

# Shelby County ROSC Council Meeting Minutes

Tuesday, March 10<sup>th</sup>, 2025

3:30pm to 4:30pm

ROSC Office - 155 S Morgan St., Shelbyville, IL  
and via Zoom

- **In Person: (7) Heather Lindahl (SCCS), Brenda (CR/Assembly of God), Richard (CR/Assembly of God), Dawn Adrian (Family Life Center), Toni Randall (Statewide ROSC Council Region 4 TA), Megan Ballard (Shelby Co ROSC Council Recovery Navigator), Landriah Hardiek (Shelby Co ROSC Council Coordinator)**
- **Zoom: (12) Heather Wade (Shelby Co Probation), Susie Kensil (DOVE), Angela Kelly (HSHS), Kristin Davis (Family Guidance Center), Nathan Nichols (CIPT), Patti Mullens (Community Member), Kiley Will (Hour House Prevention), Peter Otis (Shelby Co Court Clerk), David Alvarez (Prevention First Youth ORC), Rachel (Jersey Co ROSC Council Coordinator), Emilia Saber (Prevention First), Teagan Shull (Heritage)**
- **Birth month celebration time** – David Alvarez and Angela Kelly have March Birthdays 🥰
- Nathan Nichols - CIPT is looking for a full-time driver. Apply through CEFS.
- Brenda and Richard - Celebrate Recovery is hosting an event on July 6<sup>th</sup>, details to come.
- David Alvarez/Emilia Saber - Prevention First is holding events: March 18<sup>th</sup> – Solutions Forum 1pm, March 25<sup>th</sup> – Success Labs (PSS), March 26<sup>th</sup> – Harm Reduction – details to come.
- Heather Wade – Probation distributed Narcan Kits!
- Kristin Davis – Family Guidance Center, website is up and running now, resources will come out soon for SROs and more. <https://www.preventionintegrationcenter.org/>
- Teagan Shull – Heritage, offering Gambling awareness tabling and resources.
- **Events**
  - Upcoming **FREE Laundry Days** @ Shelbyville Wash and Fold - 9am to Noon
    - March 12<sup>th</sup>, 2026
    - April 9<sup>th</sup>, 2026
    - May 14, 2026
  - **Wednesday Wellness Education Group** @ ROSC Council Office
    - 155 S Morgan St., Shelbyville, IL 62565 – 3pm to 4pm, every Wednesday
  - **Wednesday Drop in Day** @ ROSC Council Office
    - 155 S Morgan St., Shelbyville, IL 62565 – 10am to 4pm, every Wednesday
  - **Spring into Recovery: Sober Fun Community Day** @ Lake Shelbyville area, exact location TBD – April 25<sup>th</sup> – noon to 3pm
- **Opioid Response and Education: Narcan Training, Discussion Panel, and Community Resources – Feb 24<sup>th</sup> Event Review**
  - 42 attendees. Marianne Drainer from chestnut Health taught on what Substance Use Disorder is, how it is a true disorder and how to support those who struggle

with the disorder. She also trained on how to use Naloxone (Narcan/Padagis) and respond to an overdose.

- Discussion Panelists: Sheriff's Deputy Jeremiah Risley, Angie Durbin (Shelby Co Probation), Summer Barrix (Findlay Fire Dept/EMS), Cortney Cole (HSHS Emergency Dept. Nurse), Heather Lindahl (Shelby Co Community Services)
- Successful evening with requests to do a quarterly county community evening similar to this one. Sober community activities have been brought up to support as opportunities for things to do. Access to more help and resources is needed. More Public Transportation solutions are needed. (I.e. Volunteer Driver list we are creating.) Normalize seeking help and not judging community members/neighbors for needing help. More support events and early prevention solutions needed.
- **FY26 ROSC Projects**
  - *Increase the accessibility and availability of recovery supports within Shelby County, ensuring that individuals in need are aware of, and able to access recovery resources and services.*
    - Brenda and Rich with CR volunteered to share the recovery resource brochures at their meetings and church.
    - Dawn and Heather volunteered to distribute the recovery resource brochures to Moweaqua area.
    - Emilia offered to post the recovery resource brochures to Groupsite.
  - *Establish DOPP Sites in the most rural communities of Shelby County for distribution of harm reduction materials.*
    - *All small towns have DOPP sites, except Findlay and Sigel.*
    - *Landriah going to Sigel this week or next, will stop into Kazbar.*
    - *Educational events in 2 small towns are needed.*
    - *Landriah went to Cowden Town Board Meeting 3/9, there will be an event at Cowden Town Hall, Thursday May 14<sup>th</sup> 6pm to 8pm for education on Substance Use Disorder and Harm Reduction, with additional resources. All other agencies with resources are welcomed to come join us!!*
    - *Richard said he would check in with his connections in Tower Hill to see if there are interested in having an event as well.*
  - *Assist in establishment of a Safe Passage in Shelby County to assist those seeking support and transportation to treatment.*
    - *Learning Session events scheduled for:*
      - *Wednesday, April 15<sup>th</sup> – noon to 1:30pm*
      - *Thursday, April 16<sup>th</sup> – 5:30pm to 7:00pm*
- **Sober Family Fun Event – Spring into Recovery – April 25<sup>th</sup> – Noon to 3pm**

- Health department form will be filled out by Landriah to make serving the popcorn legal.
- Dawn is supplying the popcorn machine.
- Dawn is asking her church if they want to donate the popcorn and oil.
- Heather is reaching out to Joni Express food truck if they would like to come.
- Megan is reaching out to a lady who does face painting.
- **Looking for volunteers for carnival games, popcorn serving, set up, etc.**
- Landriah is reaching out to the Chamber to see about their support.
- Nathan suggested banners announcing the event coming into Shelbyville from both sides.
- Landriah is looking into banners/budget.
- **Anyone who wants to have a table with resources is welcome!!!**
- LET'S HAVE FUN! 🥳
- **Opioid Settlement Funds**
  - *Finishing touches on all strategies!!*
  - Strategy 1 – Support People in Treatment and Recovery
  - Strategy 2 – Prevent Overdose Deaths and Other Harms
  - Strategy 3 – Address the Needs of Criminal Justice-Involved Persons
  - Strategy 4 – Prevention Programs
    - Bars and restaurants were suggested to distribute the rest of the Narcan Kits.
- **More Fentanyl/Xylazine Test Strips were mentioned being a need for the community in general. Landriah looking into ordering more.**

**Next Meeting:** Tuesday, April 14th, 2026 at 155 S Morgan St. Shelbyville, IL or via Zoom

***Invite someone for next month!!!***

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