



Meeting Title: Kankakee County ROSC Council Meeting (Hybrid)

Date: January 27, 2026

Location: Kankakee Community College (100 College Dr. Kankakee, IL. 60901)

Facilitator: Magdalena Campos

Attendees In-Person: Kate Drayton (Illinois Over Dose Response); Paul Hempel (Recovery Community Center of Joliet); Kim Cunningham (Kankakee Forgives); Rev. Eugene Edwards (Duane Dean BHC The CREW); Paula Ekstrom (Wilmington Coalition); Luke Durfey (Rosecrance); Portia Cephus (Kankakee Forgives); Brianna Brown (Kankakee County Community Services Inc.); Gloria Kennedy (Duane Dean BHC The CREW); Sonja Handson (Duane Dean BHC The Crew); Neesha Stringfellow (HLM); Tarcia Leak (HLM); Magdalena Campos (HLM); Celeste Fonseca (HLM)

Virtual: Ben Rudolph (ROSC Region 2 technical assist.); Diana Belicke (Rosecrance Behavioral Health); Carole Franke (Iroquois); Paula Stampley; Liz Gibson (Birth To Five Illinois); Rachel (Jersey County ROSC); Alexia Scivally (With Rep. Jackie Haas); Jessica Kinnersley (With Rep. Jackie Haas); Danielle Heffernan (Serenity House); Tavaris Prince (Serenity House); Tamikio Adams (Family Guidance Center); Reilly Richa (Safe Families for Children); Margarita Ramirez (Spanish Community Center); Michelle Hibbard (Rosecrance); Kennilyn Hickory (Birth To Five Illinois); Sherry Thomas (Sun River Terrace & Greater Kankakee Black Chamber of Commerce); Jarrett Burton (DuPage ROSC); Ana Rodriguez (Ricon Family Services); Enrique (Kankakee FD); Kailee Zito (IRIS); Juan; Anthony Begesha (Kankakee County HD)

Status Report on items pending from last meeting: N/A

Who	Task	Status
HLM	Email Kate Drayton's Presentation	Email EOD 2/3/26

2:00pm - 3:00pm

Welcome & Presentation by Kate Drayton, MPH, BSW
Public Health Analyst with Illinois Overdose Response Strategy

Overview/Notes

- Overview of Presentation:** Kate introduced Individual trauma-informed care and Community trauma-informed approach. Which included Layers of Adversity and ACEs. \$748 billion annual cost to the U.S. in lost productivity and healthcare attributable to Adverse Childhood Experiences. \$217 billion annual total the Federal government could save by addressing and preventing ACEs. Emotional First Aid is a peer-led approach to

crisis response that promotes healing and avoids further traumatization. Emergency Stress Response helps us survive in times of crisis, EFA Principles include: Agency, where every survivor is the expert of their own healing. Awareness, is racial gender, religious, class, cultural, and other power dynamics can cause and exacerbate trauma. EFA approach is Top Down where our thinking brain is offline and we can't talk our way into feeling differently. Bottom Up is where EFA returns to the body to homeostasis first, which signals the thinking brain to come back online. The following exercises can be practiced: Calm Your Body, Establish Safety, Help Calming Your Body, Listen & Validate, Restore Agency & Practice Self-Care.

- **Community Engagement and Data Collection:** Kate encourages community engagement and the collection of data to improve targeted responses and support systems. The importance of language access and cultural sensitivity in community outreach and Introduces the Illinois Prevention Summit and the role of HLM Recovery 180 in supporting community engagement and prevention efforts. Emphasizes the importance of data in making informed decisions and securing resources for community support.
- **Q&A:** Participants engaged in a conversation regarding the presentation along with great resources were shared.
- **Closing Remarks and Next Steps:** Kate thanks the participants for their contributions and emphasizes the importance of partnerships in addressing overdose. Neesha Stringfellow thanks Kate Drayton for her insights and encourages participants to stay connected and engaged.