

# DuPage ROSC Council Meeting Minutes

## January 14<sup>th</sup>, 2025

**0:00-23:10**

DuPage County ROSC Coordinator Jarrett Burton welcomed everyone to the January 2026 meeting of the DuPage ROSC Council, hosted this month at the DuPage Health Department. Jarrett thanked Community Initiatives Coordinator Scott Kaufmann for helping to get the meeting booked. Jarrett explained that the partner-site tour for DuPage ROSC Council meetings will continue into the coming year and if anyone would be interested in hosting to let him know

Jarrett then threw out the icebreaker for today's meeting: New Year's Resolutions. Some of the answers:

- One member said they wanted to read more books in 2026
- Another member mentioned that their resolution is to work out more
- One member said they intended to start tai-chi

Jarrett thanked everyone who participated and then asked if anyone was here at their very first ROSC meeting. Everyone had been to a ROSC meeting, so Jarrett then took time to break down what a ROSC is for anyone who wasn't aware: DuPage ROSC is a system of people with lived experience, as well as organizations working along the recovery continuum, working together to identify the strengths and gaps in services and then advocating for change in those areas while also empowering local recovery communities and reducing dangerous stigmas.

**DuPage ROSC Coordinator Jarrett Burton** went over the agenda for today's meeting:

1. Meeting Open - Jarrett Burton
2. Introductions of new members
3. Upcoming meetings, trainings, etc
4. DuPage County Health Department Service Spotlight
5. Stigma Reduction Campaign launch
6. Floor is open

**ROSC Coordinator Jarrett Burton** first promoted the return of the DuPage ROSC Presentation Series next week. This month's presentation is on **Unscheduled and Unregulated Substances of Abuse**—everything from Bazedrex inhalers to poppy seeds to cough suppressants and more. Presentation is by Serenity House CRSS Blake Worman. All DuPage ROSC Presentation Series events are only on Zoom but open to the community. If anyone would like to host or present on a topic in the future, DuPage ROSC is always open to ideas!

**ROSC Coordinator Jarrett Burton** then promoted the quarterly learning collaborative event in Batavia, in collaboration with Chicago Consciousness Café and Urban Apothecary. These events are an opportunity to interview some of the pioneers in the field of psychedelic research for use in treatment for substance use and mental health challenges, as well as overall improved wellness. This quarter they are welcoming Dr. Tom Roberts, who is a pioneer in studies with LSD and psilocybin for use in treatment-resistant depression and has published several books on the topic of rewiring the brain.

Bruce Sewick from College of DuPage and Chicago Consciousness Café then gave an update on some of the psilocybin legislation that's been in the works. Jarrett mentioned that these types of presentations were important to help in reducing the stigmas that are attached to psychedelics.

ROSC Coordinator Jarrett Burton then talked about some of the donation drives that the ROSC are coordinating for different partners and projects:

- ROSC will be collecting winter coats, hats, gloves, scarves, socks, sweatshirts, and more for the Serenity House mobile outreach program. In the time since the van became operational, there have been over 100 winter coats distributed, and the coats are distributed to those in need almost as fast as the donations come in. There is also a need for similar items at Serenity House's drop-in location in Geneva.
- Jarrett then mentioned the baby supply donation drive for the Glen Ellyn Public Library's Community Closet. Glen Ellyn Library was the first to collaborate with DuPage ROSC on getting a Narcan wall box, and as such holds a special place in his heart.
- Jarrett then talked about a new Post-Incarceration Fellowship Group that is starting up in Kane County in March. Serenity House will be hosting this non-program specific recovery group to provide a place for recently/formerly incarcerated individuals to meet a few times a month for peer support, resources, referrals if needed, etc. Jarrett has a saying he uses to help explain some of the barriers facing these men: it's hard enough to re-enter society after being incarcerated if you DON'T have a substance use/mental health challenge, so imagine how hard that can be if you DO

**ROSC Coordinator Jarrett Burton** then invited Kane County ROSC Coordinator Annette Villareal to promote what is coming up out in KC. Annette talked about the upcoming Kane County ROSC Council meeting taking place at Elgin Community College, specifically the

Human Services/Peer Support Department. The Serenity House mobile outreach team is out in Aurora and Elgin during the week and looking for more locations.

### **23:20-39:00**

ROSC Coordinator Jarrett Burton then introduced DuPage Health Department's Community Initiatives Coordinator Scott Kaufmann to introduce the next segment, which is the 2026 Stigma Reduction Campaign collaboration between them and the DuPage ROSC Council.

Scott talked briefly about the history of the project, noting that the impetus came from the Behavioral Health Collaborative's Co-Occurring Subcommittee over a year ago, when that group, which included DuPage ROSC members, discussed the need for education on sober living in our county. What is it, what is it NOT, how does it work, and how can we reduce the dangerous stigmas attached to sober living?

So the committee worked to produce a video campaign that spotlighted three different organizations working in the sober living space, and individuals who graduated successfully from those programs.

The videos will be running over the next six weeks, and any sharing across networks will be hugely important

### **39:00-52:00**

ROSC Coordinator Jarrett Burton then spoke to Carley Kloubec about the substance use and mental health services available at the Health Department, including IOP and group therapy, mental health co-occurring services, counseling, case management, Medication Assisted Recovery, and more.

We then heard from Dr. Steve Holtsford, who is the medical director for the newly opened DuPage Crisis Center, which is now able to service 12 substance use beds and four "chill out" areas for residents to have a safe place to drop in if needed.

The Crisis Center will also provide transportation for potential clients if needed.

### **53:00-End**

With the remaining time we opened the floor for anyone who'd like to promote an upcoming event

-Mark Matthews promoted an upcoming Sober Skate at the Coachlite Skate Rink in Roselle, and all proceeds go towards recovery programs in the area

-Danielle Heffernan promoted a sober fun game night event at Serenity House in February, date tbd

Attendance:

Jarrett Burton	DuPage ROSC, PLE
Annette Villareal	DuPage ROSC, Kane ROSC, PLE
Julie Hansen	Kane County ROSC, PLE
Blake Worman	DuPage ROSC, Serenity House, PL
Scott Kaufmann	DuPage Health Dept
Mark Matthews	Greater Family Health, PLE
Roger Stefani	Hope For Healing, PLE
Melissa Murillo	Access Community Health
Mimi Doll	DuPage Federation
Brianna Haug	Oxford House Inc, PLE
Sharon Cabrera	Kane Co Health Dept
Judith Lukas	DuPage County Coroner
Ben Rudolph	Chestnut Health Systems
Erika Rivas	Family Shelter Service, PLE
Matilda Faria	Healthcare Alternative Systems
John Skocz	Central DuPage Hospital
Jennifer Trivelli	Linden Oaks Behavioral Health
Sarah Grunden	OMNI
Kathy McNamara	DuPage Probation
Ezra Fisk	360 Youth Services

Dr Steve Holtsford    Medical Director @ DuPage Crisis Center