September 17th/10am, via Teams

Council meeting minutes

Agenda Items

- Welcome/Meeting Attendees: Introductions and announcement of new members:
 - o Angella Holloway- SCC ROSC
 - o Conswala Jones-SCC ROSC
 - o Dan Hutchison- Chestnut Health Systems
 - o Deb Beckmann- Statewide ROSC
 - o Violette Book-OEND/CHS
 - o Monique Brunious-Bond/Clinton Co ROSC
 - o Paul Fischer-Porchlight Collective SAP
 - o Kevin Hopkins- E. St. Louis School Dist. 189
 - o Ebonye Hudson TASC Deflection Program
 - o Cora Hughes- MERC board member
 - o Joe Jackson-SCC 708 MH Board
 - Mark Knott- Mad Co ROSC
 - o Mike Luther- OEND/CHS
 - o Greg Norkus- SCC Probation, Director
 - o Dustin Pearcy-Oxford House Inc.
 - o Toni Randall- Bond Co ROSC
 - o Darryl Rice- Comprehensive Behavioral Health, Dir. of Business Development
 - o Amanda Taul- TASC Deflection Program
 - o Michele Wasser- SOR Warm Handoff/Gateway Foundation

Confirmation and reminder. Council meetings will be scheduled monthly, on the 3rd Wednesday at 10am via Microsoft Teams. The link for the meeting can be found here:

Join the meeting now *Reminder October's meeting will be in person only*

If you are unable to attend, please feel free to send a team member to participate. Your ongoing participation in the St. Clair County ROSC is so important to the work of the recovery council!

o Previous meeting items: Project logo & developing committees:

Logo designed to clearly present a visual reference to the ROSC, images that promote community collaboration, and incorporation of purple (the recovery color). Meeting participants agreed the logo was simple, effective, and looked good. We will move forward with finalizing and obtaining outreach materials for community events and meetings.

Proposed logo for approval:



o Breaking News: Community Survey- details you need to know!

It has been approved by DBHR and is ready for us to start collecting data. Conswala reviewed the survey to ensure the council is clear on how to assist if survey takers have questions while completing the questions.

Methods of distributing survey:

- Paper copies: Physical copies of the survey will be distributed to council members/community partners. Plans have started already to identify locations and entities to partner with to have surveys completed. If you would like physical copies of the survey please reach out and ROSC staff can ensure you get some (email cdjones@chestnut.org or aholloway@chestnut.org)
- Survey link: https://www.surveymonkey.com/r/VVJVL3J Council members in today's meeting, Violette Book, Darryl Rice, Michele Wasser, and Paul Fischer stated they would share the link. Please feel free to use this link to promote and share the community survey.
- o *QR code:* The QR code is linked to the survey monkey website. Flyers with this QR code will be available soon. Rech out if you'd like some to distribute.



- Subcommittee/Peer Advisory Council: Dan Hutchison provided a brief summary of the ROSC's priority focus areas that were shared in detail at previous month's meeting. Council members who have expressed interest in joining a subcommittee include Tyrone Hill, Dusting Pearcy, and Kirsten Peterson. Subcommittee workgroups are being developed in these areas:
 - o <u>Increasing awareness and access to behavioral health and recovery support:</u> This group will focus on planning how to impact all communities in St. Clair County, but specific efforts will be made in communities of color to counteract systemic racism and inequity. To accomplish this, the ROSC will develop targeted educational campaigns that will include information about behavioral health issues specific communities are experiencing, what types of resources are available in or near these communities, and how these resources can be accessed.
 - o <u>Stigma reduction associated with MAR and Harm Reduction:</u> This group will prioritize the planning to address the "Not In My Back Yard" (NIMBY) mentality and stigma that has been present regarding harm reduction and MAR services. The ROSC will work to educate the community about the importance of harm reduction supplies and services and how they: help those with substance use disorders get needed support, prevent overdose deaths, help prevent communicable disease, and reduce the impact of drug use on the community. The ROSC will work to educate the community about the importance of MAR, convey that recovery is a personal journey that looks different from person to person, and promote how to access available MAR services.

Conswala shared an update about efforts to establish a Peer Advisory Board, requested for council to assist with recruitment. It was reported that Amanda Taul and Daphne Dorsey have volunteered to participate on the Peer Advisory Board. Informed the council about the available stipends for PLE participation

- O Question of the day?

 What is the main area of focus needed in your area? Stigma, Access to services/easy access, Community resilience, Prioritization of energy, Awareness/Education-where to find help/resources, Intervention at earlier ages (based on work with school aged children/parents).
- o *Speakers for next meeting:* Upcoming guest speakers include
 - o October will be John and Kayanna from Soulcial Kitchen-The Depot

- o Linda Mitchell, Metro-East Literacy Project (December meeting)
- o Cara Kriz-SWIC, (date pending)
- o Daryl Rice, Comprehensive Behavioral Health (November meeting)
- Questions, next steps, closing remarks:
 Discussed in-person meeting for October/November at BV location- will send confirmation once confirmed.
- o Next meeting date: October 15th at 10am at Soulcial Kitchen IN PERSON ONLY
 - o Location: 127 N Belt E. Swansea, IL 62226

Vision: A community system that nurtures and supports individuals and families seeking or maintaining recovery for themselves or a loved one.

Mission: Collaborating to build and empower communities of recovery.