

# April Moultrie County ROSC Council Meeting Minutes

**When:** Tuesday, April 7th, 2026.

**Time:** 3:30 PM to 4:30 PM.

**Where:** Online (via Zoom) and Elizabeth Titus Memorial Library.

**Who:** Josh Forbes (Meeting facilitator and minutes).

## **Attendees**

### **In-person:**

Josh F. – Moultrie County ROSC Council Coordinator.

Brittany K.- Moultrie County Counseling Center.

Penny A. - Moultrie County Counseling Center.

Becky C. – Moultrie County Dove Inc. Coordinator.

Toni R. – Region 4 – ROSC Council Technical Assistant.

Patricia R. – Person with lived experience.

### **Zoom:**

Skylar M. – Coles County ROSC Council Coordinator.

Kristina D. – Cumberland County ROSC Council Coordinator.

Kristen D. – Family Guidance Center.

Jenna H. – ROSC Program Supervisor.

### **Spotlight Speakers:**

- **Brittany K.**- Moultrie County Counseling Center.
- **Penny A.** - Moultrie County Counseling Center.

Josh F. opened the meeting by thanking everyone in attendance. He then introduced the first speaker, Brittany K. Brittany thanked Josh and the ROSC council for inviting her to speak. She then explained her role in the individual placement and support, or IPS, program at Moultrie County Center for Counseling, and what that role entails. She said IPS is a research-based program and a desire-to-work program. She stated she works with clients who suffer from substance use disorder, as well as mental health issues. She stated her role is job development for the clients. Brittany said clients experience freedom through the program. By utilizing inter-agency collaboration for clients seeking services of mental health, and the IPS program, clients are able to receive multiple services based on their needs, and they also have support, which, in turn, helps increase self-esteem, and help set them up for a better chance at a long-lived career.

Brittany thanked us for allowing her to share and introduced the next speaker, Penny A. Penny opened up by saying she has been with the agency for twenty-eight years. She went on to say she works with clients on a sliding scale for financially marginalized clients. She stated there were a few different alternatives for clients to register for services through the website, or just stop in and pick up a packet. She stated that once a week, the agency holds an all-staff meeting in which clients are assigned to the best fit. She said the agency also works with the educational sector, a huge service to the youth. She stated the agency also holds a wellness reaction group and has sustained the group for fourteen years, and it is very well-received. She went on to mention the Taking Charge of Your Diabetes group, which is a six-week support and education group. She was happy to say that more clients are attending the groups, and we are reducing stigma around mental health. She ended by saying it's a joint approach, and the IPS program works!

Josh thanked them both for their share, commitment, and service to the community. Josh then asked if anyone had any questions for Brittany or Penny. Josh continued by asking Penny if they offered treatment for substance use disorder. Penny answered, " Unfortunately, we don't". She went on to say that the agency does not have anyone with a CADC, Certified Alcohol and Drug Counselor, to provide the proper clinical treatment the client would need.

## **Goals:**

- 1.) Increase awareness of available recovery resources and make them accessible to individuals in recovery by June 30<sup>th</sup>, 2026.**

- Josh stated the priorities in line to obtain goal one. Josh said he has been in the process of approval for the recovery resource guide and will be distributing them to the judicial, educational, medical, and mental health sectors. Josh also said they have a projected date for a PLE committee, Persons with Lived Experience, for May, 2026.
- 2.) By June 30<sup>th</sup>, 2026, collaborate with key Moultrie County stakeholders – including the Sheriff's Office, jail administration, the state's attorney's office, probation, local healthcare/MAR providers, and PLE's – to assess the feasibility, resources, and protocols needed to implement MAR within the Moultrie County Jail.
- Josh said he has created a Medication-Assisted Recovery brochure and has distributed it to the judicial and medical sectors in Moultrie County. Josh went on to say he has recently met with Mark I. from Moultrie County Probation, and discussed different recovery alternatives for community members on probation, who suffer from substance use disorder. Josh said Monday, April, 6<sup>th</sup> he met with the Moultrie County jail administrator and discussed MAR. He stated that the previous week, he delivered a MAR brochure to the jail administrator and the sheriff. In conversation, the jail administrator asked Josh, " How do we get this in our jail?" Josh responded by saying I will have the registration information sent to you via email. Josh then asked her if she would be interested in participating in a Q & A panel? She replied by tell me a date, and if I have enough manpower here, I will be in attendance. Josh then told her a date is still to be set, but projected for some time in June.
- 3.) By June 30<sup>th</sup>, 2028, assist in finalizing a Drug Court program in Moultrie County. Including stakeholder agreements, program framework, resource alignment, and readiness for launch.
- Josh began discussing a meeting he had with the state's attorney on Monday. He said the meeting went very well, and she is very supportive of a Drug Court program for Moultrie County. The only barriers she mentioned she foresees are that there are no treatment providers in Moultrie County. I assured her that I would do everything in my power to make it happen. That's what I do is connect the dots and explained it's a priority of mine to achieve goal three.

#### **Agency updates:**

Josh stated that we had a NARCAN training on Monday, March 23<sup>rd</sup>, from 12:00 pm– 1:00 pm at the Elizabeth Titus Memorial Library. Josh said there were five individuals in attendance. Josh went on to mention Kandis' education group still needs support, that the average attendance is

two participants a week, and we would like to see more individuals participating. It is on Mondays at the Elizabeth Titus Memorial Library, from 11 am – 12 pm.

**Upcoming event:**

Josh went on to mention, Recovery Grub-Fest which will be a family-friendly, fun-filled day. This event is open to all community members. It will be held on Saturday, June 20<sup>th</sup>, from 1 pm-5 pm at Wyman Park in Sullivan. We are beyond grateful to bring live music, recovery resources from surrounding areas, and materials to create your own tie-dye t-shirt. There will be food trucks and other vendors. It's going to be so much fun!

**March Free Laundry Day Update:**

Josh stated that the March Laundry Day at Sullivan Wash and Fold was a success. Josh also said that he and the Moultrie ROSC Council Recovery Navigator, Kandis M., were in attendance to serve the community. Josh was also pleased to announce that Moultrie County Center for Counseling's own Penny A., was in attendance to volunteer, and educate the public about the agency that she represents. The sponsor was the Moultrie County Counseling Center. Josh went on to say that they completed twenty washes, twenty-two dries, and served eleven participants. Josh mentioned the total amount of funds spent was \$137.25. Josh went on to say the next Free Laundry Day is Thursday, April 23<sup>rd</sup> at the Sullivan Wash and Fold, and it will be sponsored by Norris and Son's Tree Service, starting at 9:00 am and ending at 12:00 pm (or until funds run out). Josh then thanked everyone in attendance and adjourned the meeting.

**Next ROSC Council meeting:**

**When:** Tuesday, May 5<sup>th</sup>, 2026

**Time:** 3:30 pm – 4:30 pm

**Where:** Online (via Zoom) and Elizabeth Titus Memorial Library.

**Who:** Josh Forbes (Meeting facilitator and minutes).

**Questions/Comments/Announcements:**

**Contact emails:**

**Moultrie County ROSC Council Coordinator**

*Josh Forbes- [joshf@hourhourecovery.org](mailto:joshf@hourhourecovery.org)*

**Moultrie County ROSC Council Recovery Navigator**

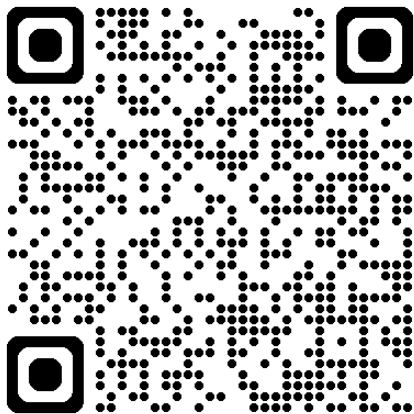
*Kandis Mills- [kandism@hourhourecovery.org](mailto:kandism@hourhourecovery.org)*

**ROSC Council Program Supervisor**

*Jenna Hays- [jennah@hourhourecovery.org](mailto:jennah@hourhourecovery.org)*

**Where to find past meeting minutes:** <https://www.govst.edu/ROSC-GSU/ROSCC>

**Moultrie County ROSC Facebook Page:**



**Next Moultrie County ROSC Council Meeting\*\***

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