

Recovery Oriented System of Care



Hardin/Pope ROSC Council Meeting Minutes

Date: August 14th, 2025 | 11:30 AM – 12:30 PM

Location: Online at www.bit.ly/HardinPopeROSC
In-Person at 125 Market St., Golconda, IL

Meeting Attendance

Cammy Duggins, Hardin/Pope ROSC Council Coordinator
Emily Middleton, Senior Program Director – Prevention and Advocacy
Heather Rash, CASA of Southeastern Illinois
Jessica Atkinson, Lutheran Social Services
Whitney Berman, Arrowleaf SUPR
Lisa Berns, The Diver Down/Business Leader
Gail Berger, Mayor of Golconda
Jennifer Worthen, Southern Seven Health Department
Jordan Strong, Massac County Drug and Alcohol Coalition
Dave Griswold, Community Member
Bunny Lee, Community Member/Person with Lived Experience
Daniel Bell, Community Member/Person with Lived Experience
Cassie Dunstan, Redeemed at the River
Rochelle Morgan, Community Health & Emergency Services, Inc.
Melissa Brown, Arrowleaf SUPR/SAFE
Tasha Taylor, Arrowleaf SUPS
Briana Spivey, Arrowleaf SUPS
Jayson Holland, Arrowleaf Veterans' Council
Jeff Powers, Community Member
Karen Crabb, Community Member/Person with Lived Experience
Kelly Johnson, Arrowleaf FAC
Mike Tyson, Southern Illinois Resource and Advocacy Center
Hend Jadalla, SIU School of Medicine CRHSSD
Angela Towne, SIU School of Medicine CRHSSD
Kimberly Thorwegen, Siteman Cancer Institute PECaD
Beverly Holland, Region 5 ROSC TA

Welcome and Introductions

Arrowleaf ROSC Vision

- A community system that supports and encourages individuals and families seeking or maintaining recovery for themselves or a loved one

Arrowleaf ROSC Mission

- Collaborating to build, foster, and empower communities of recovery

Old Business

- Hardin/Pope FY25 Impact Report – Emily Middleton
- Creating Recovery Friendly Workplaces – Maggie McKenzie

Discussion Topic

- Jayson Holland – Arrowleaf Veterans Council
 - Jayson shared a powerful personal story reflecting on his journey from military service to recovery and community engagement. After earning a bachelor's degree and exploring a variety of career paths, Jayson acknowledged that he never fully transitioned from the military – a common experience among veterans. Jayson discussed how he often prioritized work and single parenthood over his own well-being. He shared that it wasn't until he had a health scare and a coworker suggested a "Dry January" that he started to take his health seriously. He was motivated by a lifelong friend who was beginning their own sobriety journey.
 - Jayson shared how his focus has now expanded to include self-care and outdoor activities, like kayaking and hiking. Jayson highlighted the importance of community in recovery. In his role at Arrowleaf, he is quick to jump in and help others overcome barriers as he recognizes the long waits and systemic barriers veterans often face. Jayson shared how he has lost friends to substance use as early as age 35 and highlighted the struggles of the veteran community.

Announcements

- SMART Recovery – Open Door online recovery meetings (see flyer) beginning today (August 14th)!
 - Meeting Thursdays from 2-3PM
 - Changing to 6 PM
 - 19 people are registered!

- Upcoming Events
 - International Overdose Awareness Day: August 31st
 - Playing With Purpose – Gala of Hope
 - Saturday, September 6th at John A. Logan College to benefit Arrowleaf's emergency shelter capital campaign
 - Tablings
 - Fluorspar Festival in Rosiclare on Saturday, September 20th – ROSC volunteer(s)?
 - Shrimp Festival in Golconda on Saturday, September 20th – ROSC volunteer(s)?
- Other Announcements
 - New Community Facebook Group: AddictionRx
 - Daniel has started this group as a way to get people talking in a non-judgemental format and to get to know each other.
 - Redeemed at the River is working to get a Narcan box in Hardin County and eventually Pope County

Next Meeting

- Thursday, September 11th from 11:30AM to 12:30PM
- 125 Market St., Golconda, IL or www.bit.ly/HardinPopeROSC