



# Logan/Mason ROSC Meeting Notes

December 18<sup>th</sup>, 2025

Hope on 5<sup>th</sup>- 200 Fifth St, Lincoln, IL 62656

## **In-Person Attendance:**

- **Molly McCain**
  - Lincoln Memorial Hospital
- **Jeff Nelson**
  - PLE- Volunteer
- **Tyler Wenger**
  - Chestnut Health Systems

## **Online Attendance:**

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| <ul style="list-style-type: none"><li>• <b>Sandra Beecher</b><ul style="list-style-type: none"><li>○ Gateway Foundation</li></ul></li><li>• <b>Jeanette Davis</b><ul style="list-style-type: none"><li>○ Memorial Behavioral Health</li></ul></li><li>• <b>Kristin Davis</b><ul style="list-style-type: none"><li>○ Family Guidance Center-<br/>Regional Substance Use<br/>Prevention Integration<br/>Center (RSUPIC)</li></ul></li><li>• <b>Kendra Day</b><ul style="list-style-type: none"><li>○ Memorial Behavioral Health</li></ul></li><li>• <b>Dani Hernan</b><ul style="list-style-type: none"><li>○ SIU Center for Family<br/>Medicine</li></ul></li><li>• <b>Grace Irvin</b></li><li>• Chestnut Health Systems-<br/>Logan/Mason ROSC, Logan/Mason<br/>SUP, Livingston ROSC, &amp; BASE<br/>(Build, Amplify, Support, and<br/>Empower)</li></ul> | <ul style="list-style-type: none"><li>• <b>Carmen Lanham</b><ul style="list-style-type: none"><li>○ Family Guidance Center-<br/>Regional Substance Use<br/>Prevention Integration<br/>Center (RSUPIC)</li></ul></li><li>• <b>Lisa Latham</b><ul style="list-style-type: none"><li>○ West-Central Illinois Area<br/>Health Education Center</li></ul></li><li>• <b>Kim Turner</b><ul style="list-style-type: none"><li>○ Logan County Crime<br/>Stoppers, Drug Court,<br/>Veterans Court, Logan<br/>County Probation, Hope on<br/>5<sup>th</sup> Board Member</li></ul></li><li>• <b>Naomi Willis</b><ul style="list-style-type: none"><li>○ The Pavilion Behavioral<br/>Health System</li></ul></li></ul> |
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### **Old Business:**

- What is ROSC? ROSC is a coordinated network of community-based services and supports that is person-centered and builds on the strengths and resilience of individuals, families, and communities to experience recovery and improved health, wellness, and quality of life for those with or at risk of substance use and/or mental health challenges. The central focus of a ROSC is to create an infrastructure, or “systems of care”, with the resources to effectively address the full range of substance use and/or mental health challenges within communities.
- Logan/Mason ROSC Mission Statement: Improving access to health, wellness, and holistic recovery options for people who are at risk of, or suffering from, substance use disorders while educating and connecting Logan and Mason counties to reduce stigma and improve recovery outcomes.

### **New Business:**

- During the meeting, the attendees reviewed the SWOT analysis, which was reviewed a year ago around this time of year.
- SWOT stands for Strengths, Weaknesses, Opportunities, and Threats.
- A strength is something that is strong in the community. A weakness is something that isn't as prevalent in the community. An opportunity is something that has an opportunity to be improved. A threat is something that might not be available or present a challenge in the community.
- Strengths that have been shown from last year include:
  - Strong awareness of the need for expanded recovery services
  - Committed ROSC Council
  - Passion and willingness for the work
  - Compassion and understanding, desire to create an inclusive environment
  - Strong foundation in the community: Drug Court, etc.
  - Collaborative spirit and desire to work together
  - Inclusive of PLE- a group of committed participating PLE- creating a space for folks to participate
  - Some existing movement towards expanding services and supports in the area
  - Recovery in Action subcommittee
  - Funding available for Peer Recovery Specialist trainings
  - Oxford House has a house with a capacity of 7 men- Also looking to potentially expand men's housing and include housing for women with children
  - SIU MAR Program



- Limited access to Harm Reduction services
- Multiple pathways to recovery (SMART Recovery, CoDa, Open Arms Celebrate Recovery, AA, NA, and Recovery Support Groups)
- Weaknesses
  - No existing inpatient treatment centers
  - Lack of access to local support group meetings in Mason County
  - Lack of MAR services and wraparound services
  - Resistance to facing the issue within the community/lack of understanding or education of addiction as a disease, rather than a moral failure
  - Despite desire to collaborate in Mason County, many providers and organizations remain silos of service
  - Limited financial resources- two small rural counties
  - We need additional representation from PLE
  - Deflection Program (BRIDGE) is the beginning stages of planning
  - Mason County isn't as represented in the planning stages. Working to get more buy-in from Mason County
  - Lack of public transportation options or support to help people in recovery get in treatment
- Opportunities:
  - Other organizations willing to partner/assist with action in Logan & Mason counties
  - Technical assistance and free trainings from Faces & Voices of Recovery in Illinois, developing RCOs
  - Recovery Corps contracted to provide services to the state- peer recovery specialists
  - Heartland Peer Specialist apprenticeship- possible local option
  - Government officials are largely aware and supportive of the need for increased recovery actions
  - Lack of public transportation options or support to help people in recovery get to treatment
  - 5<sup>th</sup> Street Building is being built to be a safe space to gather and feel supported and having services available
  - Expanding sober living options in our area- Looking to get housing for women in Logan County and looking specifically for sober living housing in Mason County
  - Lack of resources for PLE to access benefits
  - Deflection Program (BRIDGE) is the beginning stages of planning. Active participation in Logan County. BRIDGE supports Logan, Mason, and Menard Counties
  - Using the United States Probation Office Felon Friendly Employers to create a more community focused list



- Threats:
  - No end in sight for new cases/people who need recovery services
  - Stigma around recovery and denial that there is a community problem
  - Prior failure to deliver on objectives or see tangible results from recovery efforts
  - Poor access to Internet/cell phone services- barrier to using Telehealth services
  - Healthcare gaps and lack of mental health professionals
  - COVID has presented new challenges- gaps in in-person services- Some agencies being short staffed and having waiting lists
  - Inadequate youth services, prevention & treatment options
  - Lack of awareness of resources on diversifying funding opportunities
  - Limited financial resources- two small rural counties
- Next year, the Deflection Program can be moved to the Strengths category since it will be launched.
- The ROSC is still looking for sober housing in Mason County and expanding in Logan County.
- There are more Logan County meetings than Mason County meetings, as shown on the meeting flyers/cards.
- There could always be more prevention services in the community.
- Dani mentioned that the SIU MAR Program is now called the SIU START Program.

#### **On-Going Projects:**

- Gift cards were awarded to random winners for completing the Logan/Mason ROSC community survey. The winners will be receiving a gift card in the mail.
- There were 170 ROSC community surveys completed. 61% of the completed surveys from Logan County participants; 40% from Mason County participants.
- The survey participant ages were as follows: Under 18 (1%), 18-24 (5%), 25-34 (18%), 35-44 (24%), 45-54 (23%), 55-64 (15%), and above 65 (13%).
- The participants of the community survey were mostly females. 27% of the participants were males and 3% did not identify.
- In 2024, 84% of survey participants did not see Stigma Campaign materials. In 2025, the number improved to 68%.
- One survey question that was highlighted was, "There is a stigma in my community about people who have a substance use disorder." The reduction in stigma for this question is improving.
- Another question that was highlighted was, "If I found out that someone is actively using substances in my neighborhood, I would consider moving." There were improvements in stigma reduction for this question as well.



- Another question that was highlighted was, “A moral failing is the cause of someone’s substance use disorder if they are currently using substances.” There was a similar improvement in stigma reduction for this question as well.
- Another question that was highlighted was, “Medication Assisted Recovery (which is the use of medications to treat substance use disorders, e.g., methadone or buprenorphine to treat opioid use disorder) is an effective treatment for substance use disorders.” Going forward, there will be more of a focus on MAR to create awareness in the community.
- Another question that was highlighted was, “People who use drugs deserve respect.” There was improvement in those who agree with this statement.
- Another question that was highlighted was, “People with a mental illness deserve respect.” There was some improvement in stigma reduction in this statement.
- Another question that was highlighted was, “It is difficult to find harm reduction services like Narcan and syringe service programs in my community.” A strategy in the Logan/Mason ROSC strategic plan is to showcase the places where harm reduction services are available. The ROSC plans to work alongside the hospital to create an informational card that will be distributed in the community for Logan and Mason County. These cards will list harm reduction resources.
- Another question that was highlighted was, “We should increase government funding on treatment options for mental health and substance use disorders.” The majority of respondents agree with this statement.

#### **Reminders/Recovery Resources:**

- The Logan/Mason ROSC will be getting new recovery meeting flyers and cards. They have not yet been printed. There was feedback that the color scheme on the flyers and cards made the text hard to read, but the format will be kept the same. The QR code has been added to both sides of the flyers and cards. If you have suggestions, please reach out.
- There are online resource directory cards for Mason and Logan County. These cards will also be updated at some point. The resources are [masoncountyresources.org](http://masoncountyresources.org) and [logancountyresources.org](http://logancountyresources.org). These are websites that list the several resources available in those communities. If you visit these sights, please make sure your information is up to date.
- Harm reduction resources (naloxone, fentanyl test strips, xylazine test strips, and benzo test strips) in Logan County are located at the Family Custom Cleaners (Lincoln), Logan County Health Department (Lincoln), Mt. Pulaski Library District, Logan County Courthouse (Lincoln), Hope on 5<sup>th</sup> (Lincoln), and Logan County Jail Lobby (Lincoln).



CVS in Lincoln was added to the list since you can purchase naloxone. Walgreens is another location in Lincoln where you can purchase naloxone.

- There are harm reduction resources in Mason County at Havana Public Library, Mason County Health Department (Havana), Forman Valley Public Library (Manito), and Mason City Public Library. Wolters Drug Store, Mason City Pharmacy, Manito Pharmacy, and CVS Pharmacy were added to the list where naloxone can be purchased.

### **Upcoming Events:**

- The Deflection Program (BRIDGE- Building Recovery Inclusion in Dignity for Growth and Empowerment) will have their next meeting on Tuesday, December 23<sup>rd</sup> from 1:00 p.m. – 2:30 p.m. There will be an option to attend the meeting at Hope on 5<sup>th</sup> in Lincoln or on Zoom. The location and hybrid option gives people with lived experience an opportunity to attend the meetings.
- The Deflection Program kickoff date is February 24<sup>th</sup> from 12:30 p.m. – 4:00 p.m. Please save that date on your calendar. More information will be coming about that event.
- The next Recovery in Action Meeting will be on January 8<sup>th</sup> from 4:30 p.m. – 6:00 p.m. at Hope on 5<sup>th</sup> and via Zoom (hybrid). This is a meeting for those who like to plan events and educational opportunities in the community about substance use disorder/mental health. The group is planning an event at Hope on 5<sup>th</sup> on Valentine's Day (February 14<sup>th</sup>) from 6:00 p.m. – 9:00 p.m. Food will be provided and there will be a sign-up sheet at Hope on 5<sup>th</sup>. Everyone is invited. There will be music and games as well.
- The Recovery in Action group will also be working to complete bags for people leaving the jail.

### **Additional Feedback/Updates**

- Kendra Day mentioned that Memorial Behavioral Health has a new brochure that will be distributed to the community. There is a QR code that goes directly to the referral form. Any providers and schools can refer. You may also self-refer. If someone outside the service area fills out a referral, they will be contacted and directed to where they need to go.
- Jeff mentioned that he plans to talk to someone at the Lincoln Police Department to place naloxone there.
- Naomi mentioned that the holiday season is a little slower at Pavilion before things get chaotic. She is excited about the things that are being worked on together in the community.
- Kristin mentioned that they almost have their website back up online.



- Sandra mentioned that the Springfield Start program is currently interviewing for a peer support specialist.
- Kim mentioned that there was a mailer sent out at the end of November for Homeless Awareness Month. A good response was received in the form of a fundraiser. An art piece was donated by the Creativity Center (after school program). There will be a place found to display that artwork. Nothing has happened yet with the medical respite. The first technical assistance call will happen in the first part of January. Kim is hoping for more information on the call so people can be pulled in to figure out how it will work. Hope on 5<sup>th</sup> is still taking people into the building.
- Jeanette mentioned that Sangamon County ROSC will be having an event Saturday, December 20<sup>th</sup> from 8:00 a.m. – 10:00 a.m. There will be pictures with Santa and games for families.
- Tyler mentioned that there will be a Parent-Alcohol Campaign survey being distributed to parents. If you are a parent of a 6<sup>th</sup>-12<sup>th</sup> grader and see Chestnut at any basketball or volleyball game, feel free to stop by and fill out a survey. There will be bags of information and pens and stress balls being passed out to parents as well. If you are available to help at a table at a sporting event, please reach out.
- Molly mentioned that she will have new resources to share when people are back from break. There will also be programs being launched in mid-January or early February.
- Grace mentioned that Chestnut is still hiring for Jeanette's old position.

#### **Contact Info:**

- Grace Irvin- Prevention Coordinator
  - [gcirvin@chestnut.org](mailto:gcirvin@chestnut.org) ; 309-451-7776
- Tristan McGrew- Recovery Corps. Project Coordinator
  - [tjmcgrew@chestnut.org](mailto:tjmcgrew@chestnut.org) ; 309-229-3921
- Nadia Klekamp- Director of Integrated Community Education
  - [nfklekamp@chestnut.org](mailto:nfklekamp@chestnut.org) ; 309-824-3765

#### **Next Meeting:**

- Thursday, January 15<sup>th</sup> at 2:00 p.m.
  - This meeting will take place at Mason City Public Library (Mason City). For those unavailable to attend in-person, a Zoom option is provided.
  - Join Zoom Meeting:  
<https://zoom.us/j/93561727220?pwd=TDVsWHRJdldYWnRnb2dnVFJTaTByQT09>
  - Meeting ID: 921 3689 3688 / Passcode: 463455



**End of Meeting:** 3:00 p.m.