

# Logan/Mason ROSC Meeting Notes

October 16th, 2025

#### Attendance:

- Jeanette Davis
  - o Chestnut Health Systems-Logan/Mason ROSC
- Kara Davis
  - o Logan County Department of Public Health
- Kristin Davis
  - Family Guidance Center-Regional Substance Use Prevention Integration Center (RSUPIC)
- · Kendra Jo Day
  - o Memorial Behavioral Health
- Kami Garrison
  - Statewide ROSC
- Dani Hernan
  - o SIU Center for Family Medicine
- Grace Irvin
  - Chestnut Health Systems-Logan/Mason ROSC, Logan/Mason SUP, Livingston ROSC, & BASE (Build, Amplify, Support, and Empower)
- Lisa Latham
  - o West-Central Illinois Area Health Education Center
- Samantha Martini
  - o Family Guidance Center
- Molly McCain
  - o Lincoln Memorial Hospital
- Tristan McGrew
  - o TASC (Treatment Alternatives for Safe Communities)
- Marie Riley
  - o Sangamon County Department of Public Health-Early Intervention
- Tia Schum
  - o Piatt County Mental Health Center
- Nichole Tinker
  - o Trillium Place
- Kim Turner
  - Logan County Crime Stoppers, Drug Court, Veterans Court, Logan County Probation, & Hope on 5<sup>th</sup> Board Member
- Tyler Wenger
  - o Chestnut Health Systems



#### **Old Business:**

- What is ROSC? ROSC is a coordinated network of community-based services and supports that is person-centered and builds on the strengths and resilience is of individuals, families, and communities to experience recovery and improved health, wellness, and quality of life for those with or at risk of substance use and/or mental health challenges. The central focus of a ROSC is to create an infrastructure, or "systems of care", with the resources to effectively address the full range of substance use and/or mental health challenges within communities.
- Logan/Mason ROSC Mission Statement: Improving access to health, wellness, and
  holistic recovery options for people who are at risk of, or suffering from, substance use
  disorders while educating and connecting Logan and Mason counties to reduce stigma
  and improve recovery outcomes.
- The Mason County Recovery Walk happened on September 20<sup>th</sup>. There were about 50 to 60 people that showed up at the event. There were donations of refreshments, chips, and cookies. There was also pulled pork donated. Six speakers told their stories of recovery. The weather was good as well.
- The Logan County Recovery Walk happened last month as well. The weather was nice for the event. Three speakers gave their stories of recovery. There were several resources present at the event.
- The ROSC is always open and willing to hear ideas for upcoming walks and events.

#### **New Business:**

- During the meeting, the ROSC asked the council the following three questions: What has been going well? What could be better? How can we support you?
- Jeanette mentioned that more focus in Mason County could be doing better.
- Kendra mentioned that the meeting cards are up to date, which is something that is going well. Jeanette mentioned that new ones will be coming out with more meetings listed for Mason County.
- Kendra mentioned that she can notice a difference in the stigma reduction, which has been very slow, but is nonetheless happening.
- Kami mentioned that the relationship building that is happening in the community is something that is going well. Kim mentioned that this is one of the reasons why Hope on 5<sup>th</sup> has been successful.
- Jeanette mentioned that she is not good at creating an agenda before meetings. She
  mentioned that an agenda is a helpful tool for community members coming to
  meetings.



- Kendra mentioned that she would love to see more involvement with the faith community.
- Kendra mentioned that recruiting people to come to meetings is something that could be better, which includes the Recovery in Action committee.
- Grace mentioned that doing events in smaller towns could be something that the ROSC could be doing better. We could change up the locations for the Recovery Walks; instead of doing them in Lincoln or Havana, we could do them in Atlanta, Mount Pulaski, Mason City, or Manito.
- Grace mentioned that having the Recovery in Action meetings as a hybrid meeting may
  be helpful in getting more people at the table. Next month's Recovery in Action meeting
  will be hybrid.
- Kendra mentioned that Memorial Behavioral Health could use services better, like 988. It would help people to give 988 a call to see how it works. Sharing the Mobile Crisis numbers would be beneficial as well. Schools have been using that resource regularly. Getting more engagement from the community with services would be helpful. Mobile Crisis is the in-person response for whatever you believe is a mental health crisis. For the schools, Memorial Behavioral Health is the crisis responder.

### **On-Going Projects:**

- The ROSC Community Survey has 28 questions; 10 questions are being asked to every community where there is a ROSC. There are 48 ROSC councils throughout the state. This is the same survey as last year, so accurate data will be collected. Jeanette will send out an email to help get the survey distributed and shared with your circle of influence. Please ask those close to you to complete the survey. If you have any ideas of places where this survey should be distributed, please let the ROSC know. The Recovery in Action subcommittee will be setting up at different places and displaying the survey QR code.
- The Reframing Recovery Campaign is a focus for the ROSC. A social media plan is going to be launched. The ROSC is also creating media boxes. The ROSC will be asking agencies and businesses if they would commit to being a supporter of recovery. This would include them displaying QR codes and posters to get the messaging out. Once the boxes arrive, Jeanette will be reaching out to the council individually to get support with getting the boxes to your organization.
- The ROSC is partnering with the local Salvation Army for upcoming events. There are a lot of volunteer opportunities with the holiday season upcoming.
- Recovery meetings are continuing to happen at the Logan County Jail. The ROSC is still looking to approve another man and another women to go into recovery meetings at the



jail. Jeanette will have a meeting with the jailer to discuss ways to provide services and meetings at the jail.

- The ROSC is continuing to advocate for and distribute naloxone and other protection products. The ROSC is also supporting new recovery meeting startups.
- SMART Recovery meetings continue to happen at Hope on 5<sup>th</sup> on Fridays.
- The Recovery in Action group is still putting together bags for the jail and libraries and planning for upcoming events. This group meets the second Tuesday of every month at Hope on 5<sup>th</sup> at 4:30 p.m. People who like to plan would be a great fit for this group. Everyone is invited to these meetings.

### **Reminders/Recovery Resources:**

- Harm reduction resources in Logan County are located at the Family Custom Cleaners (Lincoln), Logan County Health Department (Lincoln), Mt. Pulaski Library District, Logan County Courthouse (Lincoln), Hope on 5<sup>th</sup> (Lincoln), and Logan County Jail Lobby (Lincoln). Kara mentioned that Logan Public Library and Atlanta's library are equipped and trained with harm reduction resources. Kara will be going to Elkhart's library for a flu clinic and will talk to them about harm reduction resources.
- There are harm reduction resources in Mason County at Havana Public Library, Mason County Health Department (Havana), Forman Valley Public Library (Manito), and Mason City Public Library.
- If your agency or if you know someone who would like to be trained on naloxone, please let the ROSC know. If you need naloxone, you can get some from Jeanette or Kara at the health department.
- The Mason County Jail will also be added to the Mason County list of harm reduction resources. Bags of resources have been made available for people leaving the Mason County Jail. The resource bags include naloxone, xylazine test strips, fentanyl test strips, benzo test strips, meeting cards, small rack cards, etc.
- If you or your agency sees or hear of a new resource, please share it with the ROSC.
- Thanks to all who have shared updates and information regarding the community resource websites. All informational changes that have been shared will be updated on masoncountyresources.org and logancountyresources.org. These are comprehensive websites that have been put together to help our community find the services they need.
- If you need new meeting cards, please reach out to Jeanette. Updated cards will be coming soon.
- The ROSC is releasing posters and social media posts for the Anti-Stigma Campaign.
- The Madigan Men's Oxford House in Lincoln has three beds available. If you know people (even out of Logan County) that need a safe home that is substance free, you can



send them to oxfordvacancies.com. It is currently a \$200 deposit, which includes furniture, utilities, Internet, etc.

Please take the ROSC Community Survey. A \$50 gift card could be won. The survey link
will be sent out again to be passed on to others. The survey deadline is at the end of
December.

# **Upcoming Events:**

- The Deflection Program (BRIDGE) will meet on Tuesday, October 28<sup>th</sup> at 1:00 p.m. 2:30 p.m. over Zoom. If you are not a part of that email chain and would like to be, please let Jeanette know.
- The next Recovery in Action Meeting will be on November 11<sup>th</sup> from 4:30 p.m. 6:00 p.m. at Hope on 5<sup>th</sup> and via Zoom (hybrid).

### **Contact Info:**

- Jeanette Davis- Recovery Specialist
  - o jedavis@chestnut.org; 217-871-3208
- Grace Irvin- Prevention Coordinator
  - o gcirvin@chestnut.org; 309-451-7776
- Tristan McGrew- Recovery Corps. Project Coordinator
  - o timcgrew@chestnut.org; 309-229-3921
- Nadia Klekamp- Director of Integrated Community Education
  - o nfklekamp@chestnut.org; 309-824-3765

## **Next Meeting:**

- Thursday, November 20<sup>th</sup> at 2:00 p.m.
  - o This meeting will take place at Mason City Public Library (Mason City). For those unavailable to attend in-person, a Zoom option is provided.
  - Join Zoom Meeting:
     https://zoom.us/j/93561727220?pwd=TDVsWHRJdldYWnRnb2dnVFJTaTByQT0
     9
  - o Meeting ID: 921 3689 3688 / Passcode: 463455

End of Meeting: 3:01 p.m.