

**Cumberland County ROSC Council
Meeting Minutes**

December 16th, 2025

5:30 p.m.

**Calvary Tabernacle
Zoom**

Attendees In-Person: Kristina Drum, (ROSC Council Coordinator), Kyle Houser (ROSC Council Navigator), Shawn Strader (Celebrate Recovery)

Attendees on Zoom: Madison Butler (Prevention Specialist with Hour House Prevention) Jennifer West (Prevention Specialist with Hour House Prevention), Amber Clark (Community Engagement and Partnership Coordinator Suicide Prevention VA) Russell Thomas (Cumberland County Deputy)

Minutes

Agenda Item: Introductions of attendees

Spotlight speaker – No spotlight speaker this month

Cumberland County Priorities: Kristina briefly touched on the 3 main priorities for Cumberland County: expanding harm reduction access and awareness, exploring recovery housing, and implementing a Diversion Program.

Recovery Housing Subcommittee: Kristina provided the Council with updates on upcoming events supporting the Recovery Housing Initiative. The first community education event is scheduled for January 12th at 5:30 PM, and the second—featuring a panel discussion—will take place on March 9th at 5:30 PM. The next subcommittee meeting will be held on Monday, December 22nd at 5:30 PM.

Communication Campaign: The topic for December is staying healthy in sobriety during the holiday season. The holiday season can bring added stress, emotions, and disruptions to routine—but taking care of your recovery matters. Prioritizing regular meals, rest, movement, connection, and gratitude can help support emotional balance and overall well-being. Staying mindful of your needs, leaning on supportive people, and creating new sober traditions can make the holidays healthier, more meaningful, and grounded in recovery.

Community Survey: The Cumberland County ROSC Council Community Survey closed with 182 completed responses out of the established goal of 523. Survey findings highlighted several key barriers to recovery in the community, including lack of resources, availability of substances, people or environmental influences, limited support, transportation challenges, and stigma. Additional themes included gaps in awareness and information, motivation and readiness, poverty, mental health and trauma, limited activities, and access to affordable housing. These results directly support the Council's three priority goals by reinforcing the need to expand harm

reduction access and education, advance exploration of recovery housing options, and strengthen diversion and recovery support services through coordinated community partnerships and stigma-reduction efforts.

Strategic Plan: The Strategic Plan was reviewed and updated to more clearly align with the Council's three priority focus areas, including expanded harm reduction access and education, exploration and advancement of recovery housing options, and strengthened diversion and recovery support services. Revisions clarified objectives under each priority, documented progress achieved to date, and outlined next steps to guide implementation. Short-term outcome measures include increased community education and outreach activities, strengthened cross-sector partnerships, and improved awareness of available resources, while long-term outcomes focus on improved access to supports, reduced stigma, and stronger recovery-oriented systems within Cumberland County. The updated plan also incorporates a comprehensive communication and outreach strategy, as well as a gap analysis informed by the community survey results, which identified barriers such as limited resources, transportation challenges, stigma, and gaps in awareness. These updates ensure the Strategic Plan remains responsive to community-identified needs while providing clear direction, accountability, and measurable outcomes moving forward.

Outreach: Kristina and Kyle have focused recent outreach efforts in the Neoga area and plan to continue these efforts following the holiday season. One successful meeting took place at the Neoga Fire Station, where they met with two EMTs to discuss available recovery and harm reduction resources. During this meeting, the EMTs expressed interest in having a concise list of local resources printed on card stock that could be kept on ambulances and shared directly with individuals and families in need. This collaboration highlights a valuable opportunity to strengthen partnerships with first responders and improve real-time access to recovery-oriented supports within the community.

Cumberland County ROSC Council Logo: Recovery Navigator Kyle Houser shared several logo concepts created by Council member Madison with the council. Once purple is incorporated into the designs, Kristina will distribute the logos to Council members and invite them to participate in a voting process to select a final logo.

Reminders/Tasks:

- Kyle: Finish PowerPoint Presentation for the Recovery Housing Event
- Kristina: Email Liesl the date of the upcoming panel
- Madison: Incorporate purple into the logos
- Kristina: Send out logos for people to vote

Next Meeting: **January 26th, 2025 5:30 p.m. at Calvary Tabernacle & Zoom**

New Facebook Page: Please go like and follow the Cumberland County ROSC Council [Cumberland County ROSC Facebook Page](#)