3) (Meets HLSC-2400) |
| PEH 171 | - A Health Lifestyle and You (3) |
| PSG 105 | - Polysomnography Patient Care I (4) |
| PSG 110 | - Cardiopulmonary Physiology (3) |
| PSG 112 | - Sleep Study Scoring (2) |
| PSG 115 | - Polysomnography Patient Care II (4) |
| PSG 120 | - Sleep Technology Clinical I (4) |
| PSG 125 | - Pediatric Sleep (2) |
| PSG 135 | - Sleep Disorders (3) |
| PSG 210 | - Clinical Sleep Education (3) |
| PSG 220 | - Sleep Technology Clinical II (2) |
| PSG 225 | - Sleep Center Management (3) |
| PSG 230 | - Sleep Technology Clinical III (2) |

REQUIRED A.A.S. DEGREE PROGRAM TOTAL: 63 Hours (68 as written)

* Refer to the MVCC A.A. guidelines for a list of IAI approved course choices.

Note: Students can complete up to 80 hours at MVCC by taking additional courses from Section III.

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III. TO BE TAKEN AT MVCC OR GOVSTATE (15 Hours)

Composition II Course (3) (MVCC COM 102 or GovState ENGL 1010)

Fine Arts Course (3)*

Fine Arts or Humanities Course (3)*

Social and Behavioral Courses (3)*

Physical Science (3)*

**Refer to MVCC or GovState catalogs for a list of course choices in Section III.*

IV. TO BE TAKEN AT GOVSTATE (40 Hours)

Core Courses (28)

HLSC-3099	- Introduction to Community Health (3)
HLAD-3106	- Introduction to Epidemiology (3)
HLSC-3200	- Foundations of Environmental Health (3)
HLSC-3300	- Disparities and Cultural Awareness in Health (3)
HLSC-4100	- Health Promotion (3)
HLSC-4150	- Health Education Models and Systems (3)
HLSC-4300	- Health and Wellness Programs (3)
HLSC-4500	- Research Design in Community Health (3)
HLSC-4989	- Internship Seminar (1)
HLSC-4990	- Internship (3)

Pre-Health Professions Courses (12 hours)

Upper Division Course selected with advisor based on career goals (12)*

**Refer to the GovState catalog for a list of course choices in Section IV.*

Minimum Required for BHS in Community Health: 120 hours (123 hours as written)

For Additional Information:

Governors State University
Jaguar Transfer Evaluator at
<https://govst.transfer.degree/>

Visit the College of Health and Human Services at
www.govst.edu/cob

Scholarship Information at
www.govst.edu/scholarships

Moraine Valley Community College
Academic Advising
(708) 974-5721

Visit Moraine Valley Community College at
www.morainevalley.edu

GovState Transfer Guide 7/30/2026

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