

FY26 Strategic Plan

Moultrie County Recovery Oriented Systems of Care (ROSC) Council

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Lead Agency: Hour House

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Council Mission: Collaborating with one another to build and empower communities of recovery.

Council Vision: Addiction is a primary disease, and recovery is possible when individuals, families, and communities work together to provide support, empowerment, and understanding. The Moultrie County ROSC Council commits to embracing differences, including all voices and pathways to recovery, and strengthening the ability of persons in recovery to thrive in their communities.

Needs Assessment

Demographics

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| Leadership Center Agency: | Hour House |
| Type of Report: | Community Needs Assessment- Moultrie County |
| Setting: | Rural |
| Total Number of Residents: | 14,469 |
| Number of School-aged Youth: | 2,725 |
| Total Number of Schools: | 6 |
| Total Number of Institutions of Higher Learning: | 1 |
| Total Number of Residential Treatment Facilities: | There are 0 Substance Use Disorder (SUD) Residential Treatment Facilities Moultrie County |
| Total Number of Coalitions/ROSC Councils: | 0 Coalitions/1 ROSC Council |

According to the most recent U.S. Census Bureau estimates, Moultrie County has a population of roughly 14,469 residents. The county remains predominantly White (about 95.7%), with Black/African American residents at around 1.1%, individuals identifying as two or more races at approximately 1.13%, and Hispanic or Latino residents comprising about 1.3% of the population. The median household income is \$71,676, and approximately 10.4% of residents live below the federal poverty level. Educationally, about 16–17% of adults hold a bachelor's degree or higher, while most other residents have a high school diploma or some college. Moultrie County has a strong rate of housing stability, with a homeownership rate of roughly 80%, significantly higher than the national average.

Overall, this data indicates that Moultrie County is a largely White, rural community with modest income levels, a relatively low percentage of higher-education attainment, and high homeownership, reflecting the typical characteristics of small counties in central Illinois.

Overdose Data

Available overdose data for Moultrie County is limited, with reported overdose deaths remaining low and often suppressed due to small annual counts, which can mask the true scope of need in a rural community. State mapping of emergency department visits places Moultrie County in a lower overdose-rate category compared to many counties, though limited access and reporting may influence these figures. At the same time, approximately 34% of Medicare beneficiaries in Moultrie County experience poor mental health or substance use conditions, exceeding the Illinois average and underscoring the need for continued prevention and recovery-focused efforts.

The following gap analysis is based on data gathered through the FY26 Moultrie County ROSC Council's Community Survey conducted over the past several months. The survey collected local feedback on recovery supports, access to services, stigma, transportation needs, and justice-related issues. The responses show several important gaps that make it difficult for people to get the help they need and prevent the county from fully supporting recovery.

Survey respondents identified family responsibilities, financial struggles, and fear of legal consequences as the top reasons people hesitate to seek help. In addition, 35.2% of people said that transportation is a barrier to accessing recovery services. Many respondents also reported confusion about where recovery services are located. Together, these findings show a strong need for a clear recovery resource guide and a reliable transportation option for people seeking support.

There are also significant gaps in understanding and acceptance of Medication Assisted Recovery (MAR). When asked whether MAR is an effective treatment for substance use disorder, 42.7% of respondents were unsure, and 1.6% disagreed, showing that many people still lack information or hold stigma surrounding MAR practices. At the same time, 92% of respondents felt it is difficult to find local providers who offer MAR, suggesting both service shortages and a lack of awareness of available options. Stigma is also seen in attitudes about MAR in jail settings, where 36.8% of respondents disagreed that individuals should have access to MAR while incarcerated. These responses highlight the need for more education about MAR and stronger partnerships with local leaders to support its use in the Moultrie County Jail.

Survey results also show limited awareness of drug courts and other treatment-focused alternatives to incarceration. While 48% agreed that offering treatment instead of jail leads to better outcomes for people charged with non-violent, substance-related offenses, 44% were unsure, suggesting many people do not yet understand the benefits of these approaches. Furthermore, 57.9% of respondents said they were unsure or had never heard of a drug court program. This lack of knowledge creates challenges as the county explores the idea of starting a rural drug court and building support for treatment-centered justice options.

Overall, these findings highlight the need for coordinated efforts to reduce stigma, improve access to services, and support more recovery-friendly systems. By keeping a county-wide recovery resource guide updated, improving transportation options, providing more education on MAR, and working with justice partners to explore MAR in jails and to develop a drug court, the Moultrie County ROSC Council is taking important steps toward building a stronger, more recovery-ready community.

Below you can find a few quotes we collected during our FY26 Community Survey:

“I’m excited to learn about ROSC in my community. When I was in active addiction a decade ago, I didn’t know of any services in the area. I moved to Peoria to get on MAR program for opioid addiction, which saved my life. I’m now a homeowner, after being homeless on the streets of Peoria. I work in healthcare web development and make enough salary to support my family on my income alone. Recovery is possible, and harm reduction/MAR make it possible. I’d love to learn more about your program!”

“Along with treatment availability, the underlying cause, like depression and anxiety, keeps people seeking ways to feel differently or forget about their troubles rather than face them. The individual has to want to stop and that directly relates to their success.”

Moultrie County ROSC Council Outreach and Communication Plan

Purpose: This document outlines how the Moultrie County ROSC Council will communicate the ROSC concept by educating community stakeholders on our mission, objectives, events, and other related activities. The information below includes the specific populations we intend to target and the tactical plan for various communication channels. This plan also explains in depth how the Moultrie County ROSC Council will provide outreach to its community and implement the ROSC concept.

Objectives:

- Increase public awareness of SUD as a treatable condition.
- Reduce stigma across key stakeholder sectors.
- Promote available treatment, recovery, and harm-reduction resources.
- Build the ROSC Council credibility and visibility.
- Strengthen internal communication across the ROSC Council partnerships.
- Mobilize community members to support systemic change.
- Measure and report community progress.

Target Audiences:

Communication and outreach to the whole community are important for increasing the visibility of the ROSC Council & progress on systemic change. During the next three years, the Moultrie County ROSC Council has identified its main target audiences as **faith-based, persons with lived experience, law enforcement/criminal justice, community members/public, and local businesses**, to increase the likelihood of local community change.

- **Faith-Based:** To provide guidance and education on how they can better serve the recovery community.
- **Persons with Lived Experience (PLE):** To gain their firsthand insight, ensuring our recovery strategies are practical, person-centered, and grounded in the recovery needs of the community.
- **Law enforcement/Criminal Justice:** To better serve those in the criminal justice system, reduce stigma within the system, and provide education about SUD.
- **Community members/Public:** To learn their perceptions and behaviors about SUD/MH and emerging issues dealing with those topics to help shape community norms, and improve their understanding of SUD, which can strengthen prevention, treatment access, and recovery outcomes.
- **Local Businesses:** By gaining their support, we can increase recovery capital and reduce stigma.

Key Message:

The Moultrie County ROSC Council is committed to transparent, inclusive, and collaborative communication, sharing strategic initiatives, progress, resources, and opportunities with stakeholders and the community through regular updates, multi-channel outreach, stakeholder presentations, feedback loops, and accessible meetings to promote engagement, accountability, and community impact. Our efforts are clearly outlined in the chart below:

Communication Channels, Audience, Frequency, Responsible person(s)

| Outreach Strategy | Audience | Frequency | Responsible Persons |
|---|---|-----------------------|---|
| Email, phone, text communication with Council members | Community members, service providers, SUD treatment, PLEs, law enforcement, faith-based, judicial, recovery supports, faith-based | Weekly | ROSC Council Coordinator |
| ROSC Council Meetings | Community members, service providers, SUD treatment, PLEs, law enforcement, faith-based, judicial, recovery supports, faith-based | Quarterly | ROSC Council Coordinator, ROSC Council Recovery Navigator, and ROSC Council members |
| Free Laundry Day | Faith-based groups, local businesses, PLEs Experience, Family/Parents, community members, etc. | Monthly | ROSC Council Coordinator, ROCS Council Recovery Navigator, members of the faith-based community and PLEs. |
| Moultrie County ROSC Council Facebook Page | Community members, service providers, PLEs, and families | Weekly/2x | ROSC Council Coordinator or ROSC Council Recovery Navigator |
| Recovery Education Groups | PLEs, Judicial, Law Enforcement, Families, and Service Providers | Weekly | ROSC Council Recovery Navigator |
| Candlelight Vigil Overdose Awareness Event | Families, PLEs, and community members | Annually in August | ROSC Council Coordinator and ROSC Council Recovery Navigator |
| Anti-stigma Campaign | Schools, youth-serving organizations, community members, families, service providers | Monthly | ROSC Council Coordinator |
| Recovery Month testimonials | Community members, PLEs, families, law enforcement, and judicial | Annually in September | ROSC Council Coordinator and ROSC Council Recovery Navigator |
| Host a Recovery Month Event | Community members, business owners, judicial, law enforcement, PLEs, media, and families | Annually in September | ROSC Council Coordinator and ROSC Council Recovery Navigator |
| Host a family friendly/sober event | Faith-based, families, and PLEs | Bi-annually | ROSC Council Coordinator and ROSC Council Recovery Navigator |
| Drug Overdose Prevention (DOPP) Sites | Community members, PLEs, Families, and Faith-based | Bi-monthly Check-ins | ROSC Council Coordinator and ROSC |

| | | | Council Recovery Navigator |
|---|--|-----------|--|
| Volunteer at other organization/agency/community events | Business Owners, PLEs, families, community members, faith-based, and service providers | Quarterly | ROSC Council Coordinator and ROSC Council Recovery Navigator |
| Attend Interagency meetings | Service providers and healthcare | Quarterly | ROSC Council Coordinator |
| ROSC concept presentations | Business owners, law enforcement, judicial, government, schools, and service providers | 5x/year | ROSC Council Coordinator and ROSC Council Recovery Navigator |
| ROSC Newsletter | Service providers, SUD treatment, faith-based, media, and community members | Monthly | ROSC Council Coordinator |
| Narcan Trainings | Community members, schools, local businesses, judicial, and public spaces (library, civic center) | Quarterly | ROSC Council Coordinator or ROSC Council Recovery Navigator |
| ROSC Resource Folders | Business owners, law enforcement, judicial, faith-based, community members, school, families/parents, and PLEs | As needed | ROSC Council Coordinator or ROSC Council Recovery Navigator, |

Evaluation and Feedback

The communication and outreach of the Moultrie County ROSC Council will be evaluated based on social media analytics, the number of community events attended and hosted, number of harm reduction trainings hosted, number of stakeholder meetings, number of ROSC concept presentations given, number of harm reduction supplies distributed, number of DOPP sites established, number of resource folders distributed, number of individuals attending free laundry days, ROSC Community survey data, number of sectors represented on the ROSC Council, retention rate of ROSC Council, timeliness of completing goals, survey of ROSC Council progress.

Moultrie County ROSC Council Goals, Objectives, & Outcome Measures

Goal One: Increase awareness of available recovery resources and make them accessible to individuals in recovery by June 30th, 2026.

Objectives/Strategies (Year One):

- By March 31st, 2026, ensure widespread distribution of the ROSC Resource Guide through social media, news releases, and placement in key community locations to increase awareness.
- By June, 30th, 2026, Moultrie county ROSC will add six (6) DOPP sites within outlying towns within Moultrie County to improve access to harm-reduction resources. (Outside of Sullivan)
- By June 30th, 2026, the Moultrie County ROSC council will distribute 300 boxes of Narcan to expand access to overdose prevention tools.
- By June 30th, 2026, engage at least two recovery champions, both within and outside established recovery support groups, to form a PLE Committee.
- By October, 31st, 2026, create an accessible, user-friendly guide that lists recovery events, support groups, and other recovery resources and services.
- • By June 30th, 2026, the Moultrie County ROSC Council will assess transportation barriers to accessing recovery services by gathering feedback from individuals with lived experience and partner agencies to inform future planning. (Completed through FY26 Survey)
- By June 30th, 2026, provide at least one training on harm reduction. (Completed)

Progress Achieved

- Moultrie County ROSC Council created a user-friendly resource guide.
- Established one (1) new DOPP location in an outlying town, Dalton City, expanding access beyond Sullivan.

Next Steps

- Distribute the resource guide via PDF and physical formats throughout Moultrie County.
- Continue placing DOPP sites in outlying towns to increase access to harm-reduction resources.
- Engage partners such as the Moultrie County Counseling Center, Moultrie County Probation, and Dove, Inc. to invite individuals with lived experience and supportive family members to participate in a recovery-focused committee.

Outcome Measures (Year One):

- The number of physical and PDF copies of the resource guide distributed by June 30th, 2026
- Number of added DOPP sites in Moultrie County by June 30th, 2026
- Number of Narcan boxes distributed by June 30th, 26
- Information gathered through a feedback loop

Year Three: By June 30th, 2028, the Moultrie County ROSC Council will sustain and strengthen the recovery supports created in previous years to ensure ongoing access to resources, education, and community navigation and have at least two volunteers trained to provide transport.

Objectives (By the end of Year 3):

- By October 31st, 2026, the Moultrie County ROSC will have their first PLE Committee meeting.
- By December 31st, 2026, the PLE Committee will develop a basic outline of rules and responsibilities written for volunteers willing to transport individuals.
- By February 28th, 2027, the PLE Committee will have identified at least two recovery champions who can provide transportation on a volunteer basis to improve access to recovery-related services
- By April 31st, 2027, there will be two committed volunteers available to assist individuals with transportation to recovery-related services, including medical appointments, counseling, probation obligations, and recovery meetings.
- By March 31st, 2027, the Moultrie County ROSC Council will provide basic training and resource orientation to transportation volunteers, including confidentiality, boundaries, and referral processes.
- By June 30th, 2027, the Moultrie County ROSC Council will distribute 300 boxes of Narcan to maintain access to overdose prevention resources.
- In June 2027 and June 2028, update the recovery resource guide with accurate recovery supports, contacts, schedules, peer supports, and transportation options.
- By May 30th, 2028, redistribute the updated guide through partner agencies, social media, and community locations to maintain community awareness.
- By June 30th, 2028, the Moultrie County ROSC Council will have established a total of 20 DOPP sites.
- By June 30th 2028, the Moultrie County ROSC Council will distribute 300 boxes of Narcan.
- By June 30th, 2028, the Moultrie County ROSC Council will sustain and strengthen the recovery supports created in previous years and address identified access barriers, including transportation.

Outcome Measures (By the end of Year 3):

- Number of updated resources guides distributed (print + digital).
- Number of partner agencies continuing to share recovery resource information.
- Number of transportation volunteers actively assisting individuals seeking recovery-related services.
- Number of individuals assisted in accessing recovery services through transportation or navigation support.
- Frequency of PLE Committee meetings and average attendance.
- Qualitative feedback from individuals served or partner agencies regarding improved access to recovery supports.
- Number of Narcan distribution partnerships maintained or expanded.

Goal 2: By June 30th, 2026, collaborate with key Moultrie County stakeholders—including the Sheriff’s Office, jail administration, the State’s Attorney’s Office, probation, local healthcare/MAR providers, and PLEs—to assess the feasibility, resources, and protocols needed to implement MAR within the Moultrie County Jail.

Objectives FY26:

- a. By August 31st, 2025, attend a MAR symposium to increase understanding of jail-based MAR implementation. (Completed)
- b. By October 31st, 2025, meet with the Moultrie County Jail Administrator to discuss implementation and identify perceived barriers. (Completed)
- c. Continue weekly jail education groups provide ongoing recovery education and introduce MAR concepts to incarcerated individuals. (Ongoing)
- d. By March 31st, 2026, develop MAR educational materials for wide distribution to community stakeholders, jail staff, and incarcerated individuals.
- e. By April 30th, 2026, after barriers are identified, hold a solution-focused stakeholder meeting to explore feasible pathways for MAR implementation.
- f. By May 31st 2026, host a PLE panel for stakeholders to increase understanding of MAR benefits, challenges, and outcomes.
- g. By June 30th, 2026, create and encourage use of a MAR resource guide, both in print and digital formats with QR codes, in partnership with the Illinois Helpline, to help jail staff and incarcerated individuals access information about available MAR services and ensure seamless intake and re-entry planning.
- h. By June 30th, 2026, engage local healthcare and MAR providers to share information about jail-based MAR, gather input on feasibility, and explore potential collaboration opportunities.

Progress achieved

- Gathered data from FY25-FY26 Moultrie County ROSC Council Community Survey to inform MAR planning and stakeholder discussions.
- Met with the Moultrie County Jail Administrator to discuss MAR feasibility and next steps.
- Attended an IL MAR Learning Collaborative in Douglas County to gain insight into implementation models.
- Invited the Moultrie County Jail Administrator to MAR-specific training opportunities.
- Shared the MAT application and planning resources with the Moultrie County Jail Administrator.

Next Steps

- Create a comprehensive MAR resource list for use by jail staff, partners, and incarcerated individuals.
- Identify and engage PLEs willing to share their experience with MAR with stakeholders.
- Identify a host location and schedule a date and time to hold a panel featuring PLEs and positive outcomes using MA).

Outcomes Measures

- Number of MAR resource materials distributed.

- Attendance at MAR PLE panel.
- Moultrie County ROSC Council Community Survey responses related to awareness and perceptions of MAR in FY27
- Number of jail staff participating in education sessions or receiving MAR materials.
- Number of outreach contacts made with healthcare or MAR providers for collaboration.

Year Three: By June 30, 2028, collaborate with criminal-justice and healthcare partners to fully establish, implement, and sustain Medication-Assisted Recovery (MAR) services within the Moultrie County Jail, including developing procedures, securing provider partnerships, and ensuring staff training and ongoing support.

Long Term Objectives FY27/28

- a. By July 31st, 2026, connect the Moultrie County Jail with IL MAR Learning Collaborative and assist them in their application process.
- b. By September 30th, 2026, hold a training utilizing Jail MAR experts to address community and law enforcement questions and establish a shared, evidence-based understanding of MAR utilization.
- c. By March 31st, 2027, work with jail staff and medical partners to draft and adopt MAR policies and procedures, including screening opioid use disorders (OUD), continuation of existing MAR, initiation of MAR during incarceration, and warm handoff procedures for reentry.
- d. By February 28th, 2028, establish formal warm handoff agreements with local treatment providers, Safe Passage programs, and recovery support organizations to ensure continued MAR services following release.

Long Term Outcomes Measures

- Number of incarcerated individuals utilizing the MAR services.
- Number of MAR informational materials distributed.
- Survey responses reflecting awareness and acceptance of MAR services.
- Number of collaborative meetings held with medical and correctional partners.
- Number of education sessions provided to jail leadership, correctional staff, and Moultrie County partners.
- Number of stakeholders attending MAR education or planning meetings.
- Number of individuals screened for OUD.
- Number of individuals continuing MAR upon intake.
- Number of individuals initiating MAR while incarcerated.
- Number of individuals released with a scheduled follow-up MAR appointment.
- Number of warm handoffs completed to community providers within 7 days of release.
- Percentage of individuals who attend their first community MAR appointment post-release.

Goal 3: Assist Moultrie County in exploration of the development of a drug court by June 30th, 2026, by engaging key county stakeholders, gathering evidence from neighboring counties, and incorporating insights from persons with lived experience (PLE) and drug court graduates.

Objectives FY26:

- a. By December 31st, 2025, meet with Moultrie County Probation to discuss the potential benefits and challenges of establishing a drug court. (Completed)
- b. By January 31st, 2026, have a drug court participant share their experience at a Moultrie County ROSC Council meeting to provide firsthand insight.
- c. By February 1st, 2026, connect Moultrie County stakeholders to drug court boards in surrounding counties to learn how drug courts have improved treatment outcomes and reduced recidivism.
- d. By March 1st, 2026, identify at least 5 drug court graduates to provide a panel highlighting their experiences and the impact of the program.
- e. By April 30th, 2026, convene a meeting of county stakeholders, including probation, treatment, and recovery representatives, to discuss the benefits and feasibility of developing a drug court.
- a. By June 30th, 2026, hold a panel with drug court graduates, inviting county members, legal stakeholders, and treatment partners to promote understanding of program outcomes and garner support.

Progress achieved

- Gathered data from FY25-FY26 Moultrie County ROSC Council Community Survey in to inform stakeholder discussions.
- Met with the Moultrie County Chief of Probation to discuss barriers to implementation
- Gathered information from Coles County and Shelby County Drug Court committees on best practices and program outcomes.
- Arranged a drug court speaker for council meeting

Next Steps

- Attend a Douglas County drug court committee meeting to observe program planning and gather additional best practices and network opportunities.
- Begin documenting key findings from stakeholder meetings, panels, and observations to inform Year Three planning.

Outcomes Measures

- Number of meetings held with stakeholders.
- Number of connections and outreach efforts to other drug court boards and committees.
- Attendance at the drug court graduate panel.
- Number of ROSC Council members, legal stakeholders, and treatment partners engaged in discussions about drug court feasibility.
- Number of follow-up actions or commitments from stakeholders after panels or meetings (e.g., willingness to participate, provide resources, or support planning)
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- Attendance at informational presentations or community education sessions related to drug court exploration

Year Three: Assist in finalizing a drug court program in Moultrie County by June 30th, 2028

including stakeholder agreements, program framework, resource alignment, and readiness for launch.

Long Term Objectives FY27/28

- By June 30th, 2027, work with judges, probation, the State's Attorney, and treatment providers to determine readiness and obtain agreement to move forward with drug court development.
- By December 31st, 2027, support the county in identifying required state-level documentation, grant opportunities, and core program components for drug court development.
- By March 30th, 2028, assist in identifying community treatment providers, peer support specialists, and recovery support resources who will serve drug court participants.
- By June 30th, 2028, collaborate with stakeholders to outline eligibility criteria, referral pathways, participant expectations, and supervision/treatment coordination.

Outcomes Measures

- Number of planning meetings held with key drug court stakeholders.
- Completion of a preliminary drug court program plan or framework.
- Number of agencies committed to participating in or supporting the drug court.
- Number of stakeholders attending training or education sessions on drug court implementation.
- Identification of funding sources or grants to support drug court operations.
- Decision from Moultrie County leadership indicating readiness to launch the drug court.