



ComWell ROSC Council Meeting Minutes  
Meeting Date: 04/23/2026

PRESENT: NAME & ROLE		SECTOR
Rhonda Lagois ROSC Coordinator		Staff
Beverly Holland TA ROSC Region 5		Support
Meagan McGlasson IRC		Community Org.
Sandy Prange ComWell Value-Based Care Coordinator		Staff
Rhonda Wilson HCA Support Chair, NAMI-SW		Community Org.
Destiny Sanford, NAMI-SWI		Community Org./PWLE
Angie Hayes		PLE
Shannon Glaser Pastor at Home Church		Faith Based
Teena Turner, Coulterville Unit School Teacher		Education
Angie Zang		Community Org./Faith Based
ITEM	DISCUSSION	TIMELINE & RESPONSIBLE PERSON(S)
<b>Welcome &amp; Introduction</b>		
<b>Update from Recovery Chili Cook Off</b>	Recovery Chili Cook-off was held on April 18 <sup>th</sup> at Home Church. Four groups prepared & shared chili with the 30-40 attendees. Tony Glaser walked away with this year's award. Hoping to make this an annual event.	
<b>Volunteer Updates</b>	<p>ComWell's ROSC Council has partnered with the Better Together Support group to assemble "Care Kits" containing personal care items for individuals who are struggling financially.</p> <p>Mollie assembled care kits for Randolph Co &amp; also purchased additional supplies – <i>thank you Mollie</i> A volunteer will come on Monday to assemble care kits for Washington Co.</p>	<p>Please let Rhonda L know if you want Care Kits to distribute</p> <p>Sandy will prepare &amp; share a new "Needs List" after care kits are done</p>
<b>Recovery Community Garden (RCG)</b>	<p>May 1<sup>st</sup> is the grand opening of the Recovery Community Garden with ribbon cutting at 12 noon. Mom &amp; Pops pizza will be on site selling pizza. This event has been widely advertised. Signage is up and a banner will direct people back to the garden area behind Home Church. Rhonda L is checking on status of picnic table &amp; has access to HCA/ComWell canopies. Shannon has some tables/chairs that can be available for that day. She will also have Home Church open.</p>	<p>Please plan to attend &amp; show support on May 1st</p> <p>Volunteers are needed to put weeds</p>

	Rhonda W asked if Chester Maintenance might be able to deliver a few picnic tables. Shannon shared that the garden is thriving and people are excited about it.	Rhonda L. will contact Chester maintenance re: picnic tables
<b>May is Mental Health Awareness Month</b>	Green is the color representing Mental Health. Rhonda L has some green banners. Destiny shared that NAMI will be placing green ribbons plus QR codes around the community. Rhonda W suggested we could also decorate poles. Agreed to promote both NAMI & ComWell mental health services.	Rhonda L will call Sparta, Chester & Steeleville to see if we can put up décor in support of MH  Destiny will call Rhonda L to coordinate
<b>4<sup>th</sup> of July parade in Steeleville</b>	The council is still interested in participating in Steeleville's 4 <sup>th</sup> of July parade. Rhonda L has a truck and trailer that can be decorated. Candy can be thrown out. Further discussion at next meeting.	Rhonda L will put together budget for candy to present to HCA Exec committee.
<b>HCA Quarterly Event "Riverfest – Walk the Path of Recovery &amp; Hope"</b>	September 19 <sup>th</sup> from 4-8 pm will be the next HCA event Rhonda L has reached out to several individuals in WC and meets with the chamber on 7/14. Several locations were considered but Memorial Park may be the best choice as it is in town and has several pavilions. Rhonda will contact them to reserve the space. WC EMA worker will supply food truck. 0-60 band will play music; band member leads CR and is a person in recovery. They will provide their own equipment. Rhonda L has asked some Nashville people to assist with event and asked drug court graduates to share their testimonies. Lori Sea does face painting. Resource tables will be set up according to where they fit in the River Story.	Rhonda L. will put together a budget to present to HCA Exec committee.  Rhonda L is working to contact news, radio & TV station
<b>Other</b>	Rhonda L recently attended State ROSC in Normal, IL and made some good connections  SIRN conference will be held on May 22 <sup>nd</sup> @ Southeastern IL College in Harrisburg  Meagan suggested reaching out to local farm bureau for support of our events. She also stated that kids' temp tattoos are a cost effective alternative to face painting.  Rhonda W shared that SIU-C has farm grant funds – previous contact was Karen Stahlman	
<b>Next Meeting</b>	Next meeting: Tuesday, May 14 <sup>th</sup> at 4:00 p.m.	