



# Logan/Mason ROSC Meeting Notes

March 19<sup>th</sup>, 2026

Zoom Only

## Online Attendance:

- **Jeanette Davis**
  - Memorial Behavioral Health
- **Kara Davis**
  - Logan County Department of Public Health
- **Ani Fox**
  - Community Member
- **Kami Garrison**
  - Chestnut Health Systems-Statewide ROSC
- **Dani Hernan**
  - SIU Center for Family Medicine
- **Ron Homann**
  - Sojourn Shelter and Services
- **Grace Irvin**
  - Chestnut Health Systems-Logan/Mason ROSC, Logan/Mason SUP, Livingston ROSC, & BASE (Build, Amplify, Support, and Empower)
- **Matt Lantgen**
  - Gateway Foundation West-Central District
- **Carmen Lanham**
  - Family Guidance Center-Regional Substance Use Prevention Integration Center (RSUPIC)
- **Lisa Latham**
  - West-Central Illinois Area Health Education Center
- **Kaytlin Lehman**
  - University of Illinois Extension
- **Tammie Rockford**
  - Sangamon County Department of Public Health
- **Nichole Tinker**
  - Trillium Place
- **Dominic Valenti**
  - Chestnut Health Systems
- **Tyler Wenger**
  - Chestnut Health Systems

## Old Business:

- **What is ROSC?**
  - ROSC is a coordinated network of community-based services and supports that is person-centered and builds on the strengths and resilience of individuals, families, and communities to experience recovery and improved health, wellness, and quality of life for those with or at risk of substance use and/or mental health challenges. The central focus of a ROSC is to create an infrastructure, or “systems of care”, with the resources to effectively address



the full range of substance use and/or mental health challenges within communities.

- **Logan/Mason ROSC Mission Statement**
  - Improving access to health, wellness, and holistic recovery options for people who are at risk of, or suffering from, substance use disorders while educating and connecting Logan and Mason counties to reduce stigma and improve recovery outcomes.

### **Past Events:**

- The Wellness Expo event happened at the Lincoln Park District.
  - Grace made about **25-30 contacts**.
  - There were about **25 new vendors** that attended the event.
- There was a free bowling event at Logan Lanes for families on March 15<sup>th</sup>.
  - This event was supported by Crimestoppers, Lincoln Memorial Hospital, and Logan/Mason ROSC.
  - There were free food and giveaways at the event.
  - About **125 people attended the event**.
  - **All 16 lanes at the bowling alley were full**.
  - This event happens every other year.
- There was a Community Health Fair in Havana on March 16<sup>th</sup>.
  - This event was through the Mason County Coordinating Council at the Havana park District gym.
  - Dominic, Grace, and Tyler attended the event and provided resources.
  - **A couple of people attended the event**.
  - There were a good number of vendors at the event.
  - There were a lot of factors that may have led people to not attending the event (ex. Voting Day).

### **Reframing Recovery:**

- During the meeting, the Logan/Mason ROSC council brainstormed an elevator pitch for the Reframing Recovery boxes.
  - The Reframing Recovery boxes have been put together.
  - Reframing Recovery is part of the Logan/Mason ROSC Stigma Reduction Campaign.
  - The purpose of the Stigma Reduction Campaign is to reduce the stigma within the community. This was noticed by the annual Logan/Mason ROSC community survey. Reducing stigma is part of the strategic plan for the Logan/Mason ROSC.



- The purpose of the Reframing Recovery boxes is to get naloxone into the community, reduce stigma around recovery, and provide resources to local businesses in the community. The flyers were not having enough of an impact, meaning that people were not seeing them.
- When people are giving the Reframing Recovery boxes out, the ask is for a frame to be within them and that they are placed where people can see it.
- There will be a window cling saying, “Proud to support recovery.” The ask is to place this near a window where there will be a lot of customer traffic.
- There would be an ask to take a snapshot or video of people saying their name and/or business name. People may have to get permission for this. They would say that they support recovery in Logan and Mason County.
- A video will be put together to showcase all the places that have Reframing Recovery boxes and are supporting the campaign.
- To create the elevator speech, it was asked how one would describe what the ROSC does.
- The top three priorities of the Logan/Mason ROSC is: Reducing stigma, promoting MAR and other evidence-based services, and promoting harm reduction in the community.
- Two breakout groups were formed to put together an elevator speech for distributing Reframing Recovery boxes to businesses in the community.
- An elevator speech should be about a minute or less and should be a concise summary of who you are, what you do, and why it matters. It should end with a call to action. There needs to be an introduction, the problem that you’re working on, the solution to the problem, and the call to action.
- An elevator speech also should not have acronyms or jargon.
- One group created the following elevator speech: “Recovery Oriented Systems of Care or ROSC is a group of people and organizations coming together to work with one another and support recovery in our community. We have three main goals, which are reducing stigma, increasing access to treatment options, and promoting harm reduction. We focus on meeting people where they are, promoting multiple pathways to recovery, and helping individuals take meaningful steps toward recovery. We also host community events, such as sober social activities. We would like to invite you to attend our monthly council meeting. Please set this toolkit out in your business and feel free to direct others to our Facebook page.”
- The main points of the elevator speech of another group were as follows: “We have a solid core group of partners and we’re wanting to expand it. When we are approaching a business, we want to make it personable, telling them why we are part of the ROSC and if you’re a person with lived experience. Then, homing in on reducing stigma and promoting harm reduction services. Also,



mentioning MAR as an evidence-based practice. We would emphasize that you are part of a larger effort, that this is community-oriented, and if you would like to help in any way, just a little help will have a big impact. Hope is the collaboration of helping everyone understand that their support will help shatter the stigma.”

- **Reframing Recovery Boxes Locations:**

- These locations would likely welcome a Reframing Recovery box at their location:

- Spoon River College
- All libraries
- Guest House- Frames at every table
- Logan County Probation
- Mason County Probation
- Hope on 5<sup>th</sup>
- Arlee Theater
- Subway in Mason City
- Havana Park District
- Both health departments
- Heartland Community College
- All in Wellness in Havana, IL
- Memorial Behavioral Health
- Mason District Hospital
- Mason District Hospital Senior Services
- Lincoln Police Department
- Mason City Pharmacy
- Manito Pharmacy
- WLCN
- Wolters Drug Store
- Community Action
- Manito Hardware and Tire Center
- Sword and Board in Havana, IL
- Heaven Scent in Havana, IL

**Reminders/Recovery Resources:**

- The Logan/Mason ROSC has new and improved meeting flyers and cards in Logan and Mason County. The cards have been sent to the printers and are in the process of being printed. These will be out into the community soon.



- There are two resource guides, [logancounyresources.org](http://logancounyresources.org) and [masoncountyresources.org](http://masoncountyresources.org), that encompasses several services within those communities.
  - Resource Directory cards are available if you would like some.
  - If you have any information that needs to be updated on the Resource Directories, you can fill out the forms that are on the front page.
- Harm reduction resources (naloxone, fentanyl test strips, xylazine test strips, and benzo test strips) in Logan County are located at
  - The Family Custom Cleaners (Lincoln)
  - Logan County Health Department (Lincoln)
  - CVS (Lincoln) (For purchase)
  - Mt. Pulaski Library District
  - Walgreens (Lincoln) (For purchase)
  - Logan County Courthouse (Lincoln)
  - Hope on 5<sup>th</sup> (Lincoln)
  - Logan County Jail Lobby (Lincoln)
  - Atlanta Public Library
  - The Logan County Health Department has a drop box as well.
  - There are also resource bags with harm reduction resources at the Logan County Jail for individuals leaving.
- There are harm reduction resources in Mason County at
  - Havana Public Library
  - Mason County Health Department (Havana)
  - Forman Valley Public Library (Manito)
  - Mason City Public Library
  - Wolters Drug Store (Havana) (For purchase)
  - Mason City Pharmacy (For purchase)
  - Manito Pharmacy (For purchase)
  - CVS (Havana) (For purchase)

### **Upcoming Events:**

- The Deflection Program (BRIDGE- Building Recovery Inclusion in Dignity for Growth and Empowerment) will have their next meeting on
  - **Tuesday, March 24 2026**
  - **10:00 a.m. – 11:30 a.m. at Hope on 5<sup>th</sup> or on Zoom.**
- The next Recovery in Action Meeting is **TBD.**
  - These meetings take place on the second Tuesday of every month, but there is a training on the upcoming scheduled meeting time, so it may need to be moved to a different day.



- There is a Peer Support and Clinical Collaboration: Integrating Lived Experience to improve outcome on
  - **Wednesday, March 25, 2026**
  - **8:30 a.m. – 4:40 p.m.**
  - **M.G. Nelson Family Auditorium, Edgar J Curtis Memorial Learning Center in Springfield, IL.**
- There is a Let's Get Together Again: A Celebration of Peer Recovery Support Specialists on
  - **Tuesday, April 7, 2026**
  - **9:00 a.m. – 4:00 p.m.**
  - **Heartland Community College in Normal, IL.**
- There is an Alcohol and Cannabis Prevention Policy Summit on
  - **Tuesday, April 14, 2026**
  - **8:30 a.m. – 4:30 p.m.**
  - **LEAS Training Center, U of I in Urbana, IL.**

### **Additional Feedback/Updates**

- Matt Lantgen mentioned that Gateway has availability for males with all funding sources (Medicaid, etc.) for immediate intake upon screening at the facility. They are available to do intakes over the weekend as well.

### **Contact Info:**

- Grace Irvin- Prevention Coordinator
  - [gcirvin@chestnut.org](mailto:gcirvin@chestnut.org) ; 309-451-7776
- Tristan McGrew- Recovery Corps. Project Coordinator
  - [tjmcgrew@chestnut.org](mailto:tjmcgrew@chestnut.org) ; 309-229-3921
- Nadia Klekamp- Director of Integrated Community Education
  - [nfklekamp@chestnut.org](mailto:nfklekamp@chestnut.org) ; 309-824-3765

### **Next Meeting:**

- **Thursday, April 16<sup>th</sup> at 2:00 p.m.**
  - This meeting will be virtual only.
  - Join Zoom Meeting:  
<https://zoom.us/j/93561727220?pwd=TDVsWHRJdldYWnRnb2dnVFJTaTByQT09>



- Meeting ID: 921 3689 3688 / Passcode: 463455

**End of Meeting:** 3:00 p.m.