



HLM Recovery Grundy R.O.S.C. Council Meeting Minutes

Date: September 23rd 2025

Time: 12:30 PM – 1:30 PM

Location: Virtual

Overview

The HLM Recovery Grundy County Council Meeting focused on introducing key members and their roles. Neesha Stringfellow and Celeste Fonseca led the meeting, which included introductions from various organizations like NAMI Will-Grundy, Arukah Institute of Healing, and North Central Behavioral Health. Antonella Manzella from North Central Behavioral Health detailed their services, including therapy, crisis intervention, and psychiatric medication management, highlighting housing as a major barrier. Michelle Pruim from NAMI discussed upcoming events. The meeting emphasized collaboration, reducing stigma, and addressing community needs, particularly in mental health and substance use treatment.

Action Items

- Investigate opportunities for ECS (Existential Community Services) to establish a presence in Grundy County and collaborate with other service providers.
- Share information about upcoming events and resources provided by the organizations represented in the meeting, so that they can be included in the ROSC newsletter and shared with the broader community.
- Explore ways to increase the availability of inpatient treatment options for clients in Grundy County.

Opening Remarks and Introductions

- Neesha Stringfellow Tri-County R.O.S.C. opens the meeting with a prayer, thanking for the day and the county of Grundy.
- Neesha Stringfellow Tri-County R.O.S.C. hands over the meeting to Celeste Fonseca for introductions.
- Celeste Fonseca introduces herself as the executive outreach administrative assistant and begins the round of introductions.
- Participants introduce themselves, stating their name, organization, and title.

Further Introductions and Meeting Goals

- Michelle Pruiam from NAMI Will-Grundy introduces herself as the executive director.
- Morgan Kremer from Arukah Institute of Healing introduces herself as a supervisor in the Pathways to Success program.
- Ben Rudolph from Recovery Oriented Systems of Care introduces himself as a technical assistant.
- Antonella Manzella from North Central Behavioral Health introduces herself as the clinical director.
- Christina Ramirez from ECS introduces herself as the director of business development.
- Other participants introduce themselves, including Karen Childress from Fox Valley Family YMCA and Stephanie Hook from Catholic Charities.

Recent Events and Collaborations

- Magdalena Campos discusses recent events, including a virtual Grundy County ROSC meeting and a show up recovery event.
- Tarcia Leak HLM Recovery 180 Program Coordinator highlights the importance of faith-based organizations in supporting recovery journeys.
- Tarcia Leak HLM Recovery 180 Program Coordinator introduces the speaker, Antonella Manzella, and provides an overview of the North Central Behavioral Health System.
- Neesha Stringfellow Tri-County R.O.S.C. explains the role of ROSC and its connection to the Illinois Department of Human Services.

Antonella Manzella's Presentation on North Central Behavioral Health

Antonella Manzella provides an overview of North Central Behavioral Health, its services, and locations. Antonella Manzella explains the services offered, including in-person and telehealth therapy, crisis intervention, psychiatric medication management, and more. Antonella Manzella discusses the challenges faced by clients, particularly housing and transportation barriers. Antonella Manzella shares a success story about a client who successfully completed medical detox with the help of Rosecrance.

Discussion on Substance Use Disorder and Referral Processes

Magdalena Campos asks about the referral process for substance use disorder treatment. Antonella Manzella explains the referral process, including the role of specialty courts and the partnership with Rosecrance. Antonella Manzella shares details about the sliding scale for self-pay and the acceptance of Medicaid.

Collaboration and Community Support

Neesha Stringfellow Tri-County R.O.S.C. emphasizes the importance of collaboration and reducing stigma in the community. Michelle Pruiam from NAMI Will-Grundy shares information about upcoming events, including a parent presentation and support groups. Morgan Kremer from Arukah Institute of Healing discusses their services and involvement in the community. Christina Ramirez from ECS talks about their residential treatment center and the role of outreach advocacy.

Statewide ROSC and Stigma Reduction

Ben Rudolph from the statewide ROSC discusses the importance of addressing NIMBY (Not in My Backyard) concerns and reducing stigma. Ben Rudolph shares his experiences in community outreach and the challenges of educating neighbors about the benefits of recovery homes.

Stephanie Hook from Catholic Charities introduces their divisions and services in Grundy County, including counseling, aging and disability services, and community services. Diana Belicke from Rosecrance Behavioral Health provides an overview of their services, including mental health and substance use counseling for various age groups.

Attendees:

Michelle Pruij-Will/Grudy NAMI

Morgan Kremer- Aruca Institute of Healing

Ben Rudolph- Region 2 Tech Assist

Antonella Manzella- NorthCentral Behavioral Health

Christina Ramirez- Existential Counselor Society

Diana Belicke- Rosecrance Behavioral Health

Karen- Fox Valley YMCA

Stephanie Hook- Catholic Charities

Heather Halterman- Aruca Institute of healing

Crystal Torres-NAMI

Deb Beckmann-SROSC

Barb Sullivan-Catholic Charities Diocese of Joliet

Neesha Stringfellow- HLM Recovery Tri-County ROSC

Tarcia Leak-HLM Recovery Tri-County ROSC

Magdalena Campos- HLM Recovery Tri-County ROSC

Celeste Fonseca- HLM Recovery Tri-County ROSC