



Breaking Barriers Collectively ROSC Council

Meeting Minutes

Date: Friday, November 21

Time: 10:00 AM – 12:00 PM

Location: 6506 S. Western & via Zoom

Attendance: 14 in-person guests; Zoom attendance 9

1. Welcome & Introductions

The meeting was opened with a warm welcome to all attendees. Guests introduced themselves and shared something they were thankful for in recognition of the holiday season.

2. Guest Speaker Presentation

Speaker: *Ms. Ramona Randle* – Individual with lived experience and author of *Choices*.

Ms. Randle shared her personal story of overcoming substance use challenges. She discussed her journey through addiction, her steps toward recovery, and the coping skills she developed along the way. Attendees expressed appreciation for her honesty, inspiration, and valuable insights.

3. Discussion

- Participants reflected on the speaker's message and how lived experience can strengthen recovery support efforts.

- Several guests highlighted the importance of resilience, community support, and personal empowerment in recovery pathways.