



Logan/Mason ROSC Meeting Notes

May 21st, 2026

Zoom Only

Online Attendance:

- **Sam Brown**
 - Street Renaissance
- **Jeanette Davis**
 - Memorial Behavioral Health
- **Kami Garrison**
 - Chestnut Health Systems-Statewide ROSC
- **Johanna Gonzalez**
 - Illinois Department of Human Services, Division of Behavioral H
- **Dani Hernan**
 - SIU Center for Family Medicine
- **Grace Irvin**
 - Chestnut Health Systems-Logan/Mason ROSC, Logan/Mason SUP, Livingston ROSC, & BASE (Build, Amplify, Support, and Empower)
- **Molly McCain**
 - Lincoln Memorial Hospital
- **Kim Turner**
 - Logan County Crime Stoppers, Drug Court, Veterans Court, Logan County Probation, Hope on 5th Board Member
- **Dominic Valenti**
 - Chestnut Health Systems
- **Tyler Wenger**
 - Chestnut Health Systems

Old Business:

- **What is ROSC?**
 - ROSC is a coordinated network of community-based services and supports that is person-centered and builds on the strengths and resilience of individuals, families, and communities to experience recovery and improved health, wellness, and quality of life for those with or at risk of substance use and/or mental health challenges. The central focus of a ROSC is to create an infrastructure, or “systems of care”, with the resources to effectively address the full range of substance use and/or mental health challenges within communities.
- **Logan/Mason ROSC Mission Statement**



- Improving access to health, wellness, and holistic recovery options for people who are at risk of, or suffering from, substance use disorders while educating and connecting Logan and Mason counties to reduce stigma and improve recovery outcomes.

Previous Events:

- The Trifecta Training (April 23rd, 2026) in Pontiac, IL
 - Grace was a part of the Trifecta Training with the Livingston County ROSC.
 - 37 people attended.
 - 7 unique sectors reached.
 - The event received 4.75/5 stars for the Mark Sanders training.
 - The majority agreed that it was relevant to their work, the presenter was engaging and knowledgeable, and that they gained useful knowledge and skills they can apply to their work.
 - Quotes included, “Mark is a dynamic speaker”; “I appreciate Mark’s experience and examples and it’s really cool to have this locally.”
- Illinois Alliance for Drug Endangered Children Conference
 - 54 people originally registered and 4 people didn’t show up.
 - 16 Alliance members attended.
 - 66 total people attended.
 - People rated that their knowledge on the content increased prior to participating in the training.
 - The event received 4.68/5 stars was the overall rating on how useful this was to their work.
 - The event received 4.67/5 stars for overall rating of the training regarding that it was valuable and encouraging.
 - Overall feedback from the conference included that it was really informative, an opportunity to connect, educational, resourceful, reminder of what is my why, etc.
 - Suggestions for future conferences include
 - Harm Reduction
 - What communities can do?-ideas for community members to take home and give to others or start themselves.
 - How do we fill the gaps in a community to prevent and support DEC?
 - I would love to hear more about what was helpful for adults with kids struggling with addiction as a provider talking to families more family centered recovery information
 - More breakout groups



- More discussion on stigma and recovery process

Reminders/Recovery Resources:

- **Recovery Meeting Cards**

- There are updated recovery meeting flyers/cards.
- Grace has been travelling in the community and dropping them off at different locations and placing them at gas stations.
- Grace is asking gas stations if they would place business card holders and have them at the front registers.
- Grace has been stopping at gambling establishments to distribute large and business card sized meeting flyers/cards.
- Grace has also stopped at bars to pass out business card sized meeting cards. She also asked the bars if they had naloxone on hand too, which they did. She mentioned that if more was needed to contact the health department; providing test strips as well can happen too.
- Grace stopped by the marijuana dispensary in Lincoln and had a conversation with the owner and placed cards at the register there as well. The owner has done fundraising for many entities in the community.

- **Harm Reduction Resources**

- Stormy mentioned that not everyone knows how to use nasal naloxone. If they are not breathing, you must do compressions. Other forms of naloxone (injectable naloxone) may also need to be distributed to the community. Having a “How to Use” guide, that may be helpful.
- Jeanette mentioned that the vending machine at Custom Cleaners does have the instructions present, but everywhere else has instructions only on the box.
- Grace mentioned that cards are being created showing how to use naloxone and how to identify if someone needs to use it. These can be distributed to the community.
- There are also resource bags with harm reduction resources at the Logan County Jail and Mason County Jail for individuals leaving.
- Logan County FOR FREE are located at:
 - The Family Custom Cleaners (Lincoln)
 - Naloxone, Fentanyl, Xylazine Test Strips
 - Logan County Health Department (Lincoln)
 - Naloxone, Fentanyl, Xylazine Test Strips
 - 24/7 Drug Disposal Box
 - Mt. Pulaski Library District
 - Naloxone, Fentanyl, Xylazine Test Strips



- Logan County Courthouse (Lincoln)
 - Naloxone
- Hope on 5th (Lincoln)
 - Naloxone, Fentanyl, Xylazine Test Strips
- Logan County Jail Lobby (Lincoln)
 - Naloxone, Fentanyl, Benzodiazepine Test Strips, Xylazine Test Strips
- Atlanta Public Library
 - Naloxone (Upstairs and Downstairs Bathrooms)
- Elkhart Public Library
 - Naloxone, Fentanyl, Benzodiazepine, Xylazine Test Strips
- The Logan County Health Department has a drop box as well.
- **Logan County FOR PURCHASE**
 - CVS (Lincoln)
 - Naloxone
 - Walgreens (Lincoln)
 - Naloxone
- **Mason County FOR FREE**
 - Havana Public Library
 - Naloxone, Fentanyl, Xylazine Test Strips
 - Mason County Health Department (Havana)
 - Naloxone & Fentanyl Test Strips
 - Forman Valley Public Library (Manito)
 - Naloxone
 - Mason City Public Library
 - Naloxone
- **Mason County FOR PURCHASE**
 - Wolters Drug Store (Havana)
 - Naloxone
 - Mason City Pharmacy
 - Naloxone
 - Manito Pharmacy
 - Naloxone
 - CVS (Havana)
 - Naloxone



Recap of April Meeting:

- **Reframing Recovery Elevator Pitch**
 - Those who will help with distributing the boxes will be handed the elevator pitch.
- **Review of Goal 1 Progress**
- **Social Media Combining**
 - For the two Facebook accounts to be merged, they must have the same name, location, etc.
 - Grace will give it until June 1st to have the pages merged. Otherwise, the Mason County page may be deleted. People who follow the page may be given a 10-day window to follow the Logan County page.
- **Reframing Recovery Quarterly Training Brainstorming**
 - In each quarter of the fiscal year, a different topic will be focused on.
 - This quarter is medicated assisted recovery.
 - A medicated assisted recovery training will be happening; more information to come.
 - The first quarter of next fiscal year will be focused on harm reduction.
 - The second quarter will be focused on substance use disorder stigma.
 - The third quarter will be focused on socialization and recovery housing stigma.
 - For the harm reduction training, there has been discussion on doing success stories, which highlights people who have had experiences using naloxone and how that has saved their lives. This will lead up to Overdose Awareness Day. This will also be highlighted on social media.
 - There has been discussion on doing naloxone training on Overdose Awareness Day. There has also been discussion on doing naloxone training at the Recovery Walks.
 - There has been discussion about making a reel on how to use naloxone on our social media.
 - There's also a plan to go on WLCN to talk about naloxone and promote training.
 - For the substance use disorder stigma topic, Naomi suggested doing her training that she has done for BRIDGE. This training describes what substance use disorder is and includes a video to show.
 - With stigma on socialization and recovery housing, there is talk about having a living library. We would be having pop ups at different libraries in the community, having individuals share their story in a short amount of time, and having it so people could check out the person at certain



times. People will be able to walk around and choose when and who they want to listen to. There will also be a person representing recovery housing.

Goal #2 (Year 1) Progress

- By June 30, 2026, Logan/Mason ROSC will continue to increase awareness and accessibility to Medicated Assisted Recovery (MAR) services by continuing to partner with the Logan County Jail MAR Learning Collaborative meetings, creating 50 resources bags, which includes materials about MAR services, education, and MAR Now resources, for each county jail, continue to update and distribute recovery meeting cards, and host at least one MAR training.
- Continue to have a presence on the Logan County Jail MAR Learning Collaborative meetings to help support implementation of MAR services at county jail (ongoing).
- Expand MAR awareness and accessibility for individuals in the Mason County Jail by providing 50 resource bags, which include MAR materials containing information on local MAR services, MAR education, and MAR Now resources.
 - These were assembled and dropped off in quarter 2.
- Work with the RIA Community to identify content and approve the updated MAR materials by February 2026.
 - Last update on recovery cards were 3/11/26 and have been going into the community since then.
- Assemble 100 resource bags (50 for the Mason County Jail and 50 for the Logan County Jail) with the support of the RIA Community by March 2026.
 - 50 bags were distributed to Mason County Jail in quarter 2.
 - 50 bags were distributed to Logan County in quarter 1.
- Deliver 100 resource bags to each jail by March 2026.
 - 100 resource bags were delivered to both jails.
- Adjust MAR materials (if needed) by June 2026 (ongoing).
- Review resource bag distribution with Logan County and Mason County Jail staff in December 2025 and June 2026 to confirm stock and MAR materials remain available to individuals in the jail (ongoing).
- Keep updated recovery meeting cards to raise awareness of existing meetings, support organizations, and dates/times of current options by June 2026 (ongoing).
- Plan, host, and promote at least one MAR training by June 30, 2026.
 - A training is planned.



Reframing Recovery MAR Feedback:

- This quarter is the topic of MAR; the first topic was “What is MAR” and now we’re talking about the facts about MAR.
- Feedback was provided on the MAR social media campaign via meeting participants answering the following questions on Slido:
- How do we feel the MAR social media campaign is going?
 - The score was 4.3/5 stars.
- What have you learned from the MAR RR social media materials?
 - “There are multiple paths to recovery.”
 - “Can be used long term.”
 - “How it works with you brain to stabilize craving.”
 - “It provides accurate information.”
- What are some topics in Harm Reduction you would like us to focus on that you feel the community would benefit from learning about?
 - “Syringe services- still a lot of stigma.”
 - “People can see how many people they know have benefitted from MAR.”

Discussion: Jail Bags- What to Put in Them?

- Grace mentioned that it is important to be intentional about what to put in jail bags and what would be beneficial; also, what type of bag?
- Jeanette and Stormy mentioned
 - Naloxone
 - testing strips
 - meeting cards
 - rack cards of social agencies (Salvation Army and food pantries) should be included.
 - They also mentioned that partnering with Family Guidance Center, who already puts together hygiene products, would be beneficial.
- It’s good to make sure the bags aren’t too big; handle bags would work well. Even drawstring bags could work well, if we are mindful of the size.
- Stormy mentioned that if people leaving jail aren’t going straight to a recovery place, they usually return to use.
- Jeanette mentioned that people need a can opener when they leave jail. The ROSC would need to partner with someone who could provide funds to be able to purchase can openers.
- Sam mentioned that a good resource in Springfield is Visions1908. It’s a second chance program that offers a lot of different services.



- Jeanette mentioned that there are a lot of people who don't know how many people are unhoused in the community.

Upcoming Events:

- The BASE grant is hosting a free webinar series called "Handle with Care." CEUs are available for LCSW, LSW, LCPC, and for educators. The first two webinars have been completed.
 - **Kym Laube- Friday, May 29th (10:30 a.m. – 12:30 p.m.)**
 - **Keith Brotheridge (Wednesday, June 10th (10:00 a.m. – 12:00 p.m.)**
- There is a Free MAR and Recovery Stigma Training.
 - **Brent Van Ham- Friday, June 12th (1:00 p.m. – 2:00 p.m.)**
 - **Zoom Webinar**
 - **300 Spots Available**
- Memorial Health is having a "Mindful Miles" program. The Walking Challenge is free as well. You will win a T-shirt if you walk 50 miles.
- There is a free training on "How to Tell Your Story."
 - **Jeff McFadden- Tuesday, June 23rd (1:00 p.m. – 3:00 p.m.)**
 - **Hope on 5th**
- There will be a "Hidden Risks: Drug Endangered Children and Family Human Trafficking Training."
 - **Monday, June 29th (9:00 a.m. – 12:00 p.m.)**
 - **Lincoln Memorial Hospital**
 - **More Information to Come**
- The Deflection Program (BRIDGE- Building Recovery Inclusion in Dignity for Growth and Empowerment) will have their next two meetings on:
 - **Tuesday, June 2nd**
 - **Tuesday, June 16th**
 - **Tuesday, June 30th**
 - **10:00 a.m. – 11:30 a.m.**
 - **Hope on 5th or on Zoom.**
- The next HAPT meeting is:
 - **Tuesday, June 2nd**
 - **4:00 p.m. – 5:00 p.m.**
 - **Spoon River College (Havana) or Zoom**
- LMH CHC Networking Meeting
 - **Thursday, June 4th**
 - **8:30 a.m. – 10:00 a.m.**
 - **Breakfast: 8:00 a.m. – 8:30 a.m.**



- **Lincoln Memorial Hospital (In Person Only)**
- Logan County SUPS
 - **Thursday, June 11th**
 - **9:00 a.m. – 10:00 a.m.**
 - **Breakfast: 8:45 a.m. – 9:00 a.m.**
 - **Lincoln Memorial Hospital**
- The next CPAC meeting is:
 - **Thursday, June 11th**
 - **11:00 a.m. – 12:00 p.m.**
 - **Mason City Public Library (Mason City) or Zoom**
- Logan County Youth Mental Health/Brightpoint Coalition meeting is:
 - **Tuesday, June 22nd**
 - **9:00 a.m. – 10:00 a.m.**
 - **Breakfast: 8:45 – 9:00 a.m.**
 - **Lincoln Memorial Hospital (In Person Only)**
- The next Mason County Coordinating Council meeting is:
 - **Tuesday, July 21st**
 - **9:30 a.m. – 10:00 a.m.**
 - **Spoon River College (Havana)**

Contact Info:

- Grace Irvin- Prevention Coordinator
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- Tristan McGrew- Recovery Corps. Project Coordinator
 - tjmcgrew@chestnut.org ; 309-229-3921
- Nadia Klekamp- Director of Integrated Community Education
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Next Meeting:

- **Thursday, June 18th at 2:00 p.m.**
 - This meeting will be virtual only.
 - Join Zoom Meeting:
<https://zoom.us/j/93561727220?pwd=TDVsWHRJdldYWnRnb2dnVFJTaTByQT09>
 - Meeting ID: 921 3689 3688 / Passcode: 463455

End of Meeting: 3:03 p.m.