



NCCR Council

Lead Agency: PEER Services

Friday February 20, 2026

10am-11am

Zoom Meeting Information

<https://zoom.us/j/93838929203?pwd=aLuFQ1PUpLTz8Za9JzwudY6l6Ry1CR.1>

Meeting ID: 93838929203 & Password: 920920

Meeting Minutes (40 min)

Attendees

Affiliation

| | |
|-------------------------------|--|
| Rosalina Barrera-Colon | PEER Services, ROSC Coordinator |
| Deona Williams | PEER Services, RSS |
| Kenneth Bell | Chestnut, TA |
| Allie Harned D655 | Chute Social Worker |
| Erika Olandese | PEER, Community Programs Manager |
| Natalie Larson | PEER, KEY Coalition Coordinator |
| Johanna Garsenstein | Erie Health, Community Engagement Coordinator |

Topic: Leading with Compassion: Reducing Stigma and Building Friendly Recovery-Friendly Communities

Welcome and Introductions

The meeting was opened by Rosalina Barrera-Colon the ROSC program Coordinator. Due to technical difficulties and short on time for presentation, Rosalina jumped right into the introduction of guest speaker Natalie Larson from KEY coalition on behalf of PEER Services.

Discussion

Natalie Larson presented the Key Program. Presentation enlightened members of the awareness KEY brings to the youth and their parents. Natalie touched base on passing information regarding Fentanyl, Overdose, Narcan, signs of someone with Substance Use Disorder, Peer pressure among teens, and how to quit vaping, Natalie also gave a training on How to use Narcan that was very detailed and clear on her message.

Local Narcan Distribution

- Winnetka-Northfield Public Library District - Winnetka: 768 Oak St, Winnetka, IL 60093
- Winnetka-Northfield Public Library District - Northfield: 1785 Orchard Ln, Northfield, IL 60093
- Glencoe Public Library: 320 Park Ave, Glencoe, IL 60022
- Winnetka Covenant Church: 1200 Hibbard Rd, Wilmette, IL 60091

Recovery News in February

***February 7th : Hug an Addict or Alcoholic (Fosters empathy and Connection)**

-Helps to dismantle negative language and cultural barriers that keep people from seeking treatment.

***February 11th : Recovery Day (Centering Lived Experience)**

- Supports connections as peers and community, creating a sense of belonging; In return all shown to improve recovery outcomes.

***Eating Disorders Awareness Week: (National Observance)**

-Focuses on awareness, early identification, intervention, and recovery support for individuals struggling.

***Children's Mental Health Support Weeks (varies)**

-Highlighting the wellbeing of children and families impacted by trauma or parental substance use; ties into recovery support for families.

***Rare Disease Day(Feb 28)(Raises Visibility)**

-Underscores broader themes of access, care, and community support.

Resources



- **February 3, 2026**
Spiritual Practices, Pt 2
Pastor Javon Moore
- **February 4, 2026**
De-Escalation Techniques, Pt 2,
Orion Meadows
- **February 10, 2026**
Trauma-Informed Care, Pt. 2
Ashley Perkins
- **February 17, 2026**
Spiritual Practices, Pt 3
Pastor Javon Moore
- **February 19, 2026**
Trends in Substance Use
Treatment, Dr. Tanya Sorrell
- **February 23, 2026**
Cultural Competence
Dr. Obari Cartman
- **February 27, 2026**
Empowering Outreach Workers
to Sustain Well Being and
Resilience, Kenneth Osborne



- **March** - Measuring Peer Attitudes Toward Multiple Recovery Pathways: Perspectives and Implications
- **April** - Investigating Opportunities and Barriers in Peer Support Career Development and Compensation
- **May** - Supporting the Supporters: Evaluating Health and Wellbeing in the Peer Workforce

prin.uthscsa.edu/proof-and-progress-webinar

Next Meeting will be held

March 20, 2026 @ 10am

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