



Logan/Mason ROSC Meeting Notes

April 16th, 2026

Zoom Only

Online Attendance:

- **Abby Behrens**
 - Prevent Child Abuse Illinois
- **Sam Brown**
 - Street Renaissance
- **Jeanette Davis**
 - Memorial Behavioral Health
- **Kristin Davis**
 - Family Guidance Center-Regional Substance Use Prevention Integration Center (RSUPIC)
- **Kami Garrison**
 - Chestnut Health Systems-Statewide ROSC
- **Ron Homann**
 - Sojourn Shelter and Services
- **Grace Irvin**
 - Chestnut Health Systems-Logan/Mason ROSC, Logan/Mason SUP, Livingston ROSC, & BASE (Build, Amplify, Support, and Empower)
- **Lori Jackson**
 - SIU Center for Family Medicine
- **Danielle Kelly**
 - Oxford House
- **Carmen Lanham**
 - Family Guidance Center-Regional Substance Use Prevention Integration Center (RSUPIC)
- **Lisa Latham**
 - West-Central Illinois Area Health Education Center
- **Molly McCain**
 - Lincoln Memorial Hospital
- **Dominic Valenti**
 - Chestnut Health Systems
- **Tyler Wenger**
 - Chestnut Health Systems
- **Naomi Willis**
 - Meadowview Behavioral Hospital

Old Business:

- **What is ROSC?**
 - ROSC is a coordinated network of community-based services and supports that is person-centered and builds on the strengths and resilience of individuals, families, and communities to experience recovery and improved health, wellness, and quality of life for those with or at risk of substance use and/or mental health challenges. The central focus of a ROSC is to create an



infrastructure, or “systems of care”, with the resources to effectively address the full range of substance use and/or mental health challenges within communities.

- **Logan/Mason ROSC Mission Statement**
 - Improving access to health, wellness, and holistic recovery options for people who are at risk of, or suffering from, substance use disorders while educating and connecting Logan and Mason counties to reduce stigma and improve recovery outcomes.

Past Events:

- The Mason County Coordinating Council hosted a health fair at Havana Junior High School.
 - There were **198 5th-8th grade students** that attended.
 - The health fair happened from **8:00 a.m. – 2:30 p.m.**
 - Grace and Tyler set up tables at the health fair.
 - Students were interested in answering questions and receiving resources and other items.
 - Other agencies present included Mason County Probation, Mason District Hospital, Spoon River College, Emergency Services, and others.

Reminders/Recovery Resources:

- **Recovery Meeting Cards**
 - Grace will be putting in another order for Recovery Meeting cards and flyers. If you need any more cards and/or flyers, let Grace know. Grace will drop them off at your location and provide card holder stands if you'd like.
- **Resource Directory Cards**
 - There are two resource guides, logancounyresources.org and masoncountyresources.org, that encompasses several services within those communities.
 - Resource Directory cards are available if you would like some.
- **Harm Reduction Resources**
 - There are also resource bags with harm reduction resources at the Logan County Jail and Mason County Jail for individuals leaving.
 - Logan County FOR FREE are located at:
 - The Family Custom Cleaners (Lincoln)
 - Naloxone, Fentanyl, Xylazine Test Strips



- Logan County Health Department (Lincoln)
 - Naloxone, Fentanyl, Xylazine Test Strips
 - 24/7 Drug Disposal Box
- Mt. Pulaski Library District
 - Naloxone, Fentanyl, Xylazine Test Strips
- Logan County Courthouse (Lincoln)
 - Naloxone
- Hope on 5th (Lincoln)
 - Naloxone, Fentanyl, Xylazine Test Strips
- Logan County Jail Lobby (Lincoln)
 - Naloxone, Fentanyl, Xylazine Test Strips
- Atlanta Public Library
 - Naloxone
- The Logan County Health Department has a drop box as well.
- **Logan County FOR PURCHASE**
 - CVS (Lincoln)
 - Naloxone
 - Walgreens (Lincoln)
 - Naloxone
- **Mason County FOR FREE**
 - Havana Public Library
 - Naloxone, Fentanyl, Xylazine Test Strips
 - Mason County Health Department (Havana)
 - Naloxone & Fentanyl Test Strips
 - Forman Valley Public Library (Manito)
 - Naloxone
 - Mason City Public Library
 - Naloxone
- **Mason County FOR PURCHASE**
 - Wolters Drug Store (Havana)
 - Naloxone
 - Mason City Pharmacy
 - Naloxone
 - Manito Pharmacy
 - Naloxone
 - CVS (Havana)
 - Naloxone



- Social Media
 - Grace has been posting on social media all the different places people can receive free harm reduction resources within the community. Please share these on social media if you have been seeing the posts.

Reframing Recovery:

- Grace put together the two Reframing Recovery elevator speeches that were created during the last Logan/Mason ROSC meeting. Here is the updated elevator speech:
 - Recovery Oriented Systems of Care, or ROSC, is a community coalition working together to support recovery and shatter stigma around substance use. We bring together people, organizations, and businesses like yours to advance three core goals: reducing stigma, increasing access to treatment, and promoting harm reduction through evidence-based practices like medication-assisted recovery. We meet people where they are, support multiple pathways to recovery, and host community events like sober socials to build connection. ***(ADD YOUR PERSONAL TOUCH (I'm part of the ROSC because.. Or As someone with lived experience in recovery and/or mental health..))*** **Here's what we need is partners like you!** We'd love to place a reframing recovery box in your business, filled with resources and information community members can take and share. When you run low, we'll replenish it. You're not just providing materials; you're part of a larger movement to transform how our community understands and supports recovery. **Join us. Together, we can turn hope into action.**
- The elevator speech serves the purpose of providing agencies, stakeholders, libraries, and health departments in the community with a Reframing Recovery box.
- The boxes have resources such as business cards, meeting invites, naloxone, test strips, resource directory cards, meetings cards, and other educational information.
- Grace will send out an email asking for volunteers to hand out Reframing Recovery boxes to businesses.
- The elevator speech will be printed for people going into businesses and there will be a plan in place for the businesses to attend.
- There are **30 Reframing Recovery boxes** that are currently almost fully put together.

Logan/Mason ROSC Goals:



- During the meeting, the council was reminded of the current Logan-Mason ROSC goals that are being addressed:
 - **Goal 1:**
 - To address stigma of individuals who use substances in Logan and Mason Counties, the ROSC will increase awareness and recovery education by: hosting one PLE-focused event annually; assisting the Recovery in Action (RIA) committee to deliver one workshop on sharing recovery stories; supporting recovery groups to coordinate at least two community events; and implementing the Reframing Recovery (RR) campaign by distributing 50 RR Boxes, educational materials, and planning one training on the three RR topics, by June 30, 2026.
 - **Goal #1 (Year 1) Progress:**
 - Finalize distribution plan, recipient list, and educational materials for the next Reframing Recovery campaign by March 30, 2026.
 - Established at last ROSC Meeting
 - Hold campaign planning meetings at least twice a month through June 30, 2026.
 - In Progress
 - Launch and promote Reframing Recovery materials through social media, local media, and community events by March 30, 2026 (in progress).
 - Been promoting RR materials through social media, local media and community events.
 - Launched new materials April 1, 2026!
 - Assemble and distribute the first round of the 50 Reframing Recovery Boxes to existing stakeholder organizations by June 30, 2026.
 - 90% of assembly is done with boxes. Waiting on a couple materials from agencies.
 - Record the Reframing Recovery video highlighting box recipients by June 30, 2026 (not started yet).
 - Plan, host, and promote at least one training based on one of the three RR topics by June 30, 2026.
 - Meeting set April 17, 2026, to schedule MAR training with SIU Medicine! More info to come!
 - Identify at least one training for each of the three remaining Reframing Recovery topics by June 30, 2026, including the target audience for each.
 - MAR Training with SIU Medicine (TBD on other three).



- Host one event (either in-person, hybrid, or virtually) with a focus on PLE having an increased voice in the direction of the recovery work and of the obstacles people in recovery face in Logan/Mason counties by June 30, 2026.
 - Breaking Barriers 8/9/2025.
 - Naloxone Saves Lives: A Panel Discussion 8/31/2025.
 - Logan and Mason County Recovery Walks 9/20/2025 & 9/27/2025.
- Encourage and assist recovery groups to coordinate different events to promote unity and have at least two of these types of events by June 30, 2026.
 - Breaking Barriers 8/9/2025.
 - Valentine's Day Event 2/14/2026.
 - Bowling Event 3/15/2026.
- Host one workshop on sharing personal recovery stories through the Recovery in Action (RIA) committee by June 30, 2026.
 - Meeting set with Faces and Voices 4/22/2026.

Reframing Recovery Training Brainstorming:

- During the meeting, the council was asked to help brainstorm for Reframing Recovery trainings for the Logan/Mason ROSC during quarter 1 (July 1st – September 30th) of next fiscal year.
 - The next training is “What is Harm Reduction?”
 - Basic every day harm reduction will be highlighted throughout the training (seat belts, etc.).
 - Other trainings will be “Test Strips” and “Naloxone.”
 - These trainings will highlight where harm reduction materials are located within the community.
 - Another possible training would be “Success Stories.”
 - This may highlight a person who have had experiences of using naloxone. This may be in the form of a post of a short clip of how naloxone saved their life. This would be like the “Overdose Awareness Day” panel discussion. Also, a thought is to have naloxone training on that same day.
 - Naloxone trainings at the Recovery Walks would be another idea.
 - Ron mentioned that a podcast or a Facebook reel showing people what to do and how to use naloxone may be a good idea.



- Adding QR codes for the public to access these trainings and find where they are located may be helpful as well.
- Another idea is for Grace and someone else to record an interview with WLCN in Lincoln. The interview would be discussing naloxone and providing a training on how to use naloxone.
- During quarter 2 (October 1st – December 31st), a couple of trainings will be scheduled.
 - One training will be “Substance Use Disorder” and the other will be “Shatterproof.”
 - Shatterproof is a website that has several resources about addiction.
 - This was created after a father lost his son to addiction and wanted to prevent other families from experiencing what he did.
 - There is a memorial page for those who have been lost to addiction. It doesn’t take a lot of effort to create a memorial. It can be helpful to create awareness that this page exists.
 - Naomi mentioned that she would be willing to together materials similar to what she did with the Bridge launch.
 - For the Deflection Program, Naomi gave a presentation, which started with a video on the foundations and neuroscience of addiction. This would make it easier for people to understand that we’re dealing with something that’s not a choice.
 - If you have any ideas that are specifically for reducing stigma, please let the Logan/Mason ROSC know.
- During quarter 3 (January 1st – March 31st), there will be a stigma (socializing/recovery housing) training available.
 - A lot of the data from the ROSC community survey showed the need for socialization and recovery housing. There was resistance to having recovery housing, such as Oxford House, in the community.
 - Living Libraries is a potential event that could be hosted.
 - A Living Library would include a list of people that are willing to share their personal story. This would include people with lived experience sharing their story at libraries in the community. There would be a time limit and parameters on what story they are sharing. Either at the event or outside of the event, there could be someone there representing recovery housing.

Social Media:

- A question was posed on whether to combine Logan County and Mason County Facebook and Instagram accounts for ROSC into one page that includes both counties.



- The Logan County Facebook page has **572 followers**.
- The Mason County Facebook page has **184 followers**.
- The overlap is **62 followers**.
- Jeanette mentioned that when the ROSC Facebook pages were started, the idea was to create enough momentum in each county, so that both counties would have an RCO.
- Kristin mentioned that more traffic may be possible if they were combined.
- The council members agreed that the two accounts should be combined.
- Grace will be working on doing that and have updates at the next meeting.

Upcoming Events:

- The Livingston County ROSC is hosting a training by Mark Sanders. The training is called “The Trifecta: Addressing the Intersection of Mental Illness, Substance Use Disorder and Process Addictions.” There is limited seating, but walk-ins are available.
 - **Thursday, April 23rd**
 - **1:00 p.m. – 4:00 p.m.**
 - **Pontiac, Illinois**
- The BASE grant is hosting a free webinar series called “Handle with Care.” CEUs are available for LCSW, LSW, LCPC, and for educators.
 - **Lisa Wingert- Tuesday, April 28th (10:30 a.m. – 12:00 p.m.)**
 - **Jay Hughes- Wednesday, May 13th (1:00 p.m. – 2:00 p.m.)**
 - **Kym Laube- Friday, May 29th (10:30 a.m. – 12:30 p.m.)**
 - **Keith Brotheridge (Wednesday, June 10th (10:00 a.m. – 12:00 p.m.)**
- There is the “Illinois Alliance for Drug Endangered Children Conference” with a registration fee of \$50. CEUs will be available for LCSW, LSW, and LCPC.
 - **Tuesday, May 12th**
 - **Memorial Learning Center**
 - **Springfield, Illinois**
- Memorial Health is having a “Mindful Miles” program. The Kickoff Party will have a build-your-own trail mix station and yoga, which is all free. The Walking Challenge is free as well. You win a t-shirt if you walk 50 miles.
 - **Thursday, April 30th from 5:00 p.m. – 7:00 p.m. (Kickoff Party)**
- The Deflection Program (BRIDGE- Building Recovery Inclusion in Dignity for Growth and Empowerment) will have their next two meetings on:
 - **Tuesday, April 21st**
 - **Tuesday, May 19th**
 - **10:00 a.m. – 11:30 a.m. at Hope on 5th or on Zoom.**
- The next Recovery in Action meeting is:



- **Tuesday, May 19th**
- **4:30 p.m. – 6:00 p.m.**
- **Hope on 5th or on Zoom.**
- The next HAPT meeting is:
 - **Tuesday, May 5th**
 - **4:00 p.m. – 5:00 p.m.**
 - **Spoon River College (Havana) or Zoom**
- The next CPAC meeting is:
 - **Thursday, May 14th**
 - **3:15 p.m. – 4:45 p.m.**
 - **Mason City Public Library (Mason City) or Zoom**
- The next Mason County Coordinating Council meeting is:
 - **Tuesday, May 19th**
 - **9:30 a.m. – 10:00 a.m.**
 - **Spoon River College (Havana)**

Contact Info:

- Grace Irvin- Prevention Coordinator
 - gcirvin@chestnut.org ; 309-451-7776
- Tristan McGrew- Recovery Corps. Project Coordinator
 - tjmcgrew@chestnut.org ; 309-229-3921
- Nadia Klekamp- Director of Integrated Community Education
 - nfklekamp@chestnut.org ; 309-824-3765

Next Meeting:

- **Thursday, May 21st at 2:00 p.m.**
 - This meeting will be virtual only.
 - Join Zoom Meeting:
<https://zoom.us/j/93561727220?pwd=TDVsWHRJdldYWnRnb2dnVFJTaTByQT09>
 - Meeting ID: 921 3689 3688 / Passcode: 463455

End of Meeting: 3:02 p.m.