

Community Resource List FY26

Coles County ROsc Council

Region: ROsc Region 4

Agency: Hour House

ROsc County: Coles County

Contacts

- **ROsc Coordinator:** Skylar Miller
- **ROsc Recovery Navigator:** Megan Ballard
- **ROsc Program Supervisor:** Jenna Hays

Purpose of the Community Resource List

To identify and document the resources, strengths, and support systems within a community, such as organizations, services, and individuals, that can be leveraged to address community needs, promote well-being, and foster sustainable development.

Community Asset Directory

Appendix A: Substance Use Disorder and Co-Occurring Disorders Resources.....	1
Appendix B: Medication-Assisted Recovery (MAR Services)	3
Appendix C: Healthcare.....	4
Appendix D: Licensed Substance Use Disorder (SUD) and Co-Occurring Disorders (Mental Health and Substance Use) Prevention and Treatment Resources	6
Appendix E: Recovery Support Services & Groups	8
Appendix F: Peer Recovery Support Professionals	10
Appendix G: Mental Health & Substance Use	10
Appendix H: Recovery Residences.....	12
Appendix I: Housing Support	14
Appendix J: Education Support	14
Appendix K: Providers for Justice Support and Legal Supports	15
Appendix L. Harm Reduction.....	17
Appendix M: Community Resources and Assets.....	19

Appendix A: Substance Use Disorder and Co-Occurring Disorders Resources

Chestnut Health System

A leader in substance use disorder treatment, offering a variety of programs including residential, outpatient, and aftercare.

Location: 1003 Martin Luther King Jr. Dr., Bloomington, IL 61704

Phone: 888-924-3786

Website: www.chestnut.org

Hours: Monday–Friday: 8:00 AM–5:00 PM

Comprehensive Connections

Offers a variety of behavioral health services, including substance use and co-occurring disorder treatment programs.

Location: 16342 N IL HW 37, Mount Vernon, IL 62864

Phone: 618-242-1510 X4

Website: www.compconnect.org

Hours: Monday–Friday: 8:00 AM–5:00 PM

Elements at Crossing Health

A leader in substance use disorder treatment, offering a variety of programs including residential, outpatient, and aftercare.

Location: 420 E. Central Ave., Decatur, IL 62524

Phone: 217-877-9117

Website: www.crossinghealthcare.org

Hours: Monday–Friday: 8:00 AM–5:00 PM

Gateway Foundation: Warm Hand Off Program

Sarah Bush Lincoln Health Center

Places addiction treatment specialists inside emergency departments and med-surg floors, leading more people to lifesaving treatment.

Location: 1000 Health Center Drive, Mattoon, IL 61938

Phone: 217-258-2525

Website: www.gatewayfoundation.org/news/gateway-foundation-expands-addiction-recovery-into-26-illinois-hospitals/

SBL Website: [Welcome | Sarah Bush Lincoln](#)

Hours: Open 24/7

Gateway Foundation Springfield

Offers comprehensive substance use treatment programs, including residential and outpatient care.

Location: 2200 LK Victoria Dr., Springfield, IL 62703

Phone: 217-529-9266 X2670

Website: www.gatewayfoundation.org

Hours: Monday–Friday: 8:00 AM–5:00 PM

Heritage Behavior Health Center

Offers a full continuum of mental health and substance use disorder treatment services, including crisis response.

Location: 151 N Main St., Decatur, IL 62523

Phone: 217-362-6262

Website: www.heritagenet.org

Hours: Monday–Friday: 8:00 AM–5:00 PM

Heritage- Living Room Program

The Living Room Program (LRP) is for individuals in need of a crisis respite program with services and supports designed to proactively divert crises and break the cycle of psychiatric hospitalization. The LRP provides a safe, inviting, home-like atmosphere where individuals can calmly process the crisis event, as well as learn and apply wellness strategies which may prevent future crisis events.

Location: 151 N Main St, Decatur, IL 62523

Phone: 217-362-6262

Website: www.heritagenet.org/livingroom

Hours: Offers services 24/7

Hour House

Provides residential treatment, outpatient services, and support for individuals in recovery from substance use disorders.

Location: 635 Division Street, Charleston, IL 61920

Phone: 217-348-8108

Website: www.hourhouserecovery.org

Hours: Monday–Friday: 8:30 AM–4:30 PM

The Pavilion

A mental health and substance use disorder treatment hospital offering inpatient care and crisis intervention services.

Location: 809 W Church St., Champaign, IL 61820

Phone: 618-373-1700

Website: www.pavilionhospital.com

Hours: Open 24/7

Rosecrance Inc. Moreland

Specializes in evidence-based substance use and mental health treatments, including outpatient and residential care.

Location: 2302 Moreland Blvd., Champaign, IL 61822

Phone: 815-391-1000

Website: www.rosecrance.org

Hours: Monday–Friday: 8:00 AM–5:00 PM

Appendix B: Medication-Assisted Recovery (MAR) Services

Bloomington Normal Treatment Center

Provides MAR, including methadone and buprenorphine treatments to support recovery efforts.

Location: 303 Landmark Dr. Suite 2-B, Normal, IL 61761

Phone: 309-808-2388

Website: <https://baymark.com/riverwood-treatment-locations/>

Hours: Monday–Saturday: 5:00 AM–1:00 PM

Carle Bromenn Medical Group – Family Medicine

Offers MAR services integrated with family medicine to support patients managing substance use disorders.

Location: 1302 Franklin Ave Suite 1100, Normal, IL 61761

Phone: 309-268-2727

Website: <https://carle.org/locations/carle-bromenn-medical-center>

Hours: Monday–Friday: 8:00 AM–5:00 PM

Chestnut Health Systems

Offers MAR and comprehensive addiction recovery services.

Location: 702 Chestnut St., Bloomington, IL 61701

Phone: 309-827-6026

Website: <https://www.chestnut.org/>

Hours: Monday–Friday: 8:00 AM–5:00 PM

Sarah Bush Lincoln Health Center

A regional hospital offering comprehensive health care, including emergency services and specialized treatments.

Location: 1000 Health Center Drive, Mattoon, IL 61938

Phone: 217-258-2525

Website: [Welcome | Sarah Bush Lincoln](#)

Hours: 24/7

SIHF Healthcare (Charleston)

Provides primary care, dental, and behavioral health services to individuals and families.

Location: 626 West Lincoln Avenue Charleston, IL 61920

Phone: 217-345-7702

Website: www.sihf.org

Hours: Monday–Thursday: 7:00am to 5:00pm, Friday: 8:30 AM–5:00 PM

SIHF Healthcare (Mattoon)

Provides primary care, dental, and behavioral health services to individuals and families.

Location: 700 Broadway Ave. E #39, Mattoon, IL 61938

Phone: 217-234-3091

Website: www.sihf.org

Hours: Monday–Friday: 8:30 AM–5:00 PM

Appendix C: Healthcare

Care Horizon, INC

Provides health and community services, including care coordination and support.

Location: 845 18th St., Charleston, IL 61920

Phone: 217-348-3011

Website: <https://www.carehorizon.org/>

Hours: Monday–Friday: 8:00 AM–5:00 PM

Carle Medical Center

Offers comprehensive medical care, including emergency services.

Location: 200 Lerna Rd. South, Mattoon, IL 61938

Phone: 217-258-5900

Website: <https://carle.org/>

Hours: Monday – Friday, 7:30 AM – 4:00 PM

Coles County Community Health Center

A Federally Qualified Health Center (FQHC) providing primary care services to patients of all ages.

Location: 700 Broadway Avenue East, Suite 39, Mattoon, IL 61938

Phone: 217-234-3091

Website: <https://tutera.com/location/mattoon-rehabilitation-health-care-center/>

Hours: Monday-Friday: 8:30 AM - 5:00 PM

Coles County Health Department

A public health agency offering services such as the Special Supplemental Nutrition Program for Women, Infants, and Children (WIC) to promote and protect community health.

Location: 753 Windsor Road, Charleston, IL 61920

Phone: 217-348-0530

Website: <https://colesco.illinois.gov/cchd/>

Hours: Monday-Friday: 8:30 AM - 4:30 PM

HSHS Medical Group

Offers a range of healthcare services, including primary and specialty care, as part of the Hospital Sisters Health System.

Location: 101 Coles Centre Pkwy, Mattoon, IL 61938

Phone: 217-540-2300

Website: <https://www.hshs.org/medical-group>

Hours: Monday-Friday, 8:30 AM - 4:30 PM

Sarah Bush Lincoln Hospital

A regional hospital offering comprehensive health care, including emergency services and specialized treatments.

Location: 1000 Health Center Dr., Mattoon, IL 61938

Phone: 217-258-2525

Website: www.sarahbush.org

Hours: 24/7

Sarah Bush Lincoln Walk-In Clinic (Charleston)

Provides walk-in medical care for minor illnesses and injuries.

Location: 2040 Lincoln Ave., Charleston, IL 61920

Phone: 217-345-2030

Website: www.sarahbush.org

Hours: Monday–Friday: 8:00 AM–6:00 PM; Saturday: 9:00 AM–12:00 PM

Sarah Bush Lincoln Walk-In Clinic (Mattoon)

Offers convenient walk-in medical care for non-emergency health needs.

Location: 200 Dettro Drive, Mattoon, IL 61938

Phone: 217-238-3000

Website: www.sarahbush.org

Hours: Monday–Friday: 8:00 AM–6:00 PM; Saturday: 9:00 AM–12:00 PM

SIHF Healthcare (Mattoon)

Provides primary care, dental, and behavioral health services to individuals and families.

Location: 700 Broadway Ave. E #39, Mattoon, IL 61938

Phone: 217-234-3091

Website: www.sihf.org

Hours: Monday–Friday: 8:30 AM–5:00 PM

SIHF Healthcare (Charleston)

Offers a wide range of healthcare services, including behavioral health support and medication assisted recovery.

Location: 626 W. Lincoln Ave., Charleston, IL 61920

Phone: 217-345-7702

Website: www.sihf.org

Hours: Monday–Friday: 8:30 AM–5:00 PM

Willow Breeze Hospice House

Provides hospice care services focusing on comfort and quality of life for patients with terminal illnesses. Please note that the availability of services and operating hours may vary. It's advisable to contact the providers directly or visit their websites for the most current information.

Location: 10660 County Road 800 N, Mattoon, IL 61938

Phone: 217-258-1090

Website: <https://www.sarahbush.org/willow-breeze/>

Hours: Monday-Friday, 8:30 AM - 4:00 PM

Appendix D: Licensed Substance Use Disorder (SUD) and Co-Occurring Disorders (Mental Health and Substance Use) Prevention and Treatment Resources

Addiction Recovery Center at Carle Health Proctor Hospital

Services: Dual diagnosis; Detox, Adult SUD residential, MAR

Location: 5409 N. Knoxville Ave, Peoria, IL

Website: <https://trilliumplacehealth.org>

Phone: (309) 691-1055

Hours: Open 24/7

Comprehensive Behavioral Health Center

Services: Adult SUD residential, MAR, living room, drop in center for unhoused M-F 10am-4pm

Location: 505 S. 8th St., East St. Louis, IL

Phone: (618) 482-7330

Website: <https://cbhc1.org>

Hours: Monday- Friday 8:00am to 5:00pm

Chestnut Health Systems

Services: Dual-diagnosis, Detox, Adult crisis residential, Adult SUD residential, Adult psychiatric residential, MAR; Crisis line: 618-877-0316

Location: 2148 Vadalabene Dr., Maryville, IL

Phone: (888) 924-3786

Website: <https://chestnut.org>

Hours: Monday-Friday, 8:00am to 5:00pm

Chestnut Family Health Systems

Services: Adult psychiatric & SUD residential, Adolescent psychiatric, Crisis stabilization, MAR
Crisis line: 618-877-0316

Location: 702 W. Chestnut St., Bloomington, IL

Phone: (888) 924-3786

Website: <https://chestnut.org>

Hours: Monday- Wednesday, 8:00am to 5:00pm

Thursday, 8:00am to 7:00pm

Friday, 8:00am to 5:00pm

Comprehensive Connections

Services: Detox, Adult residential, Intensive outpatient, Outpatient

Location: 16338 N. IL HW 37, Mount Vernon, IL

Phone: (618) 242-1510 ext. 4

Website: www.compconnect.org

Hours: Monday-Friday, 8:00am to 5:00pm

Family Guidance Centers Inc.

Men and Women's Residential Treatment, Outpatient, Short-term Stabilization Services

Monday-Friday, 8:00am to 4:30pm

Location: 102 N Eleventh St. Springfield, IL 62703

Phone: 217-544-9858

Website: www.fgcinc.org

Gateway Addiction Treatment Centers

Provides men rehabilitation, women rehabilitation, gambling addiction, DUI programs and classes, medication assisted recovery, addiction therapy services, triumph program for working professionals, family support and LGBTQ+.

Open 24/7

Location: 2200 Lake Victoria Dr., Springfield, IL 62703

Phone: 855-944-3797

Website: www.gatewayfoundation.org

Heritage Behavior Health Center

This facility provides residential treatment, outpatient services and medication assisted recovery (MAR).

Monday-Friday, 9am to 5pm

Location: 151 N Main St., Decatur, IL 62523

Phone: 217-362-6262

Website: www.heritagenet.org

Hour House

Women's residential, outpatient, intensive outpatient, recovery home for women with children, men's residential, outpatient, intensive outpatients, men's recovery homes, adolescent outpatient services, MAR.

Location: 635 Division Street, Charleston, IL 61920

Phone: 217-348-8108

Website: www.hourhouserecovery.org

Hours: Monday-Friday, 8:00am to 5:00pm

Rosecrance Inc. Moreland

Contact 24/7 for more information or to inquire about services

Detoxification, Medication Assisted Recovery, Intensive Outpatient, Sober Living, Residential Treatment for Adolescents and Adults.

Location: 2302 Moreland Blvd. Champaign, IL 61822

Phone: 217-767-4286

Website: www.rosecrance.org

Hours: Can contact 24/7 for information on services

The Pavilion

Services: Dual-diagnosis, Adult SUD residential,

intensive outpatient, outpatient; Adolescent psychiatric residential, intensive outpatient.
Location: 809 W Church St., Champaign, IL 61820
Phone: (800) 373-1700
Website: www.pavilionhospital.com
Hours: 24/7

Trillium Place Crisis Center

Services: Walk-in Detox
Phone: (309) 689-3081
 Walk-in Mental Health Crisis & Living room
Phone: (309) 671-8084
Location: 130 N. Richard Pryor Place, Peoria, IL
Hours: 24/7

Trillium Place Young Minds Center

Ages 4-17 yrs. *Residential psychiatric*
Location: 2223 W. Heading Ave, Peoria, IL
Phone: (309) 570-1800
Hours: Monday-Friday, 8:00am to 6:00pm
 Saturday, 11:00am to 6:00pm
 Sunday, 8:00am to 6:00pm

Appendix E: Recovery Support Services & Groups

AA- East Central Illinois District 12 Alcoholics Anonymous

Supports individuals and families affected by substance use disorders by coordinating recovery-oriented services.

Phone: 217-373-4200 (24/7 hotline)

Website: <http://aa-eci.org/>

Al-Anon Family Groups

Provides support for family and friends affected by someone else's drinking.

Phone: 888-425-2666

Website: <https://al-anon.org/>

Hours: Call for meeting times or visit the website.

B.A.S.E.

Promotes the well-being of young people through evidence-based prevention and recovery initiatives in Coles and Douglas Counties.

Location: 635 Division Street, Charleston, IL 61920

Phone: 217-348-8108

Website: www.hourhouserecovery.org

Hours: Monday–Friday: 8:30 AM–4:30 PM

Celebrate Recovery

A biblically based approach that helps participants achieve long lasting recovery. Weekly online meetings available.

Website: <https://celebraterrecovery.com/>

Contact: Nick Olson, Opioid Director Olsonnmo@gmail.com

Meetings:

- **Family Worship Center** 5475 Lerna Rd., Mattoon, IL
 - Tuesdays @ 6:30 PM

Coles County Recovery Oriented System of Care (ROSC) Education Groups

Supports individuals and families affected by substance use disorders by coordinating recovery-oriented resources and education.

Location: 513 N. 13th Street Mattoon, IL 61938

Phone: Recovery Navigator- Megan Ballard-217-549-7516

Website: <https://hourhouserecovery.org/rosc-advisory-council-1>

Illinois Family Resource Center

A statewide project, funded by the DHS: Division of Substance Use Prevention and Recovery, for the purpose of ensuring family involvement in all aspects of family and community services within the Illinois substance use disorder treatment system.

Location: 513 N 13th Street, Mattoon, IL, 61938

Phone: (217) 258-6018

Website: <https://illinoisfamilyresources.org>

Narcotics Anonymous

Narcotics Anonymous provides a recovery process and support network inextricably linked together. One of the keys to NA's success is the therapeutic value of addicts working with other addicts. Members share their successes and challenges in overcoming active addiction and living drug-free productive lives through the application of the principles contained within the Twelve Steps and Twelve Traditions of NA.

Phone: (800) 539-0475

Website: www.nbana.org

National Alliance on Mental Illness (NAMI) Family Support and Connection Recovery Group

Provides support groups for families and individuals impacted by mental illness and co-occurring disorders.

Location 1: Chestnut Health Systems, 1003 Martin Luther King Dr., Bloomington, IL 61701 (1st and 3rd Saturdays of the month)

Location 2: West Olive Faith United Methodist Church, 1306 W. Olive St., Bloomington, IL 61701 (Last Saturday of the month)

Phone: 309-828-7052

Website: <https://www.nami.org/>

SMART Recovery Support Group

A science-based mutual aid program for people overcoming addictions.

Website: www.smartrecovery.org

Hours: Online meetings available; check the website for times.

The Warm Line

Provides peer support and mental health assistance by phone.

Phone: 866-359-7953

Website: <https://www.warmline.org/>

Hours: Monday–Friday: 8:00 AM–5:00 PM

Appendix F: Peer Recovery Support Professionals

Coles County ROSC

Supports individuals in recovery through peer-led initiatives and connections to resources.

Location: 513 N. 13th Street, Mattoon, IL 61938

Contact: Skylar Miller, Coles County ROSC Coordinator

Phone: 217-549-7427

Hours: Monday–Friday: 8:00 AM–5:00pm

Community Outreach & Recovery Supports (CORS)

A comprehensive support to youth, families, and adults facing housing insecurity, substance use disorder, and opioid use disorder, helping them achieve stability and recovery through community-based services.

Location: 635 Division St, Charleston, IL 61920

Phone: 217-348-8108

Website: <http://hourhouserecovery.org>

Hours: Monday-Friday, 8:00 AM - 5:00 PM

Hour House

Provides peer recovery coaching and community reintegration support.

Location: 635 Division Street, Charleston, IL 61920

Phone: 217-348-8108

Website: www.hourhouserecovery.org

Hours: Monday–Friday: 8:00am to 5:00pm

LifeLinks

Provides mental health services and support for individuals with co-occurring disorders.

Location: 750 Broadway Ave. East Mattoon, IL 61938

Phone: 217-238-5700

Website: <http://www.lifelinksinc.org>

Hours: Monday-Friday, 8:30 AM - 4:30 PM

Appendix G: Mental Health & Substance Use

Abbcon Counseling

SUD Treatment Services

Location: 201 N Logan St SUITE A, Mattoon, IL 61938

Phone: (217) 317-2089

Website: <https://abbconcounseling.com/>

Hours: Monday – Thursday, 9:00 AM – 4:00 PM, Friday By Appointment

Journey Professional Counseling

Offers counseling services for individuals and families, including those affected by substance use disorders.

Location: 121 W. State St., Charleston, IL 61920

Phone: 217-345-4642

Website: <https://www.journeyprofessionalcounseling.com/>

Hours: Monday–Friday: 9:00 AM–5:00 PM

Life Links

Provides mental health services, crisis intervention, and counseling for individuals and families.

Location: 750 Broadway Ave. East, Mattoon, IL 61938

Phone: 217-238-5700

Website: www.lifelinksinc.org

Hours: Monday–Friday: 8:30 AM–4:30 PM

Midwest Neurofitness

Comprehensive behavioral health services that utilize advanced technology and non-invasive techniques to analyze the body/brain in order to effectively address different issues.

Location: 5566 Lincoln Hwy Rd, Charleston, IL 61920

Phone: (217) 348-1086

Email: midwestneuro@consolidated.net

Hours: Monday – Friday, 8:00 AM – 5:00 PM

Neuro Harmony

Clinical Counseling Services

Location: 1836 Victoria Ln, Charleston, IL 61920

Phone: (217) 508-8080

Website: <https://neuroharmony.org/>

Hours: Monday – Wednesday 7:00 AM – 8:00 PM, Thursday – Friday 9:00 AM – 5:00 PM

RTS Counseling Services

Faith-based counseling services.

Location: 655 W Lincoln Ave STE 8, Charleston, IL 61920

Phone: (217) 345-0336

Website: <https://www.rtscounselingservices.com/>

Hours: Monday – Thursday, 8:30 AM – 5:00 PM

SBL Psychiatry and Counseling

Offers psychiatry and counseling services, including support for individuals with co-occurring disorders.

Location: 1005 Health Center Drive #102, Mattoon, IL 61938

Phone: 217-258-4042

Website: <https://www.sarahbush.org/>

Hours: Monday–Friday: 8:00 AM–5:00 PM

SIHF Health Care- Mattoon

Offers psychiatry and counseling services.

Location: 911 Remington Rd Ste B, Mattoon, IL 61938

Phone: (217) 234-3091

Website: <https://www.sihf.org/health-center/mattoon>

Hours: Monday–Friday: 8:30 AM–5:00 PM

SIHF Health Care- Charleston

Offers psychiatry and counseling services.

Location: 626 W Lincoln Ave, Charleston, IL 61920

Phone: (217) 345-7702

Website: <https://www.sihf.org/health-center/charleston>

Hours: Monday–Friday: 7:00 AM–5:00 PM

Appendix H: Recovery Residences

Ben's

Men's sober-living home.

Location: 1202 Garfield Ave. Mattoon, IL 61938

Phone: 217-790-1908

Hours: Contact between 9am and 9pm

Hour House

Detox, residential, Halfway, 3/4th, Adolescent Outpatient, Intensive outpatient, gambling services, Stabilization & Transition Unit

Location: 635 Division Street, Charleston, IL 61920

Phone: 217-348-8108

Website: www.hourhouserecovery.org

Hours: Open 24 hours

House of Light

Men's sober-living home.

Location: 1027 6th St, Charleston IL 61920

Phone: 217-512-0829

Hours: Call between 12:00pm and 6:00pm. May need to leave a message.

Project 61

Project 61 Ministries is a Christ-centered organization dedicated to providing compassionate support and transformative resources to individuals struggling with addictions and single mothers and children in crisis.

Location: 1 Liberty Drive Sullivan, Illinois 61951

Phone: 217-246-7385

Website: <https://project61min.org/>

Hours: Monday- Friday 9:00am to 5:00pm

Resurrection Point Ministries

Serves as a discipleship house for men who want to continue sobriety and seek a relationship with the Lord. Contact Director- Curtis McDowell.

Location: Charleston, IL

Phone: 217-273-5985

Website: No website

Hours: No specific hours

Saint Hedwig's Haus of Hospitality

Hedwig's Haus of Hospitality is a loving home for women with or without children who are trying to get their lives back on track while in a Christian atmosphere.

Location: 227 Jackson Ave, Charleston, IL 61920

Phone: 217-345-6901

Website: <https://hedwighaus.wordpress.com/>

Hours: Every day, 10:00am to 10:00pm

The Mission

The Mission House offers residence to men and women suffering from destructive habits. We have expanded and now offer housing for veterans, elderly, and the disabled.

Location: 2321 Prairie Ave, Mattoon, IL 61938-2620

Phone: 217-621-6444

Website: No website

Hours: Open 24 hours

Wingman Ministries

Wingman Ministries is a Christian Post Incarceration Support Ministry for Men to get connected with other men, study the Bible and get involved with a local church fellowship. There is a sober-living home that holds 2 men.

Location: Charleston, IL

Phone: 217-273-8214

Website: No website

Hours: No specific hours

Appendix I: Housing Support

Coles County Housing Authority

Provides public housing options and rental assistance for eligible families.

Location: 109 Prairie Ave., Mattoon, IL 61938

Phone: 217-235-4175

Website: <http://www.officialhousingauthority.com/illinois/mattoon-county-housing-authority/>

Hours: Monday–Friday: 8:00 AM–4:30 PM

ERBA Community Action

Offers housing assistance, utility support, and other resources for low-income individuals and families.

Location: 696 Castle Drive, Charleston, IL 61920

Phone: 217-500-3120

Website: www.erbainc.org

Hours: Monday–Friday: 8:00 AM–4:30 PM

Mathew 25

Leases one-bedroom apartments to Homeless individuals and allows guests to stay in these apartments for up to six months while they work toward the goal of becoming self-sufficient.

Phone: (217) 790-5150

Website: www.matthew25charleston.org

The Haven (Homeless Shelter)

A homeless shelter providing temporary housing, meals, and support services.

Location: 1812 Western Ave., Mattoon, IL 61938

Phone: 217-234-3877

Website: www.mattoonhaven.org

Hours: Open 24/7

Hope of East Central Illinois (Domestic Violence)

Offers emergency housing and support services for individuals and families affected by domestic violence.

Location: 1927 18th St, Charleston, IL 61920

Phone: 888-345-3990

Website: <https://hope-eci.org/>

Hours: Call for an appointment.

Appendix J: Education Support

Charleston Carnegie Public Library

Provides literacy resources, community programs, and access to educational materials for all ages.

Location: 6th St & Van Buren Ave, Charleston, IL 61920

Phone: (217) 345-4913

Website: <https://charlestonlibrary.org/>

Hours: Monday-Friday 10:00 AM – 6:00 PM, Saturday 10:00 AM – 2:00 PM, Sunday 1:00 PM – 5:00 PM

Charleston Collaboration for Youth

Supports youth development and education initiatives in the Charleston area.

Location: 825 18th St., Charleston, IL 61920

Phone: 217-348-0530

Website: <https://www.sarahbush.org/cord/program/68/>

Hours: Monday–Friday: 8:30 AM–4:30 PM

GED/Adult Literacy Program (Lake Land College)

Offers GED preparation and adult literacy programs to help individuals achieve educational goals.

Location: Workforce Development Center, Main Campus, 5001 Lake Land Blvd., Mattoon, IL 61938

Phone: 217-238-8292

Email: adult.education@lakelandcollege.edu

Website: <https://www.lakelandcollege.edu/adult-education/>

Hours: Monday–Friday: 8:00 AM–4:30 PM

Mattoon Public Library

Provides literacy resources, community programs, and access to educational materials for all ages.

Location: 1600 Charleston Ave., Mattoon, IL 61938

Phone: 217-234-2621

Email: info@mattoonlibrary.org

Website: <https://mattoonlibrary.org/>

Hours: Monday–Friday: 9:00 AM–6:00 PM, Saturday: 9:00 AM–1:00 PM

ROE #11

ROE 11 serves seven counties in Illinois with programs and services for educators, students, and communities.

Location: 730 7th St, Charleston, IL 61920

Phone: 217-348-0151

Website: <https://roe11.org/>

Hours: No hours listed

Appendix K: Providers for Justice Support and Legal Supports

Charleston Police Department

Protects the rights and property of the citizens of Charleston, IL

Location: 614 6th Street, Charleston, IL 61920

Phone: 217-348-5221

Website: https://www.charlestonillinois.org/departments/police_department/index.php

Hours: Monday–Friday, 8:00 AM–5:00 PM

Circuit Clerk

Provides self-help resources for navigating the court system

Location: 651 Jackson Ave # 128, Charleston, IL 61920

Phone: 217-348-0516

Website: <https://www.colesco.illinois.gov/coclerk/>

Hours: Monday – Friday, 8:30 AM – 4:30 PM

Coles County Courthouse (Problem Solving Courts – Drug Court)

Offers specialized court programs for individuals struggling with substance use disorders.

Location: 651 Jackson Ave., Charleston, IL 61920

Phone: 217-348-0501

Website: www.colesco.illinois.gov

Hours: Monday–Friday, 8:00 AM–4:30 PM

Coles County Probation Office

Location: 651 Jackson Ave # 318, Charleston, IL 61920

Phone: 217-348-0535

Website: <https://www.colesco.illinois.gov/contact/>

Hours: Monday – Friday, 8:30 AM – 4:30 PM

Coles County Sheriff’s Office / Coles County Jail

Location: 701 7th St., Charleston, IL 61920

Phone: 217-348-7332

Website: <https://www.colesco.illinois.gov/sheriff/>

Hours: Monday – Friday, 8:00 AM – 3:30 PM

Coles County State’s Attorney

Location: 651 Jackson Ave #330, Charleston, IL 61920

Phone: 217-348-0561

Website: <https://www.colesco.illinois.gov/contact/>

Hours: Monday – Friday, 8:30 AM – 4:30 PM

Home Care Ombudsman Program

Advocates for seniors and individuals receiving home care services.

Location: One Natural Way, Suite 100, Springfield, IL 62702

Phone: 800-252-8966

Website: <https://ilaging.illinois.gov/programs/ltcombudsman/the-home-care-ombudsmanprogram.html>

Hours: Monday-Friday, 8:30 AM - 5:00 PM

Illinois Guardianship and Advocacy Commission

Protects the rights and promotes the welfare of persons with disabilities.

Location: 2125 South First Street, Champaign, IL 61820

Phone: Office: 217-278-5577 Statewide intake: 1-866-274-8023

Website: <https://gac.illinois.gov/>

Land of Lincoln Legal Aid

Provides free civil legal services to low-income and senior residents.

Location: 737 Windsor Rd. Charleston, IL 61920

Phone: 217-883-4355

Website: <https://lincolnlegal.org/>

Hours: Monday – Friday, 9:00 AM – 12:00 PM & 1:00 PM – 5:00 PM

Mattoon Police Department (Safe Passages Initiative)

Provides a Safe Passages program to connect individuals seeking help for substance use to treatment services. People suffering from Substance Use Disorder can get the help they need in recovery — not in days or weeks, but immediately. Those who need help recovering from Substance Use Disorder can come to a local police station or sheriff's department and turn over their drugs without fear of being arrested or criminally charged.

Location: 1710 Wabash Ave., Mattoon, IL 61938

Phone: 217-235-5451 (Non-Emergency Line)

Website: www.mattoon.illinois.gov

Hours: Monday–Friday: 8:00 AM–5:00 PM

Oakland Police Department

Location: 15 E Main St, Oakland, IL 61943

Phone: 217-346-2651

Website: <https://www.colesco.illinois.gov/oakland/>

Hours: Monday – Friday, 8:30 AM – 4:30 PM

PACE - Personal Assistant Referral

PACE, Inc. Center for Independent Living is a disability service organization covering five counties in East-Central Illinois: Champaign, Douglas, Edgar, Piatt, and Vermillion. We are a 501(c)(3) dedicated to ensuring the full participation of people with disabilities in all spheres of society.

Location: 1317 E. Florida Ave. Urbana, IL 61801

Phone: 217- 344-5433

Website: <http://www.pacecil.org/>

Appendix L. Harm Reduction

Hour House Drug Overdose Prevention Program (DOPP) Sites

*Narcan displays are accessible during each organization's normal business hours

- **A Twisted Little Art**, 3320 Marshall Ave., Mattoon, IL 61938

- **ABBCON Counseling, Inc.**, 201 N Logan St. A, Mattoon, IL 61938
- **Adolescent Out Patient** (Hour House), 513 N. 13th St., Mattoon, IL 61938
- **Akasha Zamora**, 1604 Broadway Ave., Mattoon, IL 61938
- **Auto Truck and Farm Repair**, 1416 Moultrie Ave., Mattoon, IL 61938
- **Axis Lion**, 820 Lincoln Ave Suite 4, Charleston, IL 61920
- **C & C Kettlecorn**, 700 Broadway Ave #18, Mattoon, IL 61938
- **Casa Del Mar**, 1410 4th St., Charleston, IL 61920
- **Central Roofing**, 317 Dewitt Ave. E., Mattoon, IL 61938
- **City of Charleston**, 520 Jackson Ave., Charleston, IL 61920
- **Charleston Food Pantry**, 990 W State St., Charleston, IL 61920
- **Charleston Carnegie Library**, 6th St and Van Buren Ave, Charleston, IL 61920
- **Charleston Elks Lodge #623**, 720 6th Street., Charleston, IL 61920
- **Charleston Moose Lodge**, 615 7th Street., Charleston, IL 61920
- **Charleston Out Patient** (Hour House), 726 4th Street, Charleston, IL 61920
- **Coles County Health Services Building**, 825 18th St., Charleston, IL 61920
- **Down the Street**, 107 W. Ashmore St., Ashmore, IL 61912
- **EIU Human Services**, 600 Lincoln Ave., Charleston, IL 61920
- **EIU School of Extended Learning**, 1920 9th St., Charleston, IL 61920
- **EIU Police Department**, 600 Lincoln Ave., Charleston, IL 61920
- **Faith, Art, and Ink**, 109 N 16th St, Mattoon, IL 61938
- **Family Worship Center Charleston**, 411 Jackson Ave., Charleston, IL 61920
- **Family Worship Center Mattoon**, 5475 Lerna Rd., Mattoon, IL 61938
- **Farmers Grain Co. of Dorans**, 6877 E. CR 1200N, Mattoon, IL 61938
- **First Presbyterian Church**, 311 7th St., Charleston, IL 61920
- **First Presbyterian Church**, 10 Charleston Ave., Mattoon, IL 61938
- **Homestead Church**, 2220 Champaign Ave., Mattoon, IL 61938
- **Hour House**, 635 Division St., Charleston, IL 61920
- **House Brothers**, 2009 Western Ave., Mattoon, IL 61938
- **I and I Deli**, 304 W. Ashmore St., Ashmore, IL 61912
- **Jackson Avenue Coffee**, 708 Jackson Ave., Charleston, IL 61920
- **Lake Land College Health Services**, 5001 Lake Land Blvd., Mattoon, IL 61938
- **Lake Land College Workforce Development**, 5001 Lake Land Blvd., Mattoon, IL 61938
- **Lake Mattoon Marina**, 1282 3600., Neoga, IL 62447
- **Lefty's Holler**, 727 7th St., Charleston, IL 61920
- **Lifelinks**, 750 Broadway Ave. East, Mattoon, IL 61938
- **Lifespan Center**, 11021 E. Co 800N., Charleston, IL 61920
- **Mack Moore Shoes**, 305 W. Lincoln Ave., Charleston, IL 61920
- **Mattoon American Legion**, 1903 Maple Ave., Mattoon, IL 61938
- **Mattoon Chamber of Commerce**, 500 Broadway Ave., Mattoon 61938
- **Mattoon Eagles**, 1917 Oak Ave., Mattoon, IL 61938
- **Mattoon Food Pantry**, 600 Moultrie Ave., Mattoon IL, 61938
- **Mattoon Library**, 1600 Charleston Ave., Mattoon IL, 61938
- **Mattoon Moose Lodge #803**, 1212 Broadway Ave., Mattoon, IL 61938

- **Mattoon Out Patient** (Hour House), 416 N. 19th Street, Mattoon, IL 61938
- **Mighty Jacks Video Poker and Slots**, 303 Lincoln Ave., Charleston, IL 61920
- **Milk and Honey Coffee House**, 621 Charleston Ave., Mattoon, IL 61938
- **Oakland Fire & EMS 40 East Route 133**, Oakland, IL 61943
- **Pat's Lounge**, 2019 Western Ave., Mattoon, IL 61938
- **Pleasant Grove Baptist Church**, 14447 Cooks Mills Rd., Humboldt, IL 61938
- **Praise Assembly of God**, 1300 Osage Rd, Charleston, IL 61920
- **Prevail Illinois (SACIS)**, 825 18th Street Ste 409, Charleston IL, 61920
- **Resurrection Point**, 2916 Pine Ave., Mattoon, IL 61938
- **Saunders Sweet Details**, 2201 Lafayette Ave., Mattoon, IL 61938
- **Slumberland**, 222 Broadway Ave. E., Mattoon, IL 61938
- **Standing Stone Community Center**, 375 N 14th St., Charleston, IL 61920
- **Spanky's**, 1920 Oak Ave., Mattoon, IL 61938
- **The Breakroom**, 1005 N 15th St., Mattoon, IL 61938
- **The Haven**, 1812 Western Ave., Mattoon IL, 61938
- **The Mission House**, 2321 Prairie Ave., Mattoon, IL 61938
- **TJ's on Hair**, 1000 Lake Land Blvd., Mattoon, IL 61938
- **United Christian Church**, 200 Lafayette Ave. East, Mattoon, IL 61938
- **William's Café**, 19442 Danville Rd., Oakland, IL 61943
- **Wingman Ministries**, 403 N. 12th St., Charleston, IL 61938
- **Wishard's Fit to a Tee**, 1320 Lafayette Ave., Mattoon, IL 61938

Appendix M: Community Resources and Assets

Al-Anon Family Groups

Provides support for families and friends affected by a loved one's drinking.

Phone: 888-425-2666

Website: <https://al-anon.org/>

Hours: Call or visit the website for meeting schedules.

Alcoholics Anonymous East Central Illinois District 12

Peer-led support group for individuals recovering from alcohol disorder.

Phone: 217-373-4200

Website: <https://aa-eci.org/>

Hours: Call or visit the website for meeting schedules.

Ashmore Fire Protection District

Provides fire protection and emergency response services for Ashmore and surrounding areas.

Location: 202 S. Illinois St., Ashmore, IL 61912

Phone: 217-530-3376

Website: <https://www.ashmore.gov/fire-department>

Ashmore Food Pantry

Offers food assistance to individuals and families in need within the community.

Location: 212 N Oakland Rd., Ashmore, IL 61912

Phone: 217-549-3493

Website: <https://www.facebook.com/AshmoreFoodPantry/>

Hours: Call for specific hours.

Catholic Charities

Provides a variety of services, including food, clothing, counseling, and housing assistance.

Location: 4217 Dewitt Ave., Mattoon, IL 61938

Phone: 217-235-0420

Hours: Monday–Friday: 9:00 AM–5:00 PM

Charleston Fire Department Station #1

Provides fire protection, rescue services, and community safety education.

Location: 404 10th Street, Charleston, IL 61920

Phone: 217-345-2132

Website: https://www.charlestonillinois.org/departments/fire_department/index.php

Charleston Fire Department Station #2

Serves the Charleston community with emergency response and fire safety education.

Location: 1510 A Street, Charleston, IL 61920

Phone: 217-345-2133

Website: https://www.charlestonillinois.org/departments/fire_department/index.php

Choices Pregnancy and Health

Offers pregnancy tests, ultrasounds, and support services for expecting parents.

Location: 260 West Locust Avenue, Charleston, IL 61920

Phone: 217-345-5000

Website: <https://www.choices4.me/>

Hours: Monday–Thursday: 9:00 AM–4:00 PM

Coalition for People in Need

Provides resources and advocacy for individuals and families in need.

Location: 990 W. State St., Charleston, IL 61920

Phone: 217-345-5099

Website: <https://www.facebook.com/CPN61920/>

Hours: Monday–Friday: 9:00 AM–4:00 PM

Coles County Habitat for Humanity

Builds and renovates affordable housing for families in need.

Location: 990 W. State St., Charleston, IL 61920

Phone: 217-348-7063

Website: <https://colescountyhabitat.net/>

Hours: Monday–Friday: 9:00 AM–4:00 PM

Coles County Health Department

Offers public health services, including immunizations, health education, and disease prevention.

Location: 753 Windsor Rd, Charleston, IL 61920

Phone: 217-348-0530

Website: <https://colesco.illinois.gov/cchd/>

Hours: Monday–Friday: 8:30 AM–4:30 PM

Coles County Sheriff’s Office

Provides law enforcement services and community safety initiatives.

Location: 701 7th St., Charleston, IL 61920

Phone: 217-348-0580

Website: colescounty.org

Hours: Monday–Friday: 8:00 AM–4:30 PM

Cooks Mills Fire Protection District

Offers fire protection and emergency response services for Humboldt and surrounding areas.

Location: 14210 Circle Dr, Humboldt, IL, United States, Illinois

Phone: 217-258-6101

Website: <https://www.facebook.com/people/Cooks-Mills-Fire-Protection-District/100064430392408/>

DCFS Child Abuse Hotline

A hotline for reporting child abuse and neglect cases in Illinois.

Phone: 1-800-252-2736

Website: <https://dcfs.illinois.gov/safe-kids/reporting.html>

Hours: Open 24/7

Dial-A-Ride

Provides affordable transportation services for residents, including those with disabilities.

Location: 11021 E. County Road 800N, Charleston, IL 61920

Phone: 217-639-5169

Website: dialarideshelby.org

Hours: Monday–Friday: 8:00 AM–5:00 PM

DHS Mid-Illinois Family Community Resource Center

Offers resources for food, cash assistance, and medical benefits.

Location: 1550 Douglas St., Charleston, IL 61920

Phone: 217-345-2188

Website: www.dhs.state.il.us

Hours: Monday–Friday: 8:30 AM–4:30 PM

Douglas-Hart Nature Center

Nature reserve that offers visitors different Illinois habitats, field programs, environmental educational classes, and volunteer opportunities

Location: 2204 Dewitt Ave E, Mattoon, IL 61938

Phone: 217-235-4644

Website: <https://www.dhnature.org/>

Hours: Monday – Friday, 8:00 AM – 4:00 PM, Saturday 10:00 AM – 4:00 PM

Eastern Illinois Police Department

Provides law enforcement services for the Eastern Illinois University campus and surrounding area.

Location: 614 6th St., Charleston, IL 61920

Phone: 217-581-3212 (non-emergency line)

Website: <https://www.eiu.edu/police/>

EIU Child Care Resource and Referral

Provides assistance with finding child care and offers resources for parents and providers.

Location: 600 Lincoln Ave., Charleston, IL 61920

Phone: 217-345-2188

Website: <https://castle.eiu.edu/maialab/home.htm>

Hours: Monday–Friday: 8:00 AM–4:30 PM

Elliott Counseling Group

Offers counseling and therapy services for individuals, couples, and families.

Location: 105 8th St., Mattoon, IL 61920

Phone: 217-389-9066

Website: www.elliottcounselinggroup.com

Hours: Monday–Friday: 8:00 AM–5:00 PM

ERBA Community Action (Charleston)

Provides a range of support services, including housing assistance and energy aid.

Location: 696 Castle Drive, Charleston, IL 61920

Phone: 217-500-3120

Website: www.erbainc.org

Hours: Monday–Friday: 8:30 AM–4:30 PM

ERBA Community Action (Mattoon)

Offers resources for low-income families, including job training and financial assistance.

Location: 416 S. 17th St., Mattoon, IL 61938

Phone: 217-961-0831

Website: www.erbainc.org

Hours: Monday–Friday: 8:30 AM–4:30 PM

Fox Ridge State Park

Location: 18175 State Park Rd, Charleston, IL 61920

Phone: 217-345-6416

Website: <https://dnr.illinois.gov/parks/camp/park.foxridge.html>

Hours: Daily, 7:30 AM – 10:00 PM

HOPE of East Central Illinois

Provides emergency shelter, transitional housing, and support services for survivors of domestic violence.

Location: 1927 18th St., Charleston, IL 61920

Phone: 217-348-5931

Website: <https://hope-eci.org/>

Hours: Open 24/7

Illinois Emergency Management

Provides disaster preparedness and response services statewide.

Phone: 1-800-782-7860

Website: www.illinois.gov/iema

Hours: 24/7 Response Line

The Illinois Family Resource Center

Provides support and educational resources for families affected by substance use disorders.

Phone: 217-258-6018

Website: www.illinoisfamilyresources.org

Hours: Monday–Friday: 8:30 AM–4:30 PM

Lake Charleston Park

Location: 17801 Lake Charleston Loop, Charleston, IL 61920

Phone: 217-345-5650

Website:

https://www.charlestonillinois.org/departments/parks_recreation/lake_charleston.php

Hours: Daily, 6:00 AM – 10:00 PM

Lifespan Center

A senior resource center providing services, activities, and support for aging individuals and their families.

Location: 11021 E. Co. Rd. 800N, Charleston, IL 61920

Phone: 217-639-5150

Website: www.lifespancenter.org

Hours: Monday–Friday: 8:00 AM–5:00 PM

Lytle Park

Location: 3298 Cedar Ave, Mattoon, IL 61938

Phone: 217-234-2464

Website: <https://lytlepark.com/>

Hours: Daily, 6:00 AM – 10:00 PM

Mattoon Community Food Center

Provides emergency food assistance to individuals and families in need.

Location: 600 Moultrie Ave., Mattoon, IL 61938

Phone: 217-258-8321

Website: <https://mattoon-food-center.edan.io/>

Hours: Monday, Wednesday, Friday: 1:300 PM–3:30 PM

Mattoon Police Department

Ensures public safety through law enforcement, community programs, and crime prevention.

Location: 1710 Wabash Ave., Mattoon, IL 61938

Phone: 217-235-5451

Website: www.mattoon.illinois.gov

Hours: Monday–Friday: 8:00 AM–5:00 PM

Mid-Illinois Big Brothers Big Sisters

Provides mentorship programs for children and youth, fostering positive relationships and development.

Location: 825 18th St. #5, Charleston, IL 61920

Phone: 217-348-8741

Website: www.bbbsmidillinois.org

Hours: Monday–Friday: 8:00 AM–5:00 PM

Morton Park

Location: 1215 Division St, Charleston, IL 61920

Phone: 217-345-4812

Website: https://www.charlestonillinois.org/departments/parks_recreation/parks.php

Hours: Monday – Friday 8:00 AM – 9:00 PM, Saturday – Sunday 9:00 AM – 9:00 PM

NAMI Family Support and Connection Recovery Group

Offers peer-led support groups for families and individuals impacted by mental health challenges.

Phone: 217-419-5345

Website: www.namichampaign.org

Hours: Check the website or call for meeting times.

National Suicide Prevention Hotline

A free, confidential service offering support and crisis intervention for individuals in distress.

Phone: 1-800-273-8255

Website: www.suicidepreventionlifeline.org

Hours: 24/7

National Runway Runaway Hotline

A crisis hotline specifically for youth, providing support and referrals for those in need.

Phone: 1-800-621-4000

Website: <https://www.1800runaway.org/>

Hours: 24/7

One Hope United

Provides child welfare, behavioral health, and community-based services to promote family stability and child well-being.

Location: 701 Monroe Ave., Charleston, IL 61920

Phone: 217-294-6727

Website: www.onehopeunited.org

Hours: Monday–Friday: 8:30 AM–4:30 PM

Parent Help Line

Offers free support, parenting advice, and resources for caregivers.

Phone: 1-855-427-2736

Website: www.parenthelpline.org

Hours: 24/7

Peterson Park

Location: 500 Broadway Ave, Mattoon, IL 61938

Phone: 217-234-3611

Website: <https://mattoon.illinois.gov/government/parks-recreation/>

Hours: Daily, 6:00 AM – 10:00 PM

Refuge Recovery

A mindfulness-based addiction recovery community that practices and applies Buddhist principles.

Email: admin@refugerecovery.org

Website: www.refugerecovery.org

Hours: Visit website for meeting schedules.

The Salvation Army

Offers emergency assistance, food, clothing, and community programs.

Location: 1300 Richmond Ave., Mattoon, IL 61938

Phone: 217-235-5667

Website: www.centralusa.salvationarmy.org/mattoon

Hours: Monday–Friday: 9:00 AM–5:00 PM

Soyland Access to Independent Living (SAIL)

Promotes independent living for people with disabilities through resources and advocacy.

Location: 707 Windsor Rd., Suite B, Charleston, IL 61920

Phone: 217-345-7245

Website: www.sailcil.org

Hours: Monday–Friday: 8:00 AM–4:30 PM

Standing Stone Community Center

A community hub offering various resources, including food assistance and educational programs.

Location: 375 N. 14th St., Charleston, IL 61920

Phone: 217-348-6085

Website: <https://www.standingstonecc.com/>

Hours: Monday–Friday: 8:30 AM–5:00 PM

Supportive Services for Veteran Families

Provides housing stability and support services for veterans and their families.

Phone: 217-493-3103

Website: <https://www.va.gov/homeless/ssvf/index.html>

Triple M Transport

Provides non-emergency medical transportation services.

Phone: 888-588-5543

Website: www.triplemdestination.com

Hours: Monday–Friday: 7:00 AM–7:00 PM

United Way of Coles County

Supports local programs and initiatives to improve education, financial stability, and health.

Location: 114 N. 16th St., Charleston, IL

Phone: 217-234-8022

Website: www.uwayhelps.org

Hours: Monday–Friday: 8:30 AM–4:30 PM

Veterans Support Coalition

Provides resources and support for veterans in Coles County and surrounding areas.

Website: www.colescountyveterans.org

Veteran Suicide and Crisis Lifeline: Dial 988, then press 1

Experiencing Homelessness: call SSVF Prescreen @ 217-278-9897 or the

National Call Center for Homeless Veterans @ 877-4AID-VET (877-424-3838)

Mattoon VA Clinic: 217-258-3370

Illinois Department of Veterans Affairs: 217-345-2192

***For additional resources in and around Coles County, IL**

Search CORD

The SBL Community Online Resource Directory.

[Search CORD | Sarah Bush Lincoln](#)