

# FY 26 Strategic Plan

ComWell ROSC

Randolph and Washington Counties

## Council Mission:

Preventing substance misuse by youth and adults and supporting recovery activities in Southern Illinois.

## Council Vision:

Healthy Communities in Randolph and Washington Counties focused on prevention and recovery free of stigma and without judgement.

## Community Need Overview:

Randolph and Washington Counties in Illinois are rural mostly farming communities. According to the US Census Bureau 2024:

	<b>Randolph</b>	<b>Washington</b>
<b>Total Population</b>	<b>29,921</b>	<b>13,564</b>
<b>Households</b>	<b>11,945</b>	<b>5,795</b>
<b>Owned home</b>	<b>76.6%</b>	<b>84.1%</b>
<b>Bachelors+ Education</b>	<b>15.2%</b>	<b>23.5%</b>
<b>Veterans</b>	<b>1,891</b>	<b>997</b>
<b>Individuals with disability</b>	<b>16.7%</b>	<b>9.5%</b>
<b>Poverty level</b>	<b>14.7%</b>	<b>7.3%</b>
<b>White</b>	<b>88.4%</b>	<b>96.5%</b>

Randolph County residents have access to door to door public transportation within Randolph and Monroe Counties through Monroe Randolph County Transit. However, the hours are limited to weekday hours only and individuals needing to call in advance to arrange the transportation. Washington County residents have much less access to public transportation. Some parts of the county have South Central Transit that have fixed routes to some areas. However, this does not cover the entire county. Neither of these options run on the weekend or in the evening.

According to the ROSC FY26 Community Survey:

- 25% of respondents reported not being aware of mental health resources in their area

- 32 % of respondents reported not being aware of substance use disorder resources in their area
- 54 % of respondents agreed that Medication Assisted Recovery is an effective treatment for substance use disorder
- 36% of respondents reported knowing how to access Medication Assisted Recovery in their community
- 38% of respondents reported that it is difficult to find mental health or substance use treatment services in their community

These answers underscore the urgency of building a coordinated, recovery-ready ecosystem.

## **Communication/Outreach Plan:**

### **1. Audience: Community Members in Randolph and Washington Counties**

#### **Communication Goal:**

*By June 30, 2028, community members will be aware of efforts to establish the ROSC Council and understand how to participate in meetings and access information. The Council will also achieve representation from all sectors and reflect the diversity of both counties.*

#### **Action Plan:**

- The ROSC Council Coordinator and members will conduct ongoing outreach to:
  - Law enforcement
  - Faith-based organizations
  - Recovery groups
  - Schools
  - Businesses
  - Community organizations
- Invite community members to attend meetings and become involved in Council efforts
- Implement marketing strategies, including:
  - Newspaper advertisements
  - Social media campaigns
  - Participation in community events
  - Flyers and posters distributed throughout the counties

### **2. Audience: Businesses, Law Enforcement, and Government Offices in Randolph and Washington Counties**

#### **Communication Goal:**

*By June 30, 2027, establish partnerships with at least 20 businesses, government agencies, and law enforcement organizations to host NARCAN One Boxes/NARCAN Wall Boxes and distribute recovery-oriented educational materials. These efforts aim to increase awareness, reduce stigma, and expand harm reduction services.*

#### **Action Plan:**

- ROSC Coordinator and Council members will:
  - Build relationships with:
    - Local businesses
    - Police departments
    - Health departments
    - Courthouses
    - Government offices
  - Develop formal partnerships for placement of NARCAN boxes
- Partner organizations will:
  - Allow installation of NARCAN One Boxes/NARCAN Wall Boxes

- Take responsibility for maintaining and refilling NARCAN supplies
- Provide educational materials focused on recovery and harm reduction

### **3. Audience: Community Members in Randolph County**

#### **Communication Goal:**

*Encourage community participation in the Recovery Community Garden, with an opening date of May 1, 2026.*

#### **Action Plan:**

- Promote the garden through:
  - Newspaper advertisements
  - Social media
  - Flyers
  - Word-of-mouth outreach

### **4. Audience: First Responders, ROSC Council Members, and Community Members in Randolph and Washington Counties**

#### **Communication Goal:**

*By June 30, 2028, increase awareness of recovery resources and reduce stigma associated with substance use disorder.*

#### **Action Plan:**

- ROSC Coordinator and Council members will:
  - Attend community events
  - Host Recovery Month events
- Develop and distribute 100 Recovery Resource Toolkits
- Provide training on:
  - Substance Use Disorder (SUD) basics
  - Crisis response
  - Harm reduction strategies
  - Withdrawal and overdose risk
  - NARCAN administration

## **Council Goals, Objectives, and Outcome Measures:**

### **Goal #1-Year One:**

*Establish a collaborative network to ensure effective service delivery for underserved populations in Randolph and Washington Counties by June 30, 2026.*

### **Objectives/Strategies (Year One):**

- Create a centralized regional recovery referral directory by February 2026
- Develop partnerships with hospitals, EDs, treatment centers, recovery homes, peer groups, other ROSC councils by June 2026.
- Create or update MOUs with hospitals, EDs, treatment centers, recovery homes, peer groups, and other ROSC councils by June 2026.
- ROSC Coordinator will be trained in Evidenced Based Programs by March 2026.
- Collaborate with community partners to develop a standardized warm hand-off protocol by June 2026.
- Train ComWell staff in trauma-informed, recovery-focused care June 2026

### **Outputs/Outcome Measures (Year One):**

- MOUs created and signed.
- Number of contacts with referrals and contacts.
- Developed warm hand-off protocol developed with treatment partners and ROSC
- Developed recovery referral directory
- Successful completion, by staff monthly of evidence-based trainings provided by subject-matter experts throughout FY 2026.
- Number of individuals assisted by warm handoff protocol by all participating partners

**Goal #1-Year Three:** *Through networking, establish a working relationship with local transit provider (such as MRTD) to ensure reliable access to recovery supports by FY 2028.*

### **Objectives/Strategies (Year Three):**

- Integrate public transportation into recovery navigation by June 2028
- Develop a system of data sharing between collaborative partners
- Continue to host meetings between collaborative partners to increase coordination efforts

### **Outputs/Outcome Measures (Year Three):**

- Number of contacts with public transit representatives like MRTD
- Number of individuals accessing public transportation
- MOUs created and signed
- Creation of data system
- Reduced silos

**Goal #2-Year One:** *Build awareness and partnerships in the community to reduce stigma and increase harm reduction services by June 30, 2026.*

### **Objectives/Strategies (Year One):**

- Create a Recovery Community Garden by May 2026
- Perform monthly community outreach with community members, businesses, and sector representatives over the course FY 26
- Obtain sponsors and partners to fund and maintain Recovery Community Garden for years to come.
- Continue to create/update MOUs with new and existing partners

Outputs/Outcome Measures (Year One):

- Number of contacts with referrals and community resources
- Number of NARCAN One boxes distributed and partnerships created
- Number of NARCAN wall boxes distributed and partnerships created
- Number of individuals participating in Recovery Community Garden

**Goal #2-Year Three:** *Provide ongoing and evolving education and training on Evidence Based Programs to crisis department, first responders, and coalition members by June 30, 2028.*

Objectives/Strategies (Year Three):

- Provide training crisis department, first responders, coalition members, and community members annually on SUD basics, crisis response, and harm reduction reducing stigma and access to resources by June 30, 2028.
- Provide training to crisis department, first responders, coalition members, and community members annually on withdrawal/overdose risk and NARCAN administration by June 30, 2028.
- Distribute 100 Crisis Recovery Resource Toolkits to first responders, community members, coalition members, and community business.
- Create updated resource kits for first responders, community members, coalition members, and community business.
- Continue to build upon engagement in Recovery Community Garden

Outputs/Outcome Measures (Year Three):

- Number of individuals trained in each training
- Number of toolkits distributed
- Reduced silos
- Number of individuals involved in Recovery Community Garden

**Goal #3-Year One:** *Put building blocks together for a ROSC Council that is representative of the community being served by June 30, 2026.*

Objectives/Strategies (Year One):

- Hold monthly meetings with focus on building relationships with new community partners and growing the ROSC Council by June 30, 2026.
- Increase involvement of individuals with lived experience and across all sectors adding members on the ROSC Council.

- Hold coalition meetings to coordinate efforts to have set strategic plan, plan activities and engage in the work of recovery in Randolph and Washington Counties. Will also start to educate on stigma and recovery.

Outputs/Outcome Measures (Year One):

- Number of ROSC meetings
- Number of new/active members
- Number of members with lived experience and across different sectors being represented.

**Goal #3-Year Three:** *Ensure sustainability, growth, and robust ecosystem within ROSC Coalition by June 30, 2028.*

Objectives/Strategies (Year Three):

- Maintain monthly ROSC Council meetings with structured agendas
- Implement annual satisfaction and effectiveness surveys within Council
- Maintain compliance with state reporting requirements for each deadline
- Build Recovery Month partnerships for awareness purposes by 2027
- Support peer certification (CRSS) pathways for ROSC council members that are interested

Outputs/Outcome Measures (Year Three):

- Number of Council meetings
- Number of satisfaction surveys and results
- Level of compliance with reporting requirements
- Recovery month partnerships and awareness
- Number of council members who have participated in CRSS training