

Recovery Oriented System of Care



Hardin/Pope ROSC Council Meeting Minutes

Date: October 9th, 2025 | 11:30 AM – 12:30 PM

Location: Online at www.bit.ly/HardinPopeROSC
In-Person at 125 Market St., Golconda, IL

Last Meeting's Minutes: [September Minutes](#)

Meeting Attendance

1. Cammy Duggins, Hardin/Pope ROSC Council Coordinator
2. Emily Middleton, Senior Program Director – Prevention and Advocacy
3. Dave Griswold, Community Member
4. Rochelle Morgan, CHESI
5. Jennifer Worthen, S7HD Health Educator/Community Member/Lived Experience
6. Bev Holland, ROSC TA Region 5
7. Kim Thorwegen, PECaD – Siteman Cancer Center
8. Melissa Brown, SUPR/SAFE Programs Coordinator
9. Robyn Barkley, SAFE Peer Specialist
10. Lisa Lewis, Community Member
11. Mike Deno, RCO in Brookport, Ministry Outreach
12. Caleb Mills, SIRAC Peer Support Worker
13. Heather Rash, CASA of Southeastern Illinois
14. Haley Hopkins, Prevention First
15. Amber Mulkins, Lived Experience/Arrowleaf
16. Bunny Lee, Community Member
17. Quinn McBride, MHAT/SAFE Programs Coordinator
18. Celeste Fonseca, Executive Outreach Assistance,
19. Deb Beckmann, Statewide ROSC Leadership Team
20. Michelle Buckley, Oxford House Outreach Worker
21. Whitney Berman, SUPR Therapist
22. Cassie Dunstan, Redeemed at the River
23. Briana Spivey, SUPS Community Advocate

Welcome and Introductions

Arrowleaf ROSC Vision

- A community system that supports and encourages individuals and families seeking or maintaining recovery for themselves or a loved one

Arrowleaf ROSC Mission

- Collaborating to build, foster, and empower communities of recovery

Old Business

- Evan Coulson – Camp Ondessonk & the benefits of Nature
- September Recovery Events Report
 - Shrimp Festival
 - Diver Down Narcan Training
 - SIU Thrive Event
 - Flourspar Festival
 - Sister's Rise Recovery Event
 - Celebration Event at Kiki's Coffeehouse

Discussion Topics

- Rochelle Morgan (Community Navigator with the IL Breast & Cervical Cancer Program IBCCP at CHESI) - Breast Cancer Awareness Month in October
 - Seven locations throughout Southern Illinois, which has the highest breast cancer rates in the state of Illinois. The purpose of the program is to encourage routine screening and provide free screenings to eligible women. Early detection improves treatment outcomes and survival.
 - Rochelle emphasized understanding barriers to screening. Fear is often not the main issue; financial concerns are. IDPH assists individuals from low- or no-income families. No proof of income is required; support is offered if deductibles are too high.
 - Resources available include: 3D mammography machine in Cairo, partnerships with the SIH Breast Center and Massac County Hospital, CHESI services area available and the patient does not have to have CHESI as their primary care provider to benefit from the program.
 - The group discussed the importance of spreading knowledge, breaking stigma, and advocating for resources. Physical health impacts mental health and substance use recovery.
- ROSC Community Survey - www.bit.ly/ArrowleafROSCSurvey
 - Send paper copy and flyer

- 10 questions coming from DBHR to help steer recovery supports through the state of Illinois
- Would like 10 sectors represented and 50 responses
- Cassie Dunstan with Redeemed at the River: Hardin & Pope County Outreach “Every Step Matters” Recovery Event shared the final planning report for Saturday’s event. ROSC is looking forward to participating!
- Cammy shared the Sober by October partnership with local salons offering free haircuts for individuals seeking treatment services.

Announcements

- Sober October – a collaboration between Redeemed at the River Outreach, Hardin/Pope ROSC Council, and The Bladed Raven Studio in Rosiclare.
- SMART Recovery – Open Door online recovery meetings ([see flyer](#))
 - Meeting Thursdays from 6 PM – 7 PM
- Upcoming Events
 - Every Step Matters recovery event – Saturday, October 11th at 3PM at the Rosiclare Park (inaugural event of Redeemed at the River: Hardin & Pope Co. Outreach)
 - Trunk or Treat at U of I Extension in Golconda – October 24th
 - Night of the Living Health Fair – Rural Health in Anna – October 24th
 - Statewide ROSC Meeting – October 28 & 29th in Effingham, IL
 - Vulture Festival – Makanda – October 18th and 19th
 - Tablings - ROSC Volunteers Welcome
 - Golconda Fall Festival - Saturday, October 12th at 10AM
 - Dixon Springs Ag Center Trunk or Treat event - October 24th at 5PM
 - Pope Co. Deer Festival – Saturday, November 22nd at TBA
- Other Announcements
 - Community Survey is open until December 19th! Participants will get a chance to win a \$20 gift card!
 - www.bit.ly/ArrowleafROSCSurvey
 - Voucher Program with Mike Deno for Addie’s Closet can volunteer, Bands of Hope project, based in Brookport.
 - Arrowleaf Youth Prevention Programs partnering with local schools for Red Ribbon Week.

Next Meeting

- **Thursday, November 13th** from 11:30AM to 12:30PM
 - 125 Market St., Golconda, IL or www.bit.ly/HardinPopeROSC

