

Bond County Recovery Council Wednesday, November 12, 2025 10am-11:30am (probably only until 11am) Via Zoom/In Person at the SMART building 3rd Floor

Meeting Minutes: (Recording of Meeting on YouTube Channel)

1. Welcome and Introductions

In Person:

Mike Luther

Carrie Mckenzie

Dusty Hanner

Dan Hutchison

Toni Randall

Monique Brunious

Sam Hill

Sara Rench

Via Zoom:

Beverly Holland

Meagan McGlasson

Jessica Palazzolo

Sheridan Jordan

Patrick Miller

John Magnesun

Alex Schneider

Patrick Small

Johanna Gonzalez

Sandi Laurdent

2. Presentation- Jon Magnuson "Next Network" in Macoupin/Montgomery County. "What is an RCO (Recovery Community Organization), what services is the Next Network providing, how is it different from a ROSC, and what can they do in Bond County".

Jon Magnesun, Next Network shared he is a PLE with 8 years of sobriety. Jon, also a pastor, shared for the past 8 years he has been an active advocate in Montgomery County regarding Substance Use & Mental Health. John developed Next Network, an RCO, 3 years ago due to the great need for support in the County. An RCO provides non-clinical peer led support services. The Next Network is made up of a team of People with Lived Experience (PLE's). Of them, 80% are people who have been incarcerated, and 100% have experienced some sort of use of substance/alcohol.

Jon shared that an RCO provides non-clinical direct services connecting individuals to their next steps of wellness. He uses the 3 C's approach, explaining what an RCO focuses on in his perspective. We have Prairie Counseling Center that provides clinical services for the area, Next Network does not do any of that.

<u>Chaos</u>- The person is still active with Substance Use and/or Mental Health issues. They could also be someone who has the possibly of being released from incarceration. The goal is to keep these individuals safe and alive. Next Network's approach to these individuals is to provide Harm Reduction services and a listening ear approach. The hope is to create a connection point if/and when the person is interested in moving forward. Maintaining connection is very important. Letting individuals know that still have worth, they still have value, they still have a purpose.

<u>Curious</u>- The individual recognizes a concern, but is not yet sure. The Next Network will provide all resources appropriate to this person regarding Next Steps. These resources can include inpatient treatment, outpatient treatment, detox, community support services etc. Connection is also essential to ensure everyone feels supported.

<u>Calm</u>- The individual has sustained wellness, stable mental health and has established services suitable for their journey. Connect with Community who is "doing better". The Next Network approach is to establish community support, with others who have maintained wellness and can be supportive while they live the healthiest life choice.

A RCO usually has CRSS/CPRS people employed.

Everyone is trained in Trauma Informed Care, Motivational Interviewing, Mental Health First Aide and 8 Dimensions of Wellness. The CRSS/CPRS are knowledgeable on using all of these.

"Hope in Motion"-Next Network has two grant funded vehicles to assist people in getting to rehab, court and other recovery needs. Almost every day of the week, we are providing transportation. The vehicles are driven by 3 different volunteers, who are PLE's and they receive a stipend of \$20 an hour. They are not directly employed by the Next Network, but they get stipends for volunteering. John notes transportation is one of the largest barriers for most rural communities. In just the last couple of days the transportation team has been able to assist two expectant females to rehab, transported someone for their final court date, and transport someone from jail to a sober home. Looking for a holistic goal for individuals.

- -"Breaking Bread" program serves meals to individuals in need in the community. Last week they served 112 meals to individuals.
- -Jon's goal is to NOT duplicate services. The people who know what the needs are in Bond County are the people who live here. What is a tangible need that we could fill that would lead to their desired wellness goal?

Questions & Answers:

-Is there a faith base component to an RCO?

As a pastor Jon stated he was intentional about not putting any faith based identity on his RCO, not because he is not proud of his faith but because he did not want to create any barriers for anyone seeking help. AN RCO HAS NO DISCRIMINATION ON ANYONE REGARDING SEX, RELIGION, GENDER, ETC.

-If a patient comes in to HSHS, what could Next Network able to help with situation that happen in the ER?

Could be an on call peer. Somebody could be available in the ER. Does the person want help? If an individual wants to talk to someone, if Next Network has someone available, they could send someone down to help them.

- -What would transportation look like if RCO came to Bond County? Anyone in a vehicle must sign a liability waiver, insurance must be owned. It can look a lot of ways. Bond County could need to have their own vehicle and drivers. Next Network could possibly help if there is a dire need but waiver must be signed. Two staff members must be present in a vehicle. Try to have 48 to 72 hours of notice because of how busy they are. You must consider the cost of owning a vehicle. A local trust and grant provides for the funding. Volunteers get a stipend of \$20 per hour and a 1090 at the end of the year, but are not employed by Next Network. You can then provide some kind of income for people who may not have a job. We are always willing to try.
- -If there a fee involved with the Next Network partnering with the Bond County Recovery Council?

No. They never charge anything for services. That is because they look for contractual money to support their services.

-How would your services look to start in Bond County with Harm Reduction? Harm Reduction would possibly be served 1 time a month in Bond County. Of course, they would want someone from Bond County to introduce them to the community to establish trust and connection. Narcan is currently being served by the DOPP/OEND in Bond County. If you wear a seat belt, you believe in Harm Reduction. If you wear sunscreen you believe in Harm Reduction. If you have ever taken someone's keys away from them at a bar (or had yours taken away) you believe in Harm Reduction. The idea is to reduce harm to one's self or to others. Since we don't know when or where someone might be ready for help, the goal is to keep them alive and safe a long as possible. They are a registered Safe Syringe Program in the state of Illinois. If someone is a client of the Safe Syringe exchange program, they have a client card that prevents by law paraphernalia charges to not stick on an uloaded rig. An individual must be registered through the program with the Next Network. They also reward individuals for returning used needles, thus providing safety. (7-12 POUNDS OF NEEDLES WERE TURNED IN EXCHANGED FOR CLEAN NEEDLES)

Things that they distribute:

- *#1 is peanut butter & jelly sandwiches
- *In the Winter they distribute gloves & blankets
- *They also distribute wound care kits for individuals to help prevent infections. They also refer to emergent care when a need is seen.
- *Safer Use Supplies such as Smoking Kits, Shooting Kits, Snorting Kits
- *They also have a needle exchange program. If an individual provides them with 3 sharps containers full of dirties they get a \$10 Walmart Gift Card. They turn in 7-12 pounds of used syringes at a time which is beneficial to public health. This also provides a connection point. The majority of the individuals that they have gotten into detox or treatment (who were not court ordered) have been reached through their Harm Reductions services.

Are all considerations for Bond County.

-Have you had any problems working with local law enforcement? Generally we try to work with law enforcement by saying "hey this is what we are going to be doing". They have no adversarial relationships with law enforcement. There will always be ideological differences between different people and that is ok. In Bond County we would want to establish a repour with them through people who already have relationships. Trust has to be built. Start slow and small. Goal is always sustainability.

3. ROSC Event Updates:

-Anti Stigma Campaign "Beyond the Silence"

-Video Clips of PLE's & their experience with Stigma (filming is done for the 1^{st} round) First video has been released on the Bond County Recovery Council's NEW You Tube Channel. Working on the 2^{nd} Video now.

-QR code-leads to our NEW YouTube channel



-Yard Signs-We got 100 of them. Goal is to have all of them up in Bond County to share the Anti Stigma messaging. Take a look at end of agenda for samples. We are down to about 15 left. Let Toni know if you would like one.

-Buttons with Anti Stigma messages-these were released at Overdose Awareness. Same messaging as Yard Signs. Available for anyone who would like them. Just let Toni know. Samples at the end of agenda. We are going to be asking businesses/organizations if we can leave baskets on counters for the public to take. This is who we are planning to ask.....any other ideas?

HSHS

Bibleway Church

Core Communities

Celebrate Recovery

Muchiezz

Kahunas

Motomart

Shell

Subway

Lost & Found

-Table Tents to link to You Tube channel with videos-have been ordered, take a look at the end of the agenda for a sample of what they look like.

Suggestions on places that might be willing to put them on their tables?

- -Stickers, car clings with messages (same messaging as Yard Signs & Buttons) -currently working on. Working on pricing.
- -Store front windows-later
- -Podcasts & Media Interviews-later
- -Community presentations-later
- **-Game Nights-**next one is this Saturday, November 15th from 6-8pm at the Senior Center. We will be having a FUN night of "Gratitude". We will be painting rocks with gratitude messages, writing some gratitude cards and having an evening of "Thankfulness".
- **-Community Table Meal**-held the first & third Wednesday of the month at 5:30. The Bond County Recovery Council helps to set up, serve and clean up on the 3rd Wednesday. Please let us know if you would be willing to volunteer. The next meal is the "Thanksgiving Meal" on Wednesday, November 19th at 5:30. We will arrive at 5pm. They will also have sign up for "Toys for Joy" and "Christmas Dinner Baskets" this night.
- **-Community Thanksgiving Service** is Sunday, November 23rd at 6:30pm St Paul Free Methodist Church on College Ave. Bond County Recovery Council members are invited to join us and sit together. If you have a purple tshirt, please wear it.
- -Holiday Party-Saturday, December 13th, 6-9pm details to come.
- -Working At Food Pantry on the following dates:

Mon., November 10^{th,} 2-4pm Thurs., November 13th, 2-4pm

Mon., November 17th, 2-4pm

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Thurs., November 20th, 2-4pm

Tues., November 25th, 4-6pm

We will be asking people to fill out our Community Needs Survey and have Narcan available.

-We continue to have Laundry Day. The next one will be the first Saturday of the month llam to lpm on December 6th. We are currently have a partnership with the Prairie Counseling Center on this project. Could also be partnering in the future with the First Baptist Church. Averaging 10-15 loads each time. Possibility of doing twice a month in the future.

4. Review & Discussion:

- **Completed Resource List**-Continue to be a fluid document and will be emailed out every month for updates. Thanks for your help keeping these current. Has been updated.
- **-Unhoused bags-**we made 50 of these. We have maybe ½ of them left. Do we have anyone who has a need?
- **Punch Cards for Attending Meetings-**Bond County Recovery Council has partnered with Prairie Counseling Center for this project. Got clarification from Michelle.
- **Record Meetings**-our monthly meetings will now be recorded and shared on our YouTube Channel for anyone who missed the meeting and wants to catch up.

5. Strategic Plan Work Group Updates:

- **RCO Development Work Group**-meets the 2nd Tuesday of the month, 2-3pm via ZOOM. We are looking for a few more people to join this group. We are currently working with the "Next Network" from Litchfield about sharing services in Bond County. Patrick Miller, Shane Pinnell, Jon Magnuson, Thomas Srygler, Amanda Zinkgraf, Sarah Rench, Samantha Hill, Pastor Bilyeu, Dusty Hanner, Monique Brunious & Toni Randall. Next meeting will be December 9th. Would anyone like to be added to the group? Please email Toni
- **Equity & Inclusion in Rural Communities** (used to be transportation) meets the 4th Wednesday of the month, 3-4pm, meet via ZOOM. Melissa Marti, Michelle Miller, Patrice White, Sarah Rench, Samantha Hill, Amanda Zinkgraf, Monique Brunious & Toni Randall. We are looking for ways to improve Equity & Inclusion in Bond County. Next meeting will be Wednesday, November 26th. Would anyone like to be added to the group? Please email Monique
- **Stigma Work Group**-meets the 4th Thursday of each month at Vicki's Diner in Greenville from 8:30-9:30am. We continue working on our Stigma Reduction campaign called "Beyond the Silence". This would be a great time to join us. Alice Fitzsimmons, Patrick Miller, Dusty Hanner, Amanda Zinkgraff, Sarah Rench, Rebecca Klitzke, Thomas Srygler, Samantha Hill, Monique Brunious & Toni Randall. Next meeting November 20th (moved up a week due to Thanksgiving). Would anyone like to be added to the group? Please email Toni

6. Update from any Groups & Organizations:

-ran out of time. If your organization has information that you would like to share with the group, please email it to Toni and it will be sent out to everyone.

7. General Reminders:

- -ADVISORY BOARD FOR PEOPLE WITH LIVED EXPERIENCE. In 2025 we will be meeting every month on the first Wednesday of the month from 7pm-8:30pm. We meet at Senior Center in Greenville. Free drinks & \$20 GC for attending & contributing. Next meeting is December 3rd at 7pm-8:30pm.
- FAMILY GAME NIGHT. The Advisory Board will also be hosting on the 3rd Saturday night of the month from 6-9pm at the Senior Center. Lots of FUN things ahead with this. November is "gratitude" night, December is our Christmas party and so much more.
- -SORENTO CELEBRATE RECOVERY-Assembly of God Church in Sorento. Sunday's from 5:30-7:30. They will have dinner and childcare. We would love for anyone to share more about this meeting.
- -GREENVILLE CELEBRATE RECOVERY-Free Methodist Church in Greenville. Thursday's 5:30pm-Dinner, 6:15pm-Large Group, 7:15pm-Men's & Women's Groups (Childcare Available & FREE rides offered)
- -SMART RECOVERY-Prairie Counseling Center, Tuesdays 6pm
- -LOST & FOUND TIMES-

Sunday-Men's Bible Study 4pm, Service at 6:15pm Monday-Men's Recovery Group 7pm Thursday-Women's Bible Study 10am Friday-Sober Bar 7-11pm

- -BOND COUNTY TRANSIT- Transit bus will take people to Vandalia on Tuesday (Walmart & Aldi) and Highland on Thursday (Walmart & Ruler) to more stores than what is in Greenville. (Shopping time is llam-noon). It is a flat rate of \$10 to be picked up at your house and taken back after the trip. 15 bags of groceries allowed. Call Bond County Transit the day before to set up ride. Recovery council now has vouchers for those in the Recovery Community who do service work.
- -AMARE FAMILY SUPPORT-Lyndsey McCoy, Certified Recovery Coach. She can connect people to several groups & support networks. She works in St Clair, Madison, Christian & Jersey. She can work with families from Bond County virtually. For more information reach out to her at lmccoy@amarenfp.org
- -REFLECTIONS-Prairie Counseling Center, 1st Wednesday of the month at 10am.
- -HEALERS group will be updated soon. For more information contact Monique
- -FREE Virtual Narcan Training each month by Chestnut. For more information email <u>SR-NARCAN@chestnut.org</u>. The next one is Thursday, November 20th from 10-11am or 2-3pm via ZOOM. Please see flyer at the end of the minutes.

Future Meeting Dates for 2025:

December 9, 2025

BCRC Vision: Working together to build and maintain safer and healthier communities of recovery and hope.

BCRC Mission: To empower the Bond County communities to support prevention and recovery through awareness, policy, education, stigma reduction and access to quality services.



Buttons













Table Tents for Stigma Campaign



OPEN TO THE PUBLIC Thursday, November 20, 2025

10 - 11 a.m. or 2 - 3 p.m. (CST)

- Learn how and when to administer NARCAN[®]
- Learn why to administer NARCAN®
- Learn why we have an opioid epidemic
- Learn how to obtain free NARCAN® and other useful resources

To register for the 10 a.m. meeting:

https://zoom.us/meeting/register/YIEn8PKpRsiSFF--X0pPJw

To register for the 2 p.m. meeting:

https://zoom.us/meeting/register/ziitpLXDS_CDdCnUJDULMw

After registering, you will receive a confirmation email containing information about joining the meeting.



Can't Make This Date?

Future Trainings: December 18

For more information:

narcan@chestnut.org 618-512-1781

Partnership for Drug-Free Communities

This training is sponsored by the Partnership for Drug-Free Communities and the St. Clair County Drug Prevention Alliance. Funding provided in whole or in part by the Illinois Department of Human Services/SUPR, SAMHSA, and the Madison County Mental Health Board.