

# ROSC Lee/Whiteside Meeting Minutes

Date: December 17, 2025

Location: Zoom

Time: 3:00 PM

## Attendees

- Gerald Lott – Executive Director, SVVOR
- Lauren Metzler – SVVOR
- Kourtnee Mezo
- Jake Albers – ROSC
- Lupita Serrano
- Sam – Rock Falls Chamber of Commerce
- Karl Arellano – VA
- Alicia – YWCA
- Ben Rudolph – ROSC TA

---

## Meeting Notes

### 1. SMART Recovery Flyer

- The group discussed the upcoming distribution of the SMART Recovery flyer.
- Initially intended for a local audience, the flyer reached a national scale, attracting 24 participants from across the country.

### 2. Basketball at the Y in Dixon

- Basketball sessions are held at the Dixon Y on Saturdays.

### **3. Recovery Meetings & Programs**

- Recovery meetings continue at the Rochelle office and at Cledy's House.
- An art class is offered at the Church of the Bretheryn.
- The virtual Grief Group meets Wednesdays from 5:00–7:00 PM.
- Efforts are underway to establish a Families Anonymous group due to a lack of Al-Anon meetings in the area.

### **4. Census / Program Updates**

- Cledy's House: 17 women in residence
- Legacy House: 8 men in residence
- November intakes: 15, with discussion that numbers may be higher than recorded
- Both houses still have waitlists
- Kourtnee Mezo receives many more male referrals than female; intake activity is slower than during the summer
- OSF has opened detox beds to everyone in their network, but only for individuals detoxing from alcohol, making beds harder to secure

### **5. Reports / Presentations**

- Gerald Lott presented the 2025 Community Needs Survey Report

### **6. Strategic Discussion / ROSC Direction**

- Gerald discussed potential shifts in ROSC's work in response to state-level changes

- The group is reviewing philosophy regarding the Recovery Community Organization (RCO)
- Surveys and community conversations revealed some misunderstanding of ROSC's goals
- Previously, much effort focused on pre-recovery individuals (contemplation stage), rather than those already committed to recovery
- Moving forward, ROSC will focus on supporting people who have already chosen recovery

## **7. Community Data / Updates**

- November in Dixon: 5 DUI arrests, 2 non-fatal overdoses
- Chief Bivens advised preparation for higher numbers in January

## **8. Celebrations & Remembrances**

- Recovery Lives Here celebrated Penny Stark on her 7 years in recovery
- The group remembered Ramsey Lewis III, who passed away a couple of years ago from an overdose

## **9. Other Updates / Discussion Points**

- If you haven't been to Cledy's House, contact Gerald or Lauren to schedule a visit
- Transportation is the biggest issue for residents—difficulty accessing jobs, pharmacies, and other essential places
- Discussion of possibly bringing Uber or rideshare options to the area to help with transportation
- Lauren welcomes connections to jobs for the women at Cledy's House
- Karl Arellano noted that Veterans really enjoy SVVOR events