

Recovery Oriented System of Care



Hardin/Pope ROSC Council Meeting Minutes

Date: March 19th, 2026 | 11:30 AM – 12:30 PM

Location: Online at www.bit.ly/HardinPopeROSC
In-Person at 125 Market St., Golconda, IL

Last Meeting's Minutes: [February Minutes](#)

Meeting Attendance

In-Person

1. Cammy Duggins, Hardin/Pope ROSC Council Coordinator
2. Tracy Morrow, Assistant Director of Prevention Services
3. Daniel Bell, Community Member/Family Member
4. Bunny Lee, Community Member/Person with Experience
5. David Griswold, Community Member/Person with Experience
6. Leisa Burns, Community Member/Business

Online

1. Emily Middleton, Senior Program Director – Prevention and Advocacy
2. Matthew Hafford, Youth Serving/Arrowleaf SUPS
3. Ty Bechel, Sana Lake Recovery
4. Melissa Brown, Community Member/Person with Experience/Arrowleaf SUPR
5. Haley Hopkins, Prevention First/OLRC
6. Jennifer Worthen, Southern Seven Health Department
7. David Alvarez, Prevention First/OLRC
8. Heather Rash, CASA of Southeastern Illinois
9. Bev Holland, ROSC Region 5 TA
10. Brent Van Ham, SIU School of Medicine/RSS
11. Jessica Atkinson, LSSI Regional Licensing Specialist
12. Laken Gallo, Guardian Family Services
13. Aldwin Anterola, SIU
14. Amber Mulkins, Person with Experience/Arrowleaf SUPR
15. Angela Towne, SIU School of Medicing/RSS
16. Jessica Marczewski, TAT Perry/Jackson ROSC

- 17. Madelyn Shephard, Meridian Healthcare
- 18. Rochelle Morgan, CHESI

Welcome and Introductions

- All attendees introduced themselves. New attendees were acknowledged.

Arrowleaf ROSC Vision

- A community system that supports and encourages individuals and families seeking or maintaining recovery for themselves or a loved one

Arrowleaf ROSC Mission

- Collaborating to build, foster, and empower communities of recovery
- Alone by Maya Angelou – read by Cammy

Old Business

- SAFE (Supplies. Access. Facilitation. Education), a program of Arrowleaf has joined ROSC's Facebook page.
 - Council attendees reviewed the SAFE program operated by Arrowleaf. SAFE is a comprehensive harm reduction approach designed to meet people where they are and empower them with the tools and support they need to stay safe and build a better future. The program is dedicated to reducing overdose deaths and supporting individuals who use substances through compassionate, trauma-informed, and peer-led care.
 - Robyn reviewed the range of resources available through SAFE including: safe smoking kits, clean syringes, testing strips, providing direct connection to community resources, naloxone kits, hygiene kits, etc.
 - [Click to view the program flyer](#) and visit <https://www.facebook.com/groups/arrowleafrosc/> for more information
- Strategic Plan Review Continued – [Link to view](#)
 - Attendees continued to review the Strategic Plan, focusing on upcoming activities related to strengthening collaborative involvement across the council. Discussion centered on increasing member engagement through shared outreach efforts, including participating collectively in community events, working together to update and expand the community resource guide, and distributing outreach materials to reinforce the message that recovery is possible.

Discussion Topics

- Resource Review

- [Community Resource Guide](#) Review
 - Members are asked to review the Community Resource Guide ahead of the meeting as we continue to identify any resources that need to be added, updated, or corrected. During the meeting, the council will review the guide together, discuss gaps, and discuss our plan to distribute the updated guide in the coming months.
 - What resources could we be missing that our community needs to know about?
 - Areas for focus with the council support:
 - Drug Disposal Location – page 9
 - Social and Human Services – page 18-23
 - Mental Health Treatment – pages 24 and 25
 - Substance Use Treatment – pages 26 and 27
 - Family and Recovery Support Groups – pages 28 and 29
 - Adding online resource tools – walking you through how to get comfortable with going into therapy
 - Easy from-your-desk options for self-care:
 - [Touch Pianist - Tap in Rhythm and Perform Your Favourite Music](#)
 - [Thisissand](#)
 - [Free Online Sand Tray by Dr Karen Fried](#)
 - [Free Online Dollhouse by Dr Karen Fried](#)
- Group Resource Discussion – highlighting Lutheran Social Services of Illinois with speaker Jessica Atkinson.
 - As of this date, there are 16,249 kids in DCFS care in Illinois. Traditional foster home placements are difficult to establish and are highly needed. Jessica reviewed the qualifications and expectations to become a foster parent, explaining that traditional homes are typically when there is no prior relationship to the child. Interested individuals must be at least 21 years old, complete finger printing and a background check. The process is usually completed over 5 visits with the licensing worker.
 - The group discussed how substance use involved families and children are at a higher rate of utilization for child welfare services, including children being placed in foster home settings. Increasing foster home placements, especially traditional placements, helps families impacted by their children being placed out of the home, have a way for families to work towards reunification while the caregivers access needed services.
 - For more information on the process to become a foster placement, visit: <https://www.lssi.org/services/children-youth-and-families/foster-care/>

- **Upcoming Events**

- Recovery Oriented Practices in Nature Training
 - Scheduled for Monday, May 4th from 9 AM to 4 PM at Camp Ondessonk. Register to attend by April 27th:
www.bit.ly/ROPINTraining
- Dignity Fair
 - Scheduled for June 10th from 10 AM to 2 PM at Vienna City Park
 - Vendor registration: www.bit.ly/dignityfair26

Announcements

- Upcoming Events
 - **ROSC Council Member Announcements/Events**
 - New updates sheet for council meetings: [click here.](#)

Other Announcements

- SMART Recovery – Open Door online recovery meetings ([see flyer](#))
 - Meeting Thursdays from 6 PM – 7 PM

Next Meeting –

- **Thursday, April 9th** from 11:30AM to 12:30PM
 - 125 Market St., Golconda, IL or www.bit.ly/HardinPopeROSC

Directions from Golconda to Camp Ondessonk

125 N. Market St., Golconda, IL to



