Recovery Oriented System of Care



Hardin/Pope ROSC Council Meeting Minutes

Date: November 13th, 2025 | 11:30 AM – 12:30 PM

Location: Online at www.bit.ly/HardinPopeROSC

In-Person at 125 Market St., Golconda, IL

Last Meeting's Minutes: October Minutes

Meeting Attendance

- 1. Cammy Duggins, Hardin/Pope ROSC Council Coordinator
- 2. Emily Middleton, Senior Program Director Prevention and Advocacy
- 3. Mike Deno, The House of Care Ministries
- 4. Jessica Atkinson, Lutheran Social Services of Illinois
- 5. Daniel Bell, Community Member
- 6. Evan Coulson, Camp Ondessonk
- 7. Haley Hopkins, Prevention First
- 8. Megan Edmondson, Prevention First
- 9. Briana Spivey, Arrowleaf/Community Member
- 10. Dave Griswold, Community Member
- 11. Bunny Lee, Community Member
- 12. Bev Holland, ROSC TA Region 5
- 13. Quinn McBride. Arrowleaf/MHAT
- 14. Kim Thorwegen, Siteman PECaD
- 15. Rachel Chruszczyk. Prevent Child Abuse Illinois
- 16. Angela Towne, SIU School of Medicine
- 17. Mandy Hagen, Take Action Today
- 18. Monique Williams, Supportive Housing Providers Association

Welcome and Introductions

Arrowleaf ROSC Vision

 A community system that supports and encourages individuals and families seeking or maintaining recovery for themselves or a loved one

Arrowleaf ROSC Mission

Collaborating to build, foster, and empower communities of recovery

Old Business

- Rochelle Morgan (Community Navigator with the IL Breast & Cervical Cancer Program IBCCP at CHESI) - Breast Cancer Awareness Month in October
 - Seven locations throughout Southern Illinois, which has the highest breast cancer rates in the state of Illinois. The purpose of the program is to encourage routine screening and provide free screenings to eligible women. Early detection improves treatment outcomes and survival.
 - Rochelle emphasized understanding barriers to screening. Fear is often not the main issue; financial concerns are. IDPH assists individuals from low- or no-income families. No proof of income is required; support is offered if deductibles are too high.
 - Resources available include: 3D mammography machine in Cairo, partnerships with the SIH Breast Cetner and Massac County Hospital, CHESI services area available and the patient does not have to have CHESI as their primary care provider to benefit from the program.
 - The group discussed the importance of spreading knowledge, breaking stigma, and advocating for resources. Physical health impacts mental health and substance use recovery.

Discussion Topics

- Cammy opened the meeting asking council members to share their thoughts on the ROSC Mission and Vision. Responses included:
 - Building stronger, healthier communities through partnerships
 - Helping each other to be aware of resources out there
 - Really trying to create communities where stigma is not a barrier
- Mike Deno with The House of Care Ministries in Brookport Presentation
 - The House of Care Ministries is a community active faith-based public charity serving hope to high-risk populations. It is based out of Brookport, Illinois in Massac County. The organization provides various programs and projects including Addy's Closet Clothing Ministry, Bands of Hope, a Clothing Voucher Program, and more.
 - Click to view the program's slides for more information.
- Community Survey
 - Council members reviewed the status of the completion of the Community Survey, which will close on December 19th. As of today's meeting, a total of 12 online responses have been completed, representing 7 of the 10 target sectors. Sectors still needed include Teacher, Individual Using Substances, and Administrator.

- The group suggested placing the flyer in the teacher's lounge at the local schools and encouraging staff to participate. Other suggestions included placing paper surveys and the flyer at the hospital and local health clinics. It was also planned for the survey to be provided to substance use providers to share with individuals seeking treatment. It was acknowledged that not all individuals using substances are seeking treatment, and the group discussed the need to target more community members in an effort to obtain feedback from individuals using substances who may not be in treatment.
- The group reiterated their target goal of 50 responses across all 10 sectors and agreed to attempt to get 3 people to take the survey per council member.

Announcements

- Join us after the meeting! We will take a field trip Thursday afternoon to Camp Ondessonk (St. Noel Center 3760 Ondessonk Rd., Ozark, IL 62972) starting at 2:30 PM to join Evan Coulson on a nature hike! We will meet at 2:30 for a brief gathering before setting out on a short hike to the waterfall at 3:00 PM.
- SMART Recovery Open Door online recovery meetings (see flyer)
 - Meeting Thursdays from 6 PM 7 PM
- Upcoming Events
 - o Tablings ROSC Volunteers Welcome
 - 11/22 Pope County Deer Festival
- Other Announcements
 - Community Survey is open until December 19th! Participants will get a chance to win a \$20 gift card!
 - www.bit.ly/ArrowleafROSCSurvey

Next Meeting

- Thursday, December 11th from 11:30AM to 12:30PM
 - o 125 Market St., Golconda, IL or www.bit.ly/HardinPopeROSC