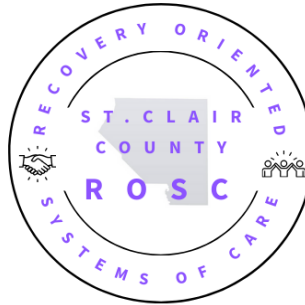


St. Clair County ROSC

Monthly Council Meeting

- Date: 1/21/2026
- Time: 10am-11am
- Location: **Hybrid, BV office, conference room 158**, 12 N 64th Street, 62221 and **Teams**, [Join the meeting now](#)
Meeting ID: 286 976 905 007 4
Passcode: 5d7DZ2xa



Attendees

- Lead ROSC Agency
 - Angella Holloway
 - Cheyney Evans
 - Conswala Jones
 - Dan Hutchison
- Statewide ROSC
 - N/A
- Members: **Via Teams**
 - Cora Hughes-Brooks, MERC board member
 - Monique Brunious, Bond/Clinton Co ROSC
 - Tracy Dones, Chestnut Health System
 - Paul Fischer, Porchlight Collective SAP
 - Jen Nagel-Fischer, Porchlight Collective SAP
 - Kevin Hopkins, E St. Louis District 189
 - Tawana Howard, St. Clair County
 - Sheridan Jordan, Take Action Coalition, Clinton Co ROSC
 - Sheena Langhauser, BJC Healthcare, Memorial
 - Mark Knott, Mad Co ROSC
 - Kirsten Peterson-Our Brother's Keeper
 - Toni Randall, Bond Co ROSC
 - Daryl Rice, Comprehensive Behavioral Health
 - Marva Rucker, Urban League, Save our Sons + Sisters
- Members: **Via In-Person, BV office**
 - Violette Book-OEND, Chestnut Health Systems
 - Megan Hall, Violence Prevention Center

St. Clair County ROSC

- Ebonye Hudson, TASC Inc.
- Joe Jackson-St. Clair Co Mental Health Board
- Kathy Kehrer, Chestnut CCE Faith & Recovery
- P.D. Van Klaveren, Fifth Street Renaissance
- Mike Luther, OEND/CHS
- Ashley Ramos, CORS/Gateway Foundation
- Michele Wasser, Gateway Foundation
- Kaitlyn Wilson- Mad Co ROSC
- Guests/Visitors:
 - Jennifer Andrews, 101 Ways (*In-person*)
 - Madeline Graham-Birth to Five IL (*via Teams*)
 - Joann Guthrie-MERS/Goodwill (*via Teams*)
 - Terri Hatter, Southern IL Health Foundation (*via Teams*)
 - Beth Hayden-Bethany Christian Services (*via Teams*)
 - Kimberly Haywood-Breaking Barriers Collectively (*via Teams*)
 - Selena J-Meditation Lounge (*In-person, Speaker*)
 - Paige Morris-Bethany Christian Services (*via Teams*)
 - Quinella Pernermon, TASC, Inc (*In-person*)
 - Jarran Riley-IL State Police (*via Teams*)
 - Kelli Roberts, Eye Housing Solutions (*In-person*)
 - Greg Santoni, TASC Inc., Deflection Supervisor (*In-person*)
 - Toni Spivey, Gateway SORS (*In-person*)
 - Chris Stanford, TASC Inc., Deflection team (*In-person*)
 - Dawn-Davis Stellwag, O'Fallon Police Dept. (*via Teams*)
 - Will Sullivan- Recovery Dharma (*via Teams*)
 - Jane Young, Age Smart (*In-person*)

Agenda Items/Next Steps:

1. **Sign-in/Welcome:** Angella and Conswala welcomed/thanked council members and community partners for supporting the ROSC council and events since start of program in July 2025. We thanked members and shared appreciation for working together to expand this council, resources and support for this area. In addition, we highlighted accomplishments and expressed personal goals for the year. Due to technical difficulties, the online members/guests were unable to see the group, however we could hear their feedback, **THANK YOU, PD for your IT assistance.**

St. Clair County ROSC

Angella posed a question during introductions to engage group on health/wellness; “Pls provide (1) success, accomplishment or goal within the first 21-days of the new year.” Each council member provided a response, including our guest speaker, Wellness/Meditation coach, Selena J! Each member had the opportunity to share and receive encouragement from the group.

- 2. ROSC updates, i.e.** The ROSC provided a program status “snapshot” of year’s data re: Community survey, sectors and goals. The ROSC discussed the data collected and how we are working to meet program goals. Encouraged council to visit the GSU website to view the Quarterly report and Strategic Plan for additional information detailing previous/current work with the SCC-ROSC. The online council were unable to view the initial snapshot; however, all members were provided with a copy after meeting.



January's Council Meeting *What's New/Updates*

Community Survey
556 completed
51%- access to Mental Health/Substance Use
17%- neutral to access services
34% of MAR supports are effective
25% access to MAR supports
69% of people who use deserve respect
76% of people with a mental illness deserve respect
STIGMA IS PRESENT, but we will work together to reduce this perception!

Community Sectors-to recruit!
PLE
Faith-Based Organization
Volunteer/Civic
Media

Goals to address Community challenges
Increase awareness of mental health, substance use, and recovery support services, with an emphasis on underserved communities, by promoting or hosting four educational public awareness events by June 30, 2026.
Release 6 stigma-reduction campaign messages to reduce stigma connected to the use of Medication Assisted Recovery (MAR) and harm reduction services by June 30, 2026.

St. Clair County ROSC

3. *Speaker, Selena J, Meditation Lounge:* After the ROSC team listened to each member reveal their responses, we reminded the council/guests how important meditation, self-care and wellness are critical to ensure overall good health. We introduced guest speaker, *Selena*, a Personal Growth & Inner Development Consultant/Spiritual Advisor, who specializes in helping people fulfill their purpose through intuitive reading, energy healing, spiritual life coaching and mediation sessions. During this exercise, *Selena* asked the group to be conscious of their mind, body and soul for the remaining time (15 minutes). Selena presented a breathing/meditation exercise, tips, and reminded us how important finding time for self-care is important.

4. *Closing remarks/thank you:*

Reminded council to find time to show up for self-daily; Selena's information was provided to follow up for continued support/resources. Requested council to write down meeting takeaways. The takeaway section will be introduced as a recap in upcoming meetings; council was encouraged to maintain Jan's agenda with information for reference.

Due to end time, we thanked the virtual members for attending and assured them that we would follow-up with meeting minutes/snapshot, but they were free to log off if needed; In-person council members were encouraged to network, share resources and exchange contact information with new partners for continued collaboration, next steps, and increase community awareness.

Final thoughts:

Next meeting date will be **February 18th**; **In person (BV-CHS office) or via Teams!** We will continue to update the committee on program changes as we continue to grow.

Thank you for attending and staying engaged!

Mission: "Build and empower recovery ready communities"

Vision: "A community working together to embrace recovery and connecting with those who seek it."