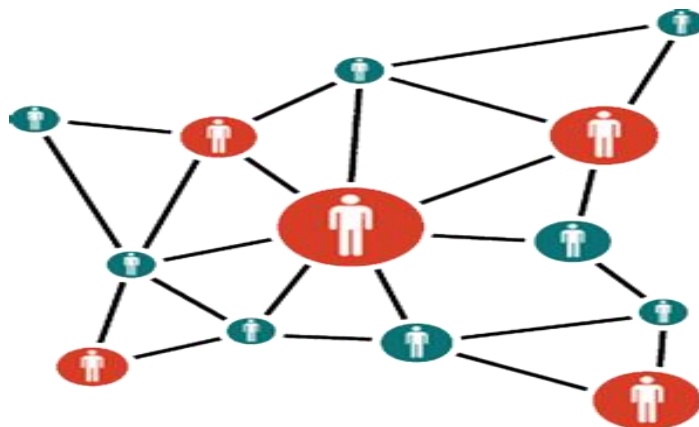




Recovery-Oriented Systems of Care (ROSC)

Randolph County Resources



Funded in whole or part by the Illinois Department of Human Services, Division of Behavioral Health and Recovery.

RANDOLPH COUNTY, IL RESOURCE GUIDE

* Located outside of Randolph County but available to Randolph County residents

** Online & National Hotline numbers

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ANCHOR AGENCIES Offering a Variety of Services

Caresline (for youth up to age 21).....(800) 345-9049
National Crisis LifelineTEXT or CALL 988
Veteran's Crisis LineDIAL 988, then press 1
Call 4 Calm Services: free anonymous program that reduces barriers to seeking mental health services. Text "TALK" to 552020 or "HABLAR" to 552020 to receive a return call within 24 hours

ComWell

For over 50 years, ComWell has provided behavioral health and developmental disability services to people of all ages. (Private insurance, Medicaid, Medicare or self-pay)

24 Hour Crisis Line(888) 855-0034

Contact Info & Hours: Monday-Thursday 8:00 a.m.-5:00 p.m., Friday 8:00 a.m.-4:00 p.m.

**Individual office hours may vary*

Locations: 618-282-6233

Red Bud: 10257 State Route 3, Red Bud, IL 62278

Chester: 2517 State St., Chester, IL 62233

Sparta: 104 Northtown Dr., Sparta, IL 62286

Okawville: 109 West Elm St., Okawville, IL 62271

Website: <https://comwell.us/>

Services:

Same-Day Assessment: readily available mental health and substance misuse assessment to identify best type of services for adults and youth including counseling, psychiatric, and case management.

Hours: Monday-Thursday

8:00 a.m.-3:00 p.m

Mobile Crisis Response: confidential crisis services and referrals to appropriate community resources. Crisis defined as someone experiencing hopelessness, delusions, thoughts of self-harm or thoughts of harm to self or others. This program operates 24/7/365 and can be accessed by contacting the 24/7 crisis hotline at: (888) 855-0034

Developmental Disability Services

- **CILA (Community Integrated Living Arrangement) (Chester and Sparta)**
Services: 24-hour supervised residential facility for adults with intellectual & developmental disabilities.
- **Community Day Service Program (Red Bud):** for people with developmental disabilities and intellectual disabilities such as Autism, Cerebral Palsy and Down syndrome; services include community day services, sheltered employment and residential services.

Behavioral Health Services: provides a wide range of professional behavioral health and intellectual disabilities services

- **Counseling Services:** available for Mental Health challenges. Help individuals, couples and families with life's challenges.
- **School Based Services:** Mental Health services for children and adolescents meeting clients where they are in schools.
- **Substance Use Disorder Services:** individual and Intensive Outpatient Program services providing weekly to nine hours a week counseling services and case management services to assist with recovery
- **Psychiatric Services:** Psychiatric Nurse Practitioners that evaluate and treat a wide range of mental health concerns for children, adolescents, and adults.
- **Medication Assisted Treatment:** substance use recovery assisted through the use of medication and monitored by a Medical Doctor.
- **Melmar (101 Melmar Court) (Sparta):** 24-hour supervised residential facility for adults age 18 and over with a diagnosis of severe and persistent chronic mental illness. The program is designed to increase independent living skills and to facilitate community integration or reintegration.

* Located outside of Randolph County but available to Randolph County residents

** Online & National Hotline numbers

Case Management Services: Assistance with meeting basic needs and life's difficulties both in the office, community, and in the home.

- **Partnership with Randolph County Housing Authority and local hospitals:** our collaboration with RCHA gives us the opportunity to bridge gaps and form connections with other resources in the region such as Nursing Homes, Assisted Living Facilities, Hospitals, and various other agencies. We have partnership both within and outside of Randolph County.
- **Healthy Communities Alliance:** organization of individuals from Randolph & Washington counties seeking to increase awareness and education to enhance physical and mental well-being through community partnerships
Website: <https://comwell.us/healthy-communities-alliance/>
Email: allianceinfo@comwell.us

DHS (Department Of Human Services) Family Community Resource Center

Services: receives applications for assistance including the following:

- **Temporary Assistance for Needy (TANF):** provides temporary financial assistance for pregnant women and families with one or more dependent children. TANF provides financial assistance to help pay for food, shelter, utilities and expenses other than medical.
- **Aid to the Aged, Blind and Disabled (AABD):** provides cash assistance for individuals over 65 years old, blind or disabled
- **Earnfare:** designed to provide adults who receive SNAP & volunteer an opportunity to gain valuable work experience, earn cash assistance and become self-sufficient
- **Earned Income Tax Credit (EITC):** if you work & meet eligibility requirements, you could claim the EITC to reduce your federal income taxes and get a bigger refund.
- **Supplemental Nutrition Assistance Program (SNAP):** helps low-income people and families buy the food they need for good health. Benefits are provided on the Illinois Link Card.
- **Medical Assistance Program:** provides medical assistance to individuals who meet eligibility criteria.
- **Contact Info: 870 Lehmen Dr., Chester, IL 62233 Automated (618) 826-4559/TTY (866) 876-7176**
- **After Hours Crisis Number(800) 828-7422**

Hours: Monday-Friday 8:30 a.m.-5:00 p.m.

Website: <https://www.dhs.state.il.us/page.aspx>

Randolph County Health Department

- **RCHD is a certified local health department that provides clinical and environmental health services through the operation of various programs, services and partnerships. RCHD offers multiple vaccine clinics for people of all ages.**
- **Contact Info: 2515 State St., Chester, IL 62233(618) 826-5007**
- **211 North Hasle, Sparta, IL 62286.....(618) 443-2995**

Hours: Monday-Friday, 8:00 a.m.-4:00 p.m.

Website: <https://am.randolphco.org/index.php/welcome>

Services:

- **Maternal and Child Health Services:** family case management, Adverse Pregnancy Outcome Reporting Program (APORS), Health Works of Illinois (HWIL), Women, Infants and Children (WIC), breastfeeding peer counseling, lead poisoning prevention program, genetics program, court ordered paternity testing
- **Environment Health Programs:** food establishment inspection and sanitation, foodborne illness investigation, private sewage and private water, non-community water and closed loop wells
- **Infectious Disease Program:** adult immunization program, Tuberculosis (TB) program, Sexually Transmitted Disease (STD), influenza, and communicable disease program
- **Community Health Education:** smoke free Illinois surveillance and enforcement, Southern Illinois substance abuse coalition, and prescription monitoring program

Western Egyptian Economic Opportunity Council, Inc.

- **Contact Info:**
- **Central office, 1 Industrial Park, Steeleville, IL 62288(618) 965-3458**
- **Head Start.....(618) 965-3458**
- **Randolph County Outreach, 1820 North Market, Bldg. A, Sparta, IL 62286(618) 443-5231**

* Located outside of Randolph County but available to Randolph County residents

** Online & National Hotline numbers

Hours: Monday-Friday, 8:00 a.m.-4:30 p.m.

Website: <https://weeoc.org/>

Services:

- **Crisis Based Services:** include rent, utilities and other assistance for low-income individuals
- **Energy Assistance:** includes Low Income Home Energy Assistance Program (LIHEAP), Percentage of Income Payment Plan (PIPP) and Warm Neighbors Cool Friends
- **Food Pantry (Sparta)**
- **Location:** 1820 North Market, Bldg. A., Sparta, IL 62286.....(618) 443-5231
Hours: Every Thursday from 1:00 p.m.-3:30 p.m.
- **Housing Services:** HUD Certified Counseling (number to call 618-542-4656), rent and homeless prevention assistance (number to call 618-443-5231) and Pyramid Manor Apartments (number to call 618-965-3458).
- **Head Start:** child development program serving three and four-year old children from low-income families and actively recruits and enrolls children with disabilities
- **Locations:**
 - **Coulterville:** 316 East Grant St., Coulterville, IL 62237(618) 758-2524
 - **Percy:** 607 West Pine St., Percy, IL 62272(618) 497-2410
 - **Sparta:** 1820 North Market, Bldg. B, Sparta, IL 62286(618) 443-3037
- **Senior Center (Chester):** provides social, recreational, educational and informational activities in addition to nutritious meals to people age 60+ (and their spouses regardless of age); assists with Medicare sign up and questions.
- **Location:** 805 State St., Chester, IL 62233(618) 826-1508
- **Weatherization (Randolph County Outreach):** enables low-income families to reduce their energy bills by making their homes more energy efficient

***Centerstone**

(Medicaid, Medicare & most private insurance)

Services: include addiction recovery, children & family, counseling, crisis and urgent care, forensic evaluation, housing, inpatient, military, pharmacy, primary care, psychiatric care, social services, and vocational and workplace assistance.

Contact Info:

Inpatient Services – Fellowship House

800 North Main Street, Anna, IL 62906(618) 833-4456

Outpatient Services

- 2311 South Illinois Avenue, Carbondale, IL 62903.....(855) 608-3560
- 402 East Plaza Drive Ste 4/5, Carterville, IL 62918 (855) 608-3560
- 403 Municipal Drive, Carterville, IL 62908 (618) 932-9330
- 202 S. Bentley, Marion, IL 62959 (855) 608-3560
- 1307 West Main Street, Marion, IL 62959(855) 608-3560
- 902 West Main Street, West Frankfort, IL 62896(855) 608-3560
- 2615 Edwards Street, Alton, IL 62002.....(877) 467-3123
- **Military Services**(866) 726-4560

Website: <https://centerstone.org/locations/illinois/#nav-locations>

***National Alliance on Mental Illness of Southwestern Illinois (NAMI SWI)**

- **HELPLINE:**.....(800) 273-8255
- **Contact Info:** Gateway Regional Medical Center, 2100 Madison Ave., 4th Floor,
- Granite City, IL 62040..... (618) 798-9788

Website: <https://namiswi.org/>

To obtain support group times, obtain links and register for NAMI classes, go to the NAMI SWI website.

Services: provides free education and support programs for persons with mental illnesses and their families; provides a voice for people affected by mental illnesses by advocating for them with public and private policy makers for better legislation and more effective mental health treatment options

SUPPORT GROUPS:

Available weekly via Zoom. Go to the NAMI SWI website for dates and times.

* Located outside of Randolph County but available to Randolph County residents

** Online & National Hotline numbers

- **Family Support Group** - for families and friends of persons diagnosed with severe and persistent mental illness
- **NAMI Connection Recovery** - support group open to all adults with mental illness regardless of diagnosis

NAMI CLASSES:

- **NAMI Basic** – available online, teaches fundamentals of caring for you, your family and your child with mental illness
- **NAMI Peer-to-Peer** - education course on the topic of recovery for any person with serious mental illness who is interested in establishing and maintaining wellness
- **NAMI Family-to-Family/Familia-a-Familia** - family education program designed to foster learning, healing and empowerment among family members and close friends of individuals with serious brain disorders (mental illness)
- **NAMI Homefront** – available online, educational program for families, caregivers and friends of military service members and vets with mental health conditions

****211 United Way Help Line**

- **Services:** 24/7 connection to resources and agencies near youDial 211
- **Website:** <https://www.211helps.org/>

ALCOHOL MISUSE & RECOVERY

- For a current list of Alcohol Support Groups, call (618) 282-6233 ext.105
-or send email to allianceinfo@comwell.us
-

Alcoholics Anonymous – Find AA Meetings

Services: Call hotline to help you stay sober, for information on meetings and AA services, to find treatment programs for alcohol abuse, if you are a friend or family member of an alcoholic, or if you are an AA member who has relapsed

Contact Info:Hotline (800) 643-9618

Website: <https://alcoholicsanonymous.com/aa-meetings/illinois/>
<https://alcoholicsanonymous.com/5-reasons-to-call-an-aa-24-hour-hotline/>

***Alcoholic Rehabilitation Community Home (ARCH)**

Services: ARCH is a Level III.1 extended care residential treatment center providing individualized care for men struggling with substance use disorders.

- **Contact Info:** 1313 21st Street, Granite City, IL 62040(618) 877-4987
- **Website:** <http://www.archhouse.org/>

-See “SUBSTANCE MISUSE & RECOVERY” for additional resources.

ALZHEIMERS

***Alzheimer’s Association**

- **Services:** here day or night with information, emotional support, caregiving tools and referrals to healthcare, financial and legal resources. Translation services are available.
- **Contact Info:** 805 W. Deyoung St., Marion, IL 62959 (618) 985-1095 24/7 Helpline (800) 272-3900
- **Website:** <https://www.alz.org/illinois>
-

****Alzheimer Support**

Services: Alzheimer Support is a free service that assists Randolph County families who have loved ones with Alzheimer’s disease or dementia. Through the free search tool and database of Alzheimer’s care facilities, families in need of care for their loved ones can locate licensed care homes and communities in the Randolph County area that are best equipped to provide care for their loved ones.

Contact Info: Memory Care Specialist 24/7 Helpline(888) 595-9951

* Located outside of Randolph County but available to Randolph County residents

** Online & National Hotline numbers

Website: <https://www.alzheimersupport.com/memory-care/illinois/>

****Alzheimer's.gov**

Services: Alzheimer's & related dementias, clinical trials, tips for caregivers; life with dementia, resources for healthcare and taking action.

Website: <https://www.alzheimers.gov/>

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****Alzheimer's Hotline**

• Contact Info:(800) 272-3900

****National Institute on Aging - Alzheimer's**

• **Services:** provide current, comprehensive and unbiased information(800) 438-4380

Website: <https://www.nia.nih.gov/health/alzheimers-disease-fact-sheet>

ANIMALS

Animal Control – Randolph County

• Contact Info: Randolph County dispatch(618) 826-5484

Website: <https://am.randolphco.org/index.php/gov-menu/appointed-officials/2015-12-04-02-54-17>

City of Chester Animal Control

• Website: <https://www.chesterill.com/departments/animal-control/>

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***Professional Wildlife Removal**

• Contact Info:(618) 861-6118

Website: <http://www.wildlife-removal.com/city/IL-Chester.htm>

****Animal Abuse Hotline**

• Contact Info:(757) 622-7382

AUTISM

***ABA of Illinois - Applied Behavior Analysis**

Services: our behavior team delivers clinical and consultative support to clients in the natural environment. We design and implement support strategies that promote positive behavior change with a focus on preventing problem behaviors before they occur. We accomplish this through teaching new skills and improving quality of life through person-centered planning and behavior support services.

• Contact Info: 3412 Office Park Dr., Marion, IL 62959(309) 635-3513

Website: <https://www.abaoillinois.org>

***Acorn Health - ABA Autism Therapy in Illinois**

Services: we look for functional relationships between a child's behaviors and his or her environment. The goal is to increase desirable behaviors that lead to quality of life and reduce behaviors that interfere with your child's ability to communicate and learn.

Contact Info: 1716 Corporate Crossing Suite 3, Scott Air Force Base, IL (618) 226-4687

400 St. Louis Street, Suite 1, Edwardsville, IL (618) 226-4697

722 West County Road, Suite F, Jerseyville, IL (618) 226-5646

Website: <https://www.acornhealth.com/states/aba-autism-therapy-illinois>

***Autism Society of Southern Illinois**

Services: we create connections, empowering everyone in the Autism community with the resources needed to live fully.

• Contact Info: P.O. Box 2621, Carbondale, IL 62901(314) 690-3855

Website: <https://www.autismsocietyysi.org>

* Located outside of Randolph County but available to Randolph County residents

** Online & National Hotline numbers

***BlueSprig**

Services: we are dedicated to providing the compassionate, individualized care that your child deserves in the environment that is best suited for their needs. At BlueSprig, we provide Applied Behavior Analysis (ABA) therapy services for children of different ages and levels, in various settings and at convenient hours.
Contact Info: 343 Fountains Pkwy, Ste 201, Fairview Heights, IL 62208(618) 515-1441
Website: <https://www.bluesprigautism.com>

***Center for Autism and Related Disorders**

Services: the Center for Autism & Related Disorders (CARD) is one of the world's largest organizations using Applied Behavior Analysis (ABA) in the treatment of Autism Spectrum Disorder. CARD offers clinic, home, community and telehealth based services, based around the individualized recommendation. CARD has over 30 years of experience in the field of ABA with extensive resources available to their families.
• **Contact Info:** 634 N. Main St. Ste. 4, O'Fallon, IL 62269(618) 726-5870
Website: <https://www.beaminghealth.com>

***Center for Autism Spectrum Disorders**

Services: the Center for Autism Spectrum Disorders (CASD) is an inter-professional training and research center providing the Southern Illinois region high-quality services and leadership for individuals with Autism Spectrum Disorder and their families. Our center focuses on community service, student training, and research
Contact Info: Southern Illinois University, 625 Wham Dr., Rm 124, Carbondale, IL 62901
•(618) 453-7130
Website: <https://www.casd.siu.edu/>

***Centerstone CASTLE Services**

Services: CASTLE is an intensive, evidence-based therapy program for children between the ages of three and nine years old who have been diagnosed with Autism Spectrum Disorder (ASD). Serving children and families in Southern Illinois.
• **Contact Info:** 402 East Plaza Dr., Ste. 5, Carterville, IL 62918.....(877) 467-3123
Website: <https://www.centerstone.org/castle/>

***Emergent Learning Centers**

Services: we deliver outstanding individual and group intervention services for children and youth. We have dedicated treatment centers, provide consultation and support in homes and schools and offer telehealth services across the country.
Contact Info: Headquarters: 2055 Craigshire Road, Suite 230, St. Louis, MO 63146
•(314) 275-0506
Locations: St. Louis, MO, Edwardsville, IL, COMING SOON Waterloo, IL
Website: <https://www.emergentlearningcenter.com>

***Illinois Center for Autism**

Services: a not-for-profit community based mental health treatment and educational agency dedicated to serving people with Autism Spectrum Disorder. Referrals are made through school districts, hospitals, doctors, and the Department of Human Services. Our goal is to educate children and adults with autism to help them achieve their highest level of independence in their home, school, and community.
Contact Info: 1306 Wabash Ave., Belleville, IL 62220(618) 416-7100
548 S. Ruby Ln., Fairview Heights, IL 62208(618) 398-7500
Website: <https://www.illinoiscenterforautism.org>

***The Autism Clinic at Hope (TAC)**

Services: The Autism Clinic at Hope is committed to giving children with Autism Spectrum Disorder professional care and attention so that they can soar. We know that the best caregivers are families and we offer the training, advice and support that parents and other family members need. Our Board Certified Behavior Analysts (BCBA) specialize in providing early intensive behavior intervention. At our clinic, we provide Applied Behavior Analysis (ABA) therapy for children between ages of 0 to 8 years old. Our Licensed Clinical Psychologist provides autism diagnostic evaluations for individuals up to the age of 18.

* Located outside of Randolph County but available to Randolph County residents

** Online & National Hotline numbers

- **Contact info:**(217) 525-8332
- Locations:** 3022 South Park Ave., Ste. B, Herrin, IL 62948
 4559 Benes Ave., Glen Carbon, IL 62034
 145 Springfield Ct., O'Fallon, IL 62269
- Website:** <https://www.theautismclinic.org/>

***The Autism Program of Illinois (TAP)**

Services: TAP is a service network that serves and supports persons with Autism Spectrum Disorder and their families through a coordinated network of providers, parents, and university programs while developing, utilizing, and sharing best and promising practices.

Contact info:(217) 953-0894

Locations: Home office: 5220 S. 6th St, Ste 2300B, Springfield, IL 62703

Partners: *SEE ABOVE: The Autism Clinic (TAC) & Center for Autism Spectrum Disorders

Website: <https://www.tap-illinois.org>

BRAIN INJURY (TRAUMATIC)

SERVICES & TREATMENT

***Brain Injury Association of America**

Services: BIAA's mission is to advance awareness, research, treatment and education to improve the quality of life for all people affected by brain injury.

• **Contact Info:** 2265 Schuetz Road, St. Louis, MO 63146(314) 426-4024

Website: <https://www.biausa.org>

***Brain Injury Association of Illinois**

Services: Statewide non-profit organization providing an information & resource call center, education and programs and services to individuals who have sustained a brain injury, family members/caregivers, rehabilitation professionals and the community at large.

• **Contact Info:** P.O. Box 70, Palos Heights, IL 60463(312) 726-5699

Website: <https://www.biaill.org>

<https://www.braininjurytoolbox.com> Brain Injury Toolbox – educational materials

***Brain Injury Foundation of St. Louis**

Services: it is the mission of the Brain Injury Foundation of St. Louis to provide innovative community based solutions to meet the specific social and vocational needs of individuals with brain injuries.

• **Contact Info:** 7850 Manchester Road, St. Louis, MO 63143..... (800) 699-6443 OR (314) 645-7230

Website: <https://www.bifstl.org>

***Missouri Brain & Spine**

Services: our multi-disciplinary approach includes a cooperative patient management team comprised of experts from the fields of neurology, neuroscience, functional neurology, psychology, physical & occupational rehabilitation, chiropractic and speech & language therapy to serve your health needs.

• **Contact Info:** 141 Chesterfield Business Pkwy, Chesterfield, MO 63005(636) 778-4300

Website: <https://mobrainandspine.com>

***NeuroRestorative**

Services: brain injury rehabilitation programs and services for children & teens.

• **Contact Info:** 306 W. Mill St., Carbondale, IL 62901 (800) 743-6802 OR (618) 529-3060

Website: <https://www.neurorestorative.com>

***The Rehabilitation Institute**

Services: let our rehabilitation experts create a custom care plan to help you regain as much function as possible after a brain injury.

• **Missouri Contact Info:** 4455 Duncan Ave., St. Louis, MO 63110(314) 658-3800

Website: <https://encompasshealth.com/rehabinstitute/>

* Located outside of Randolph County but available to Randolph County residents

** Online & National Hotline numbers

- Southern Illinois Contact Info: 2351 Frank Scott Pkwy E, Shiloh, IL 62269(618) 206-7600

Website: <https://encompasshealth.com/locations/shilohrehab/our-programs/neuro>

***Washington University and Barnes-Jewish Neurology & Neurosurgery Center**

Services: faculty at Barnes-Jewish & Washington University Neuroscience Center offer comprehensive treatment to all levels and stages of traumatic brain injury.

- Contact Info: 4921 Parkview Pl #6-C, St. Louis, MO 63110(314) 362-1408

Website: <https://www.barnesjewish.org/Medical-Services/Neurology-Neurosurgery/Brain-and-Head-Injuries>

SUPPORT GROUPS

***Brain Injury and Stroke Support Group**

- Contact Info: (618) 942-2171 ext. 35312
The Christian Life Center, 1901 N, Park Avenue, Herrin, IL

***MENTOR – Center for Comprehensive Services – TBI Support Group**

- Contact Info: Carbondale, IL(618) 529-3060

CANCER

Chemotherapy and Infusion Center (Memorial Hospital of Chester)

Services: chemotherapy, blood transfusions, IV therapy and management, infusions for most medical issues, Port-A-Cath care and lab draws, wound care. Oncologist on-site weekly for Specialty Clinic appointments.

- Contact Info: 1900 State Street, Chester, IL 62233618-826-4581 ext. 1366
- Website: <https://www.mhchester.com/chemotherapy-infusion-center>

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Lung Screening Program (Memorial Hospital of Chester)

Services: the Lung Cancer Screening Program is covered by most private insurance plans, Medicare and Medicaid. Patients must have a shared decision-making visit with a medical provider prior to their lung cancer screening test. Check with your provider or call our Nurse Navigator at the phone number below for assistance.

- Contact Info: 1900 State Street, Chester, IL 62233 855-399-LUNG (5864)
- Website: <https://www.mhchester.com/lung-screening>

***American Cancer Society**

- Contact Info: 4503 West DeYoung St., Ste. 200C, Marion, IL 62959.....(618) 998-9898
- Website: <https://www.cancer.org/>

***Austin Wade Foundation**

Services: financial help for families who have a child currently battling cancer in Southern IL

Contact Info: 210 Scout Cabin Rd., Carterville, IL 62918

Website: <https://www.awfsoil.org/>

***Illinois Breast and Cervical Cancer Program**

Services: free breast and cervical cancer screening for women who are uninsured, underinsured or have a deductible

- Contact Info: 19 Public Sq., Ste. 150, Belleville, IL 62221(618) 825-4412
- Website: <http://dph.illinois.gov/topics-services/life-stages-populations/womens-health-services/ibccp>

***SIH Breast Center (Southern Illinois Healthcare)**

Services: breast surgery, detection and diagnosis, mammograms, cancer care treatment & diagnosis, high-risk clinic and prevention

- Contact Info: 1237 East Main St., Ste. C1, Carbondale, IL 62901(618) 457-2281
- Website: <https://www.sih.net/locations/sih-breast-center>

* Located outside of Randolph County but available to Randolph County residents

** Online & National Hotline numbers

***SIH Cancer Institute (Southern Illinois Healthcare)**

Services: cancer care, treatment and diagnosis; chemotherapy, detection and diagnosis, oncology and hematology, radiation therapy, surgical oncology, cancer treatment, colorectal cancer treatment, facing cancer treatment, prevention and support.

- **Contact Info:** 1400 Pin Oak Dr., Carterville, IL 62918.....(618) 985-3333

Website: <https://www.sih.net/locations/sih-cancer-institute>

***Siteman Cancer Center at Memorial Hospital (Shiloh)**

Services: the treatment center offers convenient access to nationally recognized cancer care including clinical trials for residents of southern and central Illinois and beyond.

- **Contact Info:** 1418 Cross St., Shiloh, IL 62269 Main (618) 607-1340

- Appointments (314) 747-7222

Website: <https://siteman.wustl.edu/visiting/illinois/>

****Cancer Information Services**

- **Services:** provide the latest and most accurate cancer information

- **Contact Info:** (800) 4-CANCER

Website: <https://www.cancer.gov/contact>

CELL PHONE

****LifeWireless**

- **Services:** free unlimited data, talk & text; hotspot 5GB, and smartphone (or bring your own)

- **Contact Info:**(888) 543-3620

Website: <https://www.lifewireless.com/>

****SafeLink**

- **Services:** free cell phone and minutes program

- **Contact Info:**(800) 723-3546

Website: <https://www.safelinkwireless.com/Enrollment/Safelink/en/Web/www/default/index.html#!/newHome>

CENTER FOR DISEASE CONTROL AND PREVENTION

****U.S. Centers for Disease Control and Prevention (CDC)**

- **Services:** online educational resources

- **Contact Info:**(800) 232-4636

Website: <https://www.cdc.gov/>

CHILD ABUSE

Illinois Department of Children & Family Services (Sparta)

- **Contact Info:** 202 West Jackson St. #B, Sparta, IL 62286(618) 443-4317

****Childhelp National Child Abuse Hotline**

- **Services:** if you are being hurt, know someone who might be hurting, or are afraid you might hurt another, call or text the hotline. Services include crisis intervention, information and referrals to thousands of emergency, social service and support resources. All calls are confidential.

- **Contact Info:** Call (800) 4 A Child....Text (800) 422-4453

Website: <https://www.childhelp.org/>

* Located outside of Randolph County but available to Randolph County residents

** Online & National Hotline numbers

****Illinois Department of Children and Family Services Child Abuse Reporting Hotline**

- **Contact Info:** (800) 25 ABUSE (800) 252-2873
..... TTY (800) 358-5117
- Website:** <https://dcfsonlinereporting.dcf.illinois.gov/>

CHILD ADVOCACY

***Birth to Five Illinois**

Services: providing a statewide mechanism to engage local stakeholders. Gathering family opinion and creating a strategic plan that clearly identifies the need for the expansion of quality early learning in every region. Enabling local stakeholders to come together and address the early childhood needs within their own communities.

- **Contact Info:** 1226 Towanda Ave, Bloomington, IL 61701(773) 739-2107
 - **Email:** info@birthtofiveil.com
- Website:** <https://www.birthtofiveil.com/>

***St. Clair County Child Advocacy Center**

Services: provide a safe child-friendly environment for conducting forensic interviews and medical evaluation; assist with investigations of sexual and serious physical abuse of children, as well as with interviews of children who have witnessed violent crimes

- **Contact Info:** 300 West Main St., Ste. 3, Belleville, IL 62220(618) 277-1134
 - 423 West Holmes St., Chester, IL 62233(618) 277-1134
- Website:** <https://www.stclairchildadvocacycenter.org/>

CHILDREN & FAMILY

ADOPTION & FOSTER CARE

Caritas Family Solutions

Services: private domestic adoption program, pregnancy options counseling, three types of foster care, intact family services, Fontebella maternity home, parenting classes, St. John Bosco Children's Center, community integrated living arrangements, anger management, etc.

- **Contact Info:** 1805 N. Market, Sparta, IL 62286(618) 708-3490
 - 900 Royal Heights Rd., Suite 2150, Belleville, IL 62226(618) 394-5900
 - 10286 Fleming Road, Carterville, IL 62918(618) 985-2000
- Website:** <https://caritasfamilysolutions.org/>

Life Network of Southern Illinois

(All services are FREE and confidential)

Services: pregnancy testing, limited ultrasound, limited STI and treatment, pregnancy options counseling, adoption education, parenting & life skills classes, childbirth, newborn care and breastfeeding classes, baby resources, dad's mentoring programs/resources, abortion recovery program, community/medical resources, abstinence outreach education and professional counseling

- **Contact Info:** 324 N. Main Street, Red Bud, IL 62278(618) 282-4225
- Hours:** Tuesday - Friday, 8:30 a.m.-4:30 p.m.
Website: <https://supportmylifenet.com/>

***Equipping the Called**

Services: foster & crisis closet provides new/gently used, current styled clothing, undies, diapers and toiletries for foster families in Southern Illinois.

- **Contact Info:** 850 Vandalia Street, Suite 310 & 320, Collinsville, IL 62234(618) 529-5888
 - **Email:** info@equippingthecalled.org
- Website:** <https://equippingthecalled.org/>

* Located outside of Randolph County but available to Randolph County residents

** Online & National Hotline numbers

***Foster Family Resource Center of Southern Illinois**

Services: primarily assist families with DCFS verified new placements (usually within 90 days of a new placement) with “immediate need” items free of charge which may include diapers, formula, clothing, shoes, beds, cribs, bedding, car safety seats and personal care products.

- **Contact Info:**

- **Two Bugs & a Bean, 1237 E. Main St. (University Mall), Carbondale, IL 62901 .(618) 529-5888**

Website: <https://ffrcsi.org/>

***Hoyleton Youth & Family Services**

(Medicaid & other insurance)

Services: include “Become a Foster Parent,” professional counseling services for every need, Therapeutic Residential Care to support youth with a range of developmental delays, and Puentes de Esperanza – a place for Hispanic members to find critical resources.

- **Contact Info: Hoyleton Fairview Heights Campus & Puentes De Esperanza**

- **8 Executive Dr., Ste. 200, Fairview Heights, IL 62208.....(618) 688-4727**

- **Lehre Haus, 300 N. Church St., Belleville, IL 62220.....(618) 416-7337**

- **Hagar House, 6015 & 6017 W. A St., Belleville, IL 62223.....(618) 416-7670**

- **Hoyleton Children’s Home, 350 N. Main St., Hoyleton, IL 62803.....(618) 493-7382**

- **Marion Office, 930 W. Cherry St., Marion, IL 62959(618) 315-2857**

- **New location coming soon to Chester**

- **Website: <https://hoyleton.org/>**

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***Lutheran Child and Family Services of Illinois**

(Sliding fee discount; insurance not accepted)

Services include:

- **Adoption:** assisting you through every step of your adoption journey
- **Birth Parent Services:** providing expectant mothers and fathers with compassionate, respectful and confidential assistance as you consider your child’s future as well as your own.
- **Counseling:** providing trauma-informed counseling to assist individuals in leading healthier lives
- **Foster Care:** helping children who have experienced trauma to feel safe, build a future and return to family.

- **Contact Info: 711 Insight Avenue, O’Fallon, IL 62269.....(618) 234-8904**

Website: <http://www.lcfs.org/>

***Lutheran Social Services of Illinois**

- **Services:** LSSI provides a variety of services to include: foster care & family support, prisoner & family ministry, post-adoption, mental health, alcohol/drug treatment, intellectual/developmental disabilities; affordable housing & home care for seniors; and youth services. Not all services are provided at all locations. For more information, contact your local office.

- **Contact Info: Marion Children’s Program: 1616 W. Main St., Marion, IL 62959(618) 997-9196**

- **Marion PFM:102 E. DeYoung St., Marion, IL 62959.....(618) 997-9076**

- **East St. Louis PFM:1919 State St., East St. Louis, IL 62205.....(618) 900-1918**

Website: <https://www.lssi.org/>

CAMPS

***Camp Wartburg (a ministry of LCFS of IL)**

Services: Camp Wartburg is a retreat center and camp facility for youth, adults and families of all backgrounds to encounter God’s creation. The facilities provide ideal space for a variety of summer camps, four-season outdoor education events for organized groups and schools, and year-round facility rentals for one-day and overnight retreats, family reunions and other events.

- **Contact Info: 5705 LRC Road, Waterloo, IL 62298.....(618) 939-7715**

- **Email: info@equippingthecalled.org**

Website: <https://campwartburg.com>

* Located outside of Randolph County but available to Randolph County residents

** Online & National Hotline numbers

EARLY CHILDHOOD EDUCATION & CARE

Brightpoint (previously Children's Home & Aid)

Services: Serving Bond, Clinton, Madison, Monroe, Randolph, St. Clair & Washington Counties

Head Start: See *Western Egyptian Economic Opportunity Council, Inc.*

Preschool for All: Free for children three to five years of age who meet eligibility

- **Chester School District.....(618) 826-2354**
- **Red Bud School District(618) 282-3507**
- **Sparta School District.....(618) 443-5331**
- **Steeleville School District(618) 965-3469**
- **Child Care Centers and Preschool Programs: Ages served, operating hours & tuition vary**
- **Discovery Youth Center (Red Bud)(618) 282-6222**
- **Hakuna Matata Kid Care (Steeleville)(618) 965-4114**
- **Prairie Du Rocher Elementary(618) 284-3530**
- **St. John's Lutheran Day Care (Red Bud).....(618) 282-3873**
- **Red Bud Pre-K(618) 282-3858**
- **Licensed Family Child Care Homes: Ages served, operating hours & tuition vary**
- **Renee Neal (Chester)(618) 615-2423**
- **Sara Young (Coulterville)(618) 317-3669**
- **Child Care Resource and Referral (800) 467-9200 ext. 390**
- **Child Care Assistance Program (800) 847-6770 ext. 360**
- **Website: <https://www.brightpoint.org/>**
-

Western Egyptian Economic Opportunity Council, Inc. (Head Start)

See information under Anchor Agencies

MISCELLANEOUS YOUTH & FAMILY SERVICES

ComWell

See information under Anchor Agencies

DHS Family Community Resource Center

See information under Anchor Agencies

Randolph County Birth to Three program in partnership with Chester School District

Services: this grant-funded program is dedicated to serving pregnant moms and children under the age of three years old. This FREE program offers prenatal education and family and baby resources.

- **Contact Info: (618) 680-0154**
- **Hours: Monday-Friday 8:00 a.m.-4:00 p.m.**

Randolph County Health Department

See information under Anchor Agencies

Regional Office of Education (ROE)

Services: include truancy intervention, licensure, testing, background checks, professional development, Illinois equivalency (GED) and job search assistance

- **Contact Info: 134 North Main St., Red Bud, IL 62278(618) 826-5471**
- **Website: <https://www.roe45.net/>**
-

University of Illinois Extension – Randolph County

Services: helping people, businesses and communities find answers to grand challenges

- **4-H Youth Development:** youth ages 8-18 completing hands-on projects in areas such as health, science, agriculture and citizenship in a positive environment where they receive guidance from adult mentors and are encouraged to take on proactive leadership roles.
- **Commercial Agriculture:** forming a powerful source of information and insight for agricultural producers in our region through the expertise of local educational specialists combined with resources of the statewide Illinois Extension system.

* Located outside of Randolph County but available to Randolph County residents

** Online & National Hotline numbers

- **Community & Economic Development:** helping community leaders, residents and communities build capacity to make timely and effective decisions, to use information wisely, and to engage the entire community in working together better. Extension educators design and deliver education programs and technical assistance including workshops, small group consultations, and online tools and resources.
- **Energy & Environment:** providing answers to questions regarding environmental stewardship through best practices information based on peer-reviewed science.
- **Family Life:** connecting families of all stages with information and resources that are based on sound science and best practices.
- **Horticulture:** supplying a vast collection of resources addressing horticultural interests.
- **Illinois Nutrition Education Programs:** providing nutrition education to individuals and families through the Supplemental Nutrition Assistance Program (SNAP).
- **Leadership & Local Government:** delivering educational opportunities designed to specifically address current issues that many local governments encounter, with particular emphasis on policymaking and leadership.
- **Local Foods & Small Farms:** providing information and insight into how fruits, vegetables, and food products move through their life cycle and including information on other topics such as the use of pesticides during the growing season and the practice of composting food waste.
- **Nutrition and Wellness:** helping families live their best lives through understanding wellness topics such as food safety, nutrition, and chronic disease prevention and management.
- **Schools Online:** sharing educational resources for parents and teachers to help students understand important information about topics that touch their everyday lives.
- **Contact Info: 1403 Hillcrest Dr., Sparta, IL 62286(618) 443-4364**
Website: <https://extension.illinois.edu/fjprw>

***Boys and Girls Club of Carbondale**

Services: youth development programs and activities for children ages 6-18

- **Contact Info: 300 East Main St., Suite 4, Carbondale, IL 62902.....(618) 457-8877**
Website: <https://bgcsi.org/>

***Centerstone**

See information under Anchor Agencies

***Lutheran Social Services of Illinois**

- **Services:** Intact Family Services provides intensive case management and follow up services to families
- who have been reported to DCFS.
- **Contact Info: 1616 W. Main Street, Marion, IL 62959(618) 997-9196**
Website: <https://www.lssi.org/>

***Planned Parenthood**

Services: abortion, birth control, cancer, emergency contraception, gender identity, health and wellness, pregnancy, sexually transmitted infections (STDs), sex and relationships, sexual orientation, etc.

- **Contact Info: 317 Salem Place, Fairview Heights, IL 62208(618) 277-6668**
- **200 North Emerald Lane, Carbondale, IL 62901.....(800) 230-7526**
Website: <https://www.plannedparenthood.org/>

***The Night's Shield**

Services: the Family Advocacy Center program offers a variety of services to help strengthen families including case management & child advocacy, life skills/coaching, parenting classes/groups, family store with food and clothing, community outreach and a computer lab.

- **Contact Info: Children's Shelter - 301 E. Garland St., West Frankfort, IL 62896(618) 932-6400**
Website: <https://www.thenightsshield.org/>

See additional services under Homeless Shelters

****CDC Infant and Toddler Nutrition**

Website: <https://www.cdc.gov/nutrition/InfantandToddlerNutrition/index.html>

* Located outside of Randolph County but available to Randolph County residents

** Online & National Hotline numbers

****Department Of Children and Family Services (DCFS)**

- Services: include but are not limited to, family preservation, foster care, adoption, guardianship and the Extended Family Support Program (EFSP) that assists relative caregivers who are caring for a relative's children who are not part of the child welfare system
- Contact Info:(800) 232-3798
- Child Abuse Hotline(800) 252-2873
- Website: <https://dcfs.illinois.gov/loving-homes.html>

****Illinois CARES Line: 24/7**

Services: provide referral services for children, youth and families if child is at risk to themselves or others or having a mental health crisis.

- Contact Info: TTY (773) 523-4504 (800) 345-9049
- Website: <https://www.carescrisisline.com/>

****Illinois Coalition for Community Service**

Services: youth programs include After School Matters program, ICCS Jr. engaging youth in volunteerism, 24/7 Crisis Intervention and Community Youth Services Solutions.

Website: <https://www.iccscares.org/>

CRISIS

ComWell

24 Hour Crisis Line(888) 855-0034

See additional information under Anchor Agencies

****988: National Suicide Prevention Lifeline**

Services: free and confidential support for people in distress, prevention and crisis resources for you or your loved ones; available 24 hours a day; English and Spanish

- Contact Info:(800) 273-8255
-

****Illinois CARES Line: 24/7**

Services: provide referral to services for children, youth and families, if child is at risk to themselves or others or having a mental health crisis.

- Contact Info: TTY (773) 523-4504 (800) 345-9049
- Website: <https://www.carescrisisline.com/>
-

****Illinois Warm Line**

Services: provides crisis prevention and wellness support to anyone 12+ in Illinois

- Contact Info:(866) 359-7953
- Hours: Monday-Saturday 8:00 a.m.-8:00 p.m.
-

****Crisis Text Line**

- Text "HOME to 741741 from anywhere in the USA, anytime, regarding any type of crisis
- A live, trained crisis counselor receives the text and responds quickly
- The volunteer crisis counselor will help you move from a hot moment to a cool moment

Website: <https://www.crisistextline.org/>

DENTAL CARE

* Located outside of Randolph County but available to Randolph County residents

** Online & National Hotline numbers

LOCAL

Barrett Family Dental

Services: family, cosmetic and restorative dentistry

- Contact Info: 114 Park Plaza Dr., Red Bud, IL 62278(618) 282-6700
- Hours: Monday-Wednesday 8:30 a.m.-4:30 p.m., Thursday 8:30 a.m.-3:00 p.m.

Chester Family Dental

(Private insurance)

- Contact Info: 1654 State St., Chester, IL 62233(618) 826-5017
- Hours: Monday, Tuesday, Thursday 8:00 a.m.-5:00 p.m.
Wednesday, Friday 7:00 a.m.-4:00 p.m. CLOSED Saturday & Sunday
- Website: <https://www.chesterfamilydental.com/meet-the-doctors>

Stephanie E. Graham, DMD

(Private insurance)

- Contact Info: 530 E. Broadway St., Sparta, IL 62286(618) 443-4721
- Hours: Monday, Tuesday, Wednesday, Friday 8:30 a.m.-5:00 p.m.

Tina Stulce, DDS

- Contact Info: 307 South Main St., Red Bud, IL 62278(618) 282-4466
- Hours: Tuesday-Friday 8:00 a.m.-5:00 p.m. CLOSED Monday, Saturday & Sunday

Trost Dental

- Contact Info: 210 South Main St., Red Bud, IL 62278(618) 282-8282
 - Hours: Monday & Tuesday 9:00 a.m.-5:00 p.m., Wednesday 8:00 a.m.-1:00 p.m.
 - Thursdays 8:00 a.m.-4:00 p.m. CLOSED Friday, Saturday & Sunday
- Website: <https://thinkbraces.com/>

REDUCED FEES

*Paul B. Hanks Dental Clinic (at Lewis & Clark Community College)

Services: provided by dental hygiene students of Lewis and Clark under the supervision of licensed dentists and dental hygienists. \$28 flat fee includes all exams, x-rays and preventive services.

- Contact Info: 5800 Godfrey Road, Godfrey, IL 62035(618) 468-7000
- Website: <https://www.lc.edu/student-services/health-services/dental-clinic.html>

*Olson Orthodontics

Services: smiles change lives, reduced orthodontics

- Contact Info: 741 W. State St., Suite 2, O'Fallon, IL 62269(618) 624-0800
- Website: <https://www.olsonbraces.com/>

*Shawnee Health Care Dental

Services: dental services provided to migrant/seasonal workers; Medicare & Medicaid accepted; bilingual

- Contact Info: 402 S. Lewis Lane, Carbondale, IL 62901(618) 519-9200
 - 3115 Williamson County Parkway, Marion, IL 62959(618) 519-9200
- Website: <https://www.shawneehealth.com/locations/>

*SIHF Healthcare – Dental Care

Services: dental services; all income levels accepted, sliding scale fee, Medicaid, All Kids & uninsured.

- Contact Info: 6000 Bond Avenue, Centreville, IL 62207(618) 332-2740
 - 2166 Madison Avenue, Granite City, IL 62040(618) 877-4488
 - 1215 Vandalia St., Collinsville, IL 62234(618) 343-6015
- Website: <https://www.sihf.org/patient-care-services/dental-care>

* Located outside of Randolph County but available to Randolph County residents

** Online & National Hotline numbers

***SIU Community Dental Center**

Services: accepts self-pay at discounted rates. Patients of all ages are welcome. We accept cash and/or credit card payments only on day of service.

- **Contact Info:** 1365 Douglas Dr., Carbondale, IL 62901.....(618) 453-2353
- Website:** <https://sah.siu.edu/cdc.php>

***SIU Dental School**

(Accepts Medicaid & most insurance)

Services: provide extensive dental care at one-third cost of private dentists

- **Contact Info:** 1700 Annex St., Alton, IL 62002(618) 474-7000
 - 601 James R Thompson Blvd, 2nd floor, Bldg. B, East St. Louis, IL 62201(618) 482-6980
 - 195 University Park Dr., Edwardsville, IL 62025.....(618) 650-5781
- Hours for All:** Monday – Friday, 8:00 a.m.-5:00 p.m.
Website: <https://www.siu.edu/dental/>

DIABETES

Memorial Hospital of Chester

Services: group programs and individual nutrition or diabetes counseling

- **Contact Info:** 1900 State Street, Chester, IL 62233(618) 826-4581
- Website:** <https://www.mhchester.com/diabetic-resources>

Sparta Community Hospital

Services: individual diabetic counseling and diabetes and nutrition education

- **Contact Info:** 818 E. Broadway Street, Sparta, IL 62286.....(618) 443-2177
- **Website:** <https://www.spartahospital.com/services/nutrition-therapy/>

***VA Medical Center, Marion**

Services: diabetes - classes for veterans only

- **Contact Info:** 2401 W. Main Street, Marion, IL 62959 (618) 997-5311 ext. 54659
- Class is held 3rd Thursday of each month from 9:30 a.m.–11:30 a.m.
Website: https://www.marion.va.gov/services/Diabetes_Education.asp

****American Diabetes Association**

- **Services:** Nationwide hotline allows callers to get answers to questions about diabetes
 - **Contact Info:** (800) DIABETES or toll free (888) 342-2383
- Website:** <https://www.diabetes.org/>

****Children with Diabetes**

Services: online information for children and adults with diabetes

Website: <https://childrenwithdiabetes.com/>

****Diabetes, Digestive & Kidney Diseases**

National Institute of Diabetes, Digestive and Kidney Diseases

Services: online resource for diabetes, digestive and kidney diseases

- **Contact Info:**(800) 860-8747
- Website:** <https://www.niddk.nih.gov/health-information/community-health-outreach/information-clearinghouses?dkrd=lgdmw0001>

****Illinois Department of Public Health: Diabetes Prevention and Control**

Services: online information for diabetics

- **Contact Info:**(217) 782-3300
- Website:** <http://www.idph.state.il.us/diabetes/>

* Located outside of Randolph County but available to Randolph County residents

** Online & National Hotline numbers

****Medline Plus: Diabetes (National Library of Medicine)**

Services: provides education materials in English, Spanish & other languages

Website: <https://www.nlm.nih.gov/>

DISABILITY RESOURCES

HOUSING

See HOUSING section

ComWell

See information under Anchor Agencies

DHS Family Community Resource Center

See information under Anchor Agencies

LINC Inc.

Services: opening doors for individuals with disabilities through education, advocacy and independent living

- **Contact Info:** 322 North Main St., Red Bud, IL 62278(618) 282-2123
Hours: Monday & Thursday, 9:00 a.m.-4:00 p.m.

- **Contact Info:** #15 Emerald Terrace, Swansea, IL 62226(618) 235-9988
Hours: Monday-Thursday, 8:00 a.m.-5:00 p.m.

Website: <http://www.lincinc.org/>

*Archway

Services: provide education services for children birth to ,three years of age who have been identified as high risk, premature, developmentally delayed or disabled and their families

- **Contact Info:** 2751 West Main St., Carbondale, IL 62901(618) 529-5944
- **1108 West Willow St., Carbondale, IL 62901(618) 549-4442**

Website: <http://www.archwayforchildren.org/>

*Centerstone

See information under Anchor Agencies

*Division of Specialized Care for Children (DSCC)

Services: case management and financial assistance for families and children with special needs covering Bond, Calhoun, Jersey, Madison, Macoupin, Monroe, Montgomery, Randolph, St. Clair and Washington counties

- **Contact Info:** 1734 Corporate Crossing, Ste. 1, O'Fallon, IL 62269(800) 322-3722

Website: <https://dscc.uic.edu/office/st-clair-regional-office/>

*Illinois Guardianship Advocacy Commission

Services: protect and enforce rights of mentally ill, developmentally disabled, physically handicapped, alcoholic and disabled aged; provide guardian for those unable to make or communicate personal and financial decisions

- **Contact Info:** #7 Cottage Dr., Anna, IL 62906(618) 833-4897

Website: <https://www2.illinois.gov/sites/gac/Pages/default.aspx>

*Illinois Mentor

Services: provide an array of home and community-based services for adults with intellectual and developmental disabilities in Southern Illinois counties

- **Contact Info:** 4505 West DeYoung, Ste. 203 C, Marion, IL 62959(618) 997-9470

Website: <https://www.il-mentor.com/marion>

* Located outside of Randolph County but available to Randolph County residents

** Online & National Hotline numbers

***Southern Illinois Center for Independent Living (SICIL)**

Services: provide support to enable persons from all backgrounds to live and work independently, help with aspects of daily living, and offer assistive services in finding/maintaining a job

- **Contact Info:** 2135 West Ramada Lane, Carbondale, IL 62901(618) 457-3318
- Website:** <http://sicil1.org/>

DOMESTIC VIOLENCE

***Sexual Assault Family Emergencies (SAFE)**

- **Services:** sexual abuse, sexual assault, survivor options after an assault, counseling and advocacy for survivors, family and friends.
- **Contact Info:** 730 E. 2nd Street, Centralia, IL 62801(618) 533-0475
-

***Survivor Empowerment Center**

Services: supporting survivors of domestic and sexual violence (and their children) with shelter and education. (Individual needs to call & be screened before they can advise if a bed is available)

- **Contact Info:** 610 South Thompson St., Carbondale, IL 62901(618) 549-4807
- **24-hour hotline:**(800) 334-2094
- Website:** <https://www.empoweringsurvivors.org/>
-

***Violence Prevention Center Southwestern Illinois**

Services: provides domestic violence help to individuals with safe shelter and supportive services

- **Contact Info:** P.O. Box 831, Belleville, IL 62222(618) 236-2531
- **24 HOUR CRISIS HOTLINE:**(618) 235-0892
- **Website:** <https://www.vpcswi.org/>

****Illinois Domestic Violence Hotline**

- **Contact Info:** (877) TO END DV (877) 863-6338
..... TTY (877) 863-6339

****The National Domestic Violence Hotline**

- **Services:** here to listen without judgment and help you begin to address what is going on in your relationship; free 24/7
- **Contact Info:** (800) 799-SAFE (800) 799-7233
..... TTY (800) 787-3224

EATING DISORDERS

***Alsana St. Louis**

Services: tucked on 55 acres, Alsana St. Louis offers the Adaptive Care Model for treating eating disorders.

- **Contact Info:** 1260 Saint Paul Road, Ballwin, MO 63021(800) 340-0396
- Website:** <https://www.alsana.com>

***Branz Nutrition Counseling**

Services: offering supportive space where you can receive compassionate care from Certified Eating Disorder Dietitians who are there to walk alongside your journey of health and healing.

- **Contact Info IL:** 1161 Fortune Blvd Suite 200, Shiloh, IL 62269(314) 804-1848
- **Contact Info MO:** 24 South Gore, Webster Groves, MO 63119(314) 804-1848
- Website:** <https://www.branznutritioncounseling.com>

***Clementine St. Louis**

Services: helping adolescents of all genders replace eating disorders with new healthy skills through personalized care, family involvement, and educational support.

- **Contact Info:** 7190 Christopher Dr., St. Louis, MO 63129(833) 814-4620
- Website:** <https://www.clementineprograms.com>

***Embodied Self Counseling, Erin Grumley, LPC**

Services: Health at Every Size (HAES) informed therapists understand that to address the food “stuff,” we also need to address the things underneath.

- **Contact Info:** 7346 Manchester Road, Suite 202, Maplewood, MO 63143.....(314) 789-3990
- Website:** <https://www.eringrumley.com>

***Kylie Dennis PhD LCSW**

Services: full-time specialist in binge eating disorder treatment.

- **Contact Info:** 2821 N. Ballas Rd. Suite 227, St. Louis, MO 63131
- Website:** <https://www.kyliedennis.com>

***McCallum Place**

Services: providing individualized treatment for eating disorders in children, teens, and adults through multiple levels of intensive care.

- **Contact Info:** 231 W. Lockwood Ave., Ste 202, Webster Groves, MO 63119(833) 789-5934
- Website:** <https://www.mccallumplace.com>

***McDaniel Nutrition Therapy**

Services: anorexia, bulimia, binge eating disorder, orthorexia, disordered eating - if you are ready for recovery from your eating disorder or looking to maintain your recovery, we can help you on your journey.

- **Contact Info:** 225 S. Meramec Ave Apt 204, St. Louis, MO 63105(314) 530-7400
- Website:** <https://www.mcdanielnutrition.com>

***Saint Louis Behavioral Medicine Institute**

Services: our experienced staff provides treatment for eating disorders in a respective therapeutic environment

- **Contact Info:** 331 Salem Place, Suite 225-A, Fairview Heights, IL 62208 (618) 825-0051
- Website:** <https://www.slbmi.com>

***St. Louis Eating Recovery Therapy**

Services: therapy sessions offered to individuals, couples & families. Sessions run 50 min. & cost \$120

- **Contact Info:** 140 Prospect Ave., Kirkwood, MO 63122(314) 896-0810
- Website:** <https://www.eatingrecoverytherapy.com>

****Equip Health – Virtual Eating Disorder Care**

Services: eating disorder treatment that works – delivered at home. Virtual, evidence-based care designed to achieve full recovery.

- **Contact Info:**(855) 387-4378
- Website:** <https://www.equip.health>

EDUCATION

* Located outside of Randolph County but available to Randolph County residents

** Online & National Hotline numbers

ALTERNATIVE, CAREER AND TECHNICAL EDUCATION

Career Center of Southern Illinois

Services: providing integrated and relevant career and technical education, as well as employability and academic skills for junior and senior students from area high schools, for adults and for “at risk” students

- Contact Info: 6137 Beck Rd., Red Bud, IL 62278.....(618) 473-2222
-

Monroe Randolph Red Brick School *Regional Safe School*

- Contact Info: 134 North Main Street, Red Bud, IL 62278(618) 680-0389

Perandoe Educational Program – SWICC Campus

- Services: assuring that all children with disabilities in the bi-county area receive a free and appropriate education as prescribed by State and Federal law.
- Contact Info: 500 W. South 4th St, Suite A, Red Bud, IL 62278(618) 282-7228
-

Perandoe Special Education District Office

- Contact Info: 1525 Locust, St., Red Bud, IL 62278.....(618) 282-6251
-

GED/OTHER

Regional Office of Education (ROE) Monroe-Randolph Counties

Services: include truancy intervention, licensure, testing, background checks, professional development, Illinois equivalency (GED) and job search assistance

- Contact Info: 134 North Main St., Red Bud, IL 62278(618) 680-0154
- Website: <https://www.roe45.net/>

***Southwestern Illinois College – Youth Services**

Services: job, college and GED support for students ages 16-24

- Contact Info: Red Bud Campus, Rm 173, 500 West South 4th St., Red Bud, IL 62278.....(618) 282-6682

PRIVATE SCHOOLS

Christ Our Savior Lutheran High School

- Contact Info: 810 Soldiers Way, Evansville, IL 62242(618) 853-7300
-

St. John Lutheran School

- Contact Info: 302 West Holmes St., Chester, IL 62233(618) 826-4345
-

St. John the Baptist Catholic School

- Contact Info: 519 Hazel St., Red Bud, IL 62278(618) 282-3215
-

St. John’s Lutheran School

- Contact Info: 808 South Main St., Red Bud, IL 62278(618) 282-3873
-

St. Mark’s Lutheran School

- Contact Info: 504 North James St., Steeleville, IL 62288.....(618) 965-3838
-

St. Mary’s Catholic School

- Contact Info: 835 Swanwick St., Chester, IL 62233(618) 826-3120
-

Trinity Lutheran School

- Contact Info: 10247 South Prairie Rd., Red Bud, IL 62278.....(618) 282-2881

* Located outside of Randolph County but available to Randolph County residents

** Online & National Hotline numbers

PUBLIC SCHOOLS

Chester Elementary School

- Contact Info: 650 Opdyke St., Chester, IL 62233.....(618) 826-2354

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Chester High School

- Contact Info: 1901 Swanwick St., Chester, IL 62233.....(618) 826-2302

Coulterville Elementary, Jr & High School

- Contact Info: 101 West Grant St., Coulterville, IL 62237(618) 758-2881

•

Evansville Attendance Center

- Contact Info: 701 Oak St., Evansville, IL 62242.....(618) 853-4411

•

Prairie Du Rocher Elementary School

- Contact Info: 714 Middle St., Prairie Du Rocher, IL 62277(618) 284-3530

•

Red Bud Elementary School

- Contact Info: 200 West Field Dr., Red Bud, IL 62278.....(618) 282-3858

•

Red Bud High School

- Contact Info: 815 Locust St., Red Bud, IL 62278.....(618) 282-3826

•

Sparta High School

- Contact Info: 205 West Hood St., Sparta, IL 62286(618) 443-4341

•

Sparta Lincoln School

- Contact Info: 203a Dean Ave., Sparta, IL 62286(618) 443-5331

•

Steeleville Elementary School

- Contact Info: 609 South Sparta St., Steeleville, IL 62288(618) 965-3469

•

Steeleville High School

- Contact Info: 701 South Sparta St., Steeleville, IL 62288(618) 965-3432

SECONDARY EDUCATION

***John A. Logan College (JALC)**

Services: public community college

- Contact Info: 700 Logan College Dr., Carterville, IL 62918(618) 985-2828

Website: <https://www.jalc.edu/>

***Rend Lake College (RLC)**

Services: public community college

- Contact Info: 468 North Ken Gray Pkwy, Ina, IL 62846.....(618) 437-5321

Website: <https://www.rlc.edu/>

***Southern Illinois University (SIU)**

Services: public university

- Contact Info: 1263 Lincoln Dr., Carbondale, IL 62901(618) 453-2121

Website: <https://siu.edu/>

***Southern Illinois University Edwardsville (SIUE)**

Services: public university

* Located outside of Randolph County but available to Randolph County residents

** Online & National Hotline numbers

- Contact Info: 6 Hairpin Drive, Edwardsville, IL 62026(618) 650-5555
- Website: <https://siue.edu>

***Southwestern Illinois College (SWIC)**

Services: public community college

- Contact Info: 2500 Carlyle Ave., Belleville, IL 62221.....(618) 235-2700
- Website: <https://www.swic.edu/>

ELECTRONICS

Gadget Ambulance LLC

Services: provide affordable and quality repairs on phones, tablets, gaming consoles, computers & more

- Contact Info: 134 West Broadway Street, Sparta, IL 62286(618) 615-6315
- Website: <https://www.pcsforpeople.org/eligibility/>

***PCs for People**

Services: PCs for People is a non-profit working to get low cost quality computers and internet into homes of individuals, families and non-profits with low income.

- Contact Info: 100 Florida Ave., Belleville, IL 62221.....(618) 215-3787
- Website: <https://www.pcsforpeople.org/eligibility/>

EMPLOYMENT

EMPLOYMENT AGENCIES

***Express Employment Professionals**

- Contact Info: 1301 West Main St., Carbondale, IL 62901(618) 457-1001
- 314 Fountains Pkwy, Ste B, Fairview Heights, IL 62208(618) 726-2140
- 1107 North Perryville Blvd, Perryville, MO 63775(573) 517-4444
- Website: <https://www.expresspros.com/>

***Hire Level**

- Contact Info: 3911 West Ernestine Dr., Marion, IL 62959.....(618) 993-9675
- 5214 Chain of Rocks Road, Edwardsville, IL 62025.....(618) 655-1212
- Website: <https://hirelevel.com/>

***Labor Finders**

- Contact Info: 4024 Butler Hill Rd, Ste. 10, St. Louis, MO 63129(636) 287-3709
- Website: <https://www.laborfinders.com/>

***Proman Staffing**

- Contact Info: 735 Ste. Genevieve Dr., Ste. Genevieve, MO(573) 883-9900
- Website: <https://www.promanstaffing.com/>

***StaffQuick**

- Contact Info: 450 N. Kaskaskia St., Nashville, IL 62263(618) 464-0250
- Website: <https://staffquickjobs.com/>

JOB POSTINGS

County Journal Job Hub

- Services: local job postings
- Facebook Page: <https://www.facebook.com/countyjournaljobhub>

* Located outside of Randolph County but available to Randolph County residents

** Online & National Hotline numbers

****Work for Illinois**

- **Services:** State of Illinois career opportunities
- Website: <https://work4.illinois.gov/>

MISCELLANEOUS

Southwestern Illinois WorkNet Center

Services: Workforce Investment and Opportunity Act (WIOA) grant services: career planning, job search and resume building assistance available at no cost for all. Training and college tuition assistance for eligible customers.

- **Contact Info:** 1 Taylor St., Suite 204, Chester, IL 62233(618) 826-4709
- Hours:** Monday-Friday, 8:00 a.m.-4:00 p.m.
Website: <http://www.mawib.org/worknet/Pages/seekers.aspx>

***MERS Goodwill St. Clair County Career and Workforce Development Center**

Services: provides opportunities for persons with barriers to employment to work and live more independently in the community. Services include job readiness, vocational assessment, job finding assistance, Welfare to work programs, veteran employment programs, WIOA programs, group counseling, individual counseling and psychological assessment.

- Contact Info:** 5720 North Belt West, Ste. 44, Belleville, IL 62226 (618) 978-5104

ENERGY ASSISTANCE

Western Egyptian Economic Opportunity Council, Inc.

See information under Anchor Agencies

EPILEPSY

***Epilepsy Foundation of Greater Southern Illinois**

Services: low-cost neurological evaluations for clients up to age 18 who have a possible or diagnosed seizure disorder

- **Contact Info:** 100 Aviation Dr., Koziara Terminal, Ste. B., Mt. Vernon, IL 62864(618) 244-6680
- **Website:** <http://www.efgreatersil.org/>

FIRE DEPARTMENTS

Baldwin Community Fire Protection District

- **Contact Info:** 309 West Myrtle, Baldwin, IL 62217(618) 785-2520
-

Chester Fire Department

- **Contact Info:** 1330 State St., Chester, IL 62233(618) 826-2211
-

Coulterville Volunteer Fire Department – Fire Protection District

- **Contact Info:** 215 East Maple, Coulterville, IL 62237(618) 758-2221
-

Ellis Grove Fire Department

- **Contact Info:** 501 Eggemeyer Plaza, Ellis Grove, IL 62241(618) 859-3473

Evansville Fire Department

- **Contact Info:** 505 Market St., Evansville, IL 62242(618) 853-2213
-

Percy Volunteer Fire Department

- **Contact Info:** 207 East Pine St., Percy, IL 62272(618) 497-8242
-

* Located outside of Randolph County but available to Randolph County residents

** Online & National Hotline numbers

Prairie Du Rocher Fire Department

- Contact Info: 207 Henry St., Prairie Du Rocher, IL 62277(618) 284-7141

Red Bud Fire Department

- Contact Info: 200 East Market, Red Bud, IL 62278.....(618) 282-2358

Sparta Fire Department

- Contact Info: 107 East Jackson, Sparta, IL 62286.....(618) 443-2917

Steeleville Volunteer Fire Department

- Contact Info: 107 West Broadway, Steeleville, IL 62288(618) 965-9251

Tilden Volunteer Fire Department

- Contact Info: 650 Butler St., Tilden, IL 62292(618) 587-2351

FOOD

FARMERS MARKETS

Chester Farmer's Market

- When: Saturdays, 9:00 a.m. until sold out (May 18 –October 12)
- Where: At Chester Square Gazebo (Intersection of Opdyke & State Streets)

Coulterville Markets In the Park

What: Farmers market, craft fair, vendor fair & flea market

- When: 1st Sunday of even months 11:00 a.m.-4:00 p.m. (April, June, August, October)
- Where: Coulterville City Park For questions, contact Deb Graves @ 618-708-2199

G & C Meyer Farm (Steeleville)

- When: Fridays & Saturdays, 9:00 a.m.-4:00 p.m.
- Where: 4370 Rockcastle Road, Steeleville For questions, contact Carol Meyer @ 618-615-1362

Prairie du Rocher Farmer's Market

- When: Thursdays, 4:00 p.m.-6:00 p.m. (mid- May through mid-September)
- Where: Empty lot in Prairie du Rocher
- Informal gathering of vendors

Percy Farmer's Market

- When: Thursdays, 3:00 p.m.-6:00 p.m. (end of May-end of September)
- Where: 201 E. Pine St. (Percy Village Hall parking lot)
- Contact Percy Village Hall for updated information

Sparta Farmer's Market

- When: Fridays, 3:00 p.m.-6:00 p.m.(May 3rd – October 25th)
- Where: 114 W. Jackson St. (Sparta City Hall parking lot)

FOOD PANTRIES & RESOURCES

Chester Area Christian Pantry

- Service Info: available to Randolph County Residents ONLY
 - Contact Info: 128 A Koeneman Acres, Chester, IL 62233(618) 826-3141
- Hours: Monday & Wednesday 9:00 a.m.-2:00 p.m.

Food on the Move – Steeleville Senior Center

- Service Info: walk thru food program for individuals in Illinois and Missouri.

* Located outside of Randolph County but available to Randolph County residents

** Online & National Hotline numbers

Contact Info: 107 W. Broadway, Steeleville, IL 62288 (behind City Hall)

- **Hours:** 1st Friday each month. 12:00-1:30 p.m. No personal verification required

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Musketeer Market

- **Service Info:** available to RBHS families in need
- **Contact Info:** Red Bud High School, 815 Locust St., Red Bud, IL 62278.....(618) 282-3826

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RBES Royal Table

- **Service Info:** available to RBES families in need
- **Contact Info:** Red Bud Elementary School, 500 W. Field Dr., Red Bud, IL 62278.(618) 282-3858

Red Bud Food Pantry

- **Service Info:** must call the Thursday prior by 5 p.m.
- **Contact Info:** Red Bud Bible Church, 1445 West Market, Red Bud, IL 62278(618) 567-1652
- **Hours:** Open two Saturdays each month, may visit once per month.

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Sparta Food Pantry

- **Service Info:** must live in Sparta School District, bring ID & letter with current address & fill out paperwork.
 - **Contact Info:** 360 East Broadway St., Sparta, IL 62286 (618) 443-2025
- Hours:** Tuesday & Thursday 10:00 a.m.-12:00 p.m. plus 3rd Saturday 10:00 a.m.-12:00 p.m.

St. John Lutheran Church – Chester, IL

Services: serves residents of Chester only

- **Contact Info:** 302 W. Holmes, Chester, IL 62233.....(618) 826-4345
- Hours:** Tuesdays 8:30am-11:30am

St. John Lutheran Church – Sparta, IL

- **Service Info:** open to anyone.
 - **Contact Info:** 1110 North Market St., Sparta, IL 62286.....(618) 443-3634
- Hours:** Tuesday & Thursdays 10:00 a.m.–12:00 p.m.

St. Peter UCC Church

Services: blessing box that holds non-perishables - everyone is welcome to utilize this at all times.

- **Contact Info:** 403 Madison St., Red Bud, IL 62278.....(618) 282-2417

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Steeleville Community Food Pantry

- **Service Info:** bring ID or proof of Steeleville School District residency. Can get food every other week.
 - **Contact Info:** 303 N. Mulberry, Steeleville, IL 62288(618) 965-3119
- Hours:** Tuesday of each month 9:00 a.m.-12:00 p.m. * Must be signed in by 11:30 .m.

Tilden Food Pantry

- **Service Info:** photo ID required; must complete paperwork with name, address & ages of all receiving food
 - **Contact Info:** 703 North Centre, Tilden, IL 62292(618) 317-5131
- Hours:** 1st & 3rd Tuesday of each month 11:00 a.m.-12:30 p.m.

Western Egyptian Economic Opportunity Council, Inc.

- **Service Info:** Randolph County residents ONLY. Must provide proof of residency.
 - **Contact Info:** 1820 N. Market, Bldg A, Sparta, IL 62286.....(618) 443-5231
- Hours:** Thursdays of each month 1:00 p.m.-3:30 p.m.

* Located outside of Randolph County but available to Randolph County residents

** Online & National Hotline numbers

****Hunger Hotline**

Services: referrals to food pantries throughout the state of Illinois. Provide assistance with applications for food stamps, Medicaid, cash assistance and other income support programs

- **Contact Info:**(800) 359-2163

SUPPLEMENTAL NUTRITION ASSISTANCE PROGRAM (SNAP)

DHS Family Community Resource Center

See information under Anchor Agencies

WOMEN, INFANTS AND CHILDREN (WIC)

Randolph County Health Department

See information under Anchor Agencies

GAMBLING

- For a current list of Gambling Support Groups, call (618) 282-6233 ext.105
-or send email to allianceinfo@comwell.us

****National Council on Problem Gambling (NCPG)**

Services: connecting people looking for assistance with a gambling problem to local resources

- **Contact Info:** 800-GAMBLER or text 800GAM

Website: <https://www.ncpgambling.org/>

GOVERNMENT

Randolph County Courthouse

- **Contact Info:** 1 West Taylor St., Chester, IL 62233(618) 826-5000
- **Circuit Clerk** ext. 150
- **Coroner**..... ext. 218
- **County Clerk** ext. 115
- **Economic Development**..... ext. 221
- **E-911** ext. 219
- **Land Management**..... ext. 130
- **State's Attorney** ext. 193
- **Supervisor of Assessments** ext. 192
- **Treasurer** ext. 224

Hours: Monday-Friday 8:00 a.m.-4:00 p.m.

Website: <https://randolphcountyil.gov/>

Additional Services:

- **Animal Control:** enforces state and local laws and ordinances to protect the safety and right of the public and the welfare of animals(618) 826-5484
- **Emergency Management:** responsible for managing resources and acquiring assets during and after a disaster; also provides disaster preparation training(618) 826-5484
- **General Assistance (SSI):** works with people who have pending Supplemental Security Income (SSI) cases(618) 443-3311
- **Health Department:** See information under Anchor Agencies(618) 826-5007
- **Highway Department:** responsible for county-designated roads, including planning, design, construction, maintenance, oiling and chipping, mowing, snow removal, engineering, collaboration with municipal and road district jurisdictions regarding road improvements (618) 443-3213
- **Sheriff**(618) 826-5484
- **Superintendent of Schools**.....(618) 939-5650

* Located outside of Randolph County but available to Randolph County residents

** Online & National Hotline numbers

***Supplemental Security Income (SSI) ***

Services: monthly income for people who are 65 or older, blind or have a disability, and who don't own much or have a lot of income; blind or disabled children may qualify

- **Contact Info:** 250 West Cherry St., Room 104, Carbondale, IL 62901.....(800) 772-1213
- 1670 Lebanon Ave., Lake Christine Center, Belleville, IL 62221(877) 405-0471

Website: <https://www.ssa.gov/>

GRIEF SERVICES

Griefshare

Services: provide guidance and tips, leading to relief, comfort and peace of mind. Find local support groups near you and online.

- **Website:** <https://www.griefshare.org/>
-

***Heartlinks Grief Center**

Services: a program of Family Hospice, assists grieving children, individuals, families and groups through individual and family counseling, peer support groups and other supportive community programs regardless of ability to pay. "Bridges to Healing" a support group for anyone grieving a suicide loss.

- **Contact Info:** 5110 West Main St., Belleville, IL 62226.....(618) 277-1800

Website: www.myheartlinks.com

***Hospice of Southern Illinois, Inc.**

Services: Coping with Grief is a FREE educational service provided to the community at various times of the year. Bereavement counselors available.

- **Contact Info:** Belleville, IL(618) 222-5905
- Marion, IL(618) 997-3030

Website: <https://hospice.org/ourcare/grief-support/>

HEARING

DEAF

***School for Hearing Impaired**

Services: School for Hearing Impaired is a public school located in Marion, Illinois. The school is coed with students and includes grades pre-kindergarten through 8th grade.

- **Contact Info:** 801 East Reeves, Marion, IL 62959.....(618) 997-2472

***SIU Carbondale Clinical Center**

Services: psychological evaluations, counseling, speech-language evaluations and therapy, hearing and central auditory processing evaluations and physical therapy

- **Contact Info:** Wham Bldg. Room 141, Carbondale, IL 62901.....(618) 453-2361

Website: https://clinicalcenter.siu.edu/speech_services/

****Alexander Graham Bell**

- **Services:** for parents of children who are deaf or hard of hearing

- **Contact Info:**(202) 337-5220

Website: <http://www.agbell.org/DesktopDefault.aspx>

****Hearing Aid Project**

Services: provide hearing aids and hearing health services to low-income individuals

- **Contact Info:** 720 Main Street, Floor 1, Kansas City, MO 64105.....(816) 895-2410

Website: <https://hearingaid donations.org/>

* Located outside of Randolph County but available to Randolph County residents

** Online & National Hotline numbers

MISCELLANEOUS

****CaptionCall**

Services: federally funded program providing phone and services at no cost to benefit people with hearing loss

• **Contact Info:**(877) 557-2227

Website: <https://captioncall.com/>

****Illinois Telecommunications Access Corporation (ITAC)**

Services: provide FREE phone equipment to Illinois residents who are deaf, hard of hearing, speech disabled or deaf-blind

• **Contact Info:** 3001 Montvale Dr., Ste. A, Springfield, IL 62704(800) 841-6167

Website: <https://www.itactty.org/>

HEART

See additional information under Medical-Cardiology

****American Heart Association**

Services: online information for individuals with heart disease

• **Contact Info:** Regional office/Springfield, IL(217) 698-3838

Website: <https://www.heart.org/>

HOME HEALTH SERVICES

At Home Health Care – Sparta Community Hospital

(Medicare certified)

Services: skilled nursing care, physical therapy, occupational therapy, telehealth services, speech & language therapy, home health aide services, and medical social work services

• **Contact Info:** 818 East Broadway St., Sparta, IL 62286 (618) 443-2177 ext. 2207

• **Website:** <https://www.spartahospital.com/services/home-healthcare/>

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Red Bud Regional Home Care

• **Services:** Alzheimers and dementia care, behavioral health nursing, care transitions, chronic disease management, fall prevention, heart disease, home health aides, infusion therapy, medical social work, medication management, nutritional consult, occupational therapy, pain management, patient/caregiver training, Personal Emergency Response System (PERS), physical therapy, skilled nursing, transition from hospital discharge to home health, speech therapy, and wound, ostomy and continence nursing.

• **Contact Info:** 115 W. Market Street, Ste. 101, Red Bud, IL 62278(618) 282-3338

• **Website:** <https://lhcgroupp.com/locations/red-bud-regional-home-care>

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***Amedisys Home Health**

• **Contact Info:** 1901 Frank Scott Pkwy, Suite 4, O'Fallon, IL 62269(618) 622-8854

• **Website:** <https://locations.amedisys.com/il/ofallon>

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***Southwestern Illinois Visiting Nurse Association – Services for Seniors**

(Accepts Medicaid)

Services: designated case coordination unit for residents of the following Illinois counties – Bond, Clinton, Madison, Monroe, Randolph, St. Clair, Washington. Homemaking services, home-delivered meals, adult day services, medication management, well-being checks, equipment to ensure safety, emergency response systems, pharmaceutical assistance, housing options and respite care options.

• **Contact Info:** #7 Executive Woods, Swansea, IL 62226 (618) 236-5800 or (800) 642-5429

• **Website:** <https://sivna.com/>

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* Located outside of Randolph County but available to Randolph County residents

** Online & National Hotline numbers

****Home Health Hotline**

- **Services:** report complaints or receive information about IL Medicare certified home health agencies.
- **Contact Info:**1(800) 252-4343

HOMELESS SERVICES

Regional Office of Education (ROE)

Services: help homeless children and youth to be able to attend school

Homeless Liaisons:

- **Chester:** 1901 Swanwick St., Chester, IL 62233(618) 826-2302
- **Sparta:** 612 East Harrison, Sparta, IL 62286(618) 443-5331
- **Steeleville:** 701 South Sparta St., Steeleville, IL 62288(618) 965-3432
- **Red Bud:** 134 N. Main St., Red Bud, IL 62278.....(618) 680-0154

Website: <https://www.roe45.net/services.html>

Western Egyptian Economic Opportunity Council, Inc.

See information under Anchor Agencies

***The Center for Empowerment and Justice**

Services: free Wi-Fi, coffee and computer use; free laundry service, court support, bike repair, computer repair, and print shop

- **Contact Info:** 213 North Washington St., Carbondale, IL 62901(618) 457-2777

HOMELESS SHELTERS, DOMESTIC SHELTERS & TRANSITIONAL HOUSING

***Charity Home Ministries**

Services: providing safe, stable and appropriate transitional housing, education, mentoring and resource connections to pregnant or parenting teens

- **Contact Info:** P.O. Box 23426, Belleville, IL 62221(618) 300-0771

Website: <https://charitihome.org>

***Family Life Shelter**

Services: shelter to help people get on their feet. Can help with IDs, jobs, vehicles & homes. Open 24 hrs.

- **Contact Info:** 12580 N. Sparrow Lane, Mt. Vernon, IL 622864.....(618) 242-2002
- **Website:** <https://familylifemtv.com/family-life-shelter>
-

***Good Samaritan House**

Services: provides unhoused mothers and their children with guidance, shelter and hope

- **Contact Info:** 1825 Delmar Ave., Granite City, IL 62040(618) 876-0607

Website: <https://www.goodsamhouse.org/>

***Good Samaritan Ministries**

Services: provides emergency shelter, transitional living program, soup kitchen, food pantry and emergency assistance

- **Contact Info:** 701 South Marion St., Carbondale, IL 62901(618) 457-5794

Website: <https://goodsamcarbondale.com/>

***Lifeboat Alliance**

- **Services:** helping the homeless weather life's storms. (Individual needs to call on their own behalf)

- **Contact Info:** 1717 Jefferson Ave., Mt. Vernon, IL 62864(618) 244-4088

- **Website:** <https://lifeboatalliance.org/>

* Located outside of Randolph County but available to Randolph County residents

** Online & National Hotline numbers

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***Lighthouse Shelter**

Services: shelter, necessities, safety and tools of self-rescue

• **Contact Info:** 1101 North Madison St., Marion, IL 62959(618) 993-8180

Website: <http://www.thelighthouseshelter.com/>

***Society of St. Vincent de Paul Ministries**

- **Services:** services are available to individuals located in St. Clair County. If you are homeless and at their center, you are considered to be in St. Clair County.
- **Daily Soup Kitchen:** Free meals offered 7 days per week, 52 weeks per year
- **Outreach Ministry Center:** Multi-use space offering programs & services such as Person Identification Program, transportation, homeless services, budgeting classes, resume writing, applications for housing & Social Security, computer center, job skills classes and Job search assistance. Gear Up/Career Gear clothing assistance, prison re-entry services, utility & rental assistance and more.
- **OverNite Center:** Dusk-to-Dawn OverNite Center is open from 7:00 pm-7:00 am daily as a safe haven for all who come to spend the night & serves as a bridge to other services.
- **Thrift Store Ministry:** offers low cost clothing, household goods and other merchandise.
- **Mobile Soup Bus:** goes out into neighborhoods to feed the hungry
- **Contact Info:** 3718 State Street, East St. Louis, IL 62205(618) 394-0126
- **Website:** <https://svdpsouthil.org/>

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***Sexual Assault Family Emergencies (SAFE)**

- **Services:** sexual abuse, sexual assault, survivor options after an assault, counseling and advocacy for survivors, family and friends.
- **Contact Info:** 730 E. 2nd Street, Centralia, IL 62801(618) 533-0475
- **Website:** <https://safecrisiscenter.org/aboutus/>

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***Survivor Empowerment Center**

Services: supporting survivors of domestic and sexual violence (and their children) with shelter and education. (Individual needs to call & be screened before they can advise if a bed is available)

- **Contact Info:** 610 South Thompson St., Carbondale, IL 62901(618) 549-4807
- **24-hour hotline:**(800) 334-2094

Website: <https://www.empoweringsurvivors.org/>

***The Night's Shield**

Services: Homeless Youth Program serves youth from their 14th to 24th birthday. Night's Shield identifies young people needing assistance with finding housing, getting a job or enrolling in education or training programs. Second, they provide transitional living for young people legally able to live on their own and third, they provide homeless shelter services to young people for up to 120 days.

- **Contact Info:** Children's Shelter - 301 E. Garland St., West Frankfort, IL 62896(618) 932-6400

Website: <https://www.thenightsshield.org/>

***Violence Prevention Center**

Services: providing emergency domestic shelter, advocacy and counseling for abused women and their dependent children who live in Southwestern Illinois.

- **Contact Info:** P.O. Box 831, Belleville, IL 62222 Crisis Line (618) 235-0895

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HOSPICE

Maple Creek Hospice

(Medicare, Medicaid and all insurance)

Services: providing the necessary support for our patients' physical, spiritual and emotional well-being

* Located outside of Randolph County but available to Randolph County residents

** Online & National Hotline numbers

- **Contact Info:** 706 South St. Louis St., Sparta, IL 62286 Available 24 hours/day (618) 443-4671
Website: <http://maplecreekhospice.com/>

***Family Hospice of Belleville Area**

Services: non-profit healthcare organization that helps guide patients and families through their journey, providing professional care, medications, equipment, supplies and other support services. Serving Monroe, Randolph, St. Clair, Madison, and Clinton counties in Illinois.

- **Contact Info:** 5110 West Main, Belleville, IL 62226(618) 277-1800
- **Website:** <https://familyhospice.org/>

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***Hospice of Southern Illinois, Inc.**

(Medicare, Medicaid, private insurance)

Services: provide specialized healthcare services for patients and families faced with a life-limiting illness. Our focus is on patient care including symptom management, emotional support and spiritual support.

- **Contact Info:** 305 South Illinois St., Belleville, IL 62220(800) 233-1708
- 204 Halfway Rd., Marion, IL 62959.....(800) 233-1708
- Website:** <https://hospice.org/>

***Vitas Hospice Care**

- **Services:** caring for patients with an interdisciplinary team comprised of nurses, physicians, aides, social workers, chaplain and other clinical professionals to meet the emotional and spiritual needs of the patient and their family.
- **Contact Info:** 16 Executive Drive, Suite 100, Fairview Heights, IL 62208(833) 357-3324
- **Website:** <https://www.vitas.com/locations-search/fairview-heights>

HOSPITALS

Memorial Hospital of Chester

- **Contact Info:** 1900 State St., Chester, IL 62233(618) 826-4581
- Website:** <https://www.mhchester.com/>

Red Bud Regional Hospital

- **Contact Info:** 325 Spring St., Red Bud, IL 62278(618) 282-3831
- Website:** <https://www.redbudregional.com/>

Sparta Community Hospital

- **Contact Info:** 818 East Broadway St., Sparta, IL 62286(618) 443-2177
- Website:** <https://www.spartahospital.com/>

HOUSING

COUNSELING, HOUSING PROGRAMS & RENT ASSISTANCE

Habitat for Humanity

Services: helps families build and improve places to call home

- **Contact Info:** 301 West Broadway St., Sparta, IL 62286(618) 443-3824
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Western Egyptian Economic Opportunity Council, Inc.

See additional information under Anchor Agencies

MENTAL ILLNESS

ComWell - Melmar (Sparta)

See ComWell under anchor agencies

* Located outside of Randolph County but available to Randolph County residents

** Online & National Hotline numbers

PUBLIC HOUSING

Randolph County Housing Authority

Services: participates in Section 8 Housing Choice Voucher (HCF) and public housing programs

- **Contact Info:** 916 George St, Chester, IL 62233(618) 826-4314
- 807 North Gardner St., Sparta, IL 62286(618) 443-3393

SENIORS/DISABLED

MACO Management Co., Inc.

Services: housing for individuals aged 62 years or older or who are disabled regardless of age and have low to moderate income

- **Contact Info:** Main Office, 1008 E. Main St., Robinson, IL 62454(618) 544-8645
- Chesterton Manor Apartments: 1420 Court St., Chester, IL 62233(618) 826-2802
- Red Bud Apartments: 225 Lockwood Dr., Red Bud, IL 62278(618) 282-2778
- Red Bud Estates: 575 Country Club Rd., Red Bud, IL 62278.....(618) 282-4351
- 710 West Market St., Red Bud, IL 62278(618) 282-4351
- Steeleville Apartments: 807 Lockwood Ct., Steeleville, IL 62288.....(618) 965-3676

SPECIAL NEEDS FOR INTELLECTUAL DISABILITY

ComWell – Community Integrated Living Arrangement (CILA) (Chester)

See ComWell under anchor agencies

Progressive Careers and Housing (CILA) Sparta Terrace

Services: 16 bed intermediate care center for adults with intellectual disabilities.

Contact Info: 1501 Melmar Dr., Sparta, IL 62286(618) 443-2122

Website: <https://www.phidd.org/>

HUMAN TRAFFICKING

*Healing Action Network, Inc.

Services: supporting survivors of sex trafficking and sexual exploitation in the St. Louis region

- **Contact Info:** P.O. Box 39429, St. Louis, MO 63139 (314) 833-4515
- **Website:** <https://healingaction.org/>

*Restoration61

Services: all services are free and include crisis intervention, one-on-one advocacy & case management clinical services, weekly groups and outreach.

- **Contact Info:** (773) 550-7239
- **Website:** <https://www.restoration61.org>

**National Human Trafficking Hotline

- **Contact Info:** (888) 373-7888

INTERNET ASSISTANCE

**Lifeline HUD Resource

Services: makes communication services more affordable for low-income consumers by lowering the cost of phone or internet bills for HUD Residents

- **Contact info:**(800) 234-9473
- **Website:** <https://www.hudexchange.info/resource/5104/lifeline-fact-sheet/>

* Located outside of Randolph County but available to Randolph County residents

** Online & National Hotline numbers

****USAC Affordable Connectivity Program**

Services: the Affordable Connectivity Program (ACP) is a U.S. government program run by the Federal Communications Commission (FCC) to help low-income households pay for internet service and connected devices like a laptop or tablet. Likely eligible if household's income is below 200% of the Federal poverty line, or if you household member receives a government benefit like SNAP, Medicaid, SSI, WIC, Pell Grant, or Free and Reduced-Price Lunch.

- **Website:** <https://affordableconnectivity.gov/>

LEGAL SERVICES

***Equip for Equality, Inc.**

Services: legal representation and advocacy for persons with developmental, mental and physical disabilities, outreach and training, information and referral

- **Contact Info:** 300 East Main St. Suite 18, Carbondale, IL 62901.....(618) 457-7930

Website: <https://www.equipforequality.org/>

***Land of Lincoln, Legal Aid**

Services: providing free legal aid to families and individuals in need. Areas of law include: consumer law, family law, education law, elder law & disability rights, health & economic security, and housing law. Areas of law not covered include criminal cases (including traffic cases), personal injury, malpractice, or workers' compensation cases.

- **Contact Info:** First Mid Illinois Bank Building, Third Floor, 509 South University Ave., Carbondale IL 62901

.....(618) 457-7800

Website: <https://lincolnlegal.org/>

***SIU Carbondale Legal Clinic**

Services: serving residents in southern Illinois. Our legal clinics offer students the opportunity to work with clinical faculty while representing clients through civil practice/elderly and juvenile justice clinics.

- **Contact Info:** 115 Douglas Dr., Carbondale, IL 62901.....(618) 536-7711

Website: <https://law.siu.edu/academics/clinics/>

***Veterans Legal Assistance Program (VLAP) (SIU)**

Services: providing legal assistance to veterans in southern Illinois who cannot afford or do not have access to legal representation in the appeals of claims for compensation of service connected disabilities, pension, survivor benefits and education benefits

- **Contact Info:** 115 Douglas Dr., Carbondale, IL 62901..... (855) 452-3526 or (618) 453-8280

Website: <https://law.siu.edu/academics/clinics/>

LGBTQIA+ RESOURCES

***Metro East PRIDE**

Services: links and information

- **Contact Info:** PO Box 794, Belleville, IL 62222

Email: metroeastpride@gmail.com

***PFLAG**

Services: dedicated to supporting, education and advocating for LGBTQ+ people and their families

- **Contact Info:** 115 West B St., Belleville, IL 62220 (618) 977-5078

Website: <https://pflag.org/chapter/belleville/>

***Queer-Oriented Rural Resource Network (QORRN)**

Services: include mental health, adults questioning their sexuality/gender identity, marriage and couples counseling, sexual trauma/violence/rape, substance abuse/addiction, trans and gender-non-conforming, and youth services

* Located outside of Randolph County but available to Randolph County residents

** Online & National Hotline numbers

- **Contact Info:** 808 S. Main St., Ste. C, Columbia, IL 62236..... (618) 604-5032
Website: <https://www.qornn.com/>

***Rainbow Café LGBTQ Center**

Services: provides non-judgmental support and access to personal, community, spiritual, and health resources to LGBTQIA+ people in Southern Illinois. Rainbow Café is a welcoming, affirming environment for LGBTQIA+ people and their friends and families.

- **Contact Info:** 118 N. Illinois Avenue, Carbondale, IL 62901..... (618) 525-9922
Website: <https://www.rainbowcafe.org/> **Resource List:** <https://www.rainbowcafe.org/resources.html>

****The Trevor Project**

Services: provides 24/7 crisis intervention and suicide prevention for LGBTQ youth

- **Contact Info:**text “Trevor” to (202) 304-1200
or instant message through TrevorChat at: <https://www.thetrevorproject.org/get-help-now/>
Hours: Monday-Friday 2:00 p.m.-9:00 p.m.

LIBRARIES

Chester Public Library

Services: regular library services, e-library & FREE Wi-Fi internet access

- **Contact Info:** 733 State St., Chester, IL 62233.....(618) 826-3711
Hours: Monday – Thursday 10:00 a.m.-6:00 p.m. & Friday - Saturday 9:00 a.m.-1:00 p.m.
Website: <https://www.chesterpubliclibrary.com/>

Coulterville Public Library

- **Services:** regular library services, free computer & Wi-Fi use; fax & copying services

- **Contact Info:** 103 South 4th St., Coulterville, IL 62237(618) 758-3013
Hours: Monday & Friday 10:00 a.m.-3:00 p.m., Tuesday & Thursday 1:00 p.m.- 6:00 p.m.
& Saturday 10:00 a.m.-2:00 p.m., CLOSED Wednesday & Sunday
Website: <http://www.coultervillelibrary.weebly.com>

Evansville Public Library

- **Services:** regular library services, free computer & Wi-Fi use, copying services, check out movies, e-books, Lego club and much more.
- **Contact Info:** 602 Public St., Evansville, IL 62242.....(618) 853-4649
- **Hours:** Tuesday & Thursday 11:00 a.m.-4:00 p.m. & Saturday 12:00 p.m.-5:00 p.m.
- **Website:** <https://evansvillepubliclibrary.weebly.com/>

Marissa Public Library

- **Services:** regular library services in addition to Coffee & Conversation, book clubs, painting class, Pinterest club and virtual story time.
- **Contact Info:** 212 North Main St., Marissa, IL 62257(618) 295-2825
Hours: Monday, Tuesday, Wednesday & Friday 10:00 a.m.-5:00 p.m.
Thursday 10:00 a.m.-7:00 p.m. CLOSED Saturday & Sunday
Website: <https://www.marissalibrary.org/>

Prairie du Rocher Community Library

- **Services:** regular library services and internet
- **Contact Info:** 223 Market Street, Prairie du Rocher, IL 62277(618) 284-7323
Hours: Tuesday 5:00 p.m.-7:00 p.m., Wednesday 2:00 p.m.-4:00 p.m. & Saturday 10:00 a.m.-12:00 p.m.
Website: <https://visitprairiedurocher.com/membership-list/prairie-du-rocher-community.html>

Red Bud Public Library

Services: regular library services, free computer & Wi-Fi use, copying services, children & family programs, summer reading programs, access to newspapers and magazines, book clubs, puzzle exchange, use of back room & more

* Located outside of Randolph County but available to Randolph County residents

** Online & National Hotline numbers

- **Contact Info:** 925 South Main St., Red Bud, IL 62278(618) 282-2255
- Hours:** Monday-Thursday 12:00 p.m.-7:00 p.m.
Friday & Saturday 9:00 a.m.-1:00 p.m.
- Website:** <https://redbudpubliclibrary.weebly.com/>

Sparta Public Library

- **Services:** regular library services, story time and Kidz Club Zone, e-books, homework help, children's programs, kid's corner, young adult programs, Project Next Generation, youth resources, adult programs and more
- **Contact Info:** 211 West Broadway St., Sparta, IL 62286(618) 443-5014
- Hours:** Monday, Tuesday & Thursday 12:00 p.m.-7:00 p.m.
Wednesday & Friday 10:00 a.m.-5:00 p.m.; & Saturday 10:00 a.m.-4:00 p.m.
- Website:** <https://www.spartapubliclibrary.com/>

Steeleville Area Public Library

- Services:** regular library services, e-books, summer reading program, story hour, games and monthly calendar with special events such as Lego club, craft club, book club & more
- **Contact Info:** 625 South Sparta, St., Steeleville, IL 62288(618) 965-9732
- Hours:** Monday-Friday 10:00 a.m.-6:00 p.m. & Saturday 10:00 a.m.-1:00 p.m.
- Website:** <https://www.steelevillelibrary.org/>

Tilden Public Library

- **Services:** regular library services
- **Contact Info:** 381 Butler St., Tilden, IL 62292(618) 587-1282
- Hours:** Monday & Thursday 2:00 p.m.-6:00 p.m.; Tuesday & Saturday 10:00 a.m.-2:00 p.m.
CLOSED Sunday, Wednesday & Friday
- Website:** <https://www.sites.google.com/view/tildenlibrary>

LONG-TERM CARE & ASSISTED LIVING

Addington Place of Sparta

- **Contact Info:** 211 North Market St., Sparta, IL 62286(618) 443-2600
- Website:** <https://addingtonplaceofsparta.seniorlivingnearme.com/>

Coulterville Rehabilitation and Health Care Center

- **Contact Info:** 13138 State Route 13, Coulterville, IL 62237(618) 758-2256
- Website:** <https://coultervillebytutera.com/>

Garden Place Senior Living

- **Contact Info:** 351 Lockwood Dr., Red Bud, IL 62278(618) 475-6194
- Website:** <https://www.compass-living.com/senior-living/il/red-bud/garden-place-red-bud/>

Randolph County Care Center

- **Contact Info:** 312 West Belmont St., Sparta, IL 62286(618) 443-4351
- Website:** <https://am.randolphco.org/index.php/gov-menu/appointed-officials/2015-12-04-02-46-19/90-main-category/government/appointed-officials/carecenter-main>

The Manor at Craig Farms

- **Contact Info:** 3030 State St., Chester, IL 62233(618) 826-1400
- Website:** <https://manoraticraigfarms.com/>

Three Springs Senior Living & Rehabilitation

- **Contact Info:** 161 Three Springs Rd., Chester, IL 62233(618) 664-1622
- **Website:** <https://wlcfirm.com/three-springs-senior-living-and-rehabilitation.php>
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* Located outside of Randolph County but available to Randolph County residents

** Online & National Hotline numbers

MEDICAL

AFTERCARE & THERAPY PROGRAMS

Memorial Hospital Therapy & Sports Rehab Center

Services: after graduating from therapy, patients may opt to continue using the facility to continue their exercises on an independent basis

• **Contact Info:** 833 Lehmen Dr., Chester, IL 62233.....(618) 826-4588

Website: <https://www.mhchester.com/rehab-center>

Red Bud Regional Hospital

Services: provide treatment for arthritis, back and neck pain, bladder health, joint replacement, fitness, osteoporosis, overuse injuries, sound production and swallowing, shoulder pain, sports injuries, sprains, strains, and fractures, stroke and work injuries.

• **Contact Info:** 325 Spring St., Red Bud, IL 62278(618) 282-5172

Hours: vary

Website: <https://redbudregional.com/>

The Center, After Care – Physical & Sports Therapy (Sparta Community Hospital)

Services: available for all outpatients, after completing their treatment plan, to continue on an independent basis with a full line of state of the art equipment

• **Contact Info:** 1300 North Market, Sparta, IL 62286(618) 443-6966

Website: <https://www.spartahospital.com/locations/physical-therapy/>

BREAST HEALTH

Red Bud Regional Hospital

Services: offering 3D mammography for all women, especially those with young and/or dense breasts, BRCA mutation, family history of breast cancer, prior breast biopsy and/or radiation to the chest

• **Contact Info:** 325 Spring St., Red Bud, IL 62278(618) 282-4900

Website: <https://redbudregional.com/>

CARDIOLOGY

Cardiac Pulmonary Rehab Center (Memorial Hospital of Chester)

Services: after an event or diagnosis, your provider can refer you, with an order, to the CPRC. An assessment is completed, and an individualized treatment plan is created. Rehabilitation programs at the center provide comprehensive care to patients with heart and lung conditions. Through the program, individuals are given a structured program that includes education, counseling, and exercise to strengthen their lungs and heart. Participants in the program have access to various tools and a full support system to help them recover. The CPRC training on physical activity, medications, healthy living, stress management, and smoking cessation.

• **Contact Info:** 1900 State Street, Chester, IL 62233 (618) 826-4581 ext. 1151

• **Website:** <https://www.mhchester.com/cprehab>

•

Red Bud Regional Hospital

Services: include EKGs, stress testing, vascular ultrasound, nuclear cardiology, holter monitoring, Echocardiograms and clinic consultations

• **Contact Info:** 325 Spring St., Red Bud, IL 62278(618) 939-4200

Website: <https://redbudregional.com/>

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Sparta Cardiology Office (Sparta Community Hospital)

Services: visiting cardiologist. Physicians at Broadway Plaza Specialty Clinic are independent, contracted providers and are not employees or agents of Sparta Community Hospital District

• **Contact Info:** 205 South Burns Avenue, Sparta, IL 62286..... (618) 443-IDOC (1362)

Hours: vary

Website: <https://www.spartahospital.com/locations/sparta-cardiology-office/>

* Located outside of Randolph County but available to Randolph County residents

** Online & National Hotline numbers

CARE MANAGEMENT PROGRAM

Care Management Program (Sparta Community Hospital)

Services: enables the patient's primary care clinician to provide them with better access to comprehensive, coordinated, continuous and proactive evidence based care

- **Contact Info:** 818 E. Broadway, Sparta, IL 62286(618) 443-2177

Website: <https://www.spartahospital.com/services/care-management-program/>

CLINICS, PHYSICIAN'S OFFICES & WELLNESS CARE

Chester Clinic (Memorial Hospital of Chester)

Services: family health care newborn through geriatrics, same day appointments, wellness visits, family planning, school & sports physicals, nursing home care, minor in-office procedures, allergy and injection therapy, laboratory, immunizations (Vaccines For Children – VFC provider), DOT physical exams

- **Contact Info:** 2319 Old Plank Rd., Chester, IL 62233(618) 826-2388

Hours: Monday & Friday 8:00 a.m.-5:00 p.m.

Tuesday & Thursday 7:00 a.m.-5:00 p.m.

Website: <https://www.mhchester.com/clinics>

Coulterville Medical Clinic (Sparta Community Hospital)

- **Contact Info:** 203 East Grant St., Coulterville, IL 62237(618) 758-2331

Hours: Monday 8:30 a.m.-5:00 p.m.

Tuesday-Friday 8:00 a.m.-5:00 p.m.

Website: <https://www.spartahospital.com/locations/>

Family Health Centre (Sparta Community Hospital)

Services: primary care & family medicine providing healthcare services to patients of all ages; treat minor urgent conditions such as injuries, infections, flu & sprains; manage chronic conditions such as diabetes & high blood pressure in addition to delivering preventative care & wellness guidance. Pediatrician.

- **Contact Info:** 207 S. Burns Ave., Sparta, IL 62286(618) 443-3084

Hours: Monday-Thursday 7:30 a.m.-5:30 p.m.; Friday 8:30 a.m.-5:30 p.m.

Website: <https://www.spartahospital.com/locations/family-health-centre/>

North Campus Healthcare Clinic (Sparta Community Hospital)

Services: primary care and family medicine providing healthcare services to patients of all ages; treat minor urgent conditions such as injuries, infections, flu and sprains; and also manage chronic conditions such as diabetes and high blood pressure in addition to delivering preventative care and wellness guidance

- **Contact Info:** 1300 North Market St., Sparta, IL 62286(618) 443-4138

Hours: Monday 8:30 a.m.-5:00 p.m.; Tuesday-Friday 8:30 a.m.-7:00 p.m.; Saturday 9:00 a.m.-4:00 p.m.

Website: <https://www.spartahospital.com/locations/north-campus-healthcare-clinics/>

Red Bud Health Clinic (Red Bud Regional Hospital)

- **Services:** family medicine, adult medicine, gastroenterology, general surgery, wound care and more.

- **Contact Info:** RBRH Second Floor, 325 Spring St., Red Bud, IL 62278(618) 282-7373

Hours: Monday-Friday 8:00 a.m.-5:00 p.m.

Website: <https://redbudregional.com/red-bud-health-clinic/>

SIHF Healthcare

- **Contact Info:** 824 Locust, Red Bud, IL 62278(618) 282-6656

Hours: Monday, Tuesday, Thursday & Friday 8:30 a.m.-5:00 p.m.

Wednesday 8:30 a.m.-3:00 p.m.

Website: <https://www.sihf.org/health-center/red-bud>

Sparta Medical Office (Sparta Community Hospital)

Services: primary care and family medicine providing healthcare services to patients of all ages; treat minor urgent conditions such as injuries, infections, flu and sprains; and also manage chronic conditions such as diabetes and high blood pressure in addition to delivering preventative care and wellness guidance

* Located outside of Randolph County but available to Randolph County residents

** Online & National Hotline numbers

- **Contact Info:** 215 South Burns Ave., Sparta, IL 62286(618) 443-2297
Hours: Monday 8:30 a.m.-7:00 p.m.; Tuesday-Friday 8:30 a.m.-5:00 p.m.
Website: <https://www.spartahospital.com/locations/sparta-medical-office/>

Steeleville Clinic (Sparta Community Hospital)

Services: primary care and family medicine providing healthcare services to patients of all ages; treat minor urgent conditions such as injuries, infections, flu and sprains; and also manage chronic conditions such as diabetes and high blood pressure in addition to delivering preventative care and wellness guidance

- **Contact Info:** #9 Westwood Dr., Steeleville, IL 62288(618) 965-3466
Hours: Monday & Thursday 8:30 a.m.-7:00 p.m.; Tuesday, Wednesday & Friday 8:30 a.m.-5:00 p.m.
Website: <https://www.spartahospital.com/locations/steeleville-clinic/>

Steeleville Family Practice (Memorial Hospital of Chester)

Services: family health care newborn through geriatrics, same day appointments, wellness visits, family planning, school & sports physicals, nursing home care, minor in-office procedures, allergy and injection therapy, laboratory, immunizations and DOT physical exams

- **Contact Info:** 602 West Shawneetown Trail, Steeleville, IL 62288.....(618) 965-3382
Hours: Monday & Thursday 8:30 a.m.-7:00 p.m.; Tuesday, Wednesday & Friday 8:30 a.m.-5:00 p.m.
Website: <https://www.mhchester.com/clinics>

***Shawnee Health Services - Migrant/Farmworker Health Center**

Services: include medical, dental, OB/GYN, nutrition, counseling, social services, lab testing & pharmacy provided to migrant/seasonal workers at reduced fees or arranged plan; Medicare & Medicaid accepted; bilingual

- **Contact Info:** #7 South Hospital Dr., Murphysboro, IL 62966 (618) 519-9200 opción nueve para español
Website: <https://www.shawneehealth.com/services/farmworker-health-program/>

CONVENIENT CARE

Convenient Care (Memorial Hospital of Chester)

- **Contact Info:** 1900 State St., Chester, IL 62233.....(618) 826-4581
Hours: Sunday-Saturday 8:00 a.m.-8:00 p.m.
Website: <https://www.mhchester.com/convenient-care>

Convenient Care (Sparta Community Hospital)

- **Contact Info:** 1300 North Market, Sparta, IL 62286(618) 443-2177
Hours: Monday-Friday 9:00 a.m.-7:00 p.m., Saturday 9:00 a.m.-4:00 p.m., Sunday 9:00 a.m.-2:00 p.m.
Website: <https://www.spartahospital.com/services/convenient-care/>

Walk-In Clinic Red Bud Health Clinic (Red Bud Regional Hospital)

Contact Info: 2nd Floor, Red Bud Regional Hospital, 325 Spring St., Red Bud, IL 62278

-(618) 282-7373
Hours: Monday-Friday 8:00 a.m.-7:00 p.m.
Saturday 8:00 a.m.-4:00 p.m. CLOSED Sunday
Website: <https://redbudregional.com/red-bud-walk-in-clinic/>

COUMADIN MANAGEMENT

Coumadin Clinic (Sparta Community Hospital)

Services: a clinic pharmacist, working with your physician, will monitor and manage medication that prevents blood clots, provide individualized care and education, and make any necessary medication adjustments. Please contact your doctor's office to obtain a referral.

- **Contact Info:** 818 East Broadway St., Sparta, IL 62286(618) 443-2177
• **Hours:** Tuesday 9:00 a.m.-12:00 p.m.
Website: <https://www.spartahospital.com/services/coumadin-clinic/>

* Located outside of Randolph County but available to Randolph County residents

** Online & National Hotline numbers

DIALYSIS SERVICES

DaVita Dialysis

- **Contact Info:** 1500 East Market St., Lot 4, Red Bud, IL 62278(800) 424-6589
- Website:** <https://www.davita.com/>

Fresenius Kidney Care

- **Contact Info:** 102 Memorial Dr., Chester, IL 62233.....(800) 881-5101
- Website:** <https://www.freseniuskidneycare.com/dialysis-centers/illinois/1885>

MOBILE HEALTHCARE

Mobile Health Clinics (Sparta Community Hospital)

Services: scheduled and walk-in primary care and family medicine providing healthcare services to patients of all ages. Treat minor urgent conditions such as injuries, infections, flu and sprains. Also, manage chronic conditions such as diabetes and high blood pressure and deliver preventative care and wellness guidance.

- **Contact Info:** (618) 443-IDOC (1362)
- Hours:** Please visit website for current schedule
- Website:** <https://www.spartahospital.com/services/mobile-health-clinic/>

RESPIRATORY/PULMONARY

Cardiac Pulmonary Rehab Center (Memorial Hospital of Chester)

Services: after an event or diagnosis, your provider can refer you, with an order, to the CPRC. An assessment is completed and an individualized treatment plan is created. Rehabilitation programs at the center provide comprehensive care to patients with heart and lung conditions. Through the program, individuals are given a structured program that includes education, counseling, and exercise to strengthen their lungs and heart. Participants in the program have access to various tools and a full support system to help them recover. The CPRC training on physical activity, medications, healthy living, stress management, and smoking cessation.

- **Contact Info:** 1900 State Street, Chester, IL 62233 (618) 826-4581 ext. 1151
- Website:** <https://www.mhchester.com/cprehab>

Cardiopulmonary Rehabilitation (Sparta Community Hospital)

Services: medically supervised comprehensive program designed to improve the health and wellbeing of individuals with heart or lung conditions. Includes smoking cessation education.

- **Contact Info:** 205 South Burns Avenue, Sparta, IL 62286 (618) 443-2177 ext. 1336
- Website:** <https://www.spartahospital.com/services/pulmonary/>

Lung Screening Program (Memorial Hospital of Chester)

Services: The Lung Cancer Screening Program is covered by most private insurance plans, Medicare and Medicaid. Patients must have a shared decision-making visit with a medical provider prior to their lung cancer screening test. Check with your provider, or call our Nurse Navigator at the phone number below for assistance.

- **Contact Info:** 1900 State Street, Chester, IL 62233 855-399-LUNG (5864)
- Website:** <https://www.mhchester.com/lung-screening>

Red Bud Regional Hospital

Services: caring for patients with COPD, bronchitis, emphysema, asthma, lung cancer, smoking cessation, pneumonia and Pulmonary Function Test.

- **Contact Info:** 325 Spring St., Red Bud, IL 62278(618) 282-7373
- Website:** <https://redbudregional.com/>

*Black Lung Program (A program of Shawnee Health Service)

Services: specialized in assisting former coal miners and/or widows of coal miners with their black lung benefits claims, medical diagnosis and treatment of black lung disease. Services are free.

Contact Info: 109 California St., Carterville, IL 62918 (618) 519-9200

Hours: Monday-Friday 8:00am-4:00pm

* Located outside of Randolph County but available to Randolph County residents

** Online & National Hotline numbers

Outreach Areas: Carbondale, Carterville, Marion & Murphysboro
Website: <https://www.shawneehealth.com/services/black-lung-program/>

SKILLED CARE

Swing Bed Program (Memorial Hospital of Chester)

Services: 24-hour skilled nursing care, physician services, physical therapy, speech/language therapy, occupational therapy, certified nurse assistants, licensed social worker, post-surgical care, IV therapies, diabetic management, enteral feedings, pain management, pharmacy services and wound management

- **Contact Info:** Memorial Hospital, 1900 State St., Chester, IL 62233.....(618) 826-4581

Website: <https://www.mhchester.com/swing-bed-program>

Swing Bed Program (Sparta Community Hospital)

Services: 24/7 acute care nurses with in-house physicians and respiratory therapist, physical, occupational and speech therapy with individual plan of care

- **Contact Info:** 818 East Broadway St., Sparta, IL 62286 (618) 443-2177 ext.1409

Website: <https://www.spartahospital.com/services/swing-bed-program/>

SLEEP LAB

Memorial Hospital of Chester

Services: provide sleep diagnostic testing and treatment of sleep disorders, home sleep studies.

- **Contact Info:** 1900 State St., Chester, IL 62233.....(618) 826-4581

Website: <https://www.mhchester.com/sleep-disorder-treatment-sleep-lab>

Sparta Community Hospital

Services: provide overnight exams to monitor sleep and identify disruptions to sleep patterns such as sleep apnea, hyperpnoea, excessive snoring, insomnia, narcolepsy and heart rhythm problems

- **Contact Info:** 818 E. Broadway Street, Sparta, IL 62286(618) 443-2177

Website: <https://www.spartahospital.com/services/sleep-studies/>

SPECIALTY CLINIC

Broadway Plaza Specialty Clinic (Sparta Community Hospital)

Services: visiting specialty providers including oncology, ENT, and OB/GYN. Physicians at Broadway Plaza Specialty Clinic are independent, contracted providers and are not employees or agents of Sparta Community Hospital District

- **Contact Info:** Broadway Plaza, Suite 1., Sparta, IL 62286 (618) 443-IDOC (1362)

Hours: Monday 8:30 a.m.-5:00 p.m.; Tuesday-Friday 8:30 a.m.-7:00 p.m.; Saturday 9:00 a.m.-4:00 p.m.

Website: <https://www.spartahospital.com/specialty-clinic/>

Memorial Hospital Specialty Clinic (Memorial Hospital)

Services: specialty providers including audiology, cardiology, gastroenterology, nephrology, oncology & hematology, orthopedics, otolaryngology (ENT), pain management, podiatry, urology, and wound clinic.

Contact Info: Memorial Hospital, 1900 State Street, Chester, IL 62233 (618) 826-4581 (1366)

Hours: Providers schedules may vary. Monday-Friday 8:00am-5:00pm

Website: <https://www.mhchester.com/providers>

North Campus Healthcare Specialty Clinic (Sparta Community Hospital)

Services: visiting specialty providers including gastroenterology, orthopedics, pain management, podiatry, pulmonology, rheumatology, urology, and neurology. Physicians at North Campus Healthcare Specialty Clinic are independent, contracted providers and are not employees or agents of Sparta Community Hospital District.

- **Contact Info:** 1300 North Market St., Sparta, IL 62286..... (618) 443-IDOC (1362)

Website: <https://www.spartahospital.com/locations/north-campus-healthcare-specialty-clinics/>

Red Bud Regional Hospital

Services: specialty providers including gastroenterology, infusion center services, orthopedics, podiatry, pulmonary, senior emotional health, skilled nursing care unit and wound care.

* Located outside of Randolph County but available to Randolph County residents

** Online & National Hotline numbers

- **Contact Info:** 325 Spring St., Red Bud, IL 62278(618) 282-7373
- Website:** <https://redbudregional.com/>

MEDICAL INSURANCE

**Affordable Care Act

Website: <https://getcovered.illinois.gov/>

**Healthcare for Kids

- All Kids Hotline(866) ALL-KIDS or (866) 255-5437
-TTY: (877) 204-1012
- Website:** <https://hfs.illinois.gov/medicalprograms/allkids.html>

**Illinois Department of Insurance, Office of Consumer Health Insurance

Services: file a complaint if you are having a problem with your state-regulated health plan

- **Contact Info:**(866) 445-5364
- Website:** <https://idoi.illinois.gov/>

**Medicaid

Services: federal and state programs that help with medical costs for people with limited income

- **Contact Info:**(800) 843-6154
- Website:** <https://abe.illinois.gov/abe/access/>
<https://www.illinois.gov/hfs/MedicalClients/Pages/AbeBenefits.aspx>

**Medicare

Services: federal program that provides health coverage for people over 65 or under 65 with a disability

- **Contact Info:**(800) MEDICARE
- Website:** <https://www.medicare.gov/>

MENTAL HEALTH

ComWell

See information under Anchor Agencies

*Amygdala

(Accepts Medicaid IL)

Services: Parent-Child Interaction Therapy (PCIT), screening and diagnosis. PCIT is an evidence-based therapy for young children ages 2-8 and their parents/caregivers. PCIT provides parents with the resources, skills, and knowledge to reduce child externalizing behaviors (i.e. ADHD, temper tantrums, talking back, depression, defiance, shouting, etc.) and parents learn in-the-moment calm down skills so they can prevent problem behaviors when the therapist leaves. Therapy highlights:

- Kids 2-8 with diagnosed or undiagnosed externalizing behaviors.
- Kiddos can be older than 8 if diagnosed with Autism.
- Therapy lasts between 12-24 weeks
- Remote services are available.
- Parents/Caregivers are involved in weekly therapy sessions.
- Weekly behavioral data is collected & parents see child behavioral graphs.
- **Contact Info:** 110 N. High Street, Suite 3, Belleville, IL 62233(314) 518-7967
- **Email:** info@amygdalaco.com
- Website:** <https://www.amygdalaco.com/>

* Located outside of Randolph County but available to Randolph County residents

** Online & National Hotline numbers

***Behavioral Health Crisis Center**

Services: the Behavioral Health Crisis Center is a partnership between Gibson Center for Behavioral Change and the Community Counseling Center. The BHCC provides a 24/7 no-wrong-door approach for those experiencing a behavioral health crisis.

- Crisis stabilization
- 24/7 access
- Walk-ins accepted
- Psychiatric care and assessment
- Medication-assisted treatment
- Brief supportive counseling
- Peer support services
- Referral and linkage to community resources
- ZERO COST MENTAL HEALTHCARE

• **Contact Info:** 1112 Linden St., Cape Girardeau, MO 63703.....(573) 803-4155

Website: <https://semo-bhcc.com/>

***Centerstone**

See information under Anchor Agencies

***Chestnut Health Services**

Services: include a variety of mental health treatment options for children, youth and adults as well as addiction treatment (including gambling) for adolescents and adults.

• **Contact Info:** 12 North 64th St., Belleville, IL 62223..... (888) 924-3786 or (618) 397-0900

Website: <https://www.chestnut.org/>

***Christian Hospital Recovery Center**

(Private insurance and Medicare)

Services: diagnosis and treatment for alcoholism, anxiety disorders, bipolar disorders, depression, drug abuse and Schizophrenia.

• **Contact Info:** 11133 Dunn Road, St. Louis, MO 63136.....(314) 653-5000

Website: <https://www.christianhospital.org/Medical-Services/Mental-Health>

***Comprehensive Behavioral Health Center**

(Discounts available based on family size & income)

Services: provide quality individualized essential services for people in need of emotional, rehabilitative and social support, on a 24-hour basis, in the least restrictive environment

- **Mental Health Services:** crisis, Living Room, Drop In Center, child & adolescents, Adult Re-Deploy, Project for Assistance in Transition from Homelessness (PATH), and residential programs
- **Outpatient Treatment**
- **Methadone Clinic**
- **Parenting Teens**

• **Contact Info:** 505 South 8th St., East St. Louis, IL 62201.....(618) 482-7330

Website: <https://cbhc1.org/>

***Egyptian Behavioral Health**

Services: youth and adult mental health, substance use prevention and recovery outpatient services

• **Contact Info:** 1412 US Hwy 45 N., Eldorado, IL 62930(618) 273-3326

Website: <https://egyptian.org/>

***Eldorado Rural Health**

Services: outpatient behavioral health and psychiatric services

• **Contact Info:** 1401 US Hwy 45 N., Eldorado, IL 62930(618) 273-2951

Website: <https://www.crhpc.org/behavioral-health-cb31>

* Located outside of Randolph County but available to Randolph County residents

** Online & National Hotline numbers

***Farm Family Resource Initiative**

Services: the Southern Illinois University School of Medicine Center for Rural Health and Social Service Development (CRHSSD) is leading the effort to build a network of support and resources for Illinois farm families. The purpose of the initiative is to provide a range of resources including a helpline to assist with farmer and farm-related issues that include mental and physical health needs. The initiative offers ongoing outreach, education and training to rural clients to improve the health and safety of farm families.

• **Contact Info:** 24/7 1-833-FARM-SOS (1-833-327-6767)

Website: <https://www.siumed.edu/farm>

***Gateway Foundation**

(Medicaid & private insurance)

Services: primarily group counseling with some individual & family counseling; residential treatment for men, women, girls & boys; men's co-occurring program; outpatient counseling for age 12+; some transportation available for OP day group M-F; evening group available M-TH; risk education, DUI evaluations; After school OP program for youth age 12-18 M-F; MAT available; NAR NON group for families every other Monday night

• **Contact Info:** 1080 East Park St., Carbondale, IL 62901 (855) 944-3805

• 1 Bronze Pointe North, Swansea, IL 62226 (618) 234-9002

Website: <https://www.gatewayfoundation.org/>

***Hoyleton Youth & Family Services**

(Medicaid & other insurance)

Services: include "Become a Foster Parent," professional counseling services for every need, Therapeutic Residential Care to support youth with a range of developmental delays, and Puentes de Esperanza – a place for Hispanic members to find critical resources.

• **Contact Info:** Hoyleton Fairview Heights Campus & Puentes De Esperanza

• 8 Executive Dr., Ste. 200, Fairview Heights, IL 62208 (618) 688-4727

• Lehre Haus, 300 N. Church St., Belleville, IL 62220 (618) 416-7337

• Hagar House, 6015 & 6017 W. A St., Belleville, IL 62223 (618) 416-7670

• Hoyleton Children's Home, 350 N. Main St., Hoyleton, IL 62803 (618) 493-7382

• Marion Office, 930 W. Cherry St., Marion, IL 62959 (618) 315-2857

• New location coming soon to Chester

• **Website:** <https://hoyleton.org/>

•

***Human Support Services**

(Private insurance, self-pay, Medicaid & Medicare)

Services: provide counseling for mental health, substance use and developmentally disabled youth, provide crisis services, dementia caregiver educational classes, CILA residential housing for adults with developmental disabilities and mental health transitional housing.

• **Contact Info:** 988 Illinois 3, Waterloo, IL 62298 (618) 939-4444

Website: <https://www.hss1.org/>

***Lincoln Prairie Behavioral Health Center**

(No cost assessment)

Services: standalone facility providing psychiatric treatment to children and adolescents ages three-seventeen years

• **Contact Info:** 5230 South Sixth Street Frontage Rd E., Springfield, IL 62703 (217) 585-1180

Website: <https://lincolnpairiebhc.com/>

***NAMI Southwestern Illinois**

See information under Anchor Agencies

***SIH Harrisburg Medical Center**

Services: 30 bed inpatient psychiatric unit, behavioral health services at Emergency Departments for a four-hospital system, outpatient psychiatric services at 5 primary care clinics in southern IL, intensive

* Located outside of Randolph County but available to Randolph County residents

** Online & National Hotline numbers

outpatient program at St. Joseph Memorial Hospital, psychiatric services at nursing home, consultation & liaison service at four hospital system and telemedicine services.

- **Contact Info:** 100 Warren Tuttle Dr., Harrisburg, IL 62946(618) 253-7671
- Website:** <https://www.sih.net/services/behavioral-health>

***Touchette Regional Hospital Centerville**

(Private insurance)

Services: offer outpatient and inpatient care in a warm welcoming environment combined with dedicated clinical staff and evidence-based best practices

- **Contact Info:** 5900 Bond Ave., Centerville, IL 62207(618) 332-3060
- Website:** <https://touchette.org/services/behavioral-health-and-wellness>

****Illinois WarmLine**

Services: a non-crisis peer support line for people living with mental illness

- **Contact Info:** (866) 359-7953 or (866) 880-4459
- Hours:** Monday-Friday 8:00 a.m.-5:00 p.m.

****The Trevor Project**

Services: provides 24/7 crisis intervention and suicide prevention for LGBTQ youth

- **Contact Info:**text “Trevor” to (202) 304-1200
or instant message through TrevorChat at: <https://www.thetrevorproject.org/get-help-now/>
- Hours:** Monday-Friday 2:00 p.m.-9:00 p.m.

PHARMACIES & DRUG TAKE BACK PROGRAMS

PHARMACIES

Kell Pharmacy, Inc.

- **Contact Info:** 1375 South Main St., Red Bud, IL 62278.....(618) 282-2870
-

Memorial Community Pharmacy

- **Contact Info:** 1900 State Street, Chester, IL 62233(618) 826-6134

Moody Health Mart Pharmacy

- **Contact Info:** 109 East Broadway St., Sparta, IL 62286(618) 443-2715
-

Red Bud Pharmacy

- **Contact Info:** 1375 S. Main St., Red Bud, IL 62278.....(618) 282-2870

Tony’s MediCenter Pharmacy

- **Contact Info:** 324 West Broadway St., Steeleville, IL 62288.....(618) 965-3511
-

Victor’s MediCenter Pharmacy

- **Contact Info:** 2323 Old Plank Rd., Chester, IL 62233(618) 826-2511
-

Wal-Mart (Sparta)

- **Contact Info:** 1410 North Market St., Sparta, IL 62286.....(618) 443-2436
-

Wal-Mart (Chester)

- **Contact Info:** 2206 IL-150, Chester, IL 62233(618) 826-4898
-

****Illinois Department on Aging**

- **Pharmaceutical Assistance Program**(800) 252-8966

* Located outside of Randolph County but available to Randolph County residents

** Online & National Hotline numbers

DRUG TAKE BACK PROGRAMS

Chester Police Department

(Medication drop-off 24/7)

- Contact Info: 1330 Swanwick St., Chester, IL 62233.....(618) 826-5454

•

Memorial Community Pharmacy

(Medication drop-off; no liquids or sharps)

- Contact Info: 1900 State Street, Chester, IL 62233(618) 826-6134

•

Moody Pharmacy

(Medication drop-off; no liquids or sharps)

- Contact Info: 109 East Broadway St., Sparta, IL 62286(618) 443-2715

•

Red Bud Police Department

(Medication drop-off 24/7)

- Contact Info: 200 East Market St., Red Bud, IL 62278(618) 282-2363

•

Sparta Police Department

(Medication drop-off 24/7)

- Contact Info: 114 West Jackson St., Sparta, IL 62286(618) 443-2917

•

Steeleville Police Department

(Medication drop-off 24/7)

- Contact Info: 107 West Broadway St., Steeleville, IL 62288.....(618) 965-3134

PHYSICAL ACTIVITY

3 Nails Health & Fitness

- Contact Info: 700 West Shawneetown Trail, Steeleville, IL 62288.....(618) 965-2242

•

Design Fitness

- Contact Info: 250 Kennedy Drive, Red Bud, IL 62278.....(618) 304-9180

- Website: <http://www.design-fitness.com/>

•

•

Southside Strength & Conditioning, LLC

- Contact Info: 1200 South Main St., Red Bud, IL 62278(618) 444-9250

Website: <https://www.southsidestrengthconditioning.com/contact>

•

The Center

- Contact Info: The North Campus, 1300 North Market St., Sparta, IL 62286(618) 443-6966

Uptown Fitness Center

- Contact Info: 171 West Broadway St., Sparta, IL 62286(618) 449-2165

•

Vasquez's Fitness Center

- Contact Info: 2513 State St., Chester, IL 62233(618) 826-5449

•

YMCA

- Contact Info: 130 South Oak St., Red Bud, IL 62278(618) 282-9622

Website: <https://gwrymca.org/locations/randolph-county-ymca>

* Located outside of Randolph County but available to Randolph County residents

** Online & National Hotline numbers

POISON CONTROL

**Illinois Poison Control Center

- Contact Info:(800) 222-1222

POLICE DEPARTMENTS

Chester Police Department

- Contact Info: 1330 Swanwick St., Chester, IL 62233.....(618) 826-5454

•

Randolph County Sheriff's Department

- Contact Info: 200 West Buena Vista St., Chester, IL 62233(618) 826-5484

•

Red Bud Police Department

- Contact Info: 200 East Market St., Red Bud, IL 62278(618) 282-2363

•

Sparta Police Department

- Contact Info: 114 West Jackson St., Sparta, IL 62286.....(618) 443-4331

•

Steeleville Police Department

- Contact Info: 107 West Broadway St., Steeleville, IL 62288.....(618) 965-3134

PREGNANCY

Caritas Family Solutions

Services: private domestic adoption program, pregnancy options counseling, three types of foster care, intact family services, Fontebella maternity home, parenting classes, St. John Bosco Children's Center, community integrated living arrangements, anger management, etc.

- Contact Info: 1805 N. Market, Sparta, IL 62286(618) 708-3490
- 900 Royal Heights Rd., Suite 2150, Belleville, IL 62226(618) 394-5900
- 10286 Fleming Road, Carterville, IL 62918(618) 985-2000

Website: <https://caritasfamilysolutions.org/>

Life Network of Southern Illinois

(All services are free and confidential)

Services: pregnancy testing, limited ultrasound, limited STI and treatment, pregnancy options counseling, adoption education, parenting & life skills classes, childbirth, newborn care and breastfeeding classes, baby resources, dad's mentoring programs/resources, abortion recovery program, community/medical resources, abstinence outreach education and professional counseling

- Contact Info: 324 N. Main Street, Red Bud, IL 62278.....(618) 282-4225

Hours: Monday, Tuesday & Thursday, 9:00 a.m.-3:00 p.m.

Website: <https://www.mylifenet.org/>

Prenatal Class (Memorial Hospital of Chester)

Services: free classes offered four times a year on Saturdays from 8:00 a.m.-12:00 p.m.

- Contact Info: 1900 State St., Chester, IL 62233..... (618) 826-4581 ext. 1223

Website: <https://www.mhchester.com/calendar-of-events>

Randolph County Birth to Three program

Services: home visits, lap-sits, play groups, parent encounters, family trips, free developmental screening, and resources for families and expecting mothers

- Contact Info: (618) 826-2354

* Located outside of Randolph County but available to Randolph County residents

** Online & National Hotline numbers

Randolph County Health Department
See information under Anchor Agencies

Sparta Pregnancy Care Center

Services: non-profit ministry informing, educating, aiding and assisting pregnant women in the positive alternatives to abortion

- **Contact Info:** 121 North Vine St., Sparta, IL 62286.....(618) 443-4935

Website: <https://spartapregnancycenter.org/>

***Charity Home Ministries**

Services: providing safe, stable and appropriate transitional housing, education, mentoring and resource connections to pregnant and parenting teens

- **Contact Info:** P.O. Box 23426, Belleville, IL 62221(618) 300-0771

Website: <https://charitihome.org>

***Centerstone**

See information under Anchor agencies

***Hager House – Hoyleton FS**

Services: expecting/parenting mother program is a transitional living program for young women ages 17-21 who are under DCFS guardianship

- **Contact Info:** 6015 W. A Street, Belleville, IL 62223.....(618) 416-7670

***Lutheran Child and Family Services of Illinois**

(Sliding fee discount; insurance not accepted)

Services include:

- Adoption: assisting you through every step of your adoption journey
- Birth Parent Services: providing expectant mothers and fathers with compassionate, respectful and confidential assistance as you consider your child's future as well as your own.
- Counseling: providing trauma-informed counseling to assist individuals in leading healthier lives
- Foster Care: helping children who have experienced trauma to feel safe, build a future and return to family.

- **Contact Info:** 711 Insight Avenue, O'Fallon, IL 62269.....(618) 234-8904

Website: <http://www.lcfs.org/>

***Lutheran Social Services of Illinois**

- **Services:** LSSI provides a variety of services to include foster care & family support, prisoner & family ministry, post-adoption, mental health, alcohol/drug treatment, intellectual/developmental disabilities; affordable housing & home care for seniors; and youth services. Not all services are provided at all locations. For more information, contact your local office.

- **Contact Info:** Marion Children's Program: 1616 W. Main St., Marion, IL 62959(618) 997-9196

- Marion PFM:102 E. DeYoung St., Marion, IL 62959.....(618) 997-9076

- East St. Louis PFM:1919 State St., East St. Louis, IL 62205(618) 900-1918

Website: <https://www.lssi.org/>

***Planned Parenthood**

Services: abortion, birth control, cancer, emergency contraception, gender identity, health and wellness, pregnancy, sexually transmitted infections (STDs), sex and relationships, sexual orientation, etc.

- **Contact Info:** 317 Salem Place, Fairview Heights, IL 62208(618) 277-6668

- 200 North Emerald Lane, Carbondale, IL 62901.....(800) 230-7526

Website: <https://www.plannedparenthood.org/>

PRISON & JAIL SERVICES

ComWell

See information under Anchor Agencies

*Illinois Department of Corrections

Services: provide a continuum of service for those committed to the Department of Corrections from the point of incarceration to discharge from parole.

Website: <https://idoc.illinois.gov/programs.html>

*Law and Grace Ministries

Services: a free ministry of Faith Baptist Church, serving the local criminal justice system to include prison/jail chaplains, law enforcement chaplains, helping parolees and families with transition assistance, a provision pantry, bus passes and prescription copays. Provide counseling services to include anger management, substance use, domestic violence prevention, and general family assistance counseling

• **Contact Info:** 413 E. Main St., Belleville, IL 62220(618) 235-6977

Email: lawandgracebelleville@gmail.com

*Lutheran Social Services of Illinois

• **Services:** prisoner & family ministry serves those who are incarcerated and their families as well as individuals who have returned from prison to their communities

• **Contact Info:**

• 1919 State Street, East St. Louis, IL 62205(618) 900-1918

• 102 E. DeYoung, Marion, IL 62959(618) 997-9076

Website: <https://www.lssi.org/>

*Treatment Alternatives for Safe Communities (TASC)

Services: provide clinical assessments, case management and recovery support for thousands of justice-involved adults and youth

Website: <https://www.centerforhealthandjustice.org/>

RECREATION

BOWLING

American Legion Bowling

• **Contact Info:** 305 South Chester St., Steeleville, IL 62288(618) 965-3932

•

Blossom City Bowl

• **Contact Info:** 1019 Veterans St., Red Bud, IL 62278(618) 282-7289

PARKS & MISCELLANEOUS

Cohen Complex

Activities: baseball and softball diamonds, concessions, walking/exercise path with fitness stations, tennis courts, multi-purpose field (soccer), parking and picnic area, pickle ball courts.

• **Contact Info:** 3401-3545 Bodes Ln., Chester, IL 62233

•

Cole Memorial Park

Activities: disc golf course (new for 2021) multi-purpose fields, shelter houses, play areas and a nature trail

* Located outside of Randolph County but available to Randolph County residents

** Online & National Hotline numbers

- Contact Info: Opdyke Street, Chester, IL 62233

Fort de Chartres

Activities: National Historic Landmark with picnic shelters and grills

- Contact Info: 1350 State Rte 155, Prairie du Rocher, IL 62277(618) 284-7230
- Website: <http://www.fortdechartres.us/>

Fort Kaskaskia State Park

Activities: historic site consists of four major sections: the remains of Fort Kaskaskia, Garrison Hill Cemetery, the Mississippi River overlook, picnic & play area, and large campground

- Contact Info: 14372 Park Road, Ellis Grove, IL 62241(618) 859-3741
- Website: <https://www.dnrhistoric.illinois.gov/experience/sites/site.fort-kaskaskia.html>

Randolph County State Recreation Area

Activities: trails, fishing, hiking, picnicking, boating, hunting, camping, several shelter houses and play areas

- Contact Info: 4301 South Lake Dr., Chester, IL 62233(618) 826-2706
- Website: <https://www.dnr.illinois.gov/parks/park.randolphcounty.html>

World Shooting & Recreational Complex

Activities: camping, cowboy action shooting, fishing, skeet shooting, rifle/pistol, sporting clays, trapshooting, dining at the complex

- Contact Info: 1 Main Event Lane, Sparta, IL 62286(618) 295-2700
- Website: <https://www.dnr.illinois.gov/parks/worldshootingrecreationalcomplex.html>

***Piney Creek Ravine Nature Reserve**

Services: nature trails for hiking with waterfall and beautiful rocks

- Contact Info: Piney Creek Rd., Ava, IL 62907(618) 826-2706
- Website: <https://www.alltrails.com/trail/us/illinois/piney-creek-ravine-nature-reserve-trail> or
- <https://www.dnr.illinois.gov/parks/park.pineycreek.html>
-

POOLS & OTHER

Randolph County YMCA & Outdoor Pool

- Contact Info: 130 South Oak St., Red Bud, IL 62278(618) 282-9622
-

Ratz Memorial Park & City Pool

- Contact Info: Ratz Park, 603 W. Market St., Red Bud, IL 62278(618) 282-2898
-

Sparta City Municipal Pool

- Contact Info: 1401 North Hillcrest Dr., Sparta, IL 62286(618) 443-3000

***Perry Park Center (Missouri)**

Activities: indoor pool, gymnasium, indoor batting cage, party rooms, theatre, fitness activities, disc golf, multi-purpose fields, library and more

- Contact Info: 800 City Park Dr., Perryville, MO 63775(573) 547-7275
- Website: <https://www.cityofperryville.com/608/Parks-Recreation>

***Ste. Genevieve County Community Center (Missouri)**

Activities: indoor pool, fitness classes, party rooms

- Contact Info: 21390 MO-32, Ste. Genevieve, MO 63670(573) 883-5244
- Website: <https://www.sgccc.com>

RUNAWAY

****National Runaway Safeline**

Services: available 24/7 to listen and offer confidential, non-directive and non-judgmental support if you are thinking of running away from home, if you have a friend who has run away, or if you are a runaway ready to go home

- **Contact Info:** (800) RUNAWAY (800) 786-2989

SENIOR SERVICES

NUTRITION SITES

Northeastern Randolph County Senior Center (Sparta)

- **Services:** a place to visit, play cards, pool, bingo, bunko, & have lunch. Meal delivery for those in need.
- **Contact Info:** 500 W. Second Street, Sparta, IL 62246(618) 443-4020

Steeleville Senior Center

Services: daily meals and activities

- **Contact Info:** 107 W. Broadway, Steeleville, IL 62288(618) 965-3134

Hours: Monday-Friday

Website: <http://www.steeleville.org/>

Western Egyptian (Chester Senior Center)

See information under Anchor Agencies

SENIOR PROGRAMS & SERVICES

AARP Driver Safety through Randolph County Farm Bureau

Services: Two-day course (all classroom setting, NO driving) offered to those who are 55 and older who qualify (have a driving record free of accidents and moving violations for a continuous 12 month period). Those who attend the entire two-day course are eligible for a discount on their auto insurance.

- **Contact Info:** Randolph County Farm Bureau, 1403 Hillcrest Dr., Sparta, IL 62286 (618) 443-4511
-

AmeriCorps Seniors – Retired and Senior Volunteer Program (RSVP)

Services: RSVP provides opportunities for persons age 55 and over to make a difference in their communities through volunteer services.

- **Contact:** Chester Senior Center, 805 State St., Chester, IL 62233(618) 826-5108

Website: <https://weeoc.org/services/retired-senior-volunteer-program/>

Community Wellness Classes and Programs (Memorial Hospital of Chester)

Services: A variety of classes and programs are offered throughout the year at Memorial Hospital. These sessions are usually free and open to the public. Please visit our website or call the Community Relations Coordinator ext. 1373 at Memorial to inquire about current classes and programs.

- **Contact Info:** 1900 State St., Chester, IL 62233(618) 826-4581

• **Website:** <https://www.mhchester.com/calendar-of-events>

•

Community Wellness Classes and Programs (Sparta Community Hospital)

Services: Sparta Community Hospital offers a wide variety of ongoing community wellness classes and programs for seniors. SCH also offers the “A Matter of Balance” program that is designed to reduce the fear of falling and increase activity levels among older adults. Please visit the SCH website for more information.

- **Contact Info:** 818 E. Broadway, Sparta, IL 62286(618) 443-2177

• **Website:** <https://www.spartahospital.com/>

ComWell

See Information under Anchor Agencies

* Located outside of Randolph County but available to Randolph County residents

** Online & National Hotline numbers

Randolph County Health Department

See Information under Anchor Agencies

Randolph County YMCA

Services: the Y offers a great variety of activities that help individuals of all ages and abilities grow strong in spirit, mind and body. The Y is committed to ensuring that everyone – regardless of ability to pay – can enjoy the Y

- **Contact Info:** Randolph County YMCA, 130 South Oak St., Red Bud, IL 62278(618) 282-9622

Website: <https://gwryymca.org/>

Red Bud Regional Home Care

- **Services:** Alzheimers and dementia care, behavioral health nursing, care transitions, chronic disease management, fall prevention, heart disease, home health aides, infusion therapy, medical social work, medication management, nutritional consult, occupational therapy, pain management, patient/caregiver training, Personal Emergency Response System (PERS), physical therapy, skilled nursing, smooth transition from hospital discharge to home health, speech therapy, and wound, ostomy and continence nursing.
- **Contact Info:** 115 W. Market Street, Ste 101, Red Bud, IL 62278(618) 282-3338
- **Website:** <https://lhcgroupp.com/locations/red-bud-regional-home-care>

Red Bud Regional Hospital - Senior Solutions

Services: intensive outpatient group therapy for senior adults over age 65 who are struggling with depression and anxiety.

- **Contact Info:** 325 Spring St., Red Bud, IL 62278(618) 282-5950
- **Website:** <https://redbudregional.com/senior-emotional-health/>

Silver Sneakers – Programs for Seniors ages 65+

- **Services:** local community classes, LIVE online classes and on-demand video workouts
- **Contact Info:** Randolph County YMCA, 130 South Oak St., Red Bud, IL 62278(618) 282-9622
- Vasquez Fitness Center, 2513 State St., Chester, IL 62233(618) 826-5449

University of IL – Randolph County Extension Office

Services: offering a variety of programs for older adults. Presentations may be requested regarding brain health, mindfulness, loneliness & isolation, writing your life story, creating a bucket list, building resilience and many more.

- **Contact Info:** 1403 N. Hillcrest Dr., Sparta, IL 62286(618) 443-4364
- Website:** <https://extension.illinois.edu/fjprw>

*AgeSmart Community Resources

Services:

- Information & Assistance / Respite for Caregiver (618) 222-2561
- **Adult Protective Services (Southwestern IL Visiting Nurse Assn)(618) 236-5863**
 - **Congregate & Home Delivered MealsContact local nutrition site**
 - **State Health Insurance Program (SHIP)Contact local nutrition site**
 - **Health Promotion Programs (The Oasis Institute).....(314) 862-2933**
 - **Legal Assistance (Land of Lincoln Legal Assistance Foundation)(618) 398-0958**
 - **Long-Term Care Ombudsman (Senior Services Plus)(618) 465-3298**
 - **Contact Info:** 7 Bronze Pointe S Ste B, Swansea, IL 62226(618) 222-2561
- Website:** https://www.agesmart.org/randolph_county_services

*Agency on Aging of Southwestern Illinois

Services: counseling sessions in homes of senior adults and meal delivery available

- **Contact Info:** 2365 Country Rd., Belleville, IL 62221.....(800) 326-3221
- Website:** <https://www.agingcare.com> - to begin assessment

* Located outside of Randolph County but available to Randolph County residents

** Online & National Hotline numbers

***CenterPointe Hospital**

(Medicare, Medicaid, major insurance, self-pay)

Services: help older adults cope with emotional problems or stressors

- **Contact Info:** 4801 Weldon Spring Parkway, St. Charles, MO 63304(855) 376-6856
- **Website:** <https://www.centerpointehospital.com/>

***Illinois Department of Children & Family Services – Grandparents raising Grandchildren**

Services: the Extended Family Support Program (EFSP) assists relative caregivers who are caring for a relative's children who are not part of the child welfare system.

- **Contact Info:** DCFS Hotline(800) 252-2873

Say "I am caring for my relative's child and have been caring for them for more than 14 days. The child is not being abused or neglected but I need help. I would like to be referred to the Extended Family Support Program."

Website: <https://dcfs.illinois.gov/loving-homes/grandparents-and-older-caregivers-raising-children.html>

***Illinois Department on Aging**

Services:

- Senior Helpline..... (800) 252-8966
- To report suspected abuse, neglect or financial exploitation of an adult age 60 or older or a person with disabilities age 18-59, call..... (866) 800-1409.....TTY (888) 206-1327
- Medicare sign up, help with costs and free health insurance counseling..... (800) 633-4227
- **Long Term Care Ombudsman** (800) 233-4904 or (618) 465-3298
- **Center for Independent Living, call Linc - CIL**.....(618) 235-9988
- **Eldercare Locator**(800) 677-1116
- **Alzheimer's Hotline**(800) 272-3900
- **Application for Benefits (SNAP, etc.)**(800) 843-6154
- **Contact Info:** One Natural Resources Way, #100, Springfield, IL 62702(800) 252-8966
- **Website:** <https://ilaging.illinois.gov/>

***Illinois Long-Term Care Ombudsman Program**

Services: protects and improves quality of life for residents in long-term care setting.

Contact Info: SSP Ombudsman Program, Senior Services Plus, Inc.

- **2603 North Rogers Ave., Alton, IL 62002**(800) 233-4904
- Serving Bond, Clinton, Madison, Monroe, Randolph, St. Clair & Washington Counties

***Illinois Telecommunication Access Corp (ITAC)**

Services: not-for-profit serving the deaf, hard of hearing, late-deafened, deafblind and speech-disabled communities. Their phones are superior in amplification, features, adjustability and durability... and they're FREE.

- **Contact Info:** 3001 Montvale Dr., Ste A, Springfield, IL 62704(800) 841-6167

Website: <https://www.itactty.org/>

***Oasis**

Services: partnering with AgeSmart to offer programs to help you age well, your way. Programs include a Matter of Balance; Live Well, Be Well; Aging Mastery program; Wellness Recovery Action Plan (WRAP); and Tai Chi.

- **Contact Info:** (314) 862-2933 ext. 246

Website: <https://st-louis.oasisnet.org>

***Southwestern Illinois College – Programs and Services for Older Persons (PSOP)**

Services: Alzheimer's Support Group, Parkinson's Support Group & Caregiver Meetings as well as:

- Information & Assistance (618) 234-4410
- Advocacy with government benefit programsext. 7035
- **State Health Insurance Program (SHIP)**..... ext. 7033

* Located outside of Randolph County but available to Randolph County residents

** Online & National Hotline numbers

- **FREE Amplified Phones (ITAC)**..... ext. 7040
 - **Foster Grandparent Program** ext. 7062
 - **Senior Companion Program**..... ext. 7023
 - **Contact Info: 201 North Church St., Belleville, IL 62220**(618) 234-4410
- Website: <http://www.swic.edu/psop>

***Violence Prevention Center of Southwestern Illinois**

Services: Provide shelter, advocacy and counseling for people of all ages living in Southwestern Illinois.

- **Contact Info: P.O. Box 831, Belleville, IL 62222** **Crisis Line (618) 295-0895**
- Website: <https://www.vpcswi.org>

****AARP**

Services: AARP is dedicated to empowering Americans 50 and older to choose how they live as they age. Services are offered in the following areas: money management, work & jobs, Social Security, Medicare, caregiving, games & travel.

Website: <https://www.states.aarp.org/illinois/>

****Elder Abuse Hotline**

- **Contact Info:**(800) 222-8000

SEXUAL ASSAULT

***Survivor Empowerment Center**

Services: supporting survivors of domestic and sexual violence (and their children) with shelter and education. (Individual needs to call & be screened before they can advise if a bed is available)

- **Contact Info: 610 South Thompson St., Carbondale, IL 62901**.....(618) 549-4807
- **24-hour hotline**.....(800) 334-2094

Website: <https://www.empoweringsurvivors.org/>

***Metro East Every Survivor County**

Services: medical and legal advocacy, counseling, community and professional education and trainings, prevention education, and confidential sexual assault crisis line

Contact Info:CRISIS LINE 24/7 (618) 397-0975

Website: <https://www.metroeasteveryurvivorcounts.org/>

****National Sexual Assault Hotline**

- **Contact Info:**(800) 656 HOPE (800) 656-4673

SMOKING CESSATION

Cardiac Pulmonary Rehab Center (Memorial Hospital of Chester)

Services: after an event or diagnosis, your provider can refer you, with an order, to the CPRC. An assessment is completed and an individualized treatment plan is created. Rehabilitation programs at the center provide comprehensive care to patients with heart and lung conditions. Through the program, individuals are given a structured program that includes education, counseling, and exercise to strengthen their lungs and heart. Participants in the program have access to various tools and a full support system to help them recover. The CPRC training on physical activity, medications, healthy living, stress management, and smoking cessation.

- **Contact Info: 1900 State Street, Chester, IL 62233** (618) 826-4581 ext. 1151
- Website: <https://www.mhchester.com/cprehab>

Cardiopulmonary Rehabilitation (Sparta Community Hospital)

Services: medically supervised comprehensive program designed to improve the health and wellbeing of individuals with heart or lung conditions. Includes smoking cessation education.

* Located outside of Randolph County but available to Randolph County residents

** Online & National Hotline numbers

- **Contact Info:** 205 South Burns Avenue, Sparta, IL 62286..... (618) 443-2177 ext. 1336
- Website:** <https://www.spartahospital.com/services/swing-bed-program/>

Courage to Quit (Respiratory Health Association) administered by ComWell

Services: evidence-based group or individual tobacco treatment program for adults available in multiple formats; RHA's integrated tobacco intervention program

- **Contact Info:** ComWell(618) 282-6233
- Website:** <https://resphealth.org/what-we-offer/our-programs-initiatives/courage-to-quit/>

Lung Screening Program (Memorial Hospital of Chester)

Services: the Lung Cancer Screening Program is covered by most private insurance plans, Medicare and Medicaid. Patients must have a shared decision-making visit with a medical provider prior to their lung cancer screening test. Check with your provider, or call our Nurse Navigator at the phone number below.

- **Contact Info:** 1900 State Street, Chester, IL 62233 855-399-LUNG (5864)
- Website:** <https://www.mhchester.com/lung-screening>

****1-800-QUIT NOW**

Services: national router number directing caller to state quit line

- **Contact Info:**English (800) 784-8669
.....Spanish (855) 335-3569
- **Website:** English: <https://www.cdc.gov/tobacco/campaign/tips/index.html>
Spanish: https://www.cdc.gov/tobacco/basic_information/e-cigarettes/spanish/index.htm

****American Cancer Society – Quit for Life Program**

Services: 24/7 phone-based coaching and web-based learning support service to help smokers quit. Participants are matched with a quit coach who helps develop a personalized quit plan, provides guidance in choosing medicines and gives ongoing follow-up support

Website: <https://www.quitnow.net/mve/quitnow>

****Illinois Quitline**

Services: receive individual counseling, advice, tips and encouragement. FREE

- **Contact Info:** (866) QUIT-YES (866) 784-8937
- Hours:** 7 days/week 7:00 a.m.-11:00 p.m.
- Website:** <https://www.quityes.org/>

****Smokefree.gov**

Services: provides information and professional assistance to support those who want to quit smoking; includes online step-by-step cessation guide

Website: <https://smokefree.gov/>

SUBSTANCE MISUSE & RECOVERY

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- **For a current list of Substance Abuse Support Groups, call** (618) 282-6233 ext.105
-**or send email to** allianceinfo@comwell.us

ComWell

See information under Anchor Agencies

***Little Egypt Area of Narcotics Anonymous**

Services: serving the southern Illinois communities of: Carbondale, Carterville, Centralia, Christopher, DuQuoin, Fairfield, Flora, Harrisburg, Herring, Marion, Mt. Vernon, Nashville, Salem, Sparta.

Contact Info: P.O. Box 1561, Mt. Vernon, IL 628964

- **24 Hour Helpline (Call or Text)**(618) 322-3178
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* Located outside of Randolph County but available to Randolph County residents

** Online & National Hotline numbers

***CenterPointe Hospital**

(Medicare, Medicaid, major insurance, self-pay)

Services: addiction recovery & TMS treatment for depression

- **Contact Info:** 4801 Weldon Spring Parkway, St. Charles, MO 63304 (800) 345-5407 or (636) 441-7300

Website: <https://www.centerpointehospital.com/>

***Centerstone South**

- **Contact Info:** 2311 South Illinois Ave., Carbondale, IL 62903.....(618) 457-6703

Website: <https://centerstone.org/>

***Chestnut Health Systems**

(Medicare, Medicaid, most insurance, self-pay)

Services: substance use, depression, gambling addiction, financial debt

- **Contact Info:** 12 North 64th St., Belleville, IL 62223.....(618) 397-0900

Website: <https://www.chestnut.org/>

***Comprehensive Behavioral Health Center**

(Discounts available based on family size & income)

Services: provide quality individualized essential services for people in need of emotional, rehabilitative and social support, on a 24-hour basis, in the least restrictive environment

- Mental Health Services: crisis, Living Room, Drop In Center, child & adolescents, Adult Re-Deploy, Project for Assistance in Transition from Homelessness (PATH), and residential programs
- Outpatient Treatment
- Methadone Clinic
- Parenting Teens
- **Contact Info:** 505 South 8th St., East St. Louis, IL 62201.....(618) 482-7330

Website: <https://cbhc1.org/>

***Gateway Foundation**

Services: withdrawal management, residential inpatient treatment, Patient Hospitalization Program (PHP) outpatient substance use treatment, outpatient alcoholism treatment, intensive outpatient program and sober living homes

- **Contact Info:** 1 Bronze Pointe North, Swansea, IL 62226(618) 234-9002
- 1080 East Park St., Carbondale, IL 62901(618) 944-3805
- 600 West Lincoln Ave., Caseyville, IL 62232(618) 345-3970

Website: <https://www.gatewayfoundation.org/>

***NAMI**

See information under Anchor Agencies

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***New Vision**

(Most insurance accepted)

Services: inpatient medical stabilization and withdrawal management service for adults with drug, alcohol and related health issues

- **Contact Info:** 2100 Madison Avenue, Granite City, IL 62040(618) 358-0200

Website: <https://www.specialcarecorp.com/>

***New Season Treatment Center**

(No insurance accepted – see daily costs)

Services: Medication assisted treatment and counseling

- **Contact Info:** 760 South Kingshighway, Suite F, Cape Girardeau, MO 63701
- Existing patients (573) 335-4333 or
- New patients (877) 284-7074

Website: <https://www.newseason.com/>

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** Online & National Hotline numbers

***The Aviary Recovery Center**

Services: inpatient medical detox, Medication Assisted Treatment, residential drug and alcohol treatment Program, dual diagnosis program, men's sober living, Partial Hospitalization Program (PHP), Intensive Outpatient Program (IOP)

Phone Number:(618) 304-9762 Or (888) 900-1293

Contact Info: Residential Program: 22933 Hwy 61, Eolia, MO 63344

Outpatient Program: 333 S. Kirkwood Rd., Ste 303, Kirkwood, MO 63122

Website: <http://www.aviaryrecoverycenter.com>

****Illinois Helpline for Opioids and Other Substances**

Services: treatment access for people with Opioid Use Disorder (OUD) with Medication-Assisted Recovery (MAR) at risk for fatal overdosing. MAR is an effective treatment and harm reduction intervention for OUD: patients on MAR have a lower risk of fatal overdose than those receiving behavioral therapies alone. MAR NOW connects callers to immediate treatment for opioid use disorder, including telephonic prescription and home induction on buprenorphine or same-day clinic appointments for methadone, buprenorphine, or naltrexone. MAR NOW can also connect patients to withdrawal management and residential treatment. Callers asking for opioid treatment between 6am-10pm seven days/week will be immediately connected to a provider. After hours, callers will leave a message and receive a call back the next day.

• **Contact Info:** 24/7(833) 234-6343 or text "HELP" to 833234

•

****Narcotics Anonymous**

• **Contact Info:** 24 Hour Help Line.....(618) 322-3178

****Substance Abuse & Mental Health Services Administration (SAMHSA)**

Services: free & confidential treatment referral hotline/Treatment Locator Tool

• **Contact Info:**TDD (800) 487-4889 or (800) 662-HELP (4357)

Website: <https://www.samhsa.gov/find-help/national-helpline>

SUICIDE PREVENTION

****988: National Suicide Prevention Lifeline**

Services: free and confidential support for people in distress, prevention and crisis resources for you or your loved ones; available 24 hours a day; English and Spanish

• **Contact Info:** 988 or (800) 273-8255

• **Website:** <https://988lifeline.org/>

****LifeSavers Training Corp.**

Services: LifeSavers is a recognized student organization in several high schools in southern Illinois which have chosen to be pro-active in caring for their student population. LifeSavers is a peer-support suicide and crisis-prevention program designed to help teenagers cope healthfully with the challenges of drugs and alcohol, peer and family relationships, sexual issues, academic problems, aggression, anxiety, and suicide. LifeSavers Training is listed in the SPRC/AFSP best practices registry for suicide prevention.

• **Contact Info:** executivedirector@lifesaverstrainingcorp.org

Website: <https://www.lifesaverstrainingcorp.org/>

****Suicide Prevention Hotline**

• **Contact Info:**(800) 442-HOPE (4673)

TRANSPORTATION

Chester Senior Center

Services: provides transportation to Chester residents 60 years of age and older to and from community resources. The vans can provide rides to the senior site, shopping, doctor appointments, banks, post office

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** Online & National Hotline numbers

and any other necessary location. It is recommended to call at least 48 hours in advance to schedule a ride.

- **Contact Info:** 805 State Street, Chester, IL 62233(618) 826-5108
-

Monroe Randolph Transit District

Services: public transportation for anyone, anywhere in Monroe & Randolph Counties and fixed bus routes into St. Clair County. All vehicles are ADA compliant and lift equipped. Services should be scheduled 24 hours in advance. We accept exact cash, sell tickets & bill Medicaid/Managed Care

ON DEMAND service is available within Randolph & Monroe counties and will pick you up at any address you specify and drop you off at another address you specify. Cost is \$6.00 one-way.

GO LOCAL trips begin and end within the same city limits (available in Steeleville, Sparta, Chester or Red Bud). Cost is \$3.00 one-way.

GO ST.CLAIR trips are fixed routes that start in Monroe or Randolph Counties and head up the Greenmount corridor assessing shopping, dining, SWIC and medical resources. Cost is \$10.00 for a day pass.

Hours: Monday-Friday 5:00 a.m.- 6:00 p.m.

- **Contact Info:** 1320 Melmar Dr., Sparta, IL 62286(618) 443-9087
- **Email:** mrt.dispatch@gmail.com
- Website:** <http://www.goMRTD.com>

First Transit

Services: pays for transportation to medical appointments for Medicaid recipients Rules: 1) Rider must be on the state medical program and needs transportation; 2) Transportation must be pre-approved; 3) Rider must use approved transportation provider; 4) Provider must apply with the Department of Human Services to be approved; and 5) Transportation is only provided to the nearest facility

- **Contact Info:**(877) 725-0569
- Website:** [https://www.illinois.gov/hfs/SiteCollectionDocuments/First Transit Trip Request %20Instructions.pdf](https://www.illinois.gov/hfs/SiteCollectionDocuments/First_Transit_Trip_Request_%20Instructions.pdf)

UNITED STATES POSTAL SERVICE

-
- **For all USPS Locations:**..... TTY (877) 889-2457

Baldwin Post Office

Special Services: Money Orders, Burial Flags, Federal Duck Stamps

- **Contact Info:** 109 South 5th St., Baldwin, IL 62217-9998.....(618) 785-2271

Lobby Hours: 7 Days/Week 12:01am-11:59pm

Retail Hours: M-F 8:00am-12:00pm, Sat 8:30am-9:30am, Sun Closed

Chester Post Office

Special Services: Money Orders, Burial Flags, Greeting Card Services, Passport Appointments, Passport Photos

- **Contact Info:** 1321 Swanwick St., Chester, IL 62233-9998(618) 826-2233

Lobby Hours: 7 Days/Week 12:01am-11:59pm

Retail Hours: M-F 9:00am-4:30pm, Sat 9:00am-12:00pm, Sun Closed

Passport Photos & Appointment Hours: M-F 9:00am-12:00pm, 1:00pm-2:30pm & Sat 9:00am-11:30am

Ellis Grove Post Office

Special Services: Money Orders

- **Contact Info:** 211 Ellis Blvd., Ellis Grove, IL 62241-9998(618) 859-3341

Lobby Hours: 7 Days/Week 12:01am-11:59pm

Retail Hours: M-F 7:30am-11:30am, Sat 7:30am-9:15am, Sun Closed

Evansville Post Office

Special Services: Money Orders, Burial Flags, Federal Duck Stamps

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** Online & National Hotline numbers

- **Contact Info:** 402 Liberty St., Evansville, IL 62242-9998(618) 853-4415
- Lobby Hours:** 7 Days/Week 12:01am-11:59pm
- Retail Hours:** M-F 8:00am-11:00am and 12:00pm-3:00pm, Sat 8:30am-9:30am, Sun Closed

Prairie du Rocher Post Office

Special Services: Money Orders, Burial Flags, Federal Duck Stamps

- **Contact Info:** 211 Henry Street, Prairie du Rocher, IL 62277-9998(618) 284-3377
- **Lobby Hours:** 7 Days/Week 12:01am-11:59pm
- **Retail Hours:** M-F 7:30am-11:30am, Sat 8:00am-9:00am, Sun Closed

Red Bud Post Office

Special Services: Money Orders, Burial Flags, Federal Duck Stamps

- **Contact Info:** 150 S. Main Street, Red Bud, IL 62278(618) 282-2180
- Lobby Hours:** 7 Days/Week 12:01am-11:59pm
- Retail Hours:** M-F 8:30am-4:30pm, Sat 8:30am-12:00pm, Sun Closed

Sparta Post Office

Special Services: Money Orders, Burial Flags, Federal Duck Stamps, Greeting Card Services

- **Contact Info:** 208 West Broadway St., Sparta, IL 62286-9998(618) 443-2213
- Lobby Hours:** 7 Days/Week 12:01am-11:59pm
- Retail Hours:** M-F 8:00am-5:00pm, Sat 8:30am-12:00pm, Sun Closed

Steeleville Post Office

Special Services: Money Orders, Burial Flags, Federal Duck Stamps, Greeting Card Services

- **Contact Info:** 409 West Broadway, Steeleville, IL 62288-9998(618) 965-3341
- Lobby Hours:** 7 Days/Week 12:01am-11:59pm
- Retail Hours:** M-F 8:30am-11:00am and 12:00pm-5:00pm, Sat 8:30am-11:00am, Sun Closed

UTILITIES

Western Egyptian Economic Opportunity Council, Inc.

See information under Anchor Agencies

VETERANS

***Centerstone**

See information under Anchor Agencies

***Department of Veterans Affairs Behavioral Medicine**

(Medicare)

Services: crisis and/or medical

- **Contact Info:** 2401 Main St., Marion, IL 62959(618) 997-5311
- Website:** <https://www.marion.va.gov/>

***Illinois Department of Veteran's Affairs**

Services: veteran's service member benefits, family member benefits, burials and memorials, careers and employment, housing assistance, pension, life insurance, education and training, records, health care and disability

- **Contact Info:** 4519 W. Main St., Belleville, IL 62226 (618) 233-5140 or (800) 4379824
- Website:** <https://www2.illinois.gov/veterans/Pages/default.aspx>

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** Online & National Hotline numbers

***NAMI Southwestern Illinois**

See information under Anchor agencies

***VA Medical Center, Marion**

Services: diabetes - classes for veterans only

- **Contact Info:** 2401 W. Main Street, Marion, IL 62959 (618) 997-5311 ext. 54659

Class is held 3rd Thursday of each month from 9:30 a.m.–11:30 a.m.

Website: https://www.marion.va.gov/services/Diabetes_Education.asp

****Veteran's Crisis Line**

Services: free confidential support available 24/7 to all veterans, service members, National Guard, Reserve and their families and friends

- **Contact Info:** 24/7 Dial 988 then press 1

Website: <https://www.veteranscrisisline.net/>

VISION

BLIND

***Department of Rehab Services/Bureau of Blind Services**

Services: help individuals who have visual impairments with training and job placement assistance

- **Contact Info:** 333 Potomac Blvd., Ste. F, Mt. Vernon, IL 62864(618) 242-1041

Website: <https://www.dhs.state.il.us/page.aspx?item=32305>

***Southern Illinois Talking Book Center**

Services: Public Library in Carterville services for the print handicapped in Braille, cassette, books and magazines available for all ages

- **Contact Info:** 607 Greenbriar Road, Carterville, IL 62908.....(618) 985-8375

MISCELLANEOUS

Marion Eye Center

- **Contact Info:** 203 Van Zant St., Chester, IL 62233.....(618) 826-5413

- 216 North Market St., Sparta, IL 62286(618) 443-2020

Website: <http://www.marioneye.com/>

Southern Illinois Eye Care

- **Contact Info:** 425 West Holmes St., Chester, IL 62233(618) 826-4521

- 520 East Broadway St., Ste 100, Sparta, IL 62286.....(618) 443-5252

Website: <https://www.southernillinoiseyecare.com/>

Walmart Vision Center

- **Contact Info:** 1410 North Market St., Sparta, IL 62286.....(618) 443-4373

****American Academy of Ophthalmology**

Services: provides online eye health information and access to medical eye care

- **Contact Info:**(877) 887-6327

Website: <https://www.aao.org/eyecare-america>

****National Eye Health Education Program**

Services: provides online education and materials regarding eye health, disease and treatment

Contact Info: **Email:** 2020@nei.nih.gov (301) 496-5248

Website: <https://www.nei.nih.gov/learn-about-eye-health/resources-for-health-educators/national-eye-health-education-program>

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** Online & National Hotline numbers

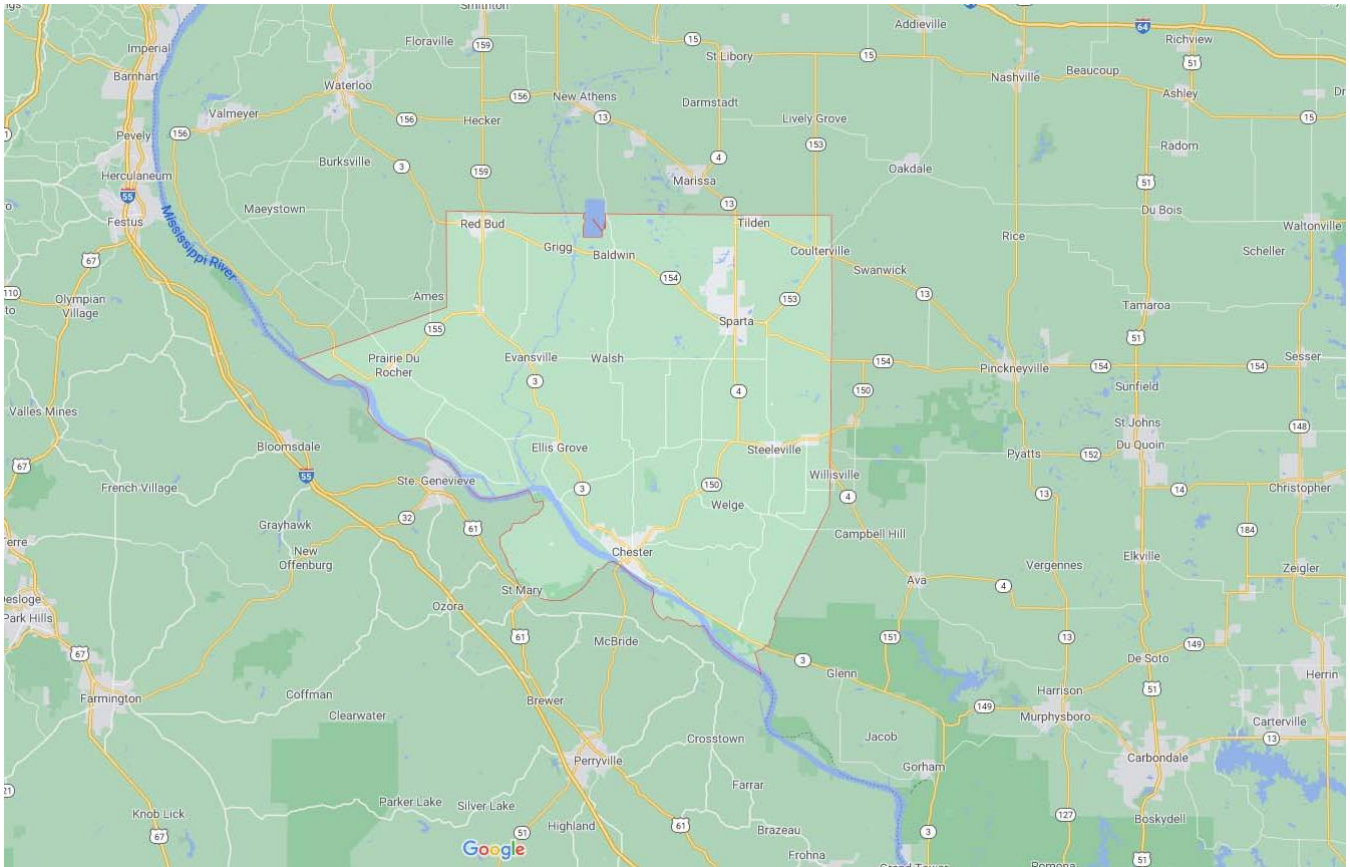
WEATHERIZATION

Western Egyptian Economic Opportunity Council, Inc.

See information under Anchor Agencies

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** Online & National Hotline numbers



The Randolph County Resource Guide is a publication of the ongoing work and contributions of those who believe in “Bringing People and Services Together” throughout Randolph County and Southern Illinois. The Healthy Communities Alliance, recovery & support committees have played a valuable role in maintaining the circulation and updating of this guide.

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** Online & National Hotline numbers

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** Online & National Hotline numbers

This Randolph County, IL Resource Guide is produced and circulated by the entities listed below. If errors are found or if additions are needed, please contact allianceinfo@comwell.us with the subject line "Randolph County Resource Guide". Please provide the below information to the listed email:

1. Page of update/correction
2. Suggested additional information to add
3. Name of Organization
4. Contact information (Address, Phone Number, Email, Website)
5. Hours of operation
6. List of services or description of what this business/organization offers or does that fits in the scope of this Resource Guide.



Public Health
Prevent. Promote. Protect.

Randolph County Health Department



**Western Egyptian
Economic Opportunity Council**
Community Action Agency
Serving The Area Since 1965