

Ford County ROSC Council Meeting Minutes

Tuesday, November 26th, 2025, at 8:30 AM (via Zoom)

Definition of ROSC: A Recovery Oriented Systems of Care (ROSC) is a coordinated network of community-based services and supports that is person-centered and builds on the strengths and resilience of individuals, families, and communities to experience recovery and improved health, wellness and quality of life for those with or at risk of substance use and/or co-occurring conditions. The central focus of a ROSC is to create an infrastructure, or “systems of care”, with the resources to effectively address the full range of substance use and/or co-occurring disorders within communities.

Our Mission: Bring the community together to build a recovery support system to improve health, wellness and quality of life, through education, stigma reduction, and access to resources.

Attendance:

1. Frankie Ward (Chestnut Health Systems, Recovery Specialist)
2. Kari Knapp (Chestnut Health Systems - Associate of Community Health)
3. Barbara Brumleve (Ford County ROSC - McLean County ROSC, Chestnut)
4. Dave King (Carle Addiction Recovery Center – Community Outreach)
5. Mark Ecker (Ford County Health Department)
6. Sandra Beecher (Gateway)
7. Melissa Watson (Birth to Five)
8. Odette Hyatt-Watson (East Central Community Action Agency)
9. Megan Ramirez (Gibson Hospital)
10. Ken Lyons (RPC)
11. Melissa (Life Cil)
12. Kami Garrison (Chestnut Health Systems, Statewide ROSC Region 3)
13. Melissa Waters (CRIS Transportation)

Agenda:

- **Welcome & Introductions**
- **Main Topic:**
 - **Community Survey – Early Insights**
 - **Strategic Planning – Small Group Discussion – Large Group report out**
 - **Agency & ROSC Updates**

Barb Brumleve welcomed everyone to the November Ford ROSC Council meeting asking everyone to introduce themselves. Frankie Ward then started the meeting by going over early insights into our Community Survey that is open until December 1st.

Community Survey - Early Insights:

- Awareness of ROSC was about **50/50** and among those aware, Facebook, word of mouth, and community events are the top outreach channel. Strengthening ROSC's visibility will help expand our efforts.
- Around **55%** believe MAR is effective and close to **40%** are neutral – indicating lack of familiarity. Over **55%** aren't sure if MAR providers exist locally. Community needs clearer information about MAR and available services.
- Approximately **45%** believe harm reduction strategies (Narcan®, syringe services, etc.) reduce risk and about **55%** do not believe or are unsure if they reduce risk. Education is needed to address misconceptions and show evidence-based benefits.
- Regarding Stigma, **75%** of respondents believe people use drugs deserve respect. At the same time, around **85%** say stigma around substance use is still a major issue in Ford County. This tells us that while attitudes are shifting, stigma remains a barrier to people seeking help.

The **Community Survey is open until December 1st** and we want to thank everyone that has taken the time to take. We have surpassed the amount we received last year, but there's still time to gain more!! If you haven't shared, please consider sharing the link with friends, family and coworkers.

Survey Link: <https://www.surveymonkey.com/r/FordROSCSurvey2025>

Strategic Plan – Small group breakout rooms set up to discuss our Strategic Plan. Breakout rooms were asked to assign a notetaker, discuss breakout questions and report back to the large group (15 minutes).

1. **What should we keep?**
2. **What should we eliminate?**
3. **What should we edit/add?**

Goal #1: ROSC AWARENESS

- Over the course of the next 3 years, increase awareness of the Recovery-Oriented Systems of Care (ROSC) by 20% through targeted outreach and community engagement efforts.

Goal #2: HARM REDUCTION & MAR

- Over the next three years, increase harm reduction support within the community through at least two new initiatives and increase Medication Assisted Recovery (MAR) supports through at least one new initiative.

Goal #3: REDUCING STIGMA

- Increase the number of community members that have factual knowledge of Substance Use Disorder and Mental Health Issues Through the ROSC *Reframing Recovery* Campaign by 10% in three years (Ongoing, FY26+)

Large Breakout Discussion:

- Based on the State's 5 Goals (Reducing Stigma, Promoting MAR and other Evidence Based Practices, Promoting Harm Reduction, Ensuring Effective Delivery Service and Prioritizing Equity) we will be incorporating the current Goal #1 ROSC Awareness into the other Goals.
- Goal #2: Harm Reduction and MAR we will separate into 2 different Goals:
 - Look at the schools, a possible assembly or health class to discuss harm reduction.
 - Flyers (cars) and/or business size cards with a message just for the person.
 - Who do we know that has space available and how can we do outreach.
 - Store front window clings-Recovery Ally
 - Find local Champions
 - Find a provider that shows interest
 - Hummingbird Coffee House in Piper City has an available space to meet upstairs. It was noted that the upstairs location does not have accessibility for everyone (no elevator).
 - Partnerships with Libraries
- Goal #3: Reducing Stigma:
 - The word Factual Knowledge seems medical and intense. Suggested words, Increase Awareness and Proper Knowledge or Increase Education.
 - Having proper education is what leads to stigma reduction.
 - There is not a good way to track or measure someone's Factual Knowledge.
 - The objectives for the goal are all good. Some notes to include, don't forget food pantries, post offices, fire departments and EMT's.
 - General understanding adds the value of why we need Narcan® in our community. We need to promote the general understanding from FACTS that Narcan® WORKS. We need something to trigger everyone's brain that carrying Narcan® and knowing how to use it is no different than how important it is to know how to do CPR or perform the Heimlich. This can be Life or Death and we want to kill the prejudice.
 - We want to build Factual Awareness – Educate More so there is More Value.
 - Possibly a "panel" of people with lived experience sharing their story of how Narcan® saved their life or if they used Narcan® to save someone's life.
 - Keep up the great work with Social Media
 - An example of overcoming stigma related to syringes is the factual awareness and deeper knowledge that by having a safe syringe program

it prevents accidental sticks of children and babies each year. This adds value and gives a feeling of knowledge to know more of the “Why”.

- **ROSC Updates:**

Updates

- Community Laundry Day with FCPHD and ECICAA
- **First NARCAN Box Placed**
- Community Resource List Complete
- **RESET Team Meeting Rescheduled for Friday December 5th 9am via Zoom**
- Ford County ROSC Council Meeting Rescheduled for Tuesday December 30th 8:30am via Zoom

A photograph showing two women standing next to a white NARCAN box mounted on a wall in a laundry room. One woman is wearing a white hoodie and the other is wearing a dark jacket. The photo is framed with a red border. The background of the slide features a decorative branch with orange and yellow autumn leaves.

Ford ROSC partnered with Ford County Public Health Department and East Central Illinois Community Action Agency to provide Ford County’s 1st Free Community Laundry Day in Gibson City. Not only did we provide free laundry and resources, but we placed our **first Narcan Box at Gibson Laundry**. The owner didn’t waste any time and hung the box during laundry day. Gibson Laundry is 24 hours a day and is now the FIRST location in Ford County to provide Narcan® 24 hours a day at their location at 304 N Sangamon Ave, Gibson City. ECIAA completed 4 LIHEAP applications!!

- **Agency Updates:**

- **Dave King** from Carle shared a “Save the Date” for Addiction Recovery Medicine Series on **Thursday, December 4th at 12-1pm CST via Zoom**. The first of the series will be on **Overdose Prevention & Response**. Join Joe Trotter, Harm Reduction Program Coordinator (Champaign-Urbana Public Health District), Christine Pierce, Community Outreach for Addiction Recovery at Carle Health and Anthony Welch, Substance Use Navigator, Addiction Recovery, Carle Health to learn more!!

- **Tim Nuss** always extends an invitation to anybody and everybody to the Ford County Board Meetings. They meet on **the 2nd Monday of every month at 7pm** in the basement of the Sheriff's office. You'll always have a platform!!

CONNECTION IS KEY!!!

We look forward to seeing you at the next ROSC council meeting, **via Zoom, Tuesday, December 30th at 8:30am.**

As always, please reach out if you have any questions, ideas for collaborations, etc.



CONTACT

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SOCIAL MEDIA


[FordCountyROSC](https://www.instagram.com/FordCountyROSC)


[Ford County ROSC - YouTube](https://www.youtube.com/FordCountyROSC)


[Ford-County-Recovers-a-ROSC-Community](https://www.facebook.com/Ford-County-Recovers-a-ROSC-Community)

