Sangamon County ROSC Council- Monthly Meeting

11/25/25, 9am Location: zoom

Attendees:

- Whitney Devine, Sangamon Co. ROSC Council / Family Guidance Centers, Inc.
- Austin Dambacher, Sangamon Co. ROSC Council / Family Guidance Centers, Inc.
- Stacey Brenner, Family Guidance Centers, Inc.
- Ashley Earles, Birth to Five Illinois, Region 51
- Donna Reeves, Central Counties Health Center
- Sam Brown, Fifth Street Renaissance
- Matt Lantgen, Gateway Foundation
- Mercedes Kent, Gateway Foundation
- Shymeka Kerr, Heartland Housed
- Brycen McFadden, Oxford House, Inc.
- Marie Riley, Sangamon County Dept. Of Public Health CFC#18 Early Intervention
- Audie Prange, Sangamon Co. Sherrif's Dept.
- Jada Lutzke, SIU School of Medicine Rural Health

Agenda:

- Introductions
- Community Survey Update
- Membership Update
- Community and Organizational Events
- ROSC Event Updates
- Open floor to ROSC members to share news, ideas, needs, etc.

Meeting Notes:

Introductions:

See attendee list

Community Needs Survey:

- Helping to identify gap, strengths / weaknesses, public perception of addiction / recovery within Sangamon County; anonymous
- 208 responses so far (goal: 400)
- Paper and digital versions available (SurveyMonkey link was shared with meeting participants)
- IHOP (Wabash location) is offering 15% off entire order for completed surveys that are available in paper form at that location
- ~2 weeks left until survey closes (Dec. 12, 2025), pushing for as many responses as possible to accurately represent county
- Preliminary gaps: youth resources & services, family resources & services, resources & services for individuals exiting incarceration
 - ROSC will connect with Audie Prange (Sangamon Co. Sherrif Dept.) to work on re-entry resource bundles
 - Recommended getting in touch with the Faith Coalition as they've helped with resource packages in the past

- Will put on next month's meeting agenda to plan bundles
- Ashley E. volunteered to send the survey to LLCC, UIS contacts (ROSC will email)
- Several other meeting attendees volunteered to send the survey link to individuals; ROSC will follow-up with an email

Membership Update:

- No new members since last month
- 28 active members / organizations
- Sector growth needed in: Judicial, media, youth-serving organizations, volunteer / civic organization, state / tribal / local government, law enforcement sectors
- Next New Member Orientation: Friday, 12/19/25, at 1pm via zoom (zoom link available via website- www.sangamoncorosc.org)

Community Event Updates:

- Birth to Five- Ongoing support group survey (co-created with ROSC, Family & Action councils) to identify support groups, gaps, and barriers to creating new / additional support groups (centered around families, children, youth, and parents / caregivers)
 - o Currently at 100 responses, survey closes in January
 - QR code and link are within ppt., and have been shared in separate email to ROSC email roster
- <u>Family Guidance Centers</u>- offering free clinical supervision for those seeking licensure / certification in Illinois; contact Cindy Rivera at <u>crivera@fgcinc.org</u>
- <u>Clean Slate Advocates</u>- Every Tuesday through December 2025, 8am-5pm at 801 S. Grand Ave., Springfield, IL- free laundry program for unhoused individuals
- Heartland Housed- Welcome Home Basket initiative- collecting baskets with home goods, hygiene supplies, etc. To help those transitioning from being unhoused into housing
- Gateway Foundation- 12/19 Ornament Making event
 - o More info TBA (will send out flyer once received)
- <u>Feeding Springfield One Lasagna At a Time</u>- in need of donations (lasagna ingredients, money, or gift cards for said ingredients) to support Christmas meals- and big Christmas event
 - o "Springfield Community Breakfast with the Big Guy"- Sat. 12/20/25, 9am-11am at Kumler United Methodist Church (600 N. 5th St., Springfield, IL); free community breakfast, gifts for kids, resources, gift card raffle
 - In need of community organizations to have a table to share their resources (bring a game for the kids to play!)- reach out to ROSC for details
 - o In need of donations (gifts / toys, breakfast foods, gift cards), volunteers for event, local businesses to serve as drop-off locations for donations
 - o Toy drive drop-off locations; Stadium Smokehouse Grill, Jamie's on Rt. 66, Vinegar Hill Mall
 - o Contact: <u>SpringfieldsLasagnaLady@gmail.com</u>

Community Resource Guides

- Digital list and interactive map available online
- Physical booklets currently out of stock- edits complete; order placed!

Please contact Whitney or Austin with information on new resources

ROSC Event Updates

- Recap: Parent Cafe
 - Collaborative event with Birth to Five Illinois
 - Special thanks to IHOP on West Wabash for donating a full breakfast for attendees.
 - Fostered a supportive environment in a cafe setting for parents to network with other parents and share experiences with one another with guided conversational prompts
- Upcoming Event: ROSC x Oxford House, Inc. Ugly Sweater Holiday Party
 - o Sat. Dec 6, 6pm-8pm at the Pasfield House
 - o Recovery speaker, food, karaoke, photo booth, dessert decorating
- ROSC x Gateway Trivia Night- Collaborative event in mid-January
 - Additional info TBA
- Valentine's Day Dance- Sam Brown (Fifth Street Renaissance) suggested a recovery-oriented Valentine's Day event
 - Details TBD

Next Steps:

- Byrcen McFadden (Oxford House) new women's house in Decatur, nothing else to report
- Jada Lutzke SIU School of Medicine- hoping to train peers in jails, expressed interest in partnering with Sangamon Co. Sherrif Dept.
- Contact Whitney or Austin for survey distribution and send any upcoming event flyers your organization has.
- Invite people to join Sangamon County ROSC. Invite contacts to multiple sectors
- Call to action: in need of organizational speakers (Council members, meeting attendees, to share about their organization's work)
- Next council meeting will further discuss details of resource bundles for those exiting incarceration (employment & housing resources, hygiene items, bus tokens / transportation vouchers, resource guides, etc.)

Meeting Adjourned



Agenda

Introductions

Community Survey Update

Membership Update

Community and organizational Events

ROSC Event Updates

Open floor to ROSC members to share news, ideas, needs, etc.



Introductions

Name

Agency/organization/affiliation

How long have you been with ROSC?

If you could plan a perfect cozy day, what would it include?

ROSC Program Manager

ROSC Coordinator

Whitney Devine

wdevine@fgcinc.org

Family Guidance Centers, Inc.

2924 Stanton Street

Springfield, IL 62703

Cell: 217.891.7627

Austin Dambacher

adambacher@fgcinc.org

Family Guidance Centers, Inc.

2924 Stanton Street

Springfield, IL 62703

Work: 217.441.6529 ext.8230

Complete Support Group Survey

- Take 10 minutes to complete the Support **Group Survey**
- Email or text this Support Group survey to 5 friends at this time.
- Birth to Five Illinois: Region 51 Mental and Behavioral Health Support Groups - Airtable







Community Needs Survey



Survey helps to measure public opinion / perception of addiction and recovery

Identifies both strengths and weaknesses within thew

Helps to identify gaps of care

Yearly survey results help to gauge progress in areas that need attention

ROSC serves as a gap-closing facilitator

Partner with us! We'd love to get QR flyers out across the county! (as well as paper copies)

YOUR VOICE MATTERS!



TAKE OUR QUICK SURVEY TO SHARE YOUR THOUGHTS ON RECOVERY, MENTAL HEALTH, AND SUPPORT IN OUR COUNTY. HELP US FIND THE GAPS — AND MAKE THINGS BETTER

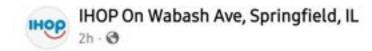
www.sangamoncorosc.org

Funded in whole or in part by the Illinois Department of Human Services.

Elizabeth of Bahasatural Health and Secretary

Survey Distribution

- Looking for creative ways to distribute survey.
 Digital and Paper copies are available.
- Asking Council members to distribute amongst their organizations. Paper Copies are available as well as digital.
- Shout out to IHOP on Wabash for offering a discount for customers who complete our survey.
- Currently have 208 responses; 400 is the goal.



Sangamon County ROSC wants to hear from you!! Complete this survey online or in ihop and receive 15% off your bill!!

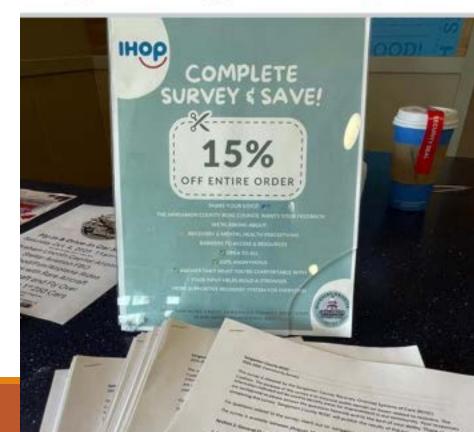
**if you're not familiar with ROSC please look it up! Great organization that helps support mental health and substance use disorders.

1 share









Membership Update

+0 new members since our last meeting

Membership as of November: 28 Members

Of registered members:

27 unique organizations

1 individual (not org-affiliated)

Collaborating Community Organizations























































New Member Registration & Process

If you are interested in becoming a member OR need to re-register this year, please complete the survey: https://forms.office.com/r/V1Fr6F3eeN

Next new member orientation is December, 19 2025 at 12pm

Join the Zoom Meeting at:

Join Zoom Meeting

https://us06web.zoom.us/j/83128095681?pwd=cXD4pw0kUyGHSIPumrDmBjxaDUtRre.1

Meeting ID: 831 2809 5681

Passcode: 133659

Membership Representation: Sectors

ROSC Sectors (n = 28 people, can choose more than one sector)				
Person with lived experience 13	Recovery supports 12	Faith-based groups 4	Family 7	Service providers 7
Volunteer/civic organizations 1	Education/schools 2	Youth-serving organizations 1	Media 1	Business 3
State/local/tribal government 2	Substance use treatment organizations	Healthcare 6	Law enforcement 2	Judicial 0

Collaborating Community Organizations: Updates



UPCOMING EVENTS



COORDINATION NEEDS



GENERAL ORGANIZATIONAL UPDATES



NEWS FOR THE GROUP

FREE LAUNDRY DAY

Offering free laundry services for our unhoused and homeless neighbors. Come refresh, restore, and renew with us.

DETAILS



EVERY TUESDAY

Through December 2025



8:00 AM - 5:00 PM Last load in at 4:00 PM



801 South Grand Ave., East

HOW IT WORKS

- · Bring all laundry you need washed.
- Ask inside about participating in the CSA program.
- Complete the sign-in process.
- Stay with your laundry until it is finished.

INCLUDED

- Washing & Drying
- Laundry detergent
- Dryer sheets







Clinical Supervision Available

Opioid Training and Technical Assistance Center (OTTAC)

- Clinical supervision with documentation from expert, licensed staff for individuals seeking licensure or certification in Illinois
- Provided at no cost to clinicians needing support on their path to becoming a certified/licensed behavioral health professional

Contact Cindy Rivera to schedule:



crivera@fgcinc.org





Thanksgiving Event

Join us for food, speakers, and fellowship. Supportive friend or family member welcome.

Chance to win a Thanksgiving basket!

Contact Taylor with questions: (217) 836-6712 twilliams*gatewayfoundation.org

RSVP Here:



SATURDAY,

Please bring a donation from the following approved list.

Donations will be used for holiday gifts for those in treatment. All items should be new and in original packaging:

- · Winter Hat
- · Chapstick
- · Socks
- · Gloves

SPRINGFIELD

2200 Lake Victoria Dr Springfield, IL

RSVP by 11/19



STADIUM **SMOKEHOUSE BAR &** GRILL 2300 NORTH PEORIA ROAD

JAMIE'S RT 66/ BREZIE'S ROASTED BEAN 3351 SOUTH 6TH STREET

Vinegar Hill Mall between Wm. Van's Cafe and Trish & Mary's 107 WEST COOK

FOR MORE INFO



FEEDING SPRINGFIELD ONE LASAGNA AT A TIME BETH REES- 217-904-0642 SpringfieldslasagnaLady@gmail.com

Needs:

- •10 groups/organizations to host fun, interactive, festive tables for kids & families
- •Volunteers: set-up, serving, cleanup
- •Donations: funds, gift cards, breakfast items, toy drop-off partners
- •Breakfast Food Donations: pancake mix, eggs, juice, coffee, etc.

Food Wish List

- Bacon
- Pancake Mix
- Sausage
- •Milk

Toy Wish List

•New or gently used toys (all ages)

Holiday Decoration Wish List

- Christmas trees
- •Lights
- Decorations

Family Basket Ideas

- •Shampoo & conditioner
- Toilet paper
- Shelf-stable foods
- Paper towels
- Other household essentials

Get Involved

•Drop-off locations announced soon.

Want to help, donate, or host a table? Comment or message!

•Contact:



SpringfieldsLasagnaLady@gmail.com



217-904-0643



BREAKFAST WITH THE **BIG GUY**



SATURDAY, DECEMBER 20TH | 8AM - 10AM 600 N 5th Street, Springfield

URGENT COMMUNITY HELP NEEDED!



YOU PICK RAFFLE DONATIONS

Gift cards Baskets Fun items Help us raise funds to make this event possble!



FOOD WISH LIST

Bacon Pancake mix Sausage

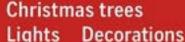


TOYS

New and gently used toys (all ages)



IDEAS



HOLIDAY

Paper towels

DECORATIONS

Shelf-stable food

Shampoo & Conditioner Everyday essentials

DROP-OFF LOCATIONS Several will be announced very soon!

Want to help, donate, or host a table?

Resource Guide Booklets

Paper guide: Out of stock; edits complete; new order placed. Restock mid-December.

Distribution: 2,661 copies shared across **41 organizations**.

Need guides? Contact us—happy to add you to waiting list!

QR cards: Link directly to the online guide and interactive resource map.

Online access: Available under the Resources tab at https://www.sangamoncorosc.org/

Edits/additions: Email wdevine@fgcinc.org

Resource Map: Google Map of Sangamon County resources (also on the ROSC website).

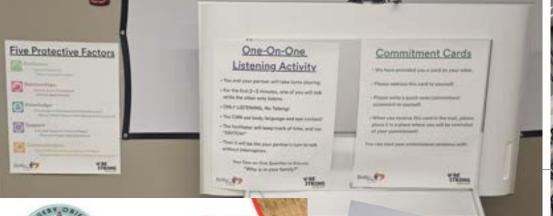




Events Recap and updates!







Be Strong Families Parent Café

A "Latte" Love for Parenting Welcome to The Parent Café!







Announcement!



Open Floor

Thoughts?

Questions?

Comments?

Collaborations?

Needs?