

Sangamon County ROSC Council- Monthly Meeting

10/27/25

9 a.m.

Location: zoom

Attendees:

- Whitney Devine, Family Guidance Centers, Inc. / Sangamon Co. ROSC Council
- Austin Dambacher, Family Guidance Centers, Inc. / Sangamon Co. ROSC Council
- Stacey Brenner, Family Guidance Centers, Inc.
- Carmen Lanhem, Family Guidance Centers, Inc.
- Ashley Earles, Birth to Five Illinois Region 51
- Donna Reeves, Central Counties Health Center
- Jeshua Pearson, Chestnut Health Systems BASE Project
- Derrick Brewer, CRCC
- Rosa Harper-Davis, Faith Coalition for the Common Good
- Josh Rees, Feeding Springfield One Lasagna At a Time / BB Boutique
- Sam Brown, Fifth Street Renaissance
- Carly Crawford, The Outlet
- Brycen McFadden, Oxford House Inc.
- Lee Gelarden, Phoenix Center
- Marie Riley, Sangamon County Dept. Of Public Health, CFC #18, Early Intervention
- Joan Stevens-Thome, Sangamon County Dept. Of Public Health
- Joshua Stuenkel, Springfield Police Dept.

Agenda:

- Introductions
- Community Survey Update
- Membership Update
- Community and organizational Events
- ROSC Event Updates
- Open floor to ROSC members to share news, ideas, needs, etc.
- Organizational Speaker: Birth to Five Illinois

Meeting Notes:

Introductions:

- See attendee list

Community Needs Survey:

- Helping to identify gap, strengths / weaknesses, public perception of addiction / recovery within Sangamon County; anonymous
- 160 responses so far (goal: 400)

- Paper and digital versions available (SurveyMonkey link was shared with meeting participants)
- IHOP (Wabash location) is offering 15% off entire order for completed surveys that are available in paper form at that location

Membership Update:

- **New membership / Membership representation** (sectors); opportunity for growth judicial and law enforcement (1 member)
- 3 new members (totaling 46)- 1 law enforcement, 1 individual, 1 fire department
- Next New Member Orientation: Friday, 11/21/25, at 1pm via zoom (zoom link available via website- www.sangamoncorosc.org)

Community Event Updates:

- Family Guidance Centers- offering free clinical supervision for those seeking licensure / certification in Illinois; contact Cindy Rivera at crivera@fgcinc.org
- Heartland Housed- Welcome Home Basket initiative- collecting baskets with home goods, hygiene supplies, etc. To help those transitioning from being unhoused into housing
- Clean Slate Advocates- Every Tuesday through December 2025, 8am-5pm at 801 S. Grand Ave., Springfield, IL- free laundry program for unhoused individuals.
- Salvation Army & AmVets Pancake Breakfast- Sat. 11/1/25, 8am-11am at the Salvation Army (1600 E. Clear Lake Ave., Springfield, IL)- free breakfast for community members.
- Envision Unlimited- Thurs. 10/30/25, 4pm-7pm at Springfield Mental Health Center (1306 S. 6th St., Springfield, IL)- Grand opening of new Springfield Mental Health Center (visit envisionunlimited.org to learn more about services), will have tours, resources, light snacks, raffles, and music.
- Feeding Springfield One Lasagna At a Time- in need of donations (lasagna ingredients, money, or gift cards for said ingredients) to support veteran's day meals, Thanksgiving meals, Christmas meals
 - o "Springfield Community Breakfast with the Big Guy"- Sat. 12/20/25, 9am-11am at Kumler United Methodist Church (600 N. 5th St., Springfield, IL); free community breakfast, gifts for kids, resources, gift card raffle
 - o In need of donations (gifts / toys, breakfast foods), volunteers for event, local businesses to serve as drop-off locations for donations
 - o Contact: SpringfieldsLasagnaLady@gmail.com

Community Resource Guides

- Digital list and interactive map available online
- Physical booklets currently out of stock-working on edits before placing the next order.

- Please contact Whitney or Austin with information on new resources

ROSC Event Updates

- Recap: Relax & Recover Pumpkin Painting 10/24/25 at The Springfield Art Association
 - Led by Sam Brown (Fifth Street Renaissance)
 - 20 participants
 - Enjoyed Hocus Pocus, pumpkin painting, pizza, cookies, hot tea, recovery / harm reduction resources provided
- Upcoming Events: Parent Cafe- Saturday 11/8/25, 9am-12pm at The Salvation Army
 - Collaborative event with Birth to Five Illinois
 - Free event offering a supportive environment in a cafe setting for parents to network with other parents and share experiences with one another with guided conversational prompts.
 - Recovery and other community resources will be available
 - Childcare available
 - Breakfast (and coffee) provided by IHOP

Organization Speaker: Ashley Earles, Birth to Five Illinois, Region 51

Focus

- Mental and behavioral health in early childhood; advancing equity through collective impact.

Role

- Functions as a backbone organization providing coordination, structure, and data-sharing to reduce duplication of efforts. Builds partnerships, promotes equity, and sustains regional collaboration.

Councils

- Action Council: Open to anyone passionate about improving outcomes for young children.
- Family Council: Comprised of parents/caregivers of children ages 0–8; provides data, personal stories, and feedback on effective practices.

Recent Activities & Recommendations

- Workforce Development: Supported early childhood workforce growth (125+ students enrolled at Lincoln Land Community College within a year).

Public Awareness

- Promoted Sangamon HEART campaign (uses IRIS database for immediate referrals).
- Community Resources: Partnered with United Way to launch 211 in the region.
- Mental & Behavioral Health: Developed toolkits for families, child/family professionals, and community members.

- Family Engagement: Conducting ongoing family surveys (in collaboration with Sangamon County ROSC).

Recruitment

- Actively seeking new members for both councils, engagement

For more information

- Website: www.birthtofiveil.com
- Learn more: www.birthtofiveil.com/region51
- Statewide and Regional Newsletters: www.birthtofiveil.com/region51/#subscribe
- Facebook group: @birthtofiveilregion51
- Questions: aearles@birthtofiveil.com or adeford@birthtofiveil.com

Next Steps:

- Contact Whitney or Austin for survey distribution and send any upcoming event flyers your organization has.
- Save the date for our Parent Cafe
- Invite people to join Sangamon County ROSC.
- Jeshua Pearson (Chestnut Health Systems BASE Project)- anti-stigma communication campaign has officially rolled out, please reach out to him to learn more, help with materials distribution, etc.
 - Contact: jlpearson@chestnut.org

Meeting Adjourned

Sangamon County ROSC Council

GENERAL MEETING

10.27.25



Agenda

Introductions

Community Survey Update

Membership Update

Community and organizational Events

ROSC Event Updates

Open floor to ROSC members to share news, ideas, needs, etc.

Organizational Speaker: Birth to Five Illinois



Introductions

Name

Agency/organization/affiliation

How long have you been with ROSC?

If you had to wear one Halloween costume for the rest of your life, what would it be?



ROSC Program Manager

Whitney Devine

wdevine@fgcinc.org

Family Guidance Centers, Inc.

2924 Stanton Street

Springfield, IL 62703

Cell: 217.891.7627

ROSC Coordinator

Austin Dambacher

adambacher@fgcinc.org

Family Guidance Centers, Inc.

2924 Stanton Street

Springfield, IL 62703

Work: 217.441.6529 ext.8230

Community Needs Survey

Survey helps to measure public opinion / perception of addiction and recovery

Identifies both strengths and weaknesses within the

Helps to identify gaps of care

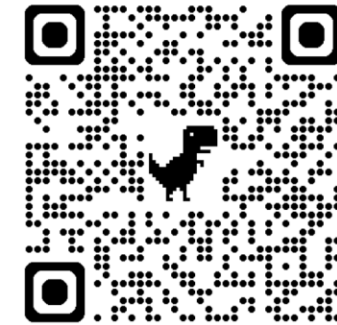
Yearly survey results help to gauge progress in areas that need attention

ROSC serves as a gap-closing facilitator

Partner with us! We'd love to get QR flyers out across the county! (as well as paper copies)



YOUR VOICE MATTERS!



TAKE OUR QUICK SURVEY TO SHARE YOUR THOUGHTS ON
RECOVERY, MENTAL HEALTH, AND SUPPORT IN OUR COUNTY.
HELP US FIND THE GAPS — AND MAKE THINGS BETTER

www.sangamoncorosc.org

Funded in whole or in part by the Illinois Department of Human Services,
Division of Behavioral Health and Recovery

Survey Distribution

- Looking for creative ways to distribute survey. Digital and Paper copies are available.
- Asking Council members to distribute amongst their organizations. Paper Copies are available as well as digital.
- Shout out to IHOP on Wabash for offering a discount for customers who complete our survey.
- Currently have 164 responses; 400 is the goal.

 **IHOP On Wabash Ave, Springfield, IL**
2h · 🌐

Sangamon County ROSC wants to hear from you!!
Complete this survey online or in ihop and receive 15% off your bill!!

**if you're not familiar with ROSC please look it up!
Great organization that helps support mental health and substance use disorders.

1 share



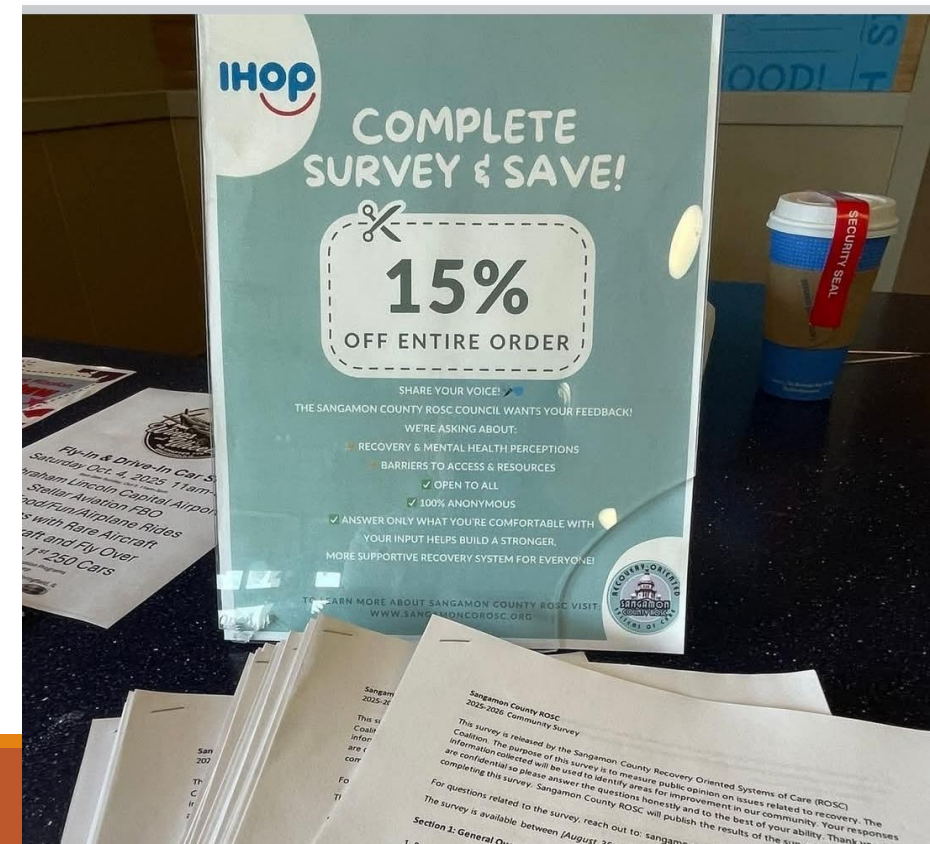
Like



Comment



Share



Membership Update

+3 new members since our last meeting

Membership as of August: 46 Members

Of registered members:

30 unique organizations

1 individual (not org-affiliated)

Collaborating Community Organizations



New Member Registration & Process

If you are interested in becoming a member OR need to re-register this year, please complete the survey: <https://forms.office.com/r/V1Fr6F3eeN>

Next new member orientation is November 21, 2025 at 12pm

Join the Zoom Meeting at:

Join Zoom Meeting

<https://us06web.zoom.us/j/83128095681?pwd=cXD4pw0kUyGHSlPumrDmBjxaDUtRre.1>

Meeting ID: 831 2809 5681

Passcode: 133659

Membership Representation: Sectors

ROSC Sectors (n = 42 people, can choose more than one sector)				
Person with lived experience 17	Recovery supports 20	Faith-based groups 9	Family 13	Service providers 21
Volunteer/civic organizations 3	Education/schools 3	Youth-serving organizations 3	Media 1	Business 10
State/local/tribal government 5	Substance use treatment organizations 7	Healthcare 1	Law enforcement 2	Judicial 0

Collaborating Community Organizations: Updates



UPCOMING EVENTS



COORDINATION NEEDS



GENERAL
ORGANIZATIONAL
UPDATES



NEWS FOR THE GROUP

Feeding Springfield One Lasagna at a Time needs help supporting events and families in need!! 🍝

How You Can Help

In Need of Donations of:

- Lasagna noodles
- Marinara sauce
- Ricotta, mozzarella, and parmesan cheese
- Onions
- Cookies and treats
- Volunteer at events

☑️ Donations will help support:

Families in need

Veterans Day Meals

Kids' Lasagna Thanksgiving

Breakfast with the Big Guy (Santa) this holiday season

FOR MORE INFO, CONTACT springfieldslasagnalady@gmail.com



FREE LAUNDRY DAY

Offering free laundry services for our **unhoused** and homeless neighbors. Come **refresh, restore, and renew** with us.

DETAILS



EVERY TUESDAY

Through December 2025



8:00 AM - 5:00 PM

Last load in at 4:00 PM



801 South Grand Ave., East

HOW IT WORKS

- Bring **all** laundry you need washed.
- Ask inside about participating in the **CSA program**.
- Complete the **sign-in process**.
- **Stay** with your laundry until it is finished.

INCLUDED

- Washing & Drying
- Laundry detergent
- Dryer sheets

Sponsored by:



Clinical Supervision Available

Opioid Training and Technical Assistance Center (OTTAC)

- Clinical supervision with documentation from expert, licensed staff for individuals seeking licensure or certification in Illinois
- Provided at no cost to clinicians needing support on their path to becoming a certified/licensed behavioral health professional

Contact Cindy Rivera to schedule:



crivera@fgcinc.org



PREVENTION FIRST 



AMVETS Post 94
Springfield, IL



PANCAKES

Everyone is welcome!

Bring your family, friends, and neighbors!

Food Donations are welcome!

SATURDAY: 1 NOVEMBER, 2025

8AM - 11AM

WHERE: 1600 E CLEAR LAKE AVE SPRINGFIELD, IL

Start your day with a delicious free breakfast.

www.facebook.com/amvetsspringfield



The Welcome Home Basket Initiative

Each month, 20 to 30 households transition from homelessness into stable housing. Many move in without the basic essentials needed to manage a home.

You can help by donating essential household items!



Heartland HOUSED can provide the laundry basket! Whether you contribute a single item, a partially filled basket, or a fully stocked one, every donation makes a difference! Our team will ensure that each basket is complete to greet our newly housed neighbors! Please only include items in good condition.

WHAT ITEMS ARE NEEDED?

- Pots and Pans Set
- Dishes (2 plates, 2 bowls)
- Cups (2 coffee mugs, 2 cups)
- Silverware / Knife Set
- Cooking Utensils
- Can Opener
- Oven Mitts
- Dish Towels
- Dish Soap and Sponge
- Food Storage Containers
- Comforter, Sheets, Pillow (Twin)
- Bath Towels and Washcloths
- Shower Curtain and Plastic Liner
- Hygiene (Hand Soap, Shower Gel)
- Toilet Paper
- Handheld Broom and Dustpan
- Trash Bags
- Cleaning Chemicals

Contact us at (217) 801-9033 or staff@heartlandhoused.org



Springfield Mental Health Center

Grand Opening

Come Join Us For Snacks, Tours, Music,
Giveaways & Raffles!

Date

OCT 30
4-7 PM

Location

1306 S. 6th St.,
Springfield, IL



Resource Guide Booklets

Reminder: Paper version of our Sangamon County resource guide currently out of stock; edits being made, projected production 1 month out

Have distributed **2661** across **41** organizations in the community so far.

Reach out if you would like some at your organization!

QR cards that will direct users to the online resource guide and interactive resource map

Accessible via 'Resources' tab at our website: <https://www.sangamoncorosc.org/>

Contact ROSC Program Manager at wdevine@fgcinc.org for any edits or additions

Community Resource Map: Google map listing different resources in Sangamon County

<https://www.google.com/maps/d/u/0/edit?mid=1oPSS5VcAz3E22XSkNQGjuriiXCkaAQ&usp=sharing>

Map can also be accessed on ROSC website www.sangamoncorosc.org under resource tab



Event Updates





Recap: Relax & Recover
Pumpkin Painting



Be Strong Families Parent Café

A “Latte” Love for Parenting

Connect, share, and learn with other parents and caregivers in a safe, supportive environment.

Join Sangamon County ROSC for a Parent Café to connect with others to:

- Discuss challenges
- Celebrate successes
- Share strategies for keeping families strong

Local community resources offering recovery services, family support, and more will be available.

Saturday, November 8, 2025

9:30am – 12:00pm

at The Salvation Army

1600 Clear Lake Ave, Springfield, IL

Registration is required at
bit.ly/ROSCParentCafe
or by scanning the QR code.

Contact Whitney with any questions at
wdevine@fgcinc.org.



Parent Café

Date: Saturday November 8th

Location: The Salvation Army

Registration required: Scan QR code or click
link to register

<http://bit.ly/ROSCParentCafe>

Shout out to IHOP ON W WABASH to donating
all breakfast items!!!!





Organizational
Speaker:



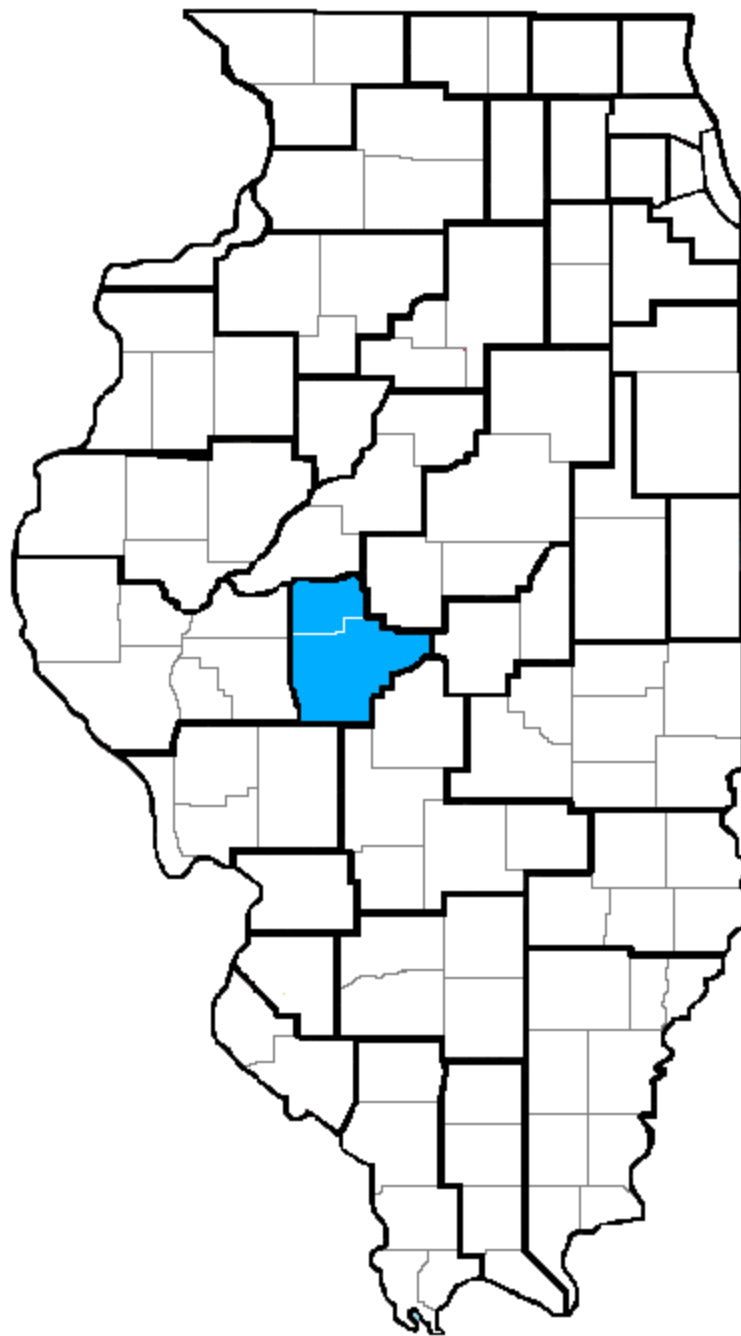
Welcome Birth to Five Illinois

Region 51: Menard and Sangamon Counties

Sangamon County ROSC

Region 51

Menard and Sangamon
Counties



Ashley Earles



Amanda DeFord



Amber Walters



Mission

To create a statewide regional infrastructure that will amplify input from communities in the development of policies and funding priorities.

We support the mobilization of communities to build sustain equitable access to inclusive, high quality Early Childhood services for all children and families in the state of Illinois.

Vision

Reimagining a more equitable Early Childhood system that respects family and community voice and works to ensure it is center and prioritized at every level of decision making in Illinois.





Values/Goals

- Family Voice
- Racial Equity
- Collective Impact

Why Collective Impact?

- Harness Knowledge directly from families and providers
- Encourages decisionmakers to ensure new and/or expanded services are created to meet community needs
- Directly influences policy/funding at local, regional, and state level

Operating as a Backbone Organization

- **Provide Structure & Coordination** – Support Regional Councils with meeting facilitation, communication, and organization.
- **Collect & Share Data** – Gather community input and data to inform planning and decision-making.
- **Build Partnerships** – Connect families, providers, and decisionmakers across sectors.



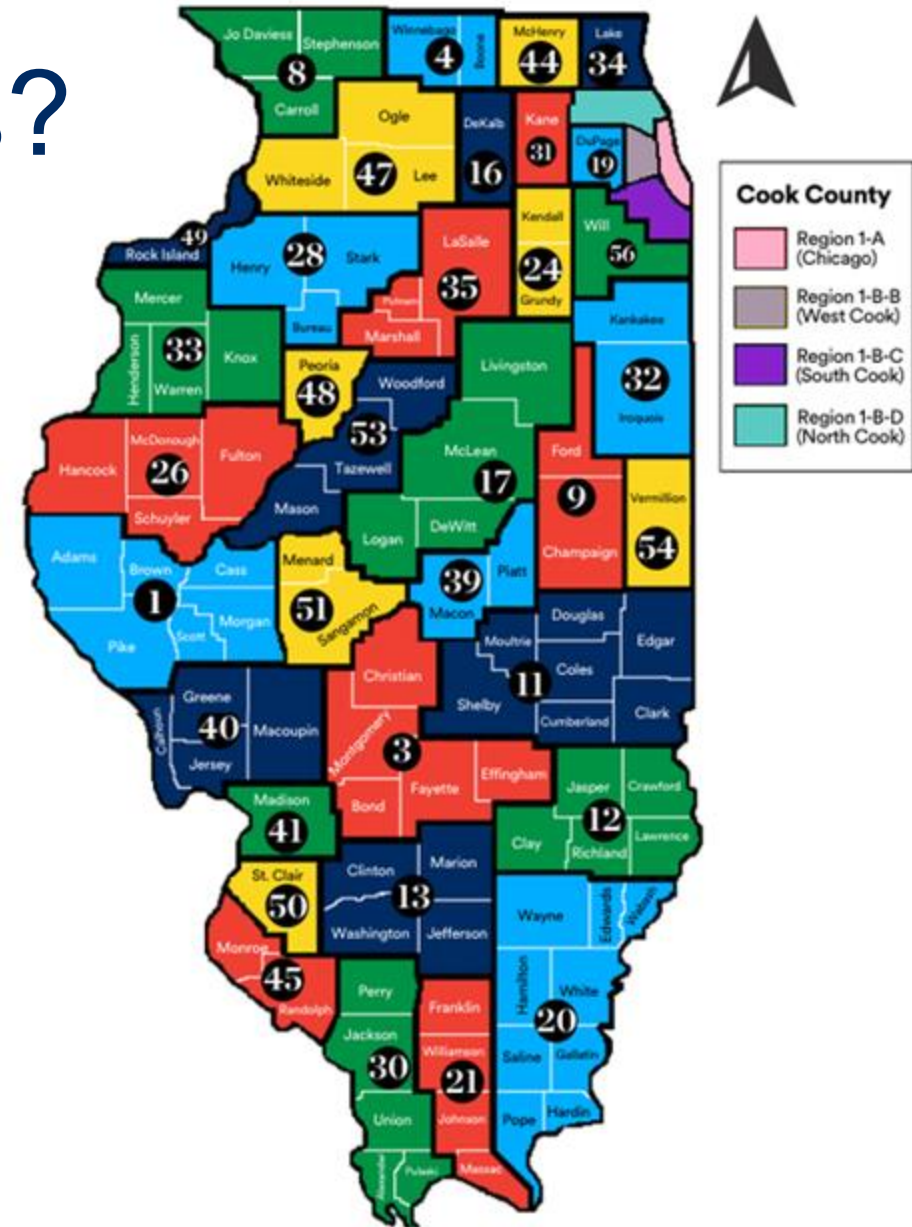
Operating as a Backbone Organization

- **Align Efforts** – Ensure local and state initiatives work toward common goals.
- **Support Equity** – Center family and community voices to promote fairness in early childhood systems.
- **Sustain Momentum** – Keep councils and partners moving forward on shared priorities.



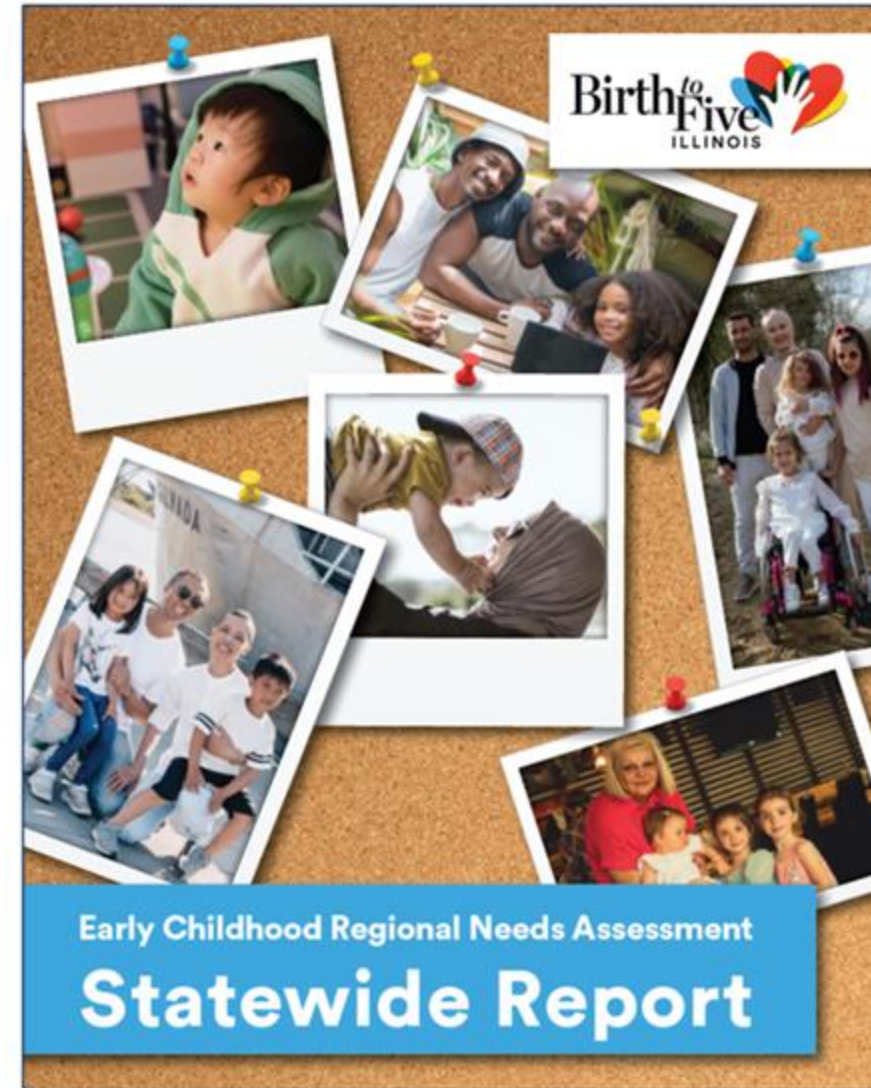
What is Birth to Five Illinois?

- In partnership with INCCRRA
- 39 Action & Family Councils that operate independently but share existing ISBE Regional Offices of Education boundaries
- Efforts aim to match policy making & funding distribution at the state level with local needs
- Dedicated staff in each Region

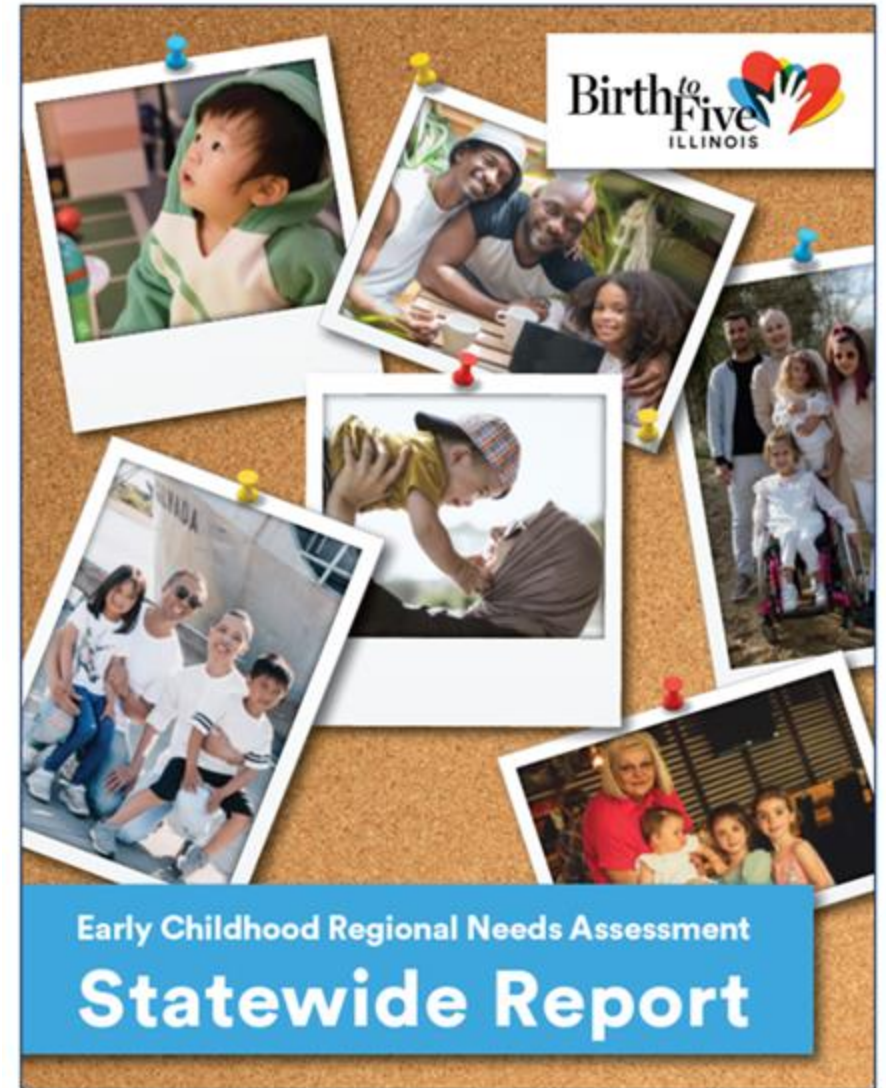


Action and Family Councils

- Council make up
- Qualitative and Quantitative Data
- Outreach
- Strengths, Needs, and Recommendations



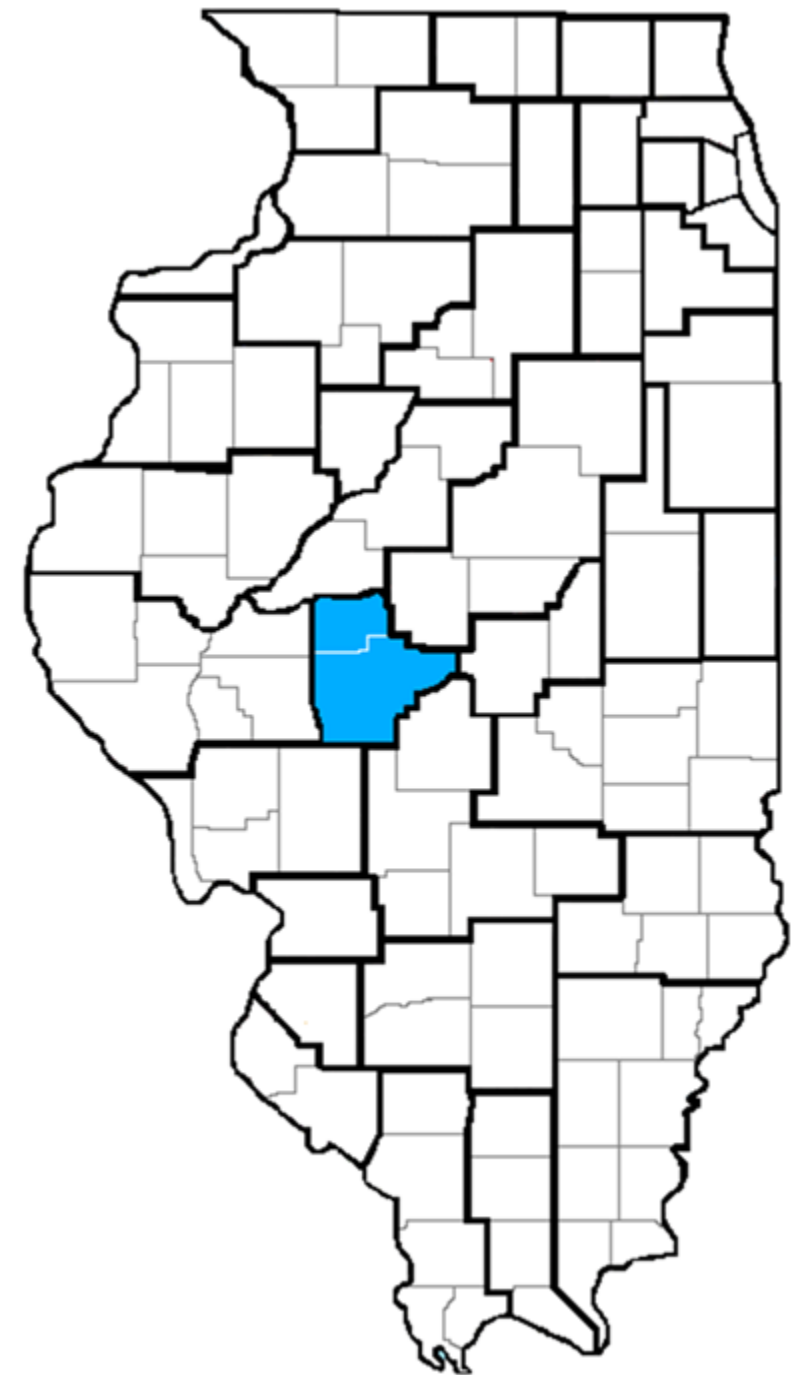
Reports



A Bit About Region 51

Action Plan addresses the top Early Childhood priorities in Menard and Sangamon Counties.

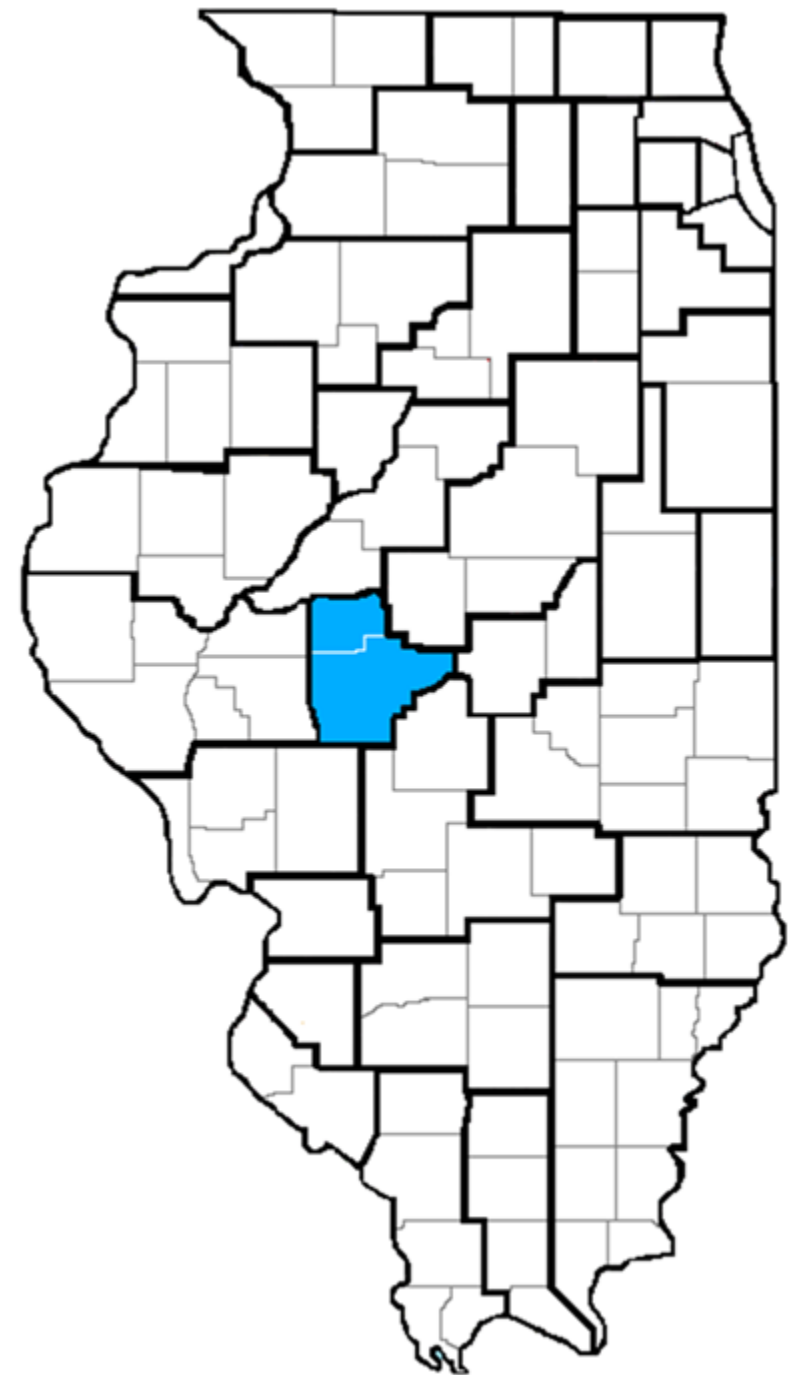
1. Grow the Early Childhood workforce.
1. Support a public awareness campaign for Sangamon HEART to increase referrals.
2. Launch a 211 campaign through United Way.



A Bit About Region 51

Action Plan addresses the top Early Childhood priorities in Menard and Sangamon Counties.

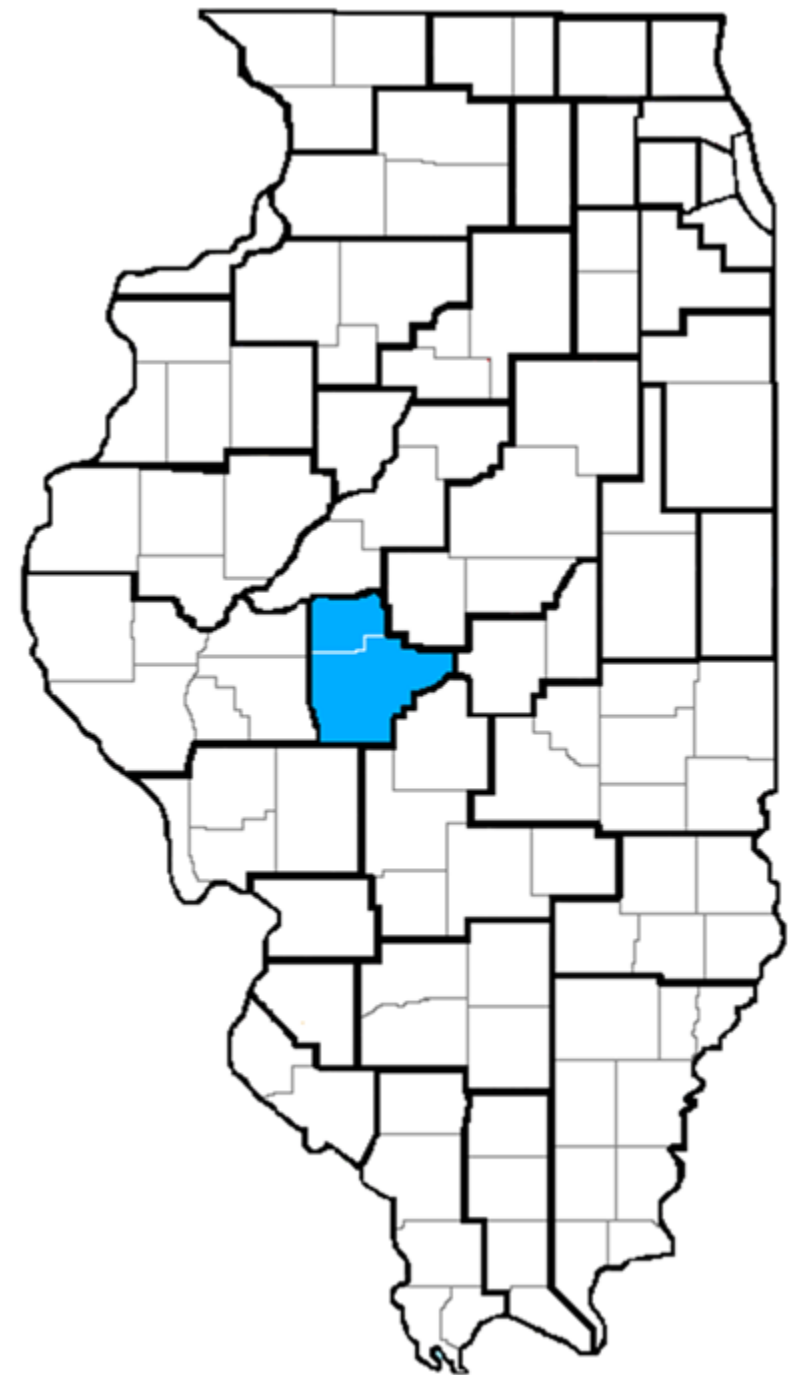
4. Coordinate with healthcare sectors to learn how to implement more Community Health Workers in gap areas in Region 51.



A Bit About Region 51

Action Plan highlights key Mental and Behavioral Health priorities in Menard and Sangamon Counties.

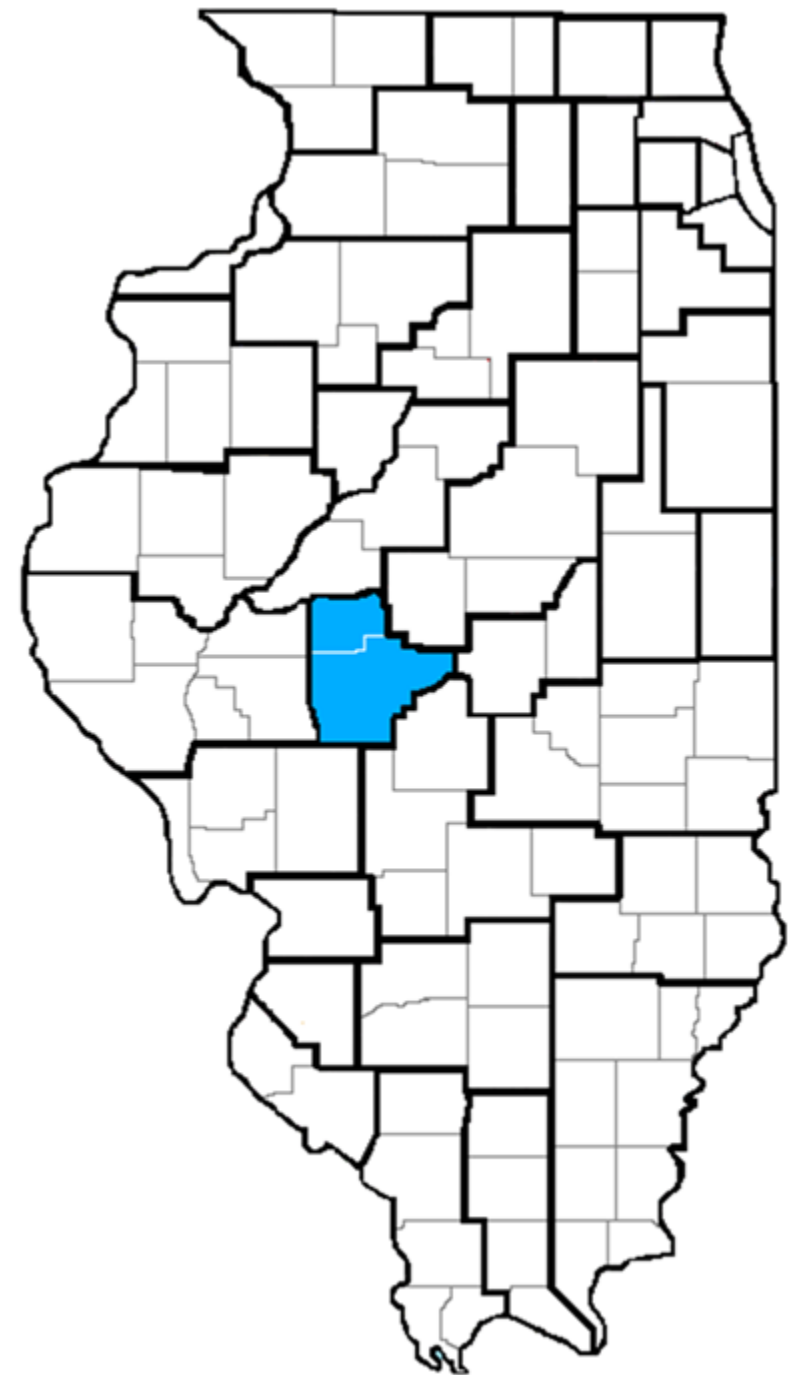
1. Increase the awareness of Early Childhood providers of the Social and Emotional Trainings and curricula available, highlighting the Pyramid Model. Share and educate community members on available Trauma-Informed Care trainings and Mental Health First Aid Youth Trainings.



A Bit About Region 51

Action Plan highlights key Mental and Behavioral Health priorities in Menard and Sangamon Counties.

2. Develop a resource guide for Region 51, including local support groups for families and Mental and Behavioral Health resources for each county.
3. Create a community campaign for increased access to Mental and Behavioral Health counselors for families and children birth to age eight.





How Can Birth to Five Illinois Partner with You?

How to Partner

Share the experiences of children and families in your community.

- Join our Action Plans as a Community Partner to advocate for the well-being of young children.
- Serve on an Action Council or Family Council to identify local needs and strengths.
- Help shape solutions, move the work forward, and ensure every voice is heard.
- Get involved and learn more at www.birthtofiveil.com



Complete Support Group Survey

- Take 10 minutes to complete the Support Group Survey
- Email or text this Support Group survey to 5 friends at this time.
- [Birth to Five Illinois: Region 51 Mental and Behavioral Health Support Groups - Airtable](#)





Questions

Stay Involved in the Conversation!

Website: www.birthtofiveil.com

Learn more: www.birthtofiveil.com/region51

Sign up for Statewide and Regional Newsletters:
www.birthtofiveil.com/region51/#subscribe

Join our Facebook group: [@birthtofiveilregion51](https://www.facebook.com/birthtofiveilregion51)

Questions: aeearles@birthtofiveil.com or adeford@birthtofiveil.com

Birth^{to}Five
ILLINOIS
Partnering for Early Learning



Thank You!



Open Floor

Thoughts?

Questions?

Comments?

Collaborations?

Needs?