

ROSC

Recovery Oriented System Of Care

"Dedicated to Making Lives Better"

The BB2L Recovery Network aims to create a "System of Care" that provides resources to effectively address substance use problems within our communities .

Join the Movement

Every 3rd Wednesday 9:30 am

- ✓ Behavioral Health, Healthcare, & Wellness
- ✓ Recovery Support Services
- ✓ Stigma Reduction and Family Education
- ✓ Recreation
- ✓ Housing/Sober Living
- ✓ Education, Jobs, Childcare
- ✓ Spirituality
- ✓ Mentoring

FOR MORE INFO CALL

(773) 785-2996

www.bounceback2life.org

Recovery Network



STRATEGIC PLAN 2025-2027

LIGHTS OF ZION MINISTRIES
Lead Agency ROSC COUNCIL
Serving, Cook County

INTRODUCTION

BB2L highlighted a broad range of community service priorities by interviewing focus groups to build on the previous work done over the past several years with our Recovery Support Program. With the updated information gathered from within our service area, we were able to better understand geographic disparities in recovery support and target existing and new intervention efforts to improve our efforts to provide resources. From the results of our findings, The BB2L Recovery Network plans to partner with additional substance abuse support and crisis management organizations to offer additional programs and services.

BB2L's Strategic Plan FY2022-FY2024 outlines priority areas with goals and measurable objectives that provide a roadmap to carry out the vision and mission for the next three years.

DESCRIPTION

BB2L Ministries (LOZ) is a faith-based not-for-profit service provider located in the 34th Ward of the West Pullman/ Roseland District of Chicago, Illinois. We are associated with Cook County of Illinois and serve the Greater Roseland and surrounding communities, Our agency aims to provide and connect our people in recovery to recovery support services that will become a mechanism to prevent substance abuse relapse. LOZ's, Bounce Back 2 Life program provides an array of services and resources to our people in recovery which focus on the holistic approach to recovery. These services reach out to **minorities, women, people previously incarcerated, and/or substance abusers and veterans.**

BB2L Ministries has also developed a comprehensive, collaborative ROSC Council called "Bounce Back 2 Life Recovery Network." This BB2L ROSC is comprised of two High Functioning Faith-Based Organizations, BB2L Ministries, as the lead agency, and Southland Ministerial Health Network. The objective of this ROSC is to create an infrastructure with the resources to effectively address the full range of substance use problems within these targeted communities. The BB2L serves as a middle ground to coordinate a network of community-based services and supports that connect individuals and families to services and activities that directly address substance use disorders and their impact on the ten targeted communities located in our service area, which are in (but not limited to) Thornton Township Cook County, Illinois: Harvey, Riverdale, Dolton, Dixmoor, Phoenix, Hazel Crest, East Hazel Crest, Markham, Posen, South Holland, and Robbins. The Network provides exceptional services for all residents in the

Southland and Beyond strategically establishes priorities and commits resources through this ROSC to address the key issues plaguing these communities.

What is a ROSC

A ROSC is a coordinated network of community-based services and supports that is person-centered and builds on the strengths and resiliencies of individuals, families, and communities to achieve abstinence and improved health, wellness, and quality of life for those with or at risk of alcohol and drug problems.¹

MISSION

Our mission is to provide a system of services focused on encouraging families and individuals to enhance the quality of their lives, become self-reliant, and create lasting changes that affect the whole community. Our Motto is **"Making Lives Better"** by creating change, changes to attitudes, and changes to people's potential to influence their outcomes.

VISION

That every person in our community seeking recovery support services will receive or be connected to the resources that will make them feel Valued, Strengthen, and Respected in every aspect of the recovery process.

PHILOSOPHIES

. We understand that people will come to us with a variety of needs and at different levels of recovery and willingness to change. We will be supportive, patient, understanding, and therapeutic. If an individual decides not to remain in our supportive environment, we will provide the appropriate linkage, giving the people in recovery our assurance that he or she realizes that they are welcome to return when ready. We understand that each person in recovery is and will be different and have corporate as well as unique challenges that need to be addressed. BB2L's resources are designed to provide people in recovery with the tools that they need to accomplish their objectives. We must admit that every one of us is affected by the plight of drug addiction and recovering addicts are our friends and family. They need us as well as we need them. We realize that a genuine program is never complete, and there are milestones and continuous goal-setting that will stimulate growth through continuous communication.

BELIEFS

- We believe that everyone can recover and become active and productive members of society in our community if given the opportunity and support
- We believe that the work we do helps save lives.
- We believe in engaging people in recovery with compassion, commitment, skill, and love.
- We believe in treating people with dignity & respect
- We believe in providing a safe, supportive, structured, and compassionate environment
- We believe in treating the individual, family, and the community
- We believe we are accountable to each person in recovery for his or her experience
- We believe in complete confidentiality before, during, and after service
- We believe in honest and ethical behavior, personal and group accountability, and social responsibility
- We believe in continuing education and training to live productive lives.



TOP FIVE COMMUNITY OPIOID RELATED DEATHS

Geography - Chicago

Opioid-related overdose deaths occurred across Chicago – with decedents having resided in 73 of the 77 (95%) community areas.

Top five community areas (number of deaths)

- 1) Austin (50)
- 2) North Lawndale (29)
- 3) Humboldt Park (28)
- 4) West Town (29) and South Shore (19)
- 5) **Roseland (28)**

Opioid-related overdose deaths occurred in 95% Of Chicago Communities

- Of the 741 opioid-related overdose deaths that occurred in Chicago in 2016, 586 decedents had a residence address in Chicago, while 102 decedents had a residence address in Southern Cook County (Table 5).
- Chicago residents who died of an opioid-related overdose were more likely to be NH African American (52.3%) and older (average age of 50 years). However, non-residents who died of an overdose were more likely to be NH White (59%) and younger (average age of 42 years) (Table 5).
- 275 (37%) of the opioid-related overdose deaths that occurred in Chicago occurred at the decedent's home address.

Map 2. Overdose deaths involving opioids among Chicago residents (2016)

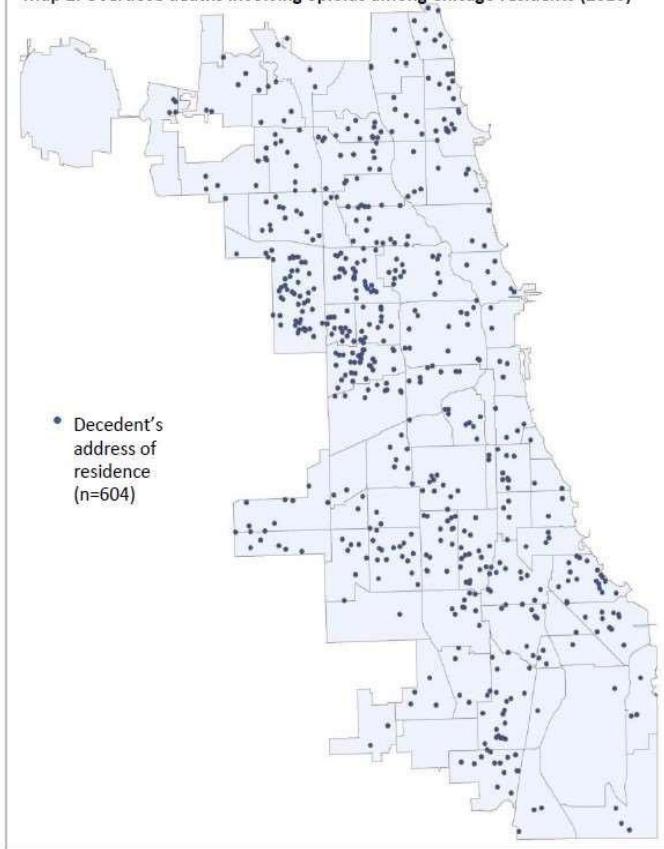


Table 5. Opioid-related overdose deaths that occurred in Chicago by decedent's address of residence – Chicago, 2016

	Address of residence in Chicago (n=586)		Address of residence in suburban Cook (n = 102)	
	#	%	#	%
Race-ethnicity				
NH African American	312	53.2%	26	25.5%
NH White	169	28.8%	60	58.8%
Hispanic or Latino	99	16.9%	16	15.7%
NH Asian or Pacific Islander	5	0.9%	0	0
Age (years)				
15-24	29	4.9%	9	8.8%
25-34	106	18.1%	29	28.4%
35-44	123	21.0%	16	15.7%
45-54	187	31.9%	28	27.5%
55-64	126	21.5%	16	15.7%
65-74	13	2.2%	4	3.9%
Average age (years)	44.9		41.5	

Data Source: Cook County Medical Examiner's Office.

COMMUNITY RESOURCES

Formal or Informal Relationships	Types of Services
Emages, 110 E. 79th Street* Chicago IL 60619	D.U.I Services
Human Resource Development Institute (HRDI)	Out Alcoholism patient Recovery Care, Mental health Services, Treatment & Housing
Alcoholics Anonymous (AA)	Harvey Branch
Haymarket	Recovery, Rehab Center
Agape Love Community Center	Food Basket/ Child Care
Phalanx Family Services	Family Counseling & Services
U.S. Bank	Financial Literacy
Greater Chicago Food Depository	Snap Training/ Food Donations/ Soup Kitchen
Community Assistance Programs	Subsidized Job Placement
Cornerstone Recovering Community	Opioids Addiction Substance Abuse Alcoholism
Advocate Trinity Hospital	Emergency Services
Roseland Community Hospital	Training & Emergency Service
Salvation Army	Housing assistance, Clothing, Furniture
Catholic Charities	Housing & Employment
Olive Leaf Branch	Shelter for families
Prentice House	Transitional Housing



SWOT ANALYSIS

Strengths, Weaknesses, Opportunities, Threats

Following is a summary of the key findings from the focus group and interviews of our participants for the completion of the Lights of Zion Needs Assessment on Mental Health and Addiction Recovery Services.

Strengths A listed complied from a Focus group, interviews of participants, and surveys.

- Partnerships that provide prevention services
- Roseland Community Hospital in supports individuals with Mental Illness (MI) and Alcohol and Other Drug (AOD) problems
- The offering of education to community mental health professionals and families
- The diversity of services in the community -Youth Build Program
- Good system collaboration including courts and judicial system
- Better system communication in general-Local Leadership
- The mental health levy has strengths and demonstrates community support for Mental Health
- Community Awareness of Mental Health/AOD Services
- Combined professional experience--Community support of levies
- Joint Leadership - Strong Provider Network
- Excellent Agencies- Continuum of Care – Crisis Intervention
- Communication between providers is Good
- Collaborations between providers are Good
- Collaborations with Children's Services and Criminal Justice System

Weaknesses

A Focus group and interviews of participants identified a wide range of weaknesses related to the Recovery Support service delivery system.

- Limited community knowledge and understanding
- Community education on addictions and mental health.
- Addictions detoxification and sober living capacity.
- Limited funding for addictions and mental health services in general. No levy support for addiction services.
- County residents understand what levy funds generated provide in the community.
- Psychiatric services capacity. = Waiting time for services.
- Lack of talk about substance misuse including the sharing of experiences about it
- Detox services - Limited Sober Living Facilities
- Lack of safe housing options - Waiting time for assessment & treatment
- Better care coordination is needed
- The stigma of mental illness is strong, especially in the school system
- Education in the faith community especially for pastors and clergy
- More social recreational services for our community youth
- Transportation and recreational opportunities for those with mental illness
- Vocational services are limited, and more ongoing job coaching is needed
- Major Big Box Stores closing and eliminating jobs

Opportunities

A focus group and interviews of the participants identified a range of opportunities related to Lights of Zion, the faith-based community, and other agencies.

- Increase community education opportunities on addictions, mental health, and dual disorders. Utilize/promote collaboration with local business groups, etc.
- Model and implement more addictions and mental health evidence-based “best practice” models.
- Develop and implement a Peer Recovery Community model
- Utilize media to educate the community regarding addiction and mental health topics, and improve community knowledge.
- Enhance faith-based and other non-traditional partnerships and service activities
- Just doing the plan without overthinking it
- Use a peer recovery community to support volunteering and low cost
- Use local volunteers and grassroots efforts more

Threats

A focus group and interviews of our participants identified a range of threats related to the Recovery Support Services

- Funding is extremely hard to come by
- Impact of the heroin epidemic, increased resident drug abuse, and increasing death rate from overdose and suicides.
- Separate treatment funding streams (Addictions and Mental Health).
- Competition between local addiction and mental health service providers for available funds.
- Lack of Education
- Increased Stigma
- Not recognizing the reality of the prevalence of Mental illness, addictions, and violence in schools
- Youth being exposed to opioids
- More residents using drugs/substances inappropriately than ever
- The increasing death rate of overdoses and suicides
- Loss of local jobs and industrial base
- Childcare
- Competition for services (silos)
- Insurance Gaps
- Psychiatrist shortage



Addressing Chicago's Crisis with BB2L Recovery Network

The opioid overdose deaths in the county have more than doubled the number of homicides, surpassing a previous record set in 2021. The widespread availability of the potent synthetic opioid, fentanyl, stands out as a major cause behind this alarming increase. Medical experts have noted that fentanyl has become a common ingredient in various illicit drugs, making overdoses more likely and dangerous.

Observations from those working with addicts reveal that fentanyl is now present in most major drugs, except for marijuana. It has been detected in substances like meth, cocaine, and heroin, and there are reports of its presence in MDMA and psychedelics as well. Several factors, such as pandemic-related anxiety, homelessness, and the use of illicit substances like xylazine, a veterinary anesthetic, have contributed to the rise in drug use and overdoses. Additionally, unsafe consumption practices and the emergence of substances like xylazine, do not respond to life-saving treatments and have further complicated the situation.

Chicago alone grappled with a devastating crisis, with 1,500 lives lost to drug overdoses, surpassing even fatal gun violence. Particularly hard-hit were economically challenged areas, such as Roseland, plagued by high crime and limited resources. The reentry challenges faced by released inmates only worsened the situation.

Amidst this crisis, the Bounce Back 2 Life Recovery Network (BB2L) emerges as a beacon of hope. While not directly providing services, BB2L acts as a vital connector. By facilitating access to healthcare, substance abuse treatment, and essential support services, BB2L offers a lifeline to those in need. Through these connections, individuals in Roseland and similar communities can find the help they require, breaking the cycle of violence and addiction.

By leveraging BB2L's network, Chicago can not only mitigate the crisis but also empower communities. By linking individuals to the right services, BB2L provides a tangible solution, fostering recovery, resilience, and a path toward a brighter future.

Addressing Barriers to Recovery

Through our community assessment, we identified key obstacles to recovery, including:

- **Community stigma** surrounding substance use and reentry
- **Transportation barriers** that prevent consistent engagement in services

We are addressing these barriers by:

- Launching a **stigma-reduction campaign** that centers persons with lived experience (PLEs) as storytellers and leaders.
- Building a **volunteer transportation network** to connect participants to meetings, treatment, court dates, and workforce training.

These strategies cut across our three focused community projects:

Three Focused Community Projects

1. Reentry & Recovery Navigation

This project advances ROSC goals of reducing stigma, promoting harm reduction, and prioritizing equity by supporting returning citizens during their critical transition back into the community.

What we will do

- Expand **peer-based reentry navigation** for individuals leaving jail/prison.
- Strengthen partnerships with **local judges, courts, and probation departments**.
- Deploy trained **Peers with Lived Experience (PLEs)** as mentors who:
 - Facilitate warm handoffs to recovery meetings and support groups
 - Connect people to housing resources and basic needs
 - Provide employment coaching and referrals to training and jobs

Why it matters (Robert's story)

Robert, a returning citizen, enrolled in LOZ's peer mentorship and workforce development programs. With guidance from our PLEs, he:

- Stabilized his recovery
- Reconnected with family
- Built job skills through our training institute

Today, Robert travels across state lines sharing his testimony, mentoring others, and earning a livable wage as a **Carpenter and Solar Installer**—a job he gained through our hands-on training and an employer partner. His story illustrates the core mission and impact of Lights of Zion.

2. Peer Workforce Development

This project supports ROSC goals by improving effective service delivery, promoting Medication-Assisted Recovery (MAR), and reducing stigma through a community-reflective peer workforce.

What we will do

- Use the **Illinois Board of Higher Education**—certified **Lights of Zion Training Institute** to expand curriculum in:
 - Peer recovery support and certification preparation
 - Recovery ethics
 - Trauma-informed, culturally responsive practice
- Develop a **peer workforce pipeline** that connects trained peers to jobs with:
 - Community Assistance Programs (CAPs)
 - Local labor unions
 - Workforce agencies and employers who prioritize hiring individuals in recovery

This creates sustainable roles for peers as recovery coaches, navigators, and community educators.

3. Youth Development & Prevention

This project advances equity, harm reduction, and effective service delivery by engaging youth and young adults (ages 16–26) in meaningful, recovery-aligned activities.

What we will do

- Integrate recovery concepts and life skills into **CNA, logistics, construction, and job readiness** programs at our Training Institute.
- Provide **mentorship and leadership development** for youth, including young people in or at risk for substance use.
- Apply **SAMHSA's Strategic Prevention Framework**, with youth in recovery co-designing activities to ensure cultural relevance and peer appeal.

Youth will build career skills while learning about recovery, resilience, and healthy coping strategies.

SMART Goals by Project

Reentry & Recovery Navigation

- **Connect 75** returning citizens to peer recovery support
- Achieve **60% retention** in recovery supports
- Host **4 quarterly**, community-based recovery meetings
- Establish **3 formal partnerships** with courts and probation departments



Peer Workforce Development

- **Train 20** individuals in peer recovery support skills
- Support **12+** trainees to achieve state peer certification
- Complete **RCO certification by December 2025**
- Create **8 new employment opportunities** for certified peers

Youth Development & Prevention

- **Engage 100** youth in recovery-oriented activities
- Train **15 youth** as recovery ambassadors
- Conduct **3 stigma-reduction workshops** reaching **300+ students**
- Connect **25 high-risk youth** to treatment and/or support services

Year 1 Strategic Plan Accomplishments & Next Steps

Community Challenge #1: Reentry & Recovery Navigation

Year 1 Objective

Support successful reintegration of 75 returning citizens by connecting them to peer recovery services (60% retention), hosting 4 quarterly recovery meetings, and forming 3 partnerships with courts and probation. Disseminate 20 stigma-reduction campaign releases by June 30, 2026.

Progress Achieved

- Distributed ROSC information (flyers, pamphlets, business cards).
- Attended local meetings and community events to raise awareness of ROSC and substance use challenges.
- Began developing a **social media presence** that will be used to distribute campaign materials.

Adjustments / Challenges

- Talking about substance use remains a **sensitive topic** in the community.
- Some community members decline to complete surveys because they believe they “don’t know anyone” with an SUD, making it difficult to collect stigma data from the broader population.

Next Steps

- Finalize and launch official **social media accounts** and begin posting campaign content.
- Develop **Year 2 & Year 3 messaging** based on Year 1 outreach feedback.
- Create digital and print campaign materials (flyers, infographics, short videos).
- Host **quarterly recovery meetings** with planned agendas and promotion.
- Formalize partnerships with **courts and probation** via MOUs or letters of agreement.
- Expand outreach through local events and peer networks.
- Implement feedback loops (focus groups and surveys) to assess campaign impact.

Outcome / Output Measures

- of social media accounts launched
- of campaign posts released
- of flyers/pamphlets/business cards distributed
- of new recovery messages developed for Years 2 & 3
- of quarterly recovery meetings held
- of partnerships established with courts/probation
- of community events attended
- of focus groups conducted
- Feedback collected from focus groups and surveys
- Retention rate of returning citizens (target: 60%)
- Total # of campaign releases disseminated (target: 20)

Community Challenge #2: Peer Workforce Development

Year 1 Objective

Strengthen the peer recovery workforce by training 20 individuals, helping 12 achieve state certification, completing RCO certification, and creating 8 new employment opportunities. Disseminate 20 campaign releases by June 30, 2026.

Progress Achieved

- Created **employment pathways** by connecting LOZ Training Institute students with ROSC resources and potential peer roles.
- Began developing a **social media strategy** to broaden awareness of peer workforce opportunities.

Adjustments / Challenges

- Increased community outreach efforts to boost **enrollment in peer support training**, indicating initial recruitment has required more effort than anticipated.

Next Steps

- Develop additional **peer workforce campaign messages** for Years 2 and 3, guided by Year 1 input.
- Increase **focus groups** to test new training content and outreach messages.
- Expand outreach through community events and partnerships to promote peer training and roles.
- Finalize and implement a **peer training curriculum** for evidence-based peer support.
- Provide **coaching and resources** for peers pursuing state certification.
- Complete the **Recovery Community Organization (RCO)** certification process.
- Collaborate with local partners to **create or identify 8 peer employment opportunities**.

Outcome / Output Measures

- of new campaign designs created for peer workforce development
- of focus groups conducted to test training and campaign materials
- Qualitative feedback on campaign and training effectiveness
- of individuals trained in peer support (target: 20)
- of peers achieving state certification (target: 12)
- Completion of RCO certification (Yes/No; by date)
- of new employment opportunities created (target: 8)
- of campaign releases disseminated (target: 20)

Community Challenge #3: Youth Development & Prevention

Year 1 Objective

Expand youth-focused recovery support by engaging 100 youth, training 15 youth ambassadors, conducting 3 stigma-reduction workshops for 300 students, and connecting 25 high-risk youth to treatment or recovery services. Disseminate 20 campaign releases by June 30, 2026.

Progress Achieved

- Hosted interactive sessions focused on **wellness, resilience, and substance use awareness**, reaching dozens of participants so far.
- Coordinated with community providers to begin linking **high-risk youth** to treatment and recovery services.

Next Steps

- Develop additional **youth-focused campaign messages** for Years 2 and 3 using Year 1 feedback.
- Increase the number of youth **focus groups** to test engagement strategies and stigma-reduction materials.
- Expand outreach through **school events, youth organizations, and community partners**.
- Plan and conduct **3 stigma-reduction workshops** for students.
- Recruit and train **15 youth ambassadors** to lead recovery-oriented activities.
- Connect **25 high-risk youth** to treatment and recovery services through referrals and partnerships.
- Disseminate youth-focused campaign materials (flyers, social media posts, videos).

Outcome / Output Measures

- **of new youth-focused campaign designs created**
- **of youth focus groups conducted**
- Feedback collected on youth engagement and campaign impact
- **of youth engaged in recovery-oriented activities (target: 100)**
- **of youth ambassadors trained (target: 15)**
- **of stigma-reduction workshops conducted (target: 3)**
- **of students reached through workshops (target: 300)**
- **of high-risk youth connected to services (target: 25)**
- **of youth campaign releases disseminated (target: 20)**

12-Month Plan (Short-Term Progress Snapshot)

Quarter 1 (July–September 2025)

- Launch initial outreach campaigns (5 releases per challenge).
- Begin intake for returning citizens (target: 20).
- Start recruitment for peer training cohort (first 5 trainees).
- Plan youth calendar; first youth recovery activity (\approx 25 participants).

Quarter 2 (October–December 2025)

- Continue outreach (5 more releases per challenge).
- Enroll an additional 20 returning citizens (total: 40).
- Train second group of 5 peers (total: 10); begin certification support.
- Host second youth activity; first stigma-reduction workshop (100 students).

Quarter 3 (January–March 2026)

- Outreach continues (5 releases per challenge).
- Enroll 20 more returning citizens (total: 60).
- Train third group of 5 peers (total: 15); support more certifications.
- Host third youth activity; second stigma-reduction workshop.

Quarter 4 (April–June 2026)

- Final 5 outreach releases (total: 20).
- Enroll remaining 15 returning citizens (total: 75); monitor 60% retention.
- Train final 5 peers (total: 20); reach 12 certifications.
- Host fourth youth activity; third stigma-reduction workshop; connect 25 high-risk youth to services.

3-Year Strategic Direction

Long-Term Vision (by June 30, 2027)

Strengthen recovery support systems for returning citizens, peers, and youth in the Southland by:

- Reducing stigma and increasing awareness of recovery resources
- Expanding a trained, certified **peer workforce**
- Building sustainable **partnerships with courts, schools, employers, and community organizations**
- Ensuring measurable progress in reintegration, workforce development, and youth engagement

The multi-year goals and outcome measures you've listed (campaign outputs, engagement, training, workforce, partnerships, evaluation) already support this vision and can be used as your formal ROSC Council scorec