

FY26 Strategic Plan
SI SUPRT – Hamilton & White ROSC Council
Lead Agency: Egyptian Health Department
Fiscal Year: FY26 (July 1, 2025 – June 30, 2026)

Council Mission: To create a culture that nurtures recovery, reduces discrimination against people who use drugs, and supports the expansion of recovery capital in Hamilton and White Counties through a coordinated, community-driven system of care.

Council Vision: Hamilton and White Counties are inclusive, recovery-oriented communities where individuals with substance use and co-occurring conditions have access to supportive services, meaningful connections, and opportunities for long-term recovery.

Needs Assessment

Community Overview: Hamilton and White Counties are predominantly rural counties with small population centers and limited access to healthcare and recovery services. Geographic isolation, transportation challenges, and limited local resources contribute to increased vulnerability for individuals with substance use disorders.

Community demographics: Population of Hamilton County is 7.9k and White is 13.4k, predominantly Caucasian. Poverty rate of Hamilton County is 12.8% and White County is 15.3%, both higher than the state and national average. There is limited healthcare access, and transportation barriers. Due to low population in both counties, drug-related mortality rate data is suppressed, but we know from conversation with local emergency services that there have been multiple overdose fatalities in 2025.

The following service gaps were identified from conversations during council meetings throughout the year, local hospital community needs assessments completed in 2025, and 77 responses to our SI SUPRT Community Survey.

Key Community Challenges

- Limited healthcare and behavioral health infrastructure
- Long travel distances to treatment and recovery services
- Fewer harm reduction and peer support touchpoints
- Stigma in close-knit rural communities
- Lack of local MAR access, requiring cross-county referrals

Overdose and Substance Use Trends

Community data and service-provider feedback indicate:

- Continued high risk of overdose, particularly involving opioids and polysubstance use
- Ongoing need for naloxone distribution and overdose education
- Limited understanding of access to low-barrier Medication-Assisted Recovery (MAR)

Community Survey Findings

Community survey data identified the following priority gaps:

- Lack of awareness of recovery supports and harm reduction services
- Transportation as a significant barrier to care
- Limited recovery housing and employment supports
- Need for stronger community education and stigma reduction

Qualitative Input

Input from council members, PLEs, and partner agencies emphasized:

- Importance of meeting people where they are through mobile and community-based outreach
- Need for strong cross-county collaboration
- Value of trusted local partners such as faith-based and civic organizations

Council Outreach and Communication Plan

Purpose: To ensure residents of Hamilton and White Counties are informed about recovery supports, engaged in council efforts, and connected to resources despite geographic barriers.

Objectives

- Increase visibility of recovery and harm reduction services
- Increase awareness and understanding of MAR
- Strengthen collaboration across county lines
- Highlight successes and accomplishments of people in recovery
- Reduce discrimination against people who use drugs

Target Audiences

- People with lived experience and families
- Faith-based organizations and civic groups
- Healthcare and emergency responders
- Law enforcement and judicial partners
- Schools and youth-serving organizations
- General community members and media

(All target audiences will receive meeting invitations, meeting agendas and minutes, event flyers, and updates via email and during our council meetings. We will also share recovery support information, flyers, initiatives and regional resources during in-person outreach and on

social media. We also share initiatives during one-on-one Zoom meetings with various stakeholders each month.)

Key Messages

- Recovery support is available and accessible
- Everyone has a role in supporting recovery
- Multiple pathways to recovery are respected
- Community collaboration improves outcomes

Communication Channels & Frequency

- Monthly Zoom council meetings
- In-person outreach at community events
- Social media and email communications
- One-on-one meetings with stakeholders
- Partner-led information sharing

Roles and Responsibilities

- ROSC Program Manager: coordination, oversight, and planning
- ROSC Coordinator: coordination, event planning, networking
- Administrative Support: scheduling and documentation
- Council Members: outreach and community engagement

Evaluation & Feedback

- Outreach participation tracking
- Social media engagement
- Annual community survey data
- Quarterly council reflections
- Event-specific feedback and attendance

Council Goals, Objectives, and Outcome Measures

Goal 1: Improve access to transitional housing

By June 30, 2026, strengthen at least two partnerships aimed at improving transitional housing access for people in recovery.

Objectives for FY26:

- Engage Jacob's Well in the implementation of a home in McLeansboro, IL by April, 2026
- Create recovery-friendly landlord list by February, 2026
- Build relationship with nearby long-term residential program, Rooted in Grace, by March, 2026

Progress achieved:

- ROSC staff have begun compiling recovery-friendly landlord list as of December, 2025
- Jacob's Well directors have attended one council meeting in November, 2025
- ROSC staff are in regular communication with directors of transitional housing facility, Jacob's Well and will continue to support them through fundraising and access to opioid settlement funds
- Invited director of Rooted in Grace—a long-term faith-based residential program, located in Lawrenceville, IL—to upcoming council meeting

Outcome Measures:

- Add one transitional housing resource by June, 2026
- Housing resource guides distributed or updated by February, 2026
- Stakeholder reports of improved access

Goal 1: 3-Year Plan

Goal: Continue increasing access to transitional housing in Hamilton and White Counties by facilitating partnerships with Jacob's Well and Rooted in Grace through their participation in council meetings and public events in FY27 and FY28.

Objectives:

- Connect Jacob's Well to Hamilton and White County Boards in their efforts to secure future opioid settlement funds to support their facility
- Help to facilitate recovery support services at Jacob's Well
- Expand linkage opportunities for other services at Jacob's Well
- Help strengthen referral process with Rooted in Grace

Outcome Measures:

- Number of funds received
- Number of available support services
- Number of referrals and linkages
- Feedback from recovery support services, participants, and community partners

Goal 2: Reduce Stigma and Increase Community Engagement

By June 30, 2026, implement at least three community-based anti-stigma initiatives reaching residents in both Hamilton and White Counties.

Objectives:

- Host or participate in three anti-stigma and recovery-focused events in FY26

- Complete 2026 Free Laundry Event calendar by January 5th, 2026 with a laundry event scheduled at least every other month
- Begin ongoing social media campaign highlighting the recovery community by February, 2026
- Implement recovery yard sign campaign by October, 2025
- Share lived-experience recovery stories through social media and community forums during Recovery Month 2025
- Collaborate with 3 faith-based and civic organizations on stigma-reduction messaging by April, 2026

Progress Achieved:

- Distributed 250 “Recovery is for Everyone” yard signs in September, 2025
- 4 Free Laundry Day Events held in FY26 with 40 participants in Hamilton County and over 100 participants in White County
- Recovery picnic held in Carmi, IL on September 27, 2026 attended by 50 people
- Created recovery stories video, shared on social media and viewed 4,038 times as of December, 2025
- Attended Teen Mental Health Conference at Carmi High School in FY26 attended by 150 high school students
- Delivered anti-stigma and overdose prevention presentations for Wabash Area Development (WADI) covering Hamilton and White Counties in December, 2026
- Partnered with First Presbyterian Church of Carmi, IL for two Free Laundry Day events at Angie’s Wash and Fold

Outcome Measures:

- Number of events held and attendance
- Social media reach and engagement
- Qualitative feedback from community members

Goal 2: 3-Year Plan

Goal: Increase anti-stigma initiatives throughout Hamilton and White Counties in FY27 and FY28

Objectives:

- Plan Recovery Month events in Hamilton and White counties for FY26, FY27, and FY28
- Hold four Free Laundry Day events each year
- Hold Community Forum in Hamilton County in FY27
- Increase number of Community Survey respondents who believe individuals who use substances deserve respect

Outcome Measures:

- Number of Recovery Month events
- Number of Free Laundry events
- Number of survey responses

Goal 3: Expand Access and Awareness of MAR and Recovery Supports

By June 30, 2026, increase awareness and utilization of low-barrier treatment and recovery supports in Hamilton and White Counties by 20%.

Objectives:

- Provide community education about MAR
- Promote MAR providers and referral pathways through healthcare and justice partners
- Engage White County Detention Center in listening session on MAR in Jails by April, 2026
- Attend two Opioid Coalition meetings in Hamilton County in FY26 to discuss overdose rates, naloxone access, and MAR
- Launch MAR anti-stigma campaign by April, 2026

Progress achieved:

- Created and disseminated updated recovery meeting list in November, 2025
- Held MAR in Jail listening session at Egyptian Health Department on October 1, 2025, attended by 26 local jail administrations, law enforcement, and service providers
- Shared informational video of local MAR provider, Dr. Jason West, with multiple stakeholders in November, 2025

Outcome Measures:

- Number of MAR patients seen by local providers
- Community survey results
- Number of naloxone kits distributed
- Partner feedback and service utilization data

Goal 3: 3-Year Plan

Goal: Continue to raise awareness and education of MAR (through events, social media, one-on-one meetings) in an effort to change cultural perceptions throughout FY26, FY27, and FY28.

Objectives:

- Provide education to stakeholders, community members, and service providers about MAR
- Add one local MAR provider or consistent referral source in White County by FY28

- Facilitate adoption of MAR at one long-term residential program

Outcome Measures:

- Stakeholder interviews with residential programs and service providers
- Number of Community Survey respondents indicating understanding and awareness of MAR

Evaluation and Sustainability

Progress will be monitored through quarterly reviews, outcome tracking, and community feedback. Sustainability will be supported through continued partnerships, shared leadership, and pursuit of funding opportunities including state, federal, and local resources.

Conclusion

The SI SUPRT Hamilton & White ROSC Council is committed to strengthening recovery capital, reducing stigma, and improving access to coordinated recovery supports. Through collaboration and community engagement, the council will continue building a recovery-ready system of care in FY26 and beyond.