

# Recovery Oriented System of Care



## Hardin/Pope ROSC Council Meeting Agenda

**Date:** February 12<sup>th</sup>, 2026 | 11:30 AM – 12:30 PM

**Location:** Online at [www.bit.ly/HardinPopeROSC](http://www.bit.ly/HardinPopeROSC)  
In-Person at 125 Market St., Golconda, IL

### Meeting Attendance

#### In-Person

1. Cammy Duggins, Hardin/Pope ROSC Council Coordinator
2. Tracy Morrow, Assistant Director of Prevention Services, Arrowleaf
3. Emily Middleton, Senior Program Director – Prevention and Advocacy
4. Dave Griswold, Community Member/Person with Experience

#### Online/Teams

1. Jessica Atkinson, Lutheran Social Services of Illinois
2. Bev Holland, ROSC Region 5 TA
3. Quinn McBride, Arrowleaf/MHAT/SAFE
4. David Alvarez, Prevention First/Training and Technical Assistance Specialist
5. Amber Mulkins, Arrowleaf/STOP
6. Haley Hopkins, Prevention First
7. Amber Mulkins, Arrowleaf/STOP
8. Melissa Smith, Arrowleaf/SUPR-SAFE Coordinator, Community Member
9. Matthew Hafford, SUPS Community Advocate
10. Robyn Barkley, SAFE/Person With Lived Experience
11. Michelle Buckley, Oxford House
12. Rochelle Morgan, CHESI

### **Welcome and Introductions**

Introduction of new Assistant Director of Prevention Services (and Cammy's supervisor) - Tracy Morrow

### **Arrowleaf ROSC Vision**

- A community system that supports and encourages individuals and families seeking or maintaining recovery for themselves or a loved one

## Arrowleaf ROSC Mission

- Collaborating to build, foster, and empower communities of recovery

## Old Business

- Brent Van Ham, Program Coordinator of CRSSD SIU School of Medicine presented “Brief Look at the Landscape.”
- Began a review of the Strategic Plan
  - [Link to view](#)

## Discussion Topics

- SAFE (Supplies. Access. Facilitation. Education), a program of Arrowleaf has joined ROSC’s Facebook page.
  - Council attendees reviewed the SAFE program operated by Arrowleaf. SAFE is a comprehensive harm reduction approach designed to meet people where they are and empower them with the tools and support they need to stay safe and build a better future. The program is dedicated to reducing overdose deaths and supporting individuals who use substances through compassionate, trauma-informed, and peer-led care.
  - Robyn reviewed the range of resources available through SAFE including: safe smoking kits, clean syringes, testing strips, providing direct connection to community resources, naloxone kits, hygiene kits, etc.
    - [Click to view the program flyer](#) and visit <https://www.facebook.com/groups/arrowleafrosc/> for more information
- Strategic Plan Review Continued – [Link to view](#)
  - Attendees continued to review the Strategic Plan, focusing on upcoming activities related to strengthening collaborative involvement across the council. Discussion centered on increasing member engagement through shared outreach efforts, including participating collectively in community events, working together to update and expand the community resource guide, and distributing outreach materials to reinforce the message that recovery is possible.

## Announcements

- **Moving March Council meeting to the 3<sup>rd</sup> Thursday of the month – March 19 at 11:30 AM** due to participation of several council members at the SIDAC Conference on March 12 & 13.
- [Upcoming Events](#)

- Southern Illinois Drug Awareness Conference (SIDAC) on March 12 & 13 in Carbondale, including a collaborative presentation by ROSC, MHAT, & SIU.
- Collaborating with various agencies to plan Child Abuse Prevention events in April for Hardin and Pope Counties as well as other southern Illinois counties.
- Community Stigma Event – March 25th
- Drug Take-Back Day is April 25<sup>th</sup>.
- Collaborating with SIRN (Southern Illinois Recovery Network) to help plan and participate in a conference at Southeastern Illinois College on May 22, 2026.
- May Mental Health Awareness Month – looking for options for a wellness retreat that could include retreat at Camp Ondessonk. Potential dates: May 4 or May 11.
- Other upcoming events of ROSC members and partners
- **ROSC Council Member Announcements/Events**
  - New updates sheet for council meetings: [click here.](#)

#### **Other Announcements**

- SMART Recovery – Open Door online recovery meetings ([see flyer](#))
  - Meeting Thursdays from 6 PM – 7 PM

#### **Next Meeting – Moving the next meeting to the 3<sup>rd</sup> Thursday!**

- **Thursday, March 19<sup>th</sup>** from 11:30AM to 12:30PM
  - 125 Market St., Golconda, IL or [www.bit.ly/HardinPopeROSC](http://www.bit.ly/HardinPopeROSC)