

FY26 Strategic Plan
SI SUPRT – Saline & Gallatin ROSC Council
Lead Agency: Egyptian Health Department
Fiscal Year: FY26 (July 1, 2025 – June 30, 2026)

Council Mission: To create a culture that nurtures recovery, reduces discrimination against people who use drugs, and supports the expansion of recovery capital in Saline and Gallatin Counties through a coordinated, person-centered system of care.

Council Vision: Saline and Gallatin Counties are recovery-ready communities where individuals and families have equitable access to multiple pathways of recovery, strong community supports, and opportunities for health, wellness, and quality of life.

Needs Assessment

Community Overview: Saline and Gallatin Counties are rural communities in southeastern Illinois facing persistent challenges related to substance use, access to care, transportation, and economic stability. Saline County serves as a regional hub for healthcare and social services, while Gallatin County is smaller and more geographically isolated, increasing barriers to treatment and recovery supports.

Community demographics: Population of Saline County is 23.7k and Gallatin is 4.6k, predominantly Caucasian. Poverty rate of Saline County is 17.1% and Gallatin County is 15.6, both higher than the state and national average. There is limited healthcare access, and transportation barriers. There is a high drug-related mortality rate in Saline County (42.8 per 100,000), the only county in our service area with available data via USDA website. Due to low population in Gallatin County, the data is suppressed, but we know from conversation with local emergency services that there have been multiple overdose fatalities in 2025. 21% of the population has a disability status, compared to the state and national average of 10%.

The following service gaps were identified from conversations during council meetings throughout the year, local hospital community needs assessments completed in 2025, and 110 responses to our SI SUPRT Community Survey.

Key Community Challenges

- Rural geography with limited public transportation
- Higher poverty rates and limited affordable housing
- Workforce shortages in behavioral health and recovery services

- Stigma associated with substance use disorder (SUD), particularly in small communities

Overdose and Substance Use Trends

Community data and service-provider feedback indicate:

- Continued high risk of overdose, particularly involving opioids and polysubstance use
- Ongoing need for naloxone distribution and overdose education
- Limited understanding of access to low-barrier Medication-Assisted Recovery (MAR)

Community Survey Findings

Community survey results highlighted the following priority gaps:

- Limited awareness of available recovery support services
- Ongoing stigma toward people who use drugs and people in recovery
- Lack of follow-up and peer support after overdose events
- Transportation barriers to treatment, especially for Gallatin County residents
- Need for more recovery-friendly housing and employment opportunities

Qualitative Input

Feedback from council members, People with Lived Experience (PLEs), and partner organizations emphasized:

- Strong interest in peer-led supports and post-overdose outreach
- Desire for consistent, visible anti-stigma messaging
- Need for improved coordination between healthcare, law enforcement, and recovery supports

Council Outreach and Communication Plan

Purpose: To increase awareness of recovery supports, strengthen stakeholder engagement, and reduce stigma related to substance use disorder in Saline and Gallatin Counties.

Objectives

- Increase community awareness of recovery services and harm reduction resources
- Highlight successes and accomplishments of people in recovery
- Reduce discrimination against people who use drugs
- Strengthen collaboration among service providers, healthcare systems, and community partners

Target Audiences:

- People with lived experience and their families
- Recovery support organizations and treatment providers
- Healthcare systems and emergency departments
- Law enforcement and judicial partners
- Faith-based and civic organizations

- Employers and business leaders
- General community and media

(All target audiences will receive meeting invitations, meeting agendas and minutes, event flyers, and updates via email and during our council meetings. We will also share recovery support information, flyers, initiatives and regional resources during in-person outreach and on social media. We also share initiatives during one-on-one Zoom meetings with various stakeholders each month.)

Key Messages

- Recovery is possible and supported in Saline and Gallatin Counties
- Multiple pathways to recovery are valid and respected
- People who use drugs deserve dignity, respect, and access to care
- Community collaboration strengthens recovery outcomes

Communication Channels & Frequency

- Monthly council meetings (Zoom; quarterly in-person)
- Social media posts (weekly)
- Email updates and newsletters (monthly)
- Community events and outreach activities (ongoing)
- One-to-one partner outreach as needed

Roles and Responsibilities

- ROSC Coordinator: overall coordination and communication oversight
- Outreach Assistant: event planning, community outreach, laundry events
- Administrative Support: meeting logistics and documentation
- Council Members: outreach, event participation, and information sharing

Evaluation & Feedback

- Social media engagement metrics
- Meeting attendance and partner participation
- Annual community survey results
- Quarterly review of outreach efforts
- Feedback and surveys specific to community events

Council Goals, Objectives, and Outcome Measures

Goal 1: Increase access to recovery-friendly housing

By June 30, 2026, strengthen at least two partnerships aimed at improving housing access for people in recovery.

Objectives for FY26:

- Engage Oxford House in the implementation of a home in our area by July, 2026
- Create recovery-friendly landlord list by February, 2026
- Continue to support Via Dolorosa in their efforts to open a residential facility in Eldorado, IL in Spring 2026

Progress achieved:

- ROSC staff have begun compiling recovery-friendly landlord list as of December, 2025
- Oxford House outreach worker has attended multiple council meetings in 2025
- Supported faith-based residential recovery program, Via Dolorosa, through efforts to open a new facility in Eldorado, IL with plans to be operational by Spring 2026
- Promoted Via Dolorosa's fundraising efforts

Outcome Measures:

- Add one recovery-friendly housing resource by June, 2026
- Housing resource guides distributed or updated
- Stakeholder reports of improved access

Goal 1: 3-Year Plan

Goal: Continue to advocate for and support residential recovery programs and Oxford Home in Saline County. Promote these efforts in both Saline and Gallatin Counties in FY26, FY27, and FY28.

Objectives:

- Continue to connect Via Dolorosa to funding sources and assist with any onboarding and training needs for staff
- Build strong referral source for Via Dolorosa and Oxford House
- Connect both recovery housing organizations to treatment and recovery services in Saline County
- Support Oxford House in their search for a site in Harrisburg, IL

Outcome Measures:

- Number of funds received
- Number of operational sites
- Number of referrals and linkages
- Feedback from directors, participants, and community partners

Goal 2: Reduce Stigma and Increase Community Engagement

By June 30, 2026, implement at least three community-based anti-stigma initiatives reaching residents in both Saline and Gallatin Counties.

Objectives:

- Host or participate in three anti-stigma and recovery-focused events in FY26
- Complete 2026 Free Laundry Event calendar by January 5th, 2026 with a laundry event scheduled at least every other month
- Implement recovery yard sign campaign by October, 2025
- Share lived-experience recovery stories through social media and community forums during Recovery Month 2025
- Collaborate with 4 faith-based and civic organizations on stigma-reduction messaging by April, 2026

Progress Achieved:

- Distributed 250 “Recovery is for Everyone” yard signs in September, 2025
- 4 Free Laundry Day Events held in FY26 with 50 participants in Saline County
- Organized Glow for Recovery event in Harrisburg, IL in September, 2025, attended by 143 people
- Created recovery stories video, shared on social media and viewed 4,038 times as of December, 2025
- Organized Overdose Awareness Day event in August, 2025, attended by 70 residents of Saline and Gallatin Counties
- Delivered anti-stigma and overdose prevention presentations at Harrisburg Public Library and Eldorado Memorial Library in November, 2025
- Completed two sessions of Recovery Ready Congregation training with First Presbyterian Church of Harrisburg as of December, 2025
- First Presbyterian Church of Harrisburg has begun their own Free Laundry Day Events
- Saline County Probation Office supervisor reported more recovery-oriented probation office due to increased visibility of people in recovery in 2025

Outcome Measures:

- Number of events held and attendance
- Social media reach and engagement
- Qualitative feedback from community members

Goal 2: 3-Year Plan

Goal: Increase anti-stigma initiatives throughout Saline and Gallatin Counties in FY27 and FY28

Objectives:

- Plan Recovery Month events in Saline and Gallatin counties for FY26, FY27, and FY28
- Hold 4 Free Laundry Day events each year
- Continue and grow partnership with Southern Illinois Resource and Advocacy Center (SIRAC) in Gallatin County throughout FY26, FY27, and FY28
- Increase number of Community Survey respondents who believe individuals who use substances deserve respect

Outcome Measures:

- Number of Recovery Month events
- Number of Free Laundry events
- Number of events in partnership with SIRAC
- Number of survey responses

Goal 3: Expand Access and Awareness of MAR and Recovery Supports

By June 30, 2026, increase awareness and utilization of low-barrier treatment and recovery supports in Saline and Gallatin Counties by 20%.

Objectives:

- Promote MAR providers and referral pathways through healthcare and justice partners
- Support Saline County Detention Center in implementation of MAR in Jails by April, 2026
- Support peer-led post-overdose outreach efforts
- Reduce stigma toward people engaged in MAR
- Engage By His Grace, Inc in Faith and Recovery Collaborative to provide evidence-based recovery support education to faith-based recovery support volunteers
- Raise awareness of recovery supports

Progress achieved:

- Created and disseminated updated recovery meeting list in November, 2025
- Held MAR in Jail listening session at Egyptian Health Department on October 1, 2025, attended by 26 local jail administrations, law enforcement, and service providers
- Shared informational video of local MAR provider, Dr. Jason West, with multiple stakeholders in November, 2025
- Made initial contact with By His Grace Inc. to facilitate training series

Outcome Measures:

- Number of MAR patients seen by local providers
- Community survey results
- Number of naloxone kits distributed

- Number of trainings
- Partner feedback and service utilization data

Goal 3: 3-Year Plan

Goal: Continue to raise awareness and education of MAR (through events, social media, one-on-one meetings) and evidence-based recovery services throughout FY26, FY27, and FY28.

Objectives:

- Provide education to stakeholders, community members, and service providers about MAR
- Complete Recovery Ready Congregation training with By His Grace Inc. by FY27
- Increase destigmatized engagement with MAR providers
- Continue to advocate for MAR in Saline County Detention Center
- Reduce amount of overdose fatalities in Saline and Gallatin Counties

Outcome Measures:

- Stakeholder interviews
- Jail participation
- Overdose statistics
- Number of community trainings
- Number of Community Survey respondents indicating understanding and awareness of MAR

Evaluation and Sustainability

Progress will be monitored through state collected data, quarterly reviews, outcome tracking, and community feedback. Sustainability will be supported through continued partnerships, shared leadership, and pursuit of funding opportunities including state, federal, and local resources.

Conclusion

The SI SUPRT Saline & Gallatin ROSC Council is committed to strengthening recovery capital, reducing stigma, and improving access to coordinated recovery supports. Through collaboration and community engagement, the council will continue building a recovery-ready system of care in FY26.